

Trondheim Psykodrama Instiutt As

Urdsveg 4
Norway 7033 Trondheim
047 95284812
tpi@psykodrama-mai.no

www.psykodrama-mai.no

President / manager : Mai Antonsen Psykodramaregissør T.E.P

Formal Stucture

The formal structure is education in two level. Level 1 is a 3 year Foundation Course educating psychodrama assistants with specialization in group leadership. Total 900 hours . Level 2 is a 2 ½ year Higher education course to train professional psychodrama leaders/psychoterapists. Total 650 hours.

History:

Trondheim Psykodrama Instiute was established in 2007 with following aim: to provide training in psychodrama,group leadership, sociometry and sociodrama. The founder of the Institute was Mai Antonsen psychodramaregissør T.E.P . She organized a group of 4 other psychodramaregissørs from Trondheim in a teaching board. They have their training from Sweden -Psychodrama Akademin Stockholm, Norwegian Psychodrama Institute and from Norwegian Psychodrama Akademin. From january 2013 all 5 are owners of the Instute. Mai Antonsen have been a teacher in Norwegian Psychodrama Institute and Børge Kristoffersen have teached in Pscychodrama Akademin Stockholm. In 2007 we started with a group of 15 students in a Foundating course. In 2010 we started class 2 with 9 students. This august we started class 3 with 11 students. In june this year 7 students was examed as psychodramaleader/psychotherapists. The Institute are member of two associations: 1. Norwegian Association for psychodrama, group theraphy and sociometry and 2. Norwegian Psychotherapist Union. In 2012 two of the teachers lead a workshop in the Fepto Conference in Oslo. The theme was: A national trauma turns personal - can a personal trauma turns national. From 2012 all 5 teahers and owners has in collaboration with Monica Zuretti, Argentina and Monica Westberg, Sweden developed a training program in socio-psychodrama based on J.L. Morenos role theory.

TRAINING PROGRAM

Length of the program

	FEPTO	The institute
Self-experience	200	200
Theory and techniques	120	550
Training for conducting	200	520
Supervision	80	130
Practice	160	150
Hours can be decided freely	120	0
Total hours	880	1550

List of training staff

- Mai Antonsen
- Børge Kristoffersen

- Anne Grete Mollan
- Aud Steinsbekk
- Lillian Tiller
- ...
- ...

Number of training groups 4

Number of certified psychodramatists 31

Code of ethics

A paper with ethical guidelines for TPI have been submitted.

Recommended by

- Melinda Meyer
 - Monica Westberg
 - ...
-