

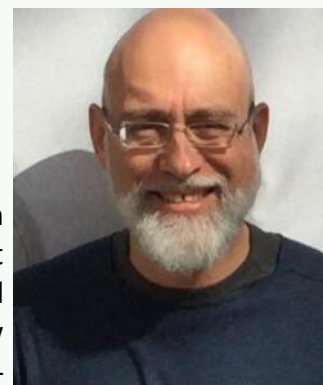


Committee reports in Pandemic time

Training Committee

Dear Colleagues,

The last six months have been extraordinary and the difficulties we faced have in many ways upset our everyday life. However, I hope the challenges we all dealt with have provided us with a pool of new experiences and knowledge covering all aspects of our life. Certainly, on a professional level, we had to adjust in a new norm that often contradicted our basic assumptions (theoretical and practical) applying to education and therapy.



There is no doubt that there have been many interesting experiences, albeit often difficult ones. From a personal perspective this period offered me plenty of interesting experiences, albeit often difficult ones to handle. I am of the opinion that we live in a period of rapid changes, often beyond our control, that test the boundaries of our knowledge. My studies in the field of history, have taught me to observe historical phenomena and how they often reoccur, their duration as well as how they change through time. Following the thought of the historian H  l  ne Ahrweiler_Glykatzi, tradition can serve as a guide that can help us trace the changes taking place in both the individual and our group mentality. We need though, to also pay close attention to more subtle elements and undercurrents that gradually alter our beliefs and behavior.

With the above remarks, I do not wish simply to stress the consequences in our cultural and social life but also in our professional activity as trainers and therapists in the Psychodrama-Sociodrama. As the chairman of the training Committee, I fully support the intensive work of my colleagues in the chairs of FEPTO. Their work requires not only a higher level of attention but also an additional effort in networking within each separate field as well as between the different fields. It is important to address all the changes, the fears, the uncertainty and the new elements that encircle our everyday professional experience. Moreover, the acceleration of events and their underlying consequences together with the practical difficulties and the delays we face need to be identified. We have to be inventive in finding solutions and to help each other without compromising the essence of the psycho-dramatic process.

The reporting and connecting efforts of the Network Committee, the research proposals of the Research Committee, and the importance of the Ethics and Membership Committees are of particular interest during this period. I am mentioning this because I feel that we need to further promote and improve the Psychodrama training. After all, every training process needs to evolve and align itself to the spirit, the needs and the mentality of its time. I would like to remind you here something I had the chance to highlight in the past,



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that psychodrama training is not just a practical exercise but rather a more comprehensive Paedia.

It is necessary that the practice, the research and the knowledge regarding Psychodrama develop in a way that they don't fall prey to easy solutions, practices and techniques. We do need to empower Psychodrama, but we need to do so always based on scientific principles.

It has given me great pleasure to co-operate with the members of the council during these six demanding months. It has also been a privilege, to interact with many different teams of colleagues and to observe the networking of psychodramatic therapists. I believe our next meeting will be a special one.

Furthermore, I wish to thank all those of you who took the time to fill in the questionnaire that was sent from the Chair of the Training Committee. For those of you who haven't had the chance to fill it yet, you can still do so by visiting the website :

https://docs.google.com/forms/d/e/1FAIpQLSevoPY5w7Ji2YWJVSJ7pBP2XkqovKM84HWRPjgjJNi84mCLg/viewform?usp=sf_link

Finally, I wish you all a smooth return to your training and a flexible and creative disposition in the face of the ever-changing demands of our time.

Georgios Chaniotis

Chairman of Training Committee

FEPTO Training Committee

SURVEY

With this survey, we aim to know you better and gain your insights and concerns in order to assist you in the future better. This survey should only take 6-7 minutes to complete. Be assured that all answers you provide will be kept in confidentiality.