

Project Update - ERASMUS+

PERFORMERS 2



All activities: training courses, working group meetings where traveling was involved have been inhibited since March. Unfortunately, the participants/partner organizations lost money for their flight tickets and for accommodation. If they are lucky, they may get a refund.

We needed to reorganize the whole project and went online to fulfill the plans. The online workshops were an excellent opportunity to train in sociodrama virtually..

After each workshop, we had a session two weeks later and evaluated the content, the method, the relevance of the topic, and the leadership of the workshop. Since we record all the sessions, all participants could see the films and reflect on the happening from a certain distance, before evaluation.

Topics such as Ambiguous loss (Irina Stefanescu & Valerie Holland); Sociodrama with students at Huddinge Gymnasium (Mariolina Werner); Exploring pros and cons of online Sociodrama (Ági Blaskó, Móni Durst, Andrea Kocsi); Sociodrama with art as inspiration to have fun in these times (Margarida Belchior, Léa Kaál); Demonstration of online and offline sociodrama work in the Youth Detention Centre in Budapest (Eszti Pados, Kata Horváth, Kriszta Galgóczi); Blinking into the light, coming out of the lockdown (Di Adderley); The Patterns that Unite (Judith Teszáry).

We participated in the VII. International Sociodrama Conference, which was organized online by the Portuguese Psychodrama, 24-28 June, with the title: Pandemic and what the world will be after the pandemic.

The FEPTO project team is meeting every second week to discuss sociodrama standards and the professional competencies of a sociodramatist. We discuss the articles we are going to contribute to the coming book on Sociodrama, as the intellectual output of the project. The titles of articles are: The Philosophical and Psychosocial roots of Sociodrama (Teszáry, J.); Enable your Team to Thrive (Stefanescu, I.); Sociopsychodrama Approach - Sociometry, Sociodrama, and Psychodrama (Damjanov, J); Group Dynamics and Unconscious processes in Sociodrama (Takis, N.); Empowerment and Resilience: Sociodrama and EXIT: Spontaneity training with traumatized communities (Ashley Meyer, M.)

The working groups have regular online meetings.

wg8. Editorial board for the coming book on Sociodrama; reading the abstracts of the contributors and discussing the structure of the book, creating a glossary, mm.



Project Update - ERASMUS+

PERFORMERS 2



Wg4. Working on the standardization (Quantitative & Qualitative) of sociodrama. Questions about differentiated requirements of sociodrama training for psychodramatists and non-psychodramatists have been discussed.

Wg1. The coordinators' meeting. Reorganizing the project, recalculating the costs.

Usually, the working groups meet in connection with the training days (face to face).

The pandemic situation means that we have many more meetings and more communication online than we would have had according to the original schedules.

But we are hopeful and find good routines to consolidate the things to be done.

Judith Teszáry

Coordinator of the FEPTO Performers 2 team

