



Committee reports in Pandemic time

Report on International Affairs



The International psychodrama community reacted very quickly to the crises and transformed its activities into the online platform.

The 7th International Sociodrama Conference

was organized by the Portuguese Association SPP, in June. For the Erasmus+ PERFORMERS project with FEPTO as a partner organisation, the online application of sociodrama was a real learning experience and an important developmental phase both in the technical and methodological sense.

The first International Tele'Drama conference

I took part even in the Tele'Drama Conference both as a presenter and as a participant. Daniella Simons, USA, together with a staff developed the online work to a master level.

We all know the benefit of the online, and networking with the whole world of psychodramatists on this magnitude was never experienced before. Psychodramatists who earlier couldn't participate at meetings and conferences due to economic or visa-related hindrances could share their cultural flavour. Our common language is psychodrama, and as musicians, we can play together in all languages, no matter if we are from Alaska or from South Africa.

The first day of peace

The Psychodrama Association of Russia with Viktor Semenov and colleagues organized a session about the historical memory of what traces the end of the II. WW (September 2, 1945) left to our generation. How our parents experienced the first day of peace. Working through the consequences of war and building up a new life is an ongoing process.

Support groups

A lot of support groups were built, not only to share how COVID-19 affected individuals, families, societies and the world; but also for solidarity for the people living in catastrophe, like Lebanon, or in conflict areas in the Middle East.

The latest one I am active in is a support group for Belarus people, organized by IAGP Trauma & Disaster intervention group. Many participants are from the Post Soviet states, from Ukraine, Georgia, Azerbaijan. People from Belarus are afraid to have their camera on and you can only hear their crying. The internet connection is so bad nowadays, compared with when we started. People's freedom is so extremely restricted even in communicating with the outer world, so they can-



Committee reports in Pandemic time

Report on International Affairs

not even share the brutality they suffer by. Parents are afraid whether or not their youngsters will come home or get arrested after a peaceful demonstration ending up in attacks by the police. Psychologists share how the children of the commanded soldiers are damaged by their parent's quarrel and by their fathers' aggressive behaviour, even at home.

The situation in Belarus today brings up memories from the Maidan revolution in Kyiv, knowing from within what their neighbours go through. Sharing and crying. We are crying with them.

The Hungarian Psychodrama Association.

In order to accept online psychodrama as an approved part of the psychodrama training, a group of the trainers created an experimental online group. Even the sceptics were convinced after 5 sessions that online psychodrama is functioning. We need to give up comparing online drama with life drama. It is different and even has certain benefits. Their Training Committee now accepted 30 online hours until December.

We go on offering online training hours to psychodramatists to enable them to continue their groups. Another group is dealing with the upcoming ethical issues. I will give a report on the work, which can be useful for FEPTO and members.

Since the situation is uncertain for the near future, I recommend the training institutes that stopped their training to reconsider their decision and give online psychodrama training a chance.

Pavel Kornienko generously shared a document about the specificities of the online psychodrama training. Worth studying as help to develop online skills. <https://psychotherapy-lab.ru/wiki/PG14> The specificities of conducting online therapy groups

Judith Teszary

Chair of the international Affairs

