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Dear Colleagues

We wholeheartedly wish that our message finds you, your beloved ones and your families well, healthy and safe. We are all experiencing an unprecedented crisis due to the pandemic outbreak of the Covid-19 virus. The conditions of self-isolation and confinement at home are challenging for all of us.

The FEPTO Council had to make the difficult decision to postpone the 15th FEPTO Conference and the 28th Annual Meeting and re-schedule for 2021. The new dates for both events have already been announced and we are thankful for the prompt reaction of the Local Organizing Committee. Both events will be held at Metropol Hotel, in Ohrid, North Macedonia, on the following dates:

15th FEPTO Conference: **14-16 May 2021**

28th FEPTO Annual Meeting: **16-20 May 2021**

According to our constitution, it is a requirement that the General Assembly needs to take place at least once a year. Furthermore, since the yearly encounter of the FEPTO community is deemed highly significant, it has been decided that the General Assembly will be held online this year, on the day that it was originally planned, Tuesday, the 26th of May. You can find the announcement and more details in this issue.

FEPTO as a European Federation has been and always will be committed to promote and facilitate the development of the psychodramatic method and the constructive exchanges between its members. Despite the restrictions that have been imposed the past few
weeks to minimize the spread of Covid-19 all over Europe, we remain dedicated to our mission. We have already organized an online seminar in psychodrama practicing and training, in collaboration with Victor Semenov, a distinguished member of our community with experience in delivering psychodrama and monodrama training and supervision online.

We are planning more online activities that will be announced via email to the institutes, on the FEPTO page on Facebook and of course on our website.

We are trying as much as possible to support our members in this dire situation of the coronavirus pandemic. We have already posted some material on how to safeguard our practice and accommodate the needs of our clients and our trainees in the best possible way, to our Facebook page and our website. More useful information, guidelines, and instructions will be uploaded soon. We also suggest using the "open space" section of our platform, FEPTO Forum for exchanges and communication amongst us.

Finally, we highly encourage each and everyone of you who would like to contribute to our cause of supporting the psychodrama community in any possible way, to contact the FEPTO Council.

Through this editorial and the Newsletter, we would like to reassert our solidarity and support to all our colleagues stressing the significance of remaining connected, even when isolated. Within FEPTO, we are using all the means we have at our disposal, to ensure the connectivity among psychodramatists worldwide. Our thoughts are with our colleagues in Italy, Spain and all those who are suffering in these dire circumstances, and we hope for timely restoration of our daily lives, activities, and practices. We have faith in our creativity, spontaneity and collective resilience!

Nikos Takis
President

Chantal Neve-Hanquet
Vice President

president@fepto.com
vicepresident@fepto.com
Dear Colleagues,

As it has been already announced

the 15th FEPTO Conference
and 28th Annual Meeting,

will not take place this year, as originally planned. They will be both be held next year, in Ohrid, North Macedonia, on the following dates:

the Conference: **14-16 May 2021**

the Annual Meeting: **16-20 May 2021**

We wholeheartedly apologize for any inconvenience caused by this change of plans.

On behalf of the FEPTO Council

**Nikos Takis**
*President*

**Chantal Neve-Hanquet**
*Vice President*

[nikos.takis@fepto.com](mailto:nikos.takis@fepto.com)
[chantal.neve-hanquet@fepto.com](mailto:chantal.neve-hanquet@fepto.com)
Dear FEPTO Members,

It is announced that

the **GENERAL ASSEMBLY**

will be held online

**on Tuesday, May 26th, 2020.**

The timeframe of the GA schedule will be as follows:

- **10.00-12.30 CET:** First part
- **12.30-14.30 CET:** Lunch break
- **14.30-17.00 CET:** Second part

The invitation for the General Assembly will be sent in due time to your institutes’ mail accounts.

The representatives will receive also an invitation to join the ZOOM meeting.

In the present issue you can also find the GA Agenda.

The FEPTO Council
GENERAL ASSEMBLY

PROVISIONAL AGENDA

TUESDAY, 26th OF MAY 2020, via ZOOM

1. Opening the General Assembly:
   *Nikos Takis and Chantal Nève Hanquet* (President and Vice-President)

2. Appointment of 2 members to check the minutes

3. Establishment of the quorum (Chantal Nève-Hanquet)

4. Appointment of vote counters (Two persons to be appointed)

5. Approval of the Agenda of the General Assembly/ VOTING

6. Approval of Tallinn General Assembly minutes/ VOTING

7. Report of the Executive Council
   a. President/ Vice-President report *(Nikos Takis and Chantal Nève-Hanquet)*
   b. Secretary & Internal Affairs *(Judith Teszáry)*
   c. Treasurer report 2019 *(Chantal Nève-Hanquet)*

8. Auditor’s report / approval of the revised accountancy

9. Discharge of Executive Council/ VOTING

10. Reports from Committee Chairs
    - Training Committee report *(Giorgos Haniotis)*
    - Membership and Annual Meeting Committee report *(Mirjana Jovanovska-Stojanovska)*
    - Ethics & International Affairs Committee report *(Judith Teszáry)*
    - Development & Network Committee report *(Krzysztof Ciepliński)*
    - Research Committee report *(Johannes Krall)*
    - Communication Committee/ Newsletter and Website report *(Katherina Ilieva)*


12. Update on Sociodrama Erasmus+ Project *(Judith Teszáry)*
13. Minimal Training Standards of Research (Hannes Krall) / VOTING

14. Funding of the Psychodrama World Project (Paola DeLeonardis / Marco Greco / Roger Schaller / Krzysztof Ciepliński) / VOTING

15. Approval of the Budget 2020 (Chantal Nève-Hanquet) / VOTING

16. Proposal for release from membership fee for members above 70 years of age

17. Discussion on re-accreditation process of Institutes

18. Discussion of topics regarding changes in the Constitution:
   - Individual membership
   - Change in Council members’ range
   - Change in Council term’s duration
   - Possible terms as a council member
   - Changes in council members’ participation in committees
   - Changes of Constitution in accordance with the amendments in Belgian Law

19. FEPTO AM and Conference 2021 & 2022

   15th FEPTO Conference: May 14-16, 2021
   28th FEPTO AM: May 16-20, 2021
   Ohrid, North Macedonia
   Organizer: Amygdala Institute

   2022: Krakow, Organized by Polish Psychodrama Association

20. Proposals for FEPTO AM & Conference 2023

21. Any Other Business

22. Closure of the General Assembly
GENERAL ASSEMBLY

BALANCE 2019
Statement of the auditors 2019

Agnes Dudler and Irina Stefanescu were the financial auditors elected by the General Assembly 2019 in Tallinn. They declare after auditing the financial accounts for FEPTO for the year 2019 the following:

At the end of January 2020 we received the necessary documents for the audit.

As the executive council met in Munich (Germany) from 7-9th of February 2020 Agnes Dudler went to Munich on Saturday 7th with Chantal to examine all the documents. All documents have been kept orderly and the system is quite clear. Agnes took different samples of the bank documents as well as of the cash documents and found the books very orderly kept.

In a telephone meeting with Irina we came to the conclusion that there is good management of the FEPTO membership fees and we found all expenses according to the budget for 2019 and the charter of FEPTO.

As almost every year, we found that the expenses for the council are still very high and the biggest amount in our budget. While some expenses remained below the planned budget, those for the council were a bit higher.

Budget for 2019: 20.800,00 €
Expenses in 2019: 16.222,90 €
Income 2019: 18.344,19 €
Benefit of the annual meeting in 2019: 1.444,00 €
Benefit in 2019: 2.860,36 €

Recommendation:
If needed, a possibility to reduce the expenses for the council’s meetings may be 1-2 Zoom meetings, as a lesson from the Coronavirus’ time.

Conclusion:
The auditors recommend to discharge the Board for their financial work for 2019 and to thank Ms. Chantal Hanquet and Nadine Hanquet for their outstanding work.

Bonn, 23rd and 24th of March 2020

Agnes Dudler  agnes@dudler.org
Irina Stefanescu  irina.stefanescu@gmail.com
## GENERAL ASSEMBLY

### Preliminary Budget

<table>
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<td><strong>Total expenses</strong></td>
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Dear colleagues,

You will soon receive the notification for the payment of the annual membership fee for this year.

We are aware that due to the coronavirus outbreak and maybe a decrease in your activities, it might require a greater effort for you. Despite the adversity, we continue to ensure the life of the organization. Thank you in advance for your understanding!

Since the General Assembly of the Annual Meeting will be held virtually, we will not be able to collect the membership fees.

However, we found a possible way for Institutes which are not part of Europe or the European Union to make payments, https://transferwise.com/.

For those who would prefer to pay cash next year for two years, your membership fees will be due before the General Assembly of 2021.

Please wait until you receive the invitation for payment.

Very warmly,

Chantal Nève-Hanquet
Vice president and treasurer
Secretary and Internal affairs Report
Judith Teszáry

After the Tallinn AM the Council had its usual live meeting in November, in Dove and one executive meeting in Munich.
The Council had 2 zoom online meetings and we will go on to meet online during the whole inhibition time. We are planning zoom activities for our members and by our members, giving the opportunity to several trainers to share their experiences and knowledge through online media.

Because of Covid-19, we needed to reorganize the next Annual Meeting, planned to be held in Ohrid, North Macedonia. The council had an intense correspondence with the LOC, to find the best way to make this reorganization. The LOC made successful negotiations with the hotel owner, to maintain the same price for the AM to be held next year in Ohrid. There are options on how to hold on to the money you paid for participation and accommodations fees or you can get a refund by bank transaction, which entails additional costs.

You will have clear instructions about these options from the LOC, Mirjana Stojanovska and for the payment for the annual fee from the Treasurer, Chantal Hanquet.

The 2020 General Assembly will be held through zoom, Tuesday 26 May, between 10:00 -12.30 AM, 2 hours break, 14:30-17.00 PM (CET). Please, reserve the date!

In my role as secretary I write the minutes of the meetings, I am sending letters of information to our members and to the website. I have a lot of contact with our members.

We realized that not all the institutes/organizations send out this information and invitations from FEP-TO to their trainers. We decided to expand the address list and send the information to as many trainers as possible.

Keep in mind, we send out a document about the GDP regulation.

Ethics Committee Report

A Committee meeting was planned to be held in August in Hungary. The probability to hold this meeting face to face is very slight. So, we will go online if we cannot meet personally.

The zoom meetings raise a lot of ethical questions. Most of the ethical rules we already have are applicable no matter which media we use for groups or individual work. Nevertheless, online communication indicates special attention to the basic ethical rules and even presents the need for special online ethics. These are issues we will address at the Ethics Committee meetings. Please contact me and share your thoughts and ideas.
International affairs

The IAGP Trauma Disaster Committee is cooperating in a common intervention-intervision online group with the FEPTO Task Force and Conflict Transformation working group.

The psychodrama world is open without organizational borders and many free of charge and/or payable activities are provided. People from different parts of the world are participating and creating new possibilities to take part and understand the world of others in this more global networking.

Most international conferences and congresses are canceled because of the COVID-19. Most of them are postponed until next year, during the same time period. Please, consult the calendar on http://www.fepto.com/annual-meetings/psychodrama-calendar

Judith Teszáry
Chair of Ethics & International affairs Committee

Report from the Development & Network Committee Chair

The current situation related to the spread of COVID-19, effects the whole world as a community. Due to the risk of infection, millions of citizens are asked to stay at home and avoid normal interpersonal contact. The Coronavirus crisis also touches psychodrama work which is mostly based on group face to face activity. In these difficult times the importance of communication via Internet amongst members the psychodrama community is very obvious.

Dear psychodrama Colleagues, please feel invited to use our FEPTO Platform to make our cooperation more effective for ongoing projects and network groups. We are also looking for new possibilities in using current Internet tools for improving exchange and effective learning in the field of psychodrama. Some efforts in this area have been carried out in the last few months. A good example of this is the online network initiative proposed by colleagues from Russia. I am very pleased to have co-organized a Zoom online Psychodrama meeting with Viktor Semenov.

In FEPTO we are going to move the portal www.psychodrama.world dedicated to international exchange of psychodrama knowledge and networking forward. Actually the French version has already been created and tested – thanks to Norbert Apter and Roger Schaller for their involvement in this project, as well as the Swiss Psychodrama Association PDH for co-financing this. We trust that the FEPTO community will support further development of this initiative.

Hoping that the future will bond us all together and bring us new awareness of the importance of human encounters and strengthen our motivation to appreciate the “here and know” in relationships. Maybe in face of this new existential reality crisis we will get a chance to move forward in our human and professional maturity, and in conflict resolution and develop a friendly attitude towards one another.

Krzysztof M. Ciepliński
Chair of the FEPTO Development & Network Committee
Communications committee report

This committee is responsible for developing, updating and monitoring the communication channels of the Organization – this includes the website, social networking accounts, and the electronic Newsletter.

Thanks to the dedication of our webmaster Horatiu Nil Albini, the process of updating the information is going smoothly, timely and hassle-free. His correctness, demandingness and background knowledge are stable anchorage points for the committee work. I take this opportunity to express gratitude to him.

Regarding the social networking I must point out that we have not made full use of the opportunities social media provides. The problem with the fake FEPTO profile on Facebook still exists. We are still searching for its creator. I have personally spoken to one of the suspected persons, but to no avail so far. Many of you use this profile and make posts on it, probably without knowing that it is not the official one. I would like to address all of you: if anybody knows who the creator of this false FEPTO Facebook profile is, please be kind to inform us.

The last step will be to report this profile to Facebook for assignment of the identity.

Below you will see the difference between the two.

![Facebook profiles comparison](image)

RIGHT FACEBOOK PROFILE  WRONG FACEBOOK PROFILE

Please do not use the wrong one!

The Communication Committee Chair is responsible for managing content, design, production, and distribution of the Newsletter. After Tallinn we have had three issues of the newsletter.

On the current issue we encountered difficulties because due to the pandemic situation we had to replace almost all the content of the issue which caused some delay.
Due to the extraordinary situation with the pandemic we had to recommend and provide new ways to communicate and keep the community together through alternative media like ZOOM. Some activities will be implemented this way. Three council meetings have already been conducted through ZOOM. It will also be utilized for the General assembly that lies ahead.

Using this media opens up some new opportunities. Together with the executive and other council members we ensure some seminars during the next two months.

Katerina Ilieva
Chair of Communication Committee

Membership Committee report

During the past time period, the members of LOK (Marga, Vesna, Ilija and 12 volunteers, psychodrama trainees from AMIGDALA) and I were busy with organizing the Conference and AM. A detailed organization of the technical support leads to the possibility of better care of FEPTO members, uninterrupted organization of events and easier problem solving that may arise during the events.

This is one of the largest FEPTO conferences ever organized. There was a great deal of responsibility we felt while responding to every application, to help solve banking problems, accommodation problems, or other particular issues.

Our task was to create a highly professional, comfortable and safe environment for all participants.

This year for the first time, a competition was planned at the Congress, which was supposed to directly encourage spontaneity and creativity of the participants, and valuable prizes would be provided for the best.

On behalf of myself and the LOC, I would like to thank all those registered for their understanding and support in achieving the common goal of organizing the Congress. I thank the members of the Council for Friendship and Wisdom. Special thanks to Horatio. Yes, we worked hard, and we were creative, and I know we are very good at it, but his help and commitment to the texts on the website gave visibility and radiance to our work.

In order to meet the needs of the convention and to serve our members, we have improved the evaluation questionnaire with which we collect information for “the voice” of the members. The intention is to improve communication between the council and members. By knowing your needs, problems and opinion, the
council will have a clearer direction where to head with its decisions and work.

One more institute showed interest in FEPTO membership and was supposed to be presented at the AM. It is a very young institute which can be helped to find more adequate ways to reach the required norms for membership in FEPTO, and thus to achieve the required quality of training. For this reason, I contacted Hoda Refaat - Head of Psychodrama section in the EAGT, Egypt

"We are in Egypt still very new in the field of Psychodrama
we are preparing now for our second program in the collaboration with the Mediterranean Association of Psychodrama, yet we are doing our best to design the program fulfilling all FEPTO standards and we are hoping to start it as soon as possible." Hoda Refaat

Unfortunately, the corona virus crisis has forced the council to make the single reasonable decision to postpone the Congress until next year. The 15th Conference of FEPTO will be held from 14 to 16 May 2021 in Ohrid at the Hotel Metropol.

We made an agreement with Hotel Metropol that the same prices for hotel accommodations will be maintained. Thus, next year we will have the opportunity to be in the hotel for the same price.

Our recommendation is to move your registration and payment for next year’s Conference. Each bank transaction costs 30 euros plus a tax that will be deducted from the money you need to receive back. Anyone who still wants to get their money back, please send us an email and we will assist you as soon as possible.

The Membership Committee continues to strive to accept the recommendations of adopting individual FEPTO membership, and membership renewal of training institutes every 5 or 7 years. Of course, this is a process that requires good consideration of the procedure and introduction of rules, but it is a direction in which our work should be directed as a concern for our members and if we want FEPTO to be a legal organization; a serious professional organization.

The constitution clearly determines the number of votes, how to vote, and who has the right to vote. Representatives of the institutes have the right to two votes. What if that organization doesn’t exist as an institute and we count the votes, or someone votes on its behalf?

By providing individual membership, we show genuine concern for our members and the organization. Each of our members is valuable to us and will find his/her place in FEPTO.
And by ensuring the renewal of the training organizations membership, we will provide greater transparency of the work of the organization and ensure legal operation.

This is a serious topic, that we should all be committed to solving. This will be presented at the ZOOM Meeting of GA.

**Annual Meeting Committee Report**

The Organisation of the AM in Ohrid was a great pleasure and responsibility for me and LOK (Marga, Vesna, Ilija, and 12 volunteers, trainees of psychodrama from AMIGDALA). First of all, it was a huge concern to help transport people from the airport and back. To solve the technical issues such as the registration of the members, the banking problems, the accommodation, the maintenance and the technical support on the premises where the AM will be held. This was supposed to ensure for all planned activities to be carried out smoothly. We had a special agreement with the hotel for the quality of the food, the provision of wine and other drinks for the evenings.

We also managed to make the best possible deals for the sightseeing day of Ohrid and a dinner at the beautiful St. Naum.

On behalf of myself and LOC, I thank all those registered for understanding and supporting the achievement of the common goal of organizing the AM. I also thank the members of the Council for Friendship and Wisdom. Thanks to Nikos, Chantal, Judith, Ina, Hannes, Krzysztof and Yorgos. Special thanks to Horatiu - Yes, we worked hard and creatively, and I know we are very good at it, but his help and commitment to the texts on the website gave visibility and radiance to our work.

Unfortunately, the corona virus crisis has forced the council to make the single reasonable decision to postpone the AM for next year. The FEPTO AM will be held From 16 to 20 May 2021 in Ohrid in Hotel Metropol.

We made an agreement with the hotel that the prices of the hotel accommodation from this year will be maintained. Thus, next year we will have the opportunity to be in the hotel for the same price.

Our recommendation is to move your registration and payment for next year’s AM. Each bank transaction costs 30 euros plus a tax that will be deducted from the money you need to receive back. Anyone who still wants to get their money back, please send us an email and we will do the best to meet your needs.

Take care of youselves and your loved ones. Be safe. See you next year in Ohrid.

*Mirjana Stojanovska*

Chair of Membership & Annual Meeting Committee
Training Committee Report

Dear members of FEPTO,

Today that I am writing to you, I should be preparing the Meeting of the Training Committee, yet the difficult moments of the epidemic, obliged us to postpone it for the time being.

The meeting could take place in April online.

Surely, we will be able to discuss this in the forthcoming AM.

These past few months I have thought of some points concerning the needs of the training, have noted topics down from previous meetings, collaboration proposals from other Committees, such as Network and Research.

However, I admit that the overall silence of the members of FEPTO has surprised me. Training Committee email visiting is zero. Training Committee Meeting invitation responses have not exceeded six.

I believe that the Chair of Committee is a point of reference for us to be able to converse and develop our work. It is a collective action. That’s why I have already written that opinions, ideas, suggestions from the institutes are very important. This group should be a group of focusing and synthesis. Action is necessary constantly, not from time to time.

In psychodrama, Moreno saw in the participation, in the action, in the sharing, a team way for each person to get out of his isolation and his daydreams.

The FEPTO members have been accepted because of their abilities in teaching and promoting psychodrama. Let’s not fall behind on this burden. We have a lot to share with each other. It is important that the peculiarities of each place, state, culture enrich the education and not isolate us. I will repeat that your say is significant. Only through Dialogue things can get better and for Psychodrama. I challenge you to see “Holistically” the Word of Moreno and us to see the Psychodrama Training as “Paideia” Psychodrama. Paideia is a “way” of being and not only a “practice”. Therefore, there is a need for dialogue and sharing of experiences, as in the end of every psychodrama session. Let’s be courageous teachers, not only trainers.

I am at your disposal, contact me via the email of the Training Committee, either via Skype, messenger, Viber, or my personal email (geo.chan@yahoo.gr). Let’s make the Training Committee as active as the others. My predecessors have laid solid foundations, that we can exploit drastically now.

I am glad for the cooperation with the Chairs of the other Committees of FEPTO, as well as with Reijo Kaupilla, Marco Greco, Paola de Leonardis.

I hope that we all meet again as soon as possible, because there is no such thing as the communication in person.

Till then, let’s keep in touch.

Georgios Chaniotis
Chairman of Training Committee
Psychodrama and Sociodrama brought lots of innovations into the field of counselling, psychotherapy, education and learning, organisational and community development. One basic feature is to change perspectives and to actively explore a new understanding of a given situation and its potential developments or solutions to a problem. Psychodrama deals with multiple perspectives and includes different dimensions like the mind, feelings, social relations, body sensations, social interaction, communication and group dynamics. Zerka Moreno saw role reversal as the “sine qua non of psychodrama” (reported by Sue Daniel), which is in itself a social, psychological, and physical act. Let’s remember what J.L. Moreno wrote in his poem on encounter very early in his work:

“A meeting of two: eye to eye, face to face. And when you are near I will tear your eyes out and place them instead of mine, and you will tear my eyes out and will place them instead of yours, then I will look at me with mine.”

(J.L. Moreno)

Several research studies point to the importance of role reversal and doubling as the main contributors to the effectiveness of psychodrama. In his meta-analysis David Kipper (2004) was showing evidence of effectiveness which we experience in our psychodrama practice every day.

The FEPTO RC Meeting “New Horizons Through Changing Perspectives” was held at Bilgi University in Istanbul. In total, more than 45 colleagues from 14 European and Mediterranean countries
participated in the conference. The meeting was organized in partnership with Deniz Altinay from the Istanbul Psychodrama Institute.

İnci Doğaner from the Dr. Abdulkadir Ozbek Psychodrama Institute delivered a key note speech on “A spontaneous-self-development theory in and for sociometric psychodramatic group psychotherapy”. As a second key note speaker Prof. Leni Verhofstadt-Denève from Ghent University/ Belgium introduced theory, practice and research on the “Simultaneous Action-Observer Strategy” (SA-OS). In a research workshop she proposed a sophisticated research design for studying the effectiveness of this strategy and she provided first data and results of her own research.

As an innovation for our meeting we also included a workshop on Playback theatre, which was conducted by António Gonzales and Nuno Amarante from ISPA Instituto Universitário from Lisbon/ Portugal. They also presented qualitative and quantitative data from a Randomized Controlled Trial on the efficacy of playback theatre.

It is very encouraging to see that every year more researchers and practitioners in psychodrama are getting involved in research activities and in this way are contributing to a common research culture in our professional field. Many thanks to our LOC İnanç Sümbüloğlu, Ayşe Altan and their team, who created such a supportive atmosphere and warm welcome.

We will continue to promote research encounters and to provide support for research in psychodrama. Therefore, it’s a pleasure to put forward an

**Invitation to our forthcoming**
**FEPTO RC Meeting from 15th-18th of October 2020 in Torino**

Looking forward to welcoming you in Torino,
Creating a new Official Dress of FEPTO: How we may adapt the FEPTO Constitution to contemporary Needs
Fred Dorn

With respect to the theme of the actual Annual Meeting, putting the human body in the center of consideration, we may assume that FEPTO, as an organization, is a human body as well. Humans are the only living beings who are in need of clothes, to protect themselves against cold and heat. Moreover, clothes have to be functional depending on what they are needed for - for work, for business, for free time. And, of course age is a factor: Children have to change their clothes more often because they wear out or become too small. And clothes may become unfashionable, even outdated.

We may consider the constitution as a “dress” our organization has been wearing for more than 25 years now, and we may say that by now it has not only become out of fashion, but it is worn out and too small. So it is inevitable that it has to be adapted to actual needs.

All of us have our experience with buying new clothes – considering different aspects of purpose, need, usability, practicability, necessity. It is a decision we may make on our own or by the help of a partner so that the new garment may really fit to all requirements and needs it has been bought for. This is sometimes really difficult, but nevertheless necessary. And I think, concerning the body of our organization this process is now due to take place. But of course, its management is much more complicated, since it is not a real human being in need of new clothes, but a collective one. Hence many different aspects have to be taken into account in order for the new garment to be suitable, useful, practical. A democratic process has to be organized so that at the end the new garment will be tailor-made to all the needs of a modern organization acting internationally with the claim to be

- taken seriously and respected,
- able to act on the European Stage,
- accepted by all of its members.

The process to produce a “tailor-made” constitution started a few years ago. We discussed it in Pravetz and in Tallinn, worked on it in Small Groups and finally prepared a draft to be presented in Ohrid. The discussion will be a “try on” how the new “garment” fits to the needs, suggestions and wishes of all of us as well as to the legal and organizational necessities and requirements that have to be respected.

Afterwards, the supposed changes agreed upon by the GA will be given back to the council who then will prepare a definitely tailor-made suit of our constitution – also satisfying the needs and wishes of our community as corresponding to the legal and organizational requirements.

Below you will find overworked and shortened an introduction to the process of Constitution Changing I published in NL19.2. I explain shortly the main points and the necessity of the process of Constitution Changing, the structural, legal and organizational requirements that have to be thought of and kept in
GENERAL ASSEMBLY

The constitution changing process

At the end, you find attached the actual version of the Draft Constitution as it has been worked out by Nikos Takis, Chantal Neve Hanquet, Judith Teszary and me at our meeting in February in Munich. For the past two years, Frank Sielecki has also participated in this process. The contribution of the small group formed during the Tallinn Annual Meeting in 2019, must be noted. The small group consisted of all the above, plus Victor Semenov, Elisabeth Apter, Tetiana Shyriaeva and Inna Branneva.

Thoughts and Reflection on Constitution Changing

The foundation of FEPTO leads back to the year 1992 – then named first ISCOPE later on ESCOPE (European Study and Co-ordination of Psychodrama-Education) and, finally in 1996, FEPTO in Belgium as an international non-profit organization according to Belgian law. The then agreed and adopted Constitution concedes that “a number of terms contained in it may, in the future, require more precise definition” (Preamble). Now, more than 25 years later, considering the history and changes in European society since then and the growth of FEPTO as well (about 60 member-institutions out of 27 countries) it is really necessary not only to find a “more precise definition” of terms, but also to redefine and to define the global aims, purpose and concrete goals. Further more, the usability and practicability of the constitution have to be reconsidered and adapted to the actual needs, thus to enable our organization to be an active and respected partner on the European Stage contributing to the welfare of European society by the development of Psychodrama in training, research and practice.

There is a difference between usability and practicability. Usability means how to make use of the constitution as a tool, thus to define

- The location of the organization
- The relationship between members and institutional bodies (GA, Council)
- Decision Making in accordance with democratic rules
- The term of office of the Council
- Number of Council members and their responsibilities
- Limitation of re-eligibility
- Regulation of voting procedures
- Responsibility for the organization in total.

These questions have to be dealt with and decided in the constitution, to make it slim and supple, easily to be handled.

On the other hand, practicability concerns all issues that should not be regulated in the constitution, but in by-laws, thus to enable the GA as well as the Council to adapt their activities to actual needs to be decided upon easily by the GA or the Council without touching and changing the Constitution – which in such cases requires a qualified majority of 2/3 of its members (Art. 10).
To these practical issues belong

- Financial affairs: fixing and changing of membership fees, budgeting, regulation of scholarships etc.
- Rules of procedure for the Council and the GA
- The organization and developing of networking – enjoying the possibilities digitization offers
- The conditions of application for financial support of projects in the name of or with the support of FEPTO, clearly defined and budgeted by the responsible organizers.

So the focus of our changes concentrated on the usability of the Constitution according to our practical experience and actual needs. Consequently, some regulations were put in the by-laws, thus to make the constitution manageable and smooth. So, once having decided on the new Constitution the work will go on in order to work out practicable by-laws. This will not only be a progress in giving to our organization a reliable legal structure, it thus will also be enabled to act adequately and promptly.

Main proposals of Constitution Changing

Art. 3.5 Membership: The membership issue is a very sensitive question that should be changed in accordance to actual needs and the development of the organization. Hence we propose to regulate the items of Art. 3.1 – 4 in the by-laws.

Art. 5 Council: The term and the number of Council members are crucial for the well functioning of the Council. There are different opinions how long the term of the Council should last and of how many members the Council should at least consist of. The proposed regulation allows flexibility but of course it has to be discussed and decided. As well there is the question whether the re-eligibility of council members should be limited to two or three terms.

Art. 7 Admission and Removal: The sensitive question of compulsory ending of membership will be regulated in the by-laws.

Art. 9 Voting: This article touches the sensitive difference between individual members (especially founding members) and institutional members. A clear regulation will have to be found in the by-laws as we suggest.

Obviously, we put important regulations to be met and decided into the by-laws. Hence the work on changing the Constitution will have to be continued.

We are thankful to the working group for its contribution to the preparation of the preliminary version of the new constitution that appears below.

March 2020
FEPTO-CONSTITUTION
Draft version to be presented at GA 2020

The constitution changing process

### Wording of the Statute

<table>
<thead>
<tr>
<th>Preamble</th>
<th>Suggested New Wording</th>
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<tbody>
<tr>
<td>(P.1) In this Constitution the term psychodrama refers to the theory and methodology based on the work of J.L. Moreno.</td>
<td>(P.1) In this Constitution the term <strong>Psychodrama</strong> refers to the theory and methodology based on the work of J.L. Moreno, the founder of psychodrama, sociodrama, sociometry.</td>
</tr>
<tr>
<td>(P.2) The focus of FEPTO is psychodrama training and research.</td>
<td>(P.2) The focus of FEPTO is to promote psychodrama and sociodrama, training, practice, research, and networking.</td>
</tr>
<tr>
<td>(P.3) The aim of this Constitution is to provide a firm working basis for FEPTO and its future development. It is accepted that a number of terms contained in it may, in the future, require more precise definition.</td>
<td>(P.3) The aim of this Constitution is to provide a firm working basis for FEPTO and its future development. It is accepted that a number of terms contained in it may, in the future, require more precise definition. Details and more special tasks are regulated in bylaws.</td>
</tr>
</tbody>
</table>

### Article 1: Naming of the Association

1.1. This association is named: Federation of European Psychodrama Training Organisations – FEPTO (in French: Fédération des organismes de formation au psychodrame – FEPTO).

It has been constituted and incorporated as an International Association in accordance with the Belgian law of October 25, 1919, modified by the law of December 6, 1954.

11.1 The organisation is named: Federation of European, Mediterranean and Neighboring Psychodrama Training and Accrediting Organisations - **FEPTO** (in French: Fédération ... )

It has been constituted and incorporated as an International organisation (Association) in accordance with the Belgian law of October 25, 1919, modified by "La loi introduisante le Code des sociétés et des associations et portant des dispositions diverses, MB : Jeudi 4 Avril 2019" (Law introducing the Code of Societies and Associations, with various provisions).
### Wording of the Statute

1.2. The address of the Association is Herestraat 21, B – 3000 Leuven. It may be transferred to any other location in Belgium by simple decision of the Council published in the Annexes au Moniteur Belge.

### Suggested New Wording

1.2. The address of the organisation is 20 rue du Rivage, 5100 Dave (Namur), situated in the Walloon Region. It may be transferred to any other location in Belgium by simple decision of the Council published in the Annexes au Moniteur Belge.

1.3. The resources derive from:
- payment of annual fees
- fundings from the European Union or other organisations
- intellectual output and publications
- and all other activities contributing to the realisation of non-profit goals.

### Article 2: Changing and improvement of Article 2 – Purposes

2.1. FEPTO is a Federation of Psychodrama Training Organisations in Europe and the Mediterranean area. It has an educational and scientific aim and is a non-profit making Association.

2.2. The purpose of FEPTO is to support the wider recognition of psychodrama within Europe and Mediterranean area through the development of competence in those who practice it.

2.3. The Federation will work:
- to support the development of training in psychodrama;
- to promote interchange between the members of FEPTO;
- to recommend minimal standards for psychodrama training;
- to co-ordinate the timing of international European and Mediterranean psychodrama events;
- to uphold ethical standards of psychodrama;
- to promote research and quality-evaluations of the method.

2.1. FEPTO is a Federation of Psychodrama Training Organisations in Europe, Neighbouring Countries and the Mediterranean Area. It has an educational and scientific aim and is a non-profit making organisation.

2.2. The purpose of FEPTO is to support the international recognition and dissemination of psychodrama and sociodrama through the development of competence in those who practice it.

2.3. The Federation will work:
- to support the development of training and practice in psychodrama;
- to promote interchange between the members of FEPTO;
- to recommend minimal standards for psychodrama and sociodrama training;
- to coordinate the timing of international European and Mediterranean psychodrama, and sociodrama events;
- to uphold ethical standards of psychodrama;
- to promote research and quality-evaluations of the method.
<table>
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<tr>
<th>Wording of the Statute</th>
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<tbody>
<tr>
<td><strong>Article 3: Membership</strong></td>
<td>3.1. All organisational members of FEPTO must be located and registered in Europe, in the Mediterranean area and in neighbouring countries.</td>
</tr>
<tr>
<td></td>
<td>3.2. All memberships will be approved by the General Assembly on the recommendation of the Council.</td>
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<td></td>
<td>3.3. There will be three categories of membership: Founding Members. Are those individuals who signed the Constitution at the Inaugural Meeting. Training Organisations (including their affiliates) who provide a training program in psychodrama. Such Organisations must present: – a legal form of organisation stipulated by the laws of the country; – a formal documented structure; – a published curriculum; – a published list of training staff; – the number of its training groups; – a list of certified psychodramatists. Psychodrama Organisations providing accreditation, certification and/or setting training standards. Such organisations must present: – a legal form of organisation stipulated by the laws of the country; – a formal documented structure; – a published list of individual and/or organisational members.</td>
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<td></td>
<td>3.4 Individual members. a. Honorary individual membership may be given to distinguished psychodramatists upon nomination of the Council and/or two members of the Federation, and approval by the General Assembly. b. Individual membership may be given to psychodrama trainers having obtained their training from an accredited Psychodrama Training Organization or Institute upon nomination of the Council and/or two members of the Federation, and approval by the General Assembly.</td>
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<td></td>
<td>3.5 The details (3.1. - 3.4.) have to be regulated by by-laws especially when and how often the conditions of the once approved registration have to be overlooked and renewed.</td>
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### Article 4: General Assembly

<table>
<thead>
<tr>
<th>Wording of the Statute</th>
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<tbody>
<tr>
<td>4.1 The General Assembly comprises all members in good standing. Each Training Organisation may send two representatives. Accrediting Organisations may send one representative.</td>
<td>4.1 The General Assembly comprises all members in good standing (see 7.2). Each Training Organisation may send two representatives. Accrediting Organisations may send one representative.</td>
</tr>
<tr>
<td>4.2 This Assembly shall have the final power of decision-making within FEPTO. Particularly, its competence regards the following points: – approval of budgets and accounts; – election and revocation of Council members; – modification of the Constitution; – dissolution of the Association.</td>
<td>4.2 This Assembly shall have the final power of decision-making within FEPTO. Particularly, its competence regards the following points: – approval of budgets, accounts and reports; – election and revocation of Council members; – modification of the Constitution; – dissolution of the Federation.</td>
</tr>
<tr>
<td>4.3. It shall meet at least once in each calendar year, in the place indicated on the convocation made by the Council Chairperson, to carry out the business of FEPTO, including the approval of the yearly account.</td>
<td>4.3. It shall meet at least once in each calendar year, in the place indicated on the convocation made by the Council Chairperson, to carry out the business of FEPTO, including the approval of the yearly account.</td>
</tr>
<tr>
<td>4.4 The Assembly will elect the members of the Council. It has also the power to remove a Council Member from his office. This removal has to be voted by two-thirds majority and must be motivated.</td>
<td>4.4 The Assembly will elect the members of the Council. The modalities of the voting procedure and removal of council members is fixed in Article 5, 9 and in the by-laws.</td>
</tr>
<tr>
<td>4.5. There shall be an Annual General Assembly. The first such meeting will be the Inaugural Meeting. The subsequent Annual General Assemblies shall be held within fifteen months of the previous Annual General Assembly.</td>
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<tr>
<td>4.6. The Council may call Special General Assemblies through its Chairperson. Such Assemblies may also be called by the Council if it is requested in writing to do so by no less than 25 % of the membership. The Council shall give notice in writing at least two months in advance of any General Assembly.</td>
<td>4.6. The Council may call Special General Assemblies through its Chairperson. Such Assemblies may also be called by the Council if it is requested in writing to do so by no less than 25 % of the membership. The Council shall give notice in writing at least two months in advance of any General Assembly with the invitation.</td>
</tr>
<tr>
<td>4.7. The General Assembly may take decisions only on subjects already put in the agenda.</td>
<td>4.7. The General Assembly may take decisions only on subjects already put in the agenda.</td>
</tr>
<tr>
<td>4.8. Except for particular cases foreseen by this Constitution, the quorum is half of members and the resolutions are taken by simple majority vote of the present membership. Resolutions of the General Assembly are written in a register, signed by the Council Chairperson and at least by two Council members, and kept by the Secretary at members disposal.</td>
<td>4.8. Except for particular cases foreseen by this Constitution, the quorum is half of members and the resolutions are taken by simple majority vote of the present membership. Resolutions of the General Assembly are written in a register, signed by the Council Chairperson and at least by two Council members, and kept by the Secretary at members disposal.</td>
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</table>
### GENERAL ASSEMBLY

**The constitution changing process**

<table>
<thead>
<tr>
<th>Wording of the Statute</th>
<th>Suggested New Wording</th>
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<tr>
<td>5.1 The Council will consist of a maximum of fifteen and a minimum of seven members. There must be no more than three members from the same country. At least one member of it must be Belgian.</td>
<td>5.1 The Council will consist of a minimum of 5 and a maximum of 9 members. There must be not more than two members from the same country. At least one member of the Council must be from Belgium, the country in which FEPTO is registered.</td>
</tr>
<tr>
<td>5.2 The Council will select amongst its members an Executive consisting of the following Officers: – Chairperson; – Vice-Chairperson; – Secretary; – Treasurer.</td>
<td>5.2 The Council will select amongst its members an Executive Board, consisting of at least three Officers, encompassing the following roles/functions: – Chairperson; – Vice-Chairperson; – Treasurer; – Secretary.</td>
</tr>
<tr>
<td>5.3. Council members shall be elected for a two-year term.</td>
<td>5.3. The duration of the council’s term will vary from two to four years.</td>
</tr>
<tr>
<td>5.4. The Council will be responsible to the General Assembly for the running of FEPTO. It may delegate specific tasks to a member or a third person for a limited time. It may also create Committees. Each Committee must contain at least one member of the Council.</td>
<td>The maximum of consecutive representation in the Council is three terms.</td>
</tr>
<tr>
<td>5.5. The Committees will carry out specific tasks on behalf of the Council. They will include: – Membership Committee that shall be responsible for processing of membership applications. – Assembly Committee that shall be responsible for the organisation of the Annual General Assembly and Special General Assemblies. – Training Committee that shall address specific training issues. – Research Committee.</td>
<td>5.5 The Committees will carry out specific tasks on behalf of the Council. They will include: -Membership Committee that shall be responsible for processing of membership applications; -Assembly Committee that shall be responsible for the organisation of the Annual General Assembly and Special General Assemblies; -Training Committee, -Research Committee. -Ethics Committee.</td>
</tr>
<tr>
<td>5.6. The Council has the power, if necessary, to suspend any other member of the Council, including the Executive Officers. Only the Assembly, however, may decide upon the removal of the Council Member.</td>
<td>5.6. The Council has the power, if necessary, to suspend any other member of the Council, including the Executive Officers. Only the Assembly, however, may decide upon the removal of the Council Member.</td>
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## The constitution changing process

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<tbody>
<tr>
<td>5.7. The quorum to deliberate shall be half of the effective members. Resolutions are</td>
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<tr>
<td>taken by a simple majority vote of present members. In case of balance, the Council</td>
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<tr>
<td>Chairperson’s vote will determine the outcome of the vote.</td>
<td>Chairperson’s vote will determine the outcome of the vote.</td>
</tr>
<tr>
<td>5.8. Council resolutions are registered and signed by its Chairperson and at least two</td>
<td>5.8. Council resolutions are registered and signed by its Chairperson and at least two</td>
</tr>
<tr>
<td>Council members and kept by the Secretary at members’ disposal.</td>
<td>Council members and kept by the Secretary at members’ disposal.</td>
</tr>
<tr>
<td>5.9. Unless otherwise decided, all acts which bind the Association shall be signed by</td>
<td>5.9. Unless otherwise decided, all acts which bind the Association shall be signed by</td>
</tr>
<tr>
<td>two Council members who need not give evidence of their powers.</td>
<td>two Council members who need not give evidence of their powers.</td>
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<tr>
<td>5.10. All judicial actions, either as plaintiff or defendant, will be handled by the</td>
<td>5.10. All judicial actions, either as plaintiff or defendant, will be handled by the</td>
</tr>
<tr>
<td>Council represented by its Chairperson or by a Council member designated by it.</td>
<td>Council represented by its Chairperson or by a Council member designated by it.</td>
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</table>

### Article 6 : Auditors

<table>
<thead>
<tr>
<th>Wording of the Statute</th>
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<tbody>
<tr>
<td>6.1 The social year starts January the first and closes December 31st. The General</td>
<td>6.1 The financial year starts January the first and closes December 31st. The General</td>
</tr>
<tr>
<td>Assembly will appoint one or more Auditors at the beginning of each term, who will</td>
<td>Assembly will appoint one or two Auditors at the beginning of each term, who will</td>
</tr>
<tr>
<td>examine the accounts of the Federation and give their written evaluation at the end</td>
<td>examine the accounts of the Federation and give their written evaluation at the end</td>
</tr>
<tr>
<td>of each year.</td>
<td>of each year.</td>
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<tr>
<td>6.2 The Council has to submit to the General Assembly the accounts of the past year</td>
<td>6.2 The Council has to submit to the General Assembly the accounts of the past year</td>
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<tr>
<td>and the budget of the coming year.</td>
<td>and the budget of the coming year at least two months before the General Assembly.</td>
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</table>
# GENERAL ASSEMBLY

## The constitution changing process

### Article 7: Admission and Removal

<table>
<thead>
<tr>
<th>Wording of the Statute</th>
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<tbody>
<tr>
<td>7.1. Membership will be approved by the General Assembly on the recommendation of the Council following the criteria accepted by the General Assembly. Applicants not accepted by the Council can appeal in writing directly to the General Assembly.</td>
<td>7.1. Membership will be approved by the General Assembly on the recommendation of the Council following the criteria accepted by the General Assembly. Applicants not accepted by the Council can appeal in writing directly to the General Assembly.</td>
</tr>
<tr>
<td>7.2. Membership will cease:</td>
<td>7.2. Membership will cease:</td>
</tr>
<tr>
<td>– if the member resigns in writing;</td>
<td>– if the member resigns in writing;</td>
</tr>
<tr>
<td>– if the member fails to pay his/her membership dues for longer than one year.</td>
<td>– if the member fails to pay his/her membership fees for longer than two years. Exceptions of 7.2 have to be regulated with bylaws.</td>
</tr>
<tr>
<td>7.3. A member who fails to comply with the membership conditions can be suspended by the Council and can only be expelled from the Federation by the General Assembly, after the member has been given the opportunity to present his/her case. The member will have the right to appeal.</td>
<td>7.3. A member who fails to comply with the membership conditions can be suspended by the Council and can only be expelled from the Federation by the General Assembly, after the member has been given the opportunity to present his/her case. The member will have the right to appeal.</td>
</tr>
<tr>
<td>7.4. Any member who, through death or otherwise, ceases to belong to the Association shall forfeit any right to any part of the assets of the Association.</td>
<td>7.4. Any member who, through death or otherwise, ceases to belong to the Association shall forfeit any right to any part of the assets of the Association.</td>
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### Article 8: Bylaws

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<tbody>
<tr>
<td>8.1. The Council will prepare By-Laws as necessary. All such By-Laws shall be approved by the General Assembly.</td>
<td>8.1. The Council will prepare By-Laws as necessary. All such By-Laws shall be approved by the General Assembly.</td>
</tr>
<tr>
<td>8.2. Members of FEPTO can propose by-laws changes to the General Assembly. These proposals must be sent to the Council in writing at least three months before the General Assembly.</td>
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GENERAL ASSEMBLY

The constitution changing process

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<tr>
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<tbody>
<tr>
<td><strong>Article 9 – Voting</strong></td>
<td><strong>9.1. Founding Members have one vote. Those who belong to a Member Training Organisation cannot vote as individuals. If they are not members anymore, they regain their individual vote.</strong></td>
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<tr>
<td><strong>9.2. Each Training Organisation shall have two votes cast by the appointed representative(s) present in the Assembly. Their affiliates have no votes, but are represented by the Organisation.</strong></td>
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<tr>
<td><strong>9.3. Each Accrediting Organisation shall have one vote cast by the appointed representative(s) present in the Assembly. If the representative is a Founding Member, he loses his individual vote, but regains it when he is no more a representative.</strong></td>
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<td><strong>9.4. The quorum shall be half of the members, except for changes to the Constitution and dissolution.</strong></td>
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<td><strong>9.6. Founding members and Training Organisations may be represented by proxy from another Training Institute. The Secretary must be informed at least four weeks in advance.</strong></td>
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**Article 10: Amendments**

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<td><strong>10.1. Amendments to the Constitution can only be made by the General Assembly. The quorum for such a decision is 2/3 of the members. The majority for such decisions is 2/3 of the possible votes. If the quorum is not achieved in the first meeting, the decision can be taken without a quorum at the second meeting by 2/3 majority.</strong></td>
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<tr>
<td><strong>10.2. The Council will inform in writing all members of any proposed amendments to the Constitution at least two months in advance of the General Assembly.</strong></td>
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### GENERAL ASSEMBLY

**The constitution changing process**

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<td><strong>Article 11</strong> : Subscriptions</td>
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<td>11.1. All members shall pay an annual fee of an amount as proposed by the Council and agreed to by the Annual General Assembly.</td>
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<td>11.2. In any case the annual fee cannot be higher than 100.000 Belgian francs (index December 1996)</td>
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<td><strong>Article 12</strong> : Dissolution</td>
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<td>12.1. The dissolution of FEPTO must be agreed by the General Assembly. If the quorum is not achieved in the first instance, the dissolution will occur without a quorum at a second meeting by a simple majority.</td>
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<td>12.2. In the case of dissolution of FEPTO, the Council shall appoint a Liquidating Committee. The remaining net assets of liquidation shall be given to any non-profit making organization(s), felt appropriate by the General Assembly.</td>
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<td><strong>Article 13</strong> : General Provisions</td>
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<td>13.1. What is not foreseen by this Constitution, and especially the publications that will appear on the Moniteur belge, will be regulated according to the provisions of the Belgian law of October 25th, 1919, modified by the law of December 6th, 1954.</td>
<td>13.1. What is not foreseen by this Constitution, and especially the publications that will appear on the Moniteur belge, are in accordance with the Belgian law &quot;La loi introduisant le Code des sociétés et des associations et portant des dispositions diverses, MB : Jeudi 4 Avril 2019&quot; (Law introducing the Code of Societies and Associations, with various provisions).</td>
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Introduction

In the small group on research at the Annual Meeting in Tallinn we started from the work achieved last year in Pravetz. This time, colleagues from the small group on Training joined us on the second day.

The main objective was to improve the functioning of research within our network. Different topics were addressed, like how to improve research training in psychodrama (for trainers and trainees), how to integrate research in the psychodrama training curriculum, how to support publishing and presenting psychodrama research in order to enhance the presence of psychodrama research in the scientific community.

It was agreed upon that some basic knowledge, skills and practice in research have to be implemented in the curricula of our psychodrama training. The following training standards were proposed:

- reading and writing academic papers
- basic knowledge in research design/ getting a good research question
- getting to know basic mixed methods approach/ quantitative and qualitative tools for psychotherapy/ learning processes
- interviews and thematic analyses/ questionnaires for assessing the learning process
- interpreting data/ drawing conclusions
- searching/getting access to research literature
- ethics in research
Research topics should be included in the curriculum from the very beginning of training, like getting to know tools for collecting and analyzing data. The curriculum should include specific hours of research training as part of minimal training standards. Participating in research projects should be supported as much as possible (see report of the small group on research from Pravetz 2018).

In Tallinn we continued our work by sharing the need of research for keeping or getting recognition of psychodrama by the public and social and health services. Furthermore, we shared the different practices and standards regarding the inclusion of research in training in different countries and training institutions.

After an intensive sharing and discussion, we agreed to propose the following MTS for research to the forthcoming FEPTO General Assembly in Ohrid to be voted on.

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**Minimal Training Standards (MTS) for the integration of research in training**

**(1) Curriculum: min. of 20 hours for research in psychodrama**

Learning outcome:

- to know, apply, analyse, discuss and criticise... qualitative/quantitative evaluation/research methods;
- to be able to write an evaluation/research proposal and a to write a dissertation/essay as part of the training

**(2) Dissertation/essay: min of 15000 words/30-40 pages**

- practice-oriented evaluation/research based on theory, description of practice and on empirical data
What remains from what happened

Erasmus+ project, PEFORMERS 2

Judith Teszáry

During 2019 we had 7 meetings/training occasions. The latest training was held in Stockholm, where the SPA (Swedish Psychodrama Association) team Mariolina Werner, Monica Westberg, and Wessen Beshah Kidane and parts of the FEPTO team: Judith Teszáry, Irina Stefanescu, and Melinda Meyer presented their way of working with marginalized youth.

Participating partners:

- Hungarian Psychodrama Association (MPE) - the project leader.
- Portuguese Psychodrama Society (SPP)
- Birmingham Institute of Psychodrama (BIP)
- Social institutes – the social partners of the project are the Hungarian DC (Detention Centre), Hud-dinge gymnasium, Sweden and the Portuguese organization dealing with people living with mental and physical function-variations, NOS, the abbreviation means WE.

From the Hungarian Detention Centre (a youth prison, a totalitarian institution), were 9 participants. Security guards, teachers, mental health workers, a psychologist (the coordinator of the team) and treatment assistants were presented. The leader of the institution was also present.

This was the first time the DC participated at the Erasmus+ training. Parts of the Hungarian team is working with DC during the project.

In action sharing the partner, institutes showed scenes from their working places. We could see some chocking scenes from DC, where a new delinquent is arriving and get his hair shaved and learns how to say yes and no in a military position. The love and the caring towards the boys were also shown. The training went on in small groups and large groups interchangeably.

This field-specific training gave insight into the hard reality these institutions live in. Either because of the oppressive system (DC) or because of economic difficulties as in the case of NOS. The personal is highly educated and have the skills in all kind of methods to deal with the demanding duties. But the overloading need of the guests and the shortage of staff makes their work heroic. The Huddinge Gymnasium has the most privileged working conditions. The students, the newcomers, as the refugees are called in Sweden, have the possibility to participate in sociodrama groups to elaborate their problems in the new country.

On almost all training occasions we visit an institution working with clients on the marginal.

This time we visited a state institution for delinquent girls. The cultural, psychological, pedagogical, social, legal and economic prerequisites of the institutes are striking different causing no little pain to realize it.

In this era of Coronavirus, we will go on with online meetings, to fulfill the commitment to the European Union project.

We will have online training once a month

We will prepare:

2. Sociodrama book, which will be published at L’Harmattan
3. Booklet about the field-specific use of Sociodrama
5. Sociodrama curriculum
6. Developing the Sociodrama Homepage
Background and roots:

In recent years - in particular at the RC meeting in Sofia (2012) and AM in Obidos (2014) on the initiative of Gabriela Moita and others - the need to clarify the current knowledge of psychodrama theory and methodology, has emerged among FEPTO members. The need to consider the integration between psychodrama and other disciplines has also been raised.

In 2014 Paola De Leonardis and Marco Greco started the work on creating a survey in order to collect data about teaching and understanding of psychodrama in the FEPTO Institutes. This project continued development for several years continuing during subsequent FEPTO Research Committee meetings as well as Annual Meetings and resulted in the creation of two Conceptual Maps:

- Psychodrama Theoretical and Methodological Specificity
- Psychodrama Integration with other Approaches

presented to the FEPTO members during the AM in Pravetz (May, 2018) together with the idea of creating an online platform like “Psychodrama Wikipedia” which was proposed by Marco Greco.

The latest developments and current status of the project:

Having in mind a scientific origin and application of both maps, these can also be used as a skeleton of an interactive Website database easily useful for learning or exchanging current knowledge on Psychodrama as well as a support for networking in specific fields and topics among the users.

During the Theory and Interconnections Group (TIG), co-organized by Krzysztof Ciepliński and Nikos Takis at the AM in Pravetz, Roger Schaller declared the creation of a pilot version of the Website www.psychodrama.world. The platform was built over the next few months in cooperation with the Battenberg Foundation in Switzerland, at a cost of 5557.35 CHF (approx. 5000 Euro). The Swiss Psychodrama Association PDH has paid a donation of 2000 CHF and Roger Schaller has prefinanced the remaining amount of 3557.35 CHF.

The results of this work was shared during the FEPTO RC meeting in Padova (February, 2019) and during the AM in Tallinn (May, 2019) with great interest and support from the participants. In Tallinn the work of the TIG group effectively continued, specifically the need of establishing Editorial and Administrative project teams was clarified, and an invitation for cooperation was requested. As a result, Norbert Apter declared to create the first non-English (French) version of the psychodrama.world website. The work on this is still in progress and will be presented during the planned FEPTO GA in May 2020.

Future:
Other colleagues have responded to our call for cooperation at the RC meetings in Vienna (October, 2019) and Istanbul (March, 2020). As an initiative group we need to broaden this cooperation and involvement. Among others, the publishing policy details as well as administrative issues should be decided very soon. In the near future we also expect direct contributions from FEPTO members: texts, movies and other materials worthy to be published.

www.psychodrama.world as an open access, users-friendly and an interactive database, can be very beneficial for different groups of users: trainers, trainees, practitioners, researchers and university students. It could also be helpful for popularization of psychodrama knowledge among other professionals and the society at large.

The final success of the project depends on further engagements and support. We need an agreement and a mandate to continue our work as a FEPTO project group (task force), budgeted by FEPTO, remaining in close connection with the FEPTO Committees: Research, Development & Network as well as Training. We propose to allocate 1500 Euro from the FEPTO budget 2020 for the project needs: 1000 Euro for refinancing the initial costs of the website creation, 100 Euro for web hosting and up to 400 Euro for other expected costs.

We hope that this request will find your understanding and support.

Thanks in advance for this.

Paola de Leonardis (Italy),

Marco Greco (Italy),

Roger Schaller (Switzerland);

Norbert Apter (Switzerland);

Krzysztof Cieśliński (Poland)
GENERAL ASSEMBLY

Call for Articles

International Journal of Psychodrama and Action Methods

During the FEPTO Annual Meeting in Pravetz, it was decided to develop an International Journal of Psychodrama and Action Methods. As a first step, we will publish up to three special editions on psychodrama and action methods from an international and FEPTO perspective. These editions will be connected to the ZPS (Journal for Psychodrama and Sociometry) which is published by Springer. The Journal is peer reviewed and will assure high quality of publishing and recognition in the scientific and professional community.

We are delighted to invite you to submit an abstract for consideration for the first Special edition on Psychodrama theory, practice, training and research.

The aims and scope of this journal are to:

- include a broad range of psychodrama, sociodrama, sociometry and action methods in education with children and young people, adult learning and training, supervision, psychological counselling and psychotherapy, social work, organisational learning and counselling, conflict management, peace education and community work.
- promote and share current and relevant high quality articles in psychodrama and action methods practice, training and research.
- have a balance of contributions including research, innovations in theory, methodology and application in practice.
- give a platform for practitioners, trainers and researchers in psychodrama and action methods upholding professional excellence.
- enhance integration of psychodrama and action methods through encouraging sharing and cooperation with other modalities.
- reflect application in different settings, e.g. single or dyadic work, group-work, application of psychodrama and action methods in organisational context or in local communities.

About the submission: it should contain the following sections:

Title

Abstract (500 words) with information like the background, theory, methods, results, conclusions, literature etc.

Authors Name/s, background/s and affiliations of authors

Please name preferred section in journal for your article, if accepted:

Theory/ Practice/ Methods/ Training/ Research

All submitted work should be written in English, original and not under consideration for other journals and represent current practice, i.e. within three years of 2019.

Extended deadline for submissions of abstracts: 1st of June 2020

Please submit the abstract to: hannes.krall@aau.at

Thank you in advance for your contributions.

With kind regards,

Kate Kirk, Ana Sofia Cruz, Hannes Krall
The current situation connected with lockdown due to the Coronavirus circumstances changed also the reality of psychodrama trainers, trainees, practitioners and clients. Among the many health care providers as well as educators appeared the need to continue their daily work online using Internet tools. The situation around us is challenging for psychodramatists - we need a stage for action and encounter.

The FEPTO council followed the idea to support the community by organizing a ZOOM meeting in cooperation with Victor Semenov, our Russian colleague, who agreed to offer and share with us his experience in using online channels for practicing and teaching psychodrama. We met on 8th of April via Zoom in a group of more than 70 international participants. During the meeting Victor presented an ongoing project conducted by the online section of the Psychodrama Association of Russia which was established in 2019. Attendees had the chance to learn based on the four year long history of using the Internet in Russia for many psychodrama activities, like conducting training courses on monodrama and group psychodrama, group and individual supervision, leading psychodrama groups online and one-on-one psychodrama as well as providing psychological online assistance in the event of the loss of loved ones as part of the international Red Cross project.

The Zoom meeting was a chance to ask questions and discuss the limitations and advantages of psychodrama online, for example how to protect client privacy during online therapy, how to use objects, how to build a stage and choose protagonists using a computer screen. We also tested the technical possibility of Zoom in arranging sub group work useful e.g. in conducting sociodrama online. The participants expressed their curiosity and learning needs as well as satisfaction with the chance to meet each other and exchange experiences and knowledge. We decided to continue this type of work in order to further develop our competence in psychodrama online. The details will be elaborated by Victor and council members Ina Ilieva and Krzysztof Ciepliński and shared soon with the FEPTO community.

Krzysztof Ciepliński
Chair of the Development and Network Committee

What remains from what happened

Psychodrama Online with FEPTO members
What remains from what happened

Psychodrama with Children and Youth

Network Group for Psychodramatists
Working with Children and Youth
7th-9th of February 2020 in Munich

Courage is doing what you are afraid to do.

We were very delighted to meet all 30 colleagues from 10 different countries at the 5th network group meeting “Psychodrama with Children and Youth” which took place in Munich, Germany from 7th - 9th of February, 2020.

The following topics were discussed at the meeting

Research in Psychodrama with Children and Youth
Minimal Training Standards for Psychodrama with Children

Standards and research are hardly things that we find enjoyable and often they intimidate us. That is why we decided to start with this saying about courage. If we were to express this in the symbolic language suitable for children - Thirty fearless heroes have made their way into the valley of giant numbers and have proven that their magic is effective.

We all had the opportunity to spend a few exciting days in Munich and return home with new inspirations. Our local hosts, Bettina and Thomas once again chose a beautiful venue with meaningful name. After ”The Temple of Peace“ in Cardiff, this time the name of the venue was ”One world house“.

We would like to share two of the highlights of this network meeting. The first one was FEPTO executive board, who also visited us for dinner. Another high point was that Israa from Gaza was able to join us via skype and present her extensive research on the topic.

Below you can find a short summary contributed by the presenters themselves:

Milena Mutafchieva, Kristina Gotseva-Balgaranova, Ivo Popivanov
Impact Evaluation of the Evidence-Based Trauma Stabilisation Programme for Refugee, Asylum Seeking and Immigrant Families (EBTS).

The study aimed to evaluate the effectiveness of the Evidence-Based Trauma Stabilisation (EBTS) Program. The idea of the program was born from the present need of more effective work with refugee, asylum seeking and immigrant families. The EBTS-Program is based on a psychodrama-with-children approach, created by Aichinger and Holl (Aichinger & Holl, 2017) and is suitable for parent-child pairs. The study has a within-subject design with two measurements: pre-test before the attendance in the program and post-test after the completion of the program. The psychological instruments, administered in order to measure the effectiveness of the intervention, assessed PTSD symptoms and the level of depression in both children and parents. Fifteen children and 16 mothers from Germany and Bulgaria participated in the study. The results showed significant decrease in PTSD intrusion, PTSD arousal, depression, and dissociation in chil-
dren. There is a decrease in all scales in the mothers’ results but it did not reach significance. Only one decrease is significant: mothers were more likely to share problems concerning their children after the intervention.

Anna Hajdu

The impact of child psychodrama in 5 groups

The creation of a special method of child psychodrama has been the fruit of recent decades. It is a therapeutic method that communicates with children in the language of play, facilitates their ability to connect, works with spontaneity and originality, which releases children's creativity and leads to self-healing (Aichinger, 2002). There are not many studies regarding the effects of this method, more research has been launched in recent years, but they are still under development.

**Method:** Five child psychodrama groups participated in the study, with 6-8 children per group, operating under the aegis of one organization. As part of the impact assessment, children completed the following questionnaire at the start of the groups and 20 times later (app. 6 months later): Semantic Selection Test (Szaboló, Németh, Nafrádi, 2013), Emotion Measurement Scale (Nagy, 2010) and Rosenberg Self-Assessment Scale (Sallay et al., 2014). Thus, the focus of the study was on the development and change of social skills and self-esteem.

**Results:** Higher values for emotional intelligence can be reported from follow-up studies, and the relationship between emotional intelligence and self-esteem was confirmed. The concept of “myself” and “expression of emotion” proved to be a constant feeling of positive joy, and at the time of follow-up, these concepts were less related to the feeling of fear. And as a result of the child psychodrama sessions, the feeling of fear about self-protection diminished, which means that the thought of self-defense was less and less colored by fear after the sessions. The research could not confirm the positive change in self-esteem.

**Conclusion:** According to the results, the child psychodrama method effectively contributes to the development of children, both socially and emotionally. It strengthens and supports them to be less afraid when they stand up for themselves, and effectively supports the development of adequate behavior in different social situations.
Dagmar Mingers, Heidi Schaul, Anna-Lotte Kopatz

Summary Research “Pretend we’d make it together”- The Impact of Psychodrama for Children on their Emotional Competences- Psychodrama Groups an Evaluation of the Effectiveness of

Our research is aimed at the question of whether a psychodrama group for children of pre-school age can improve emotional skills, which are good predictors for lifetime mental health, success and happiness. Our practice-oriented outcome-study which included two rounds of psychodrama groups and control groups with (deep psychological group therapy) and without treatment results in the confirmation of our hypothesis that participation in psychodrama group therapy significantly improves the emotional skills of the children.

Csilla Nemeth

Proposing SAI-R (Revised Spontaneity Assessment Inventory) as a tool to assess the effect of psychodrama with adolescents. I talked about Revised Spontaneity Assessment Inventory (SAI-R) test, introduced by Kipper et al. in 2006, to measure spontaneity, the key element of psychodrama, by a self-report questionnaire. The test was translated, and validated in several countries, showed positive correlation e.g. with well-being (CORE-OM), and negative correlation with depression (Beck depression scale). It is easy to use, takes no more than 1-2 minutes to fill out, and it was also validated for adolescents. It shows promise to be a useful tool in longitudinal studies also to measure the effect of psychodrama based on a Portuguese and our own Hungarian small scale study with adults.

Fabian Blobel

"Which theoretical models (about development, groups and psychodrama) should be included in the trainings for PD with children and/or adolescents?"

An invitation to a discussion on minimal training standards

“The invitation for the discussion” about the content in the training for psychodrama with youth, was led by action sociometry in six steps. By this, the question, “Which theoretical aspects should be included as minimal training standards?” could be discussed actively in a short time within the whole group. The range between extreme poles allowed to form subgroups and a stimulating exchange within. The steps where formed by the differentiation between pedagogic and therapeutic settings, Individual
versus group settings, developmental and pathological aspects, the different approaches to healing human beings, technical content such as presentations, thesis, exams or research. Also the question if the formation should include children and adolescents was discussed. With the presentation, the necessity and wish of the group for exchange about minimal training standards of content developed a frame. Because of the magnitude of this topic it was clear from the beginning, that the intervention was just an invitation for a discussion. To be continued.....

Israa Shehada Al-Ebwni from Gaza - VIA SKYPE
The effectiveness of psychodrama to reduce Post-Traumatic Stress Symptoms (PTSS) among Gaza children (8-10 years).
The qualitative part of this research shows how the roles of traumatized children developed from avoidant helpless roles to be powerful and competent roles .It also illustrates how traumatized children express recurrent acts of Intrusion and arousal symptoms through their roles, and how psychodrama can help. An observation card developed to be used by the caregivers\mothers to monitor the progress of the child’s mood and changes in behavior. Also the caregivers\mothers have to report on some significant situations and their immediate response and how they plan to respond in the future. Every two weeks the observation card is discussed between caregivers and therapist during the psychodrama process. This helped to sustain the positive impact of psychodrama sessions and increased the relationship and secure attachment between child and mother/caregiver.

Larisa Mogunova and Natalia Gorovets
The Activities of the section "Psychodrama with children" of the Russian Association of Psychodrama

Minimal training standards
Concerning the topic of minimal training standards, all participants agreed with the proposal of the steering group. Specifically that the minimum training standards that apply to psychodrama training...
What remains from what happened
Psychodrama with Children and Youth

for adults must also be valid for child psychodramatists. In addition, we want to discuss the division of training hours further at the next network meeting.

Looking to the future

Milena Mutafchieva will organize the 3rd International Conference for Psychodrama with Children and Youth in Bulgaria in 2022. Milena will also be the co-facilitator of this network group together with Stefan.
We would like to thank Hilde Gött for all she has done for this network group!
The next network meeting will take place from 5th to 7th of February 2021 in the beautiful City of Porto (Portugal). Our local host will be Dr. Joanna Saraiva.

Last but not least: Save the date for the upcoming Children and Youth conference in Zagreb.
https://childrenyouthpsychodrama.com/hr/

And going back to the beginning, remember that Fortune favors the brave.

Warmest regards,
Milena & Stefan
Dear friends and colleagues,

It is our great pleasure to welcome you to Zagreb, Croatia’s capital, for the 2nd International Children and Youth Psychodrama Conference which will be held from 25-27 September 2020 with two preconference workshops on 24 - 25 September by Rebbeca Walters (Sociodrama and Story in Children’s Groups – Sociodrama with children) and Mario Cossa (Rebels with a Cause: Psychodrama with Adolescents).

We face the challenges of the digital age, which moves a significant part of communication into the virtual world with which children are encountered since the early age. The demands of social networks and other online content subtract a big part of free time, narrowing down the field of interest and giving a partial picture of reality, and all this can lead to alienation from the authenticity of identity and the various psychological difficulties of children and youth.

Psychodrama communicates with children and youth in the language of play, action, and helps them to get into contact with each other, to increase their self confidence, free their creativity, leading to self healing.

Specific psychodrama methods for children and youth have been developed in the last two decades by several schools around Europe.

Recently, interest in the method grew rapidly, starting an international cooperation via FEPTO Network Group for Psychodramatists Working with Children and Youth. After the last International Conference held in Budapest in 2018, we are continuing with our meetings with experienced colleagues and schools to discuss and explore the method. Our discussions will include similarities and differences in our methods, theory behind them, understanding the role and competencies of therapist, and elaboration methods to
measure the therapeutic effect.

On behalf of Croatian Center for Psychodrama we invite all interested, in the hope of everybody’s enrichment when talking our common language of symbolic play and working together.

We would like to invite all children psychodramatists to present a workshop/presentation/lecture/poster. Please submit your proposal by March 1st 2020 using online form on our webpage!

https://childrenyouthpsychodrama.com/

All abstracts and submission details must be submitted in English.

English is official language of conference

In the end, we invite you to explore Zagreb – the city with the million hearts. As you set out to take a tour round Zagreb, determined to see its highlights, you’ll find that you’ll end up rather enjoying it. Sitting at one of its various cafés, strolling leisurely around its streets and promenading through its parks, it’s like you’re starting out on a love affair with this city and its people. And pretty soon you’ll know that this is love in its early stage, the kind that only grows stronger in time. Don’t miss it!

On behalf of Program and Organizing Committee,

Vedran Korusic
president of Croatian Center for Psychodrama

Preconference 2-days Workshops
24 – 25 September 2020

Rebels with a Cause: Psychodrama with Adolescents
Mario Cossa (USA)
These two, full-days of training explore the theory, philosophy, and practice of utilizing psychodrama, sociodrama, and sociometry with adolescents, individually and in groups.
Participants will receive a PDF copy of Mario’s book: Rebels with a Cause (in English).

Day 1: Adolescence from the Inside Out
At time role reversing with their Inner Adolescents, participants will explore, in action:
Developmental needs of adolescents in action-focused groups, including from Moreno’s “4 Universalia of Psychotherapy: Time, Space, Reality, and Cosmos”
Unique working of the Adolescent Brain
Therapeutic and educational considerations specific to adolescent populations
Elements that contribute to participant safety and participation in an adolescent group
**Day 2: The Therapeutic Spiral Model (TSM) as an Action Template for Supporting Adolescent Development.**

Participants will explore, in action, using TSM model to:

- facilitate activities that support therapeutic and educational challenges at various stages of group development
- facilitate activities that support group members in meeting their developmental challenges at various ages
- address professional challenges in their own work/professional settings

Mario Cossa, MA, RDT/MT, TEP is a Psychodramatist (Trainer, Educator, Practitioner – American Board of Examiners), Drama Therapist/Master Teacher (North American Drama Therapy Association), and Theatre Educator who specializes in work with adolescent groups and trauma survivors. He has an international reputation for work with youth and youth workers around the globe (including USA, Canada, UK, Korea, Indonesia, China, Australia, New Zealand.) He is currently Director of Training for Therapeutic Spiral International and resides in Bali, Indonesia. Mario was the 2019 recipient of the Innovator’s Award of the American Society for Group Psychotherapy & Psychodrama for his work with utilizing Psychodrama in Education with Indonesian youth and youth workers. More about Mario Cossa – https://dramario.net/about-mario/

**Sociodrama and Story in Children’s Groups – Sociodrama with children**  
*Rebecca Walters (USA)*

This professional training will offer participants the opportunity to learn adaptations of the sociodramatic method that works especially well with groups of children ages five through eleven.

Sociodrama is a natural, powerful and playful method for helping children develop problem-solving skills and try out new behaviors and roles. It helps children learn how to self-regulate and develop impulse control as well as to safely and appropriately express strong feelings. Sociodrama and story can be used to address social issues that may arise in the classroom and on the playground such as fighting, bullying, and intolerance. They can also be used to address the sorts of issues that commonly are addressed in counseling and therapy groups, such as dealing with abusive siblings, the death or divorce of parents, etc. It is a useful medium for teaching social skills and problem-solving to students with diverse capabilities and challenges in a wide range of settings.

Participants will explore, experience and practice sociodramatic structures and variations of sociodramatic action techniques that work with children such as:

- The Sociodramatic Empty Chair
- The Use of the Double
- Sociodramatic Dialogues
- Group Created Stories
- The Use of Newspapers and Current Events
Participants will also learn how to:

- Choose the Right Story for the Right Time
- Be an Effective Storyteller
- Design child-friendly warm-ups to challenging roles and difficult stories
- Devise rules that contribute to the working of the group
- Use action to support pro-social behavior
- Address the needs of the quiet child
- Utilize the gifts of the highly verbal child
- Manage the disruptive child
- Set scenes with safety and containment

Rebecca Walters, MS, LMHC (Licensed Mental Health Counselor), LCAT (Licensed Creative Arts Therapist), and TEP, is the founder and co-director of the Hudson Valley Psychodrama Initiative (1989). Rebecca received her Master’s degree in Expressive Therapies from Lesley College in 1978 and has worked with individuals and groups of children, adolescents, and adults since then. With thirty years of inpatient experience, she was the Director of Child and Adolescent Psychodrama Services at Four Winds Psychiatric Hospital, Katonah, NY where she ran six psychodrama groups a week with children and adolescents. She also supervised the psychodrama internship program at Four Winds. While at Four Winds she developed ways to effectively use psychodrama and other action methods in Dialectical Therapy (DBT) skill groups which she ran on the adolescent units several times a week.

Rebecca is known for her expertise in the use of action methods with children and adolescents as well as in the use of psychodrama in DBT skills groups. She has brought her well-received training seminars in these areas to conferences and training institutes throughout the US, Central America, Europe, and Asia. She is known for her warmth, sensitivity, and humor.

Rebecca is certified as a Trainer, Educator and Practitioner by the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy. She is a Licensed Mental Health Counselor and Creative Arts Therapist. She was an elected member of the Executive Council of the American Society of Group Psychotherapy and Psychodrama, an organization in which she is a Fellow. She was the 2018 recipient of the J.L. Moreno Award for outstanding life-long contributions in the field of psychodrama.

Zagreb, Croatia
Dear Nikos,

Dear Council members,

I hope you are well, and I would like to thank you and all council members for the work you are doing for all of us.

I would like to share my thoughts and ideas on the issue that arose concerning the discussion of our Israeli colleagues to participate in the IAGP conference in Egypt and the feeling of exclusion shared in social media. Military conflicts, narcissistic leaders, social injustice and climate change will continue to affect the communities within states, FEPTO included, in the future. We know from transgenerational work how long it takes for old wounds between nations and peoples to heal.

What worries me is that, from my point of view, we run the risk of personalizing political conflict and polarizing the FEPTO community. There have always been restrictions due to conflicts and hostilities between nations and groups of people, and psychodrama communities are no exception to this. I find it understandable that such issues provoke very intense emotions.

In my opinion, we should take better care of our community and prevent political conflicts from entering into our personal relations.

I believe that this humanistic attitude is profoundly psychodramatic and is shared by all FEPTO members. Of this, I have no doubt.

Therefore, I would like to initiate a discussion regarding the implementation of conflict resolution mechanisms within FEPTO. We already have a network group with internationally recognized specialists in this field. As I see it, the knowledge and attitudes are already available in the community, but what we need to do is:

- offer space for encounters.
- create guidelines for handling such issues.
- allocate responsibilities.
- encourage the FEPTO community to take advantage of this opportunity.

We should try to talk more with each other than about each other, and to make use of the benefits of psychodrama ourselves.

Please feel free to publish this letter at your discretion.

I look forward to see you in Ohrid!

Best wishes!

Stefan Flegelskamp
Dear Judith and Nikos,
Hope this email finds you well and you are both ok under the current circumstances.
I have received an email from a Brazilian colleague, and the attached petition letter, asking to forward this the FEPTO membership.
It is regarding intent to close down public psychodrama sessions in Sao Paulo, after these having been running for about 15 years weekly. The closure is not related to the Coronavirus situation, but it is a political move, possibly wanting to silence the voice of many.
I would be grateful if you could send this out to the membership.
With many thanks and best regards,

Zoli Figus
São Paulo, March 2020

To all, some of the history of Public Psychodrama in Centro Cultural São Paulo (CCSP and what is happening in 2020, when they threaten us with eviction.

Almost 17 years ago, every week, in a public space in CCSP, a network of psychodramatists from all over Brazil, especially from the city of São Paulo, free of charge, directs a group of people who collectively build stories on the 23 de Maio floor, the basement, always on Saturdays, from 2PM to 4:30PM. It’s volunteer work, free of charge to the Public Authority, which benefits and strengthens the social and mental health of the population. Contemporary suffering narratives, a place of encounter, listening, coexistence, bond creation and new meanings. Realities and worlds built in the intersection of the artistic, clinical and social transformation fields, at the service of citizenship and healthy and active occupation of city’s public spaces.

Since 2003, around 50 different professionals yearly, from the most diverse psychodramatic schools and formations, collaborate with this work, hosting around 60 persons on a weekly basis, totaling over 3000 participants yearly. A service of great relevance and public interest. This work is attended by homeless people, public health service users, senior citizens, several students from health and education fields, among other people, in different situations and moments in life. We’ve produced several publications and have participated in summits of great reputation, even internationally. For more information on CCSP’s Public Psychodrama, see: “Subjectivity and Public Space” at the Blog of CCSP in http://centrocultural.sp.gov.br/site/subjetividades-e-espaco-publico/

In January 2020, the CCSP board, through Social Action, surprises us with a summary eviction notice, claiming the impossibility work continuation in this space, in order to use it with other activities, wrongly accusing us of contractual irregularities and issues with infrastructure items.
We, from the CCSP Public Psychodrama management collective, understand that since 2003, CCSP politically supported this space with us, in an official and documented partnership. Presently, in 2020, we still haven’t renewed this partnership, because since October 2019, we have been asking for the contract renewal process to take place but have yet to obtain an answer from the CCSP board. In fact, they have put us in irregularity to then accuse us of being irregular.

CCSP Public Psychodrama began in 2003, as an unfolding of the Ethics Psychodrama, which happened on March 21st, 2001, coordinated by psychodramatist Marisa Greeb. In this occasion, several Public Psychodrama sessions took place simultaneously in the city of São Paulo. At the CCSP’s Friends Association’s invite, Antônio Carlos Cesarino put together a team to organize weekly Public Psychodramas. That’s how this work began. Coordination is rotated between several psychodramatists which, at this time, is comprised of nine people (Andrea Cláudia de Souza, Ariadne Senna, Cassiana Léa do Espírito Santo, Cláudia Fernandes, Cibely Zenari, Mariângela Pinto da Fonseca Wechsler, Pedro Mascarenhas, Roberta Amaral and Valéria Barcellos).

This veto, if effective, dismembers a work which affects and strengthens people in this fragile social scenario.

WE, FROM THE CCSP PUBLIC PSYCHODRAMA MANAGEMENT COLLECTIVE, TOGETHER WITH THE BELOW SIGNED, ARE AGAINST CENTRO CULTURAL SÃO PAULO’S ATTITUDE AND REQUEST THE CONTINUITY OF THIS WORK!

Institutions that support us:
- Centro de Calatonia Brasil - Europa
- Clínica de Psicologia Maria Apparecida Petrolli Puppo (MAPP)
- Coletivo Margens Clínicas
- Coletivo de Psicanalistas da Clínica Pública de Psicanálise da Vila Itororó
- Coordenação do Psicodrama Público no Clube Mané Garrincha de Diadema
- Departamento de Psicodrama do Instituto SEDES
- Federação Brasileira de Psicodrama
- GETEP - Grupo de Estudos e Trabalhos Psicodramáticos
- Instituto Mineiro de Psicodrama Jacob Levy Moreno
- Instituto Sedes Sapientiae
- Núcleo de Estudos e Pesquisas Lógicas Institucionais e Coletivas do Programa de Pós em Psicologia Social da PUC
- Potenciar Consultores Associados
- Psicon Psicologia e Consultoria
- Sociedade de Psicodrama de São Paulo
- Ursula Hauser, Costa Rica

In one week, we have collected around 2700 signatures in a petition available in: https://secure.avaaz.org/po/community_petitions/diretoria_do_centro_cultural_sao_paulo_carta_manifesto_e_abaiixo_assinado_contra_a_interrupcao_dos_trabalhos_do_psicodrama_publico/?fLRRuab&fbogname=Pedro+M
Imagine you are...
Role Play in Individual Therapy, Counselling and Coaching

Imagine you are... is based on an abridged version of Stellen Sie sich vor, Sie sind... published by Hogrefe in Germany in 2016 (2nd edition) and translated from German by Catherine Bowen.

Roger Schaller is a psychodrama psychotherapist and supervisor in Switzerland. He has written several books and articles about roleplay and psychodrama (in German).

Drawing on his many years of experience as a psychotherapist, counsellor, psychodrama trainer and supervisor in “Imagine you are...” author Roger Schaller introduces readers to psychodramatic role play in the individual setting (monodrama).

Edited by www.lulu.com

«Roger Schaller’s book is recommended to all those who are looking for a safe and methodologically sound introduction to the theory and practice of role play.

The practical relevance is clearly evident. I personally like the clear and precise style Schaller has chosen. The author’s emphasis on spontaneity is particularly noteworthy. When reading it, it is easy to understand that "effective role-playing" lives from spontaneity and improvisation without having to sacrifice professionalism.

The book gives a very good impression and overview of the possible applications of role play in various areas. Probably every therapist or consultant who has ever used role play will find himself in some things and discover good food for thought in the multitude of different aspects. A highly recommendable work.»

10 of April—Council meeting

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