

Participation Fee

300,- EUR for eastern European participants
400,- EUR for western European participants

Venue costs are not included

Venue

Bulgaria, near Sofia

Date

Opening: 21st August 2017 10 o'clock

Closure: 25th August 2017 14 o'clock

At the end of the academy participants will receive a certificate.

Registration

Registration and further information:

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Summer academy 2017



Psychodrama Therapy with children Bulgaria

with Stefan Flegelskamp and Milena Mutafchieva

Introduction:

“A child is very serious when playing.”

– J. Rousseau

The psychodramatic therapy of children differs profoundly from treating adults with this method and demands a lot from the psychodrama therapist. Children communicate differently from grown-ups. Playing is their instrument of expressing their inner world and they use symbols to do so. One can say: Playing is their „royal way“ to express the unconscious. They search for their possibilities by „Doing and Acting“. They test their inner images by acting it out and bringing it onto the appropriate stage.

Children play, choose subjects, places and roles. That is the way they express themselves, develop and have fun. Presumably this is the origin of the psychodramatic therapy. Jacob L. Moreno based his psychodramatic work on this kind of play and included the basic steps and elements of the human development.

Children are characterized by an outstanding creativity. They can change sorrowful situations into a game with symbols and find solutions for their own conflicts. Constitutive psychodramatic fundamental techniques are adopted by the vivid, childish play. Child psychodrama supports the self-development and the advancement of children in a special way.

Concept

The course teaches the basics of this symbolic play with children in theory and practice, corresponding psychodramatic techniques for action and the appropriate use of psychodramatic options for intervention in both group and individual therapy. An introduction to the accompanying work with parents or with the parents and the child is also part of the training.

The participants should learn to recognise the inner dynamics in groups of children and deal with them actively through play. They do so by experiencing themselves in analogous play situations, in exercises and reflection and guided methodological and theoretical evaluations. By actually participating in group or individual sessions in the roles of children, they gain an awareness of themselves, gain access to themselves as children, and thereby ‘playfully’ reinforce their personal skills.

In this way, they expand their capacity to act and their professional intervention skills, learning to understand these skills through evaluation of the completed processes and the respective dynamics of the groups of ‘children’.

Target Group

Professionals who work with children educationally and / or therapeutically such as child and adolescent psychotherapists, physicians, psychologists, mental health and social workers, teachers, and educators.

Groupleaders:



Stefan Flegelskamp, graduate social worker, child and adolescent psychotherapist, has been working with children and adolescents for many years. He has also been conducting Psychodrama and Psycho-drama for children for many years at the Institute of Psychodrama SZENEN, at which he has been the director since 2011. Currently member of the FEPTO Council.



Milena Mutafchieva, master of Developmental Psychology, Assistant Professor in Cognitive Science and Psychology Department in New Bulgarian University, Sofia. She got her PhD in Developmental Psychology in 2007. She has been a psychodrama trainer for adults for many years and now she is in training for psychodrama with children. Currently she is the vice-president of FEPTO.