FEPTO Directory

by Inci Doganer

DR. ABDULKADIR OZBEK PSYCHODRAMA INSTITUTE

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HISTORY
The training movement started with Prof. Dr. Abdulkadir Ozbek. In 1972, Dr. Ozbek met Dr. Grete Leutz in Lubeck in a Psychotherapies Meeting. He was working in Germany as a professor of psychiatry. Being impressed by the psychodramatic method, he started his own training with Dr. Leutz in Moreno Uberlingen Institute. Coming back to Turkey, Ankara University, Dr. Ozbek invited Dr. Leutz to Turkey for a couple of times for workshops and seminars. In 1984 the nucleus of the first systematic training for psychodramatic-sociometric group psychotherapies started in Ankara. This was also the start of a psychotherapy training in Turkey. Meanwhile the Group Psychotherapies Association was formed in 1974 and Congresses were being organized. From 1984 on, these congresses are held in Bergama, the ancient Asclepion each year with the participation of international psychodramatists and group psychotherapists. In 1986 Dr. Ozbek enlarged the training program and training groups were formed also in Istanbul, Izmir and Bursa. With the support and contributions of Uberlingen Moreno Institute trainers, he managed to continue the difficult task of training in so many places. Dr. Leutz, Dr. Franzke, Dr. Gerstenberg, Dr. Gneist were visitor trainers. Later Dr. Burmeister, Dr. Pinter, G. Ziegler, Dr. Gasseau, J. Moreno were added to the list. The certification of first psychodramatists of the Institute was made with contributions from the trainers of Uberlingen Moreno Institute. In 1996 the Institute started colloquia by it’s own certified trainers. Until 2001 the training continued as an activity of the non profit organization Group Psychotherapies Association which later became Turkish Group Psychotherapies Association. In June 2000, we lost Dr. Oztek the founder of the training organization. In 2001 a private company (Ltd) was founded by Dr. Doganer, A. Ozlu and M. Seraner. After the death of A. Ozlu the private company for a while was run by Dr. Doganer, M. Seraner and T. Bisalman. Now, it’s run by Dr. Doganer, B. Simsek and N. Muhtar Uctum. The total number of certified psychodramatists until 2006 is 69.

TRAINING STAFF
Regional Coordinators: Inci Doganer, Arsaluys Kayir, Bircan Simsek
Training Coordination Committee Members: Sevil Atauz, Ali Babaoglu, Inci Doganer, Arsaluys Kayir, Emre Kapkin, Bircan Simsek
There are in total 9 trainers in Ankara, 11 trainers
and 8 co-trainers in Istanbul and 5 trainers and 6 co-trainers in Izmir. There are also 3 ethical committee members who are psychodramatists but not working as trainers in the institute.

**Representation in FEPTO:** Dr. Abdulkadir Ozbek Psychodrama Institute became a member of FEPTO in 2001 in France, the Grasse Meeting. Inci Doganer and Arsaluys Kayir represent the Institute in FEPTO meetings. In 2004 Inci Doganer was elected as a Board member of FEPTO. And in 2006, both Inci Doganer and Arsaluys Kayir were elected as Board members of FEPTO.

**TRAINING CURRICULUM**

**Admission:** Medical doctors, psychologists, psychological counsellors, social workers and qualified nurses (educator, psychiatric nurse) are accepted to the program. A candidate is interviewed by the primary trainer and co-trainer of the group.

**Stages:** (Revised in September 2004 to conform to FEPTO MTS)

- **Introductory stage:** (48 hours): 40 hours of group work and 8 hours of theory.
- **Basic training stage:** (400 hours): It consists of 330 hours of self experience, 70 hours of theory (Theory of basic techniques, overview on philosophy of Moreno, role theory, sociometry, group processing, sociodrama, psychodrama in relation to other models of psychotherapy, group dynamics, therapeutic factors and developmental theories). It lasts from 2 to 4 years. At least 48 hours of this stage is composed of seminars by other psychodrama leaders. The trainee should be a protagonist at least 3 times and should lead at least 1 times his/her own group. At least 3 protocol writings are supervised by trainers. After evaluation by the trainers (% 50 weighted) and the group members, the candidate is qualified as a Psychodrama Assistant. With this qualification he/she can become a codirector for client groups.
- **Advanced training stage:** (480 hours). At least 230 hours of 480 hours consists of conducting inside the advanced group under the direct supervision of the trainers. There is a plus of theoretical work with a total of 50 hours. Of these 480 hours, at least 48 hours is in an open group with other leaders. Before 2004, own practice hours were 64 hours. We are gradually increasing these hours to conform to FEPTO standards. We are also trying to provide a room for individual supervision sessions. From 2006 on, the own practice hours will increase to 160 hours. After this stage is finished the trainee presents the diploma thesis of his/her own group work in the colloquia. If accepted he/she is qualified as a Psychodrama Therapist (in the case of psychiatrists, clinical psychologists and medical doctors in special cases) or a Psychodrama Leader. With this qualification he/she can direct client groups. Some of the graduates are selected by the trainers and examiners for becoming a co-trainer in the Institute.

**OTHER ACTIVITIES OF THE INSTITUTE**

Annual meeting in Bergama/Asclepion.

**PUBLICATIONS**

There are 10 books, 5 of which are translations, published by Turkish Group Psychotherapies Association and Abdulkadir Ozbek Psychodrama Institute.
Reports of the chairs of the committees

Training Committee

By Pierre Fontaine

INTRODUCTION

Our task. Training, inside FEPTO, is important. FEPTO is a trainers’ organisation and in the aims in the statutes, we see: 1. to support the development of psychodrama training; 2. to promote interchange and communication between trainers; 3. to recommend minimal training standards. The field. Our membership are training and accrediting organisations. In the training institutes they deliver the curriculum and deal with organisational management. In the accrediting organisations their tasks are; the accreditation of trainees and their continued training as practitioner; the accreditation of training institutes, of training and trainers; the representation of psychodrama on national level.

CURRICULUM STANDARDS.

1. Table. We compared our MTS with the training hours given by the training institutes and the training hours asked by the accrediting organisations. We made a large table with this data for the 48 present members of FEPTO. We shall at first send it to them by mail and ask them to look at their data and correct and update them. Some data are surely obsolete. After the deadline we shall publish the table in FEPTO News before the annual meeting.

2. Implementation. In our General Assembly we agreed to implement these standards for all their trainees finishing their training after April 2008.

New members have maximum three years time after their becoming member.

3. New standards. After April 2008 we can again introduce some changes in the MTS and prepare a new version to be discussed, worked out and voted. We surely wish to give more attention to the aims of the training.

CURRICULUM DIVERSITY.

To have our training hours are in agreement with the MTS is similarity and rules, but our curricula are also different and each time a piece of creativity. We have more to tell about how we train, to exchange our rich diversity. It was agreed in the Board to give more space for it during the annual meeting, the post-meeting conference and in FEPTO News.

TRAINING OF TRAINERS

With the accrediting organisations we try to see and study the different ways the training of trainers is organised and accredited in the different countries.

ACCREDITING ORGANISATIONS. NAPO’s

We wish to inspire our members to build National Accrediting Psychodrama Organisations (NAPO’s) assuring the accreditation of trainees, of training institutes and of trainers: registering and associating the psychodramatists, giving continued training, organising annual conferences, publishing a PD journals and representing PD in National and official bodies.

At present most of the accrediting organisations in FEPTO work this out in half of the countries. We wish to develop this system.

EVOLUTION

There is a movement from standards, how many hours to the “how” questions, the aims, the ways, the content with its originalities and specificities. We are of course still interested in training organisations, but now we orient ourselves more to the accrediting organisations.
FEPTO Research Committee

By Michael Wieser

There were suggestions that our post meeting conferences should be supported by a grant of EU or we should find money for research. We would require a strong proposal for such a purpose. The local organisers for the next post conference meeting, Turkey, felt that a research seminar or workshop would not find participants, so we have planned a lecture during the meeting.

At our last council meeting in Dave (Belgium) we discussed implementation of research in training programs. The trainees could learn to use measurement tools like Brief Symptom Inventory (BSI), Social Network Inventory (SNI), and Well-Being Index of WHO. The first step would be for them to use these tools for evaluation. Some students in different countries asked for help with their master and PhD thesis and got an answer. Pierre Fontaine will write an article on using research for trainees and will have an exchange with Ilana Ben Meir about effectiveness of double technique.

Prof Elliott (http://www.ipeppt.net/index.htm) has moved from the Catholic University of Leuven to Strathclyde in Glasgow. We shall try to plan collaborative research between now and our meeting in Glasgow in 2008. Out of their network Bradley T. Klontz contacted me www.klontzkaehler.com www.klontzcoaching.com http://www.wisdomofscrooge.com/.

In Catalonia (Spain) there is an accrediting process inside social insurance. In Switzerland a training program applies for accreditation by professional organizations. I have supplied them with papers. At the IAGP congress in Brazil, Jasna Veljkovic and I presented empirical psychodrama research. The book: Maciel, M., Burmeister, J., & Baim, C. (Eds.).

Advanced Theories and Practice in Psychodrama. London: Brunner/Routledge is announced for January. There are several authors from FEPTO.

Bibliography:


See https://www2.uni-klu.ac.at/claroline/160321/
Membership Committee

By Inci Doganer
Chair person: Inci Doganer
Members: Yaacov Naor, Monica Westberg

This report is the summary of the results of the exchanges of the membership committee members who gathered in FEPTO Meeting in Cluj, with later discussed and agreed upon points in Council Meeting in Dave in November 2006.

1. Some clarifications in the procedures of becoming a member
1.1. The candidate institute or organization makes a short presentation after the chair of committee gives his/her report about them in the General Assembly. This should be shorter than the previous year’s presentation.

1.2. The representative of the candidate institute or organization to be voted should be present in the meeting. Although he/she does not participate in the General Assembly during the discussion and voting, the representative should not be present but be available to be called in case of the need for clarification.

1.3. The recommendation letters should have detailed knowledge about the institute (the structure, program, trainors).

2. How to keep membership?
2.1. We as FEPTO should also give emphasis on defining how to keep membership. As a policy document we say that active participation to FEPTO meetings and active work for FEPTO in committees is desirable. The input from all member institutes is essential in order to make democratic decisions. If an institute has not been represented 3 times in succession at the annual meeting or does not participate as expected in committee activities, FEPTO will write to the institute in order to clarify the position. It is possible that such an institute may have to reconsider their membership.

FEPTO Budget 2006

Incomes

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<td>- Founding Members</td>
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<td>- Training Organisations</td>
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<td>- Accrediting Organisations</td>
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Expenses

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<td>Reserve by board decision</td>
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<td><strong>Total Expenses</strong></td>
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On the reserves

<table>
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<tr>
<th></th>
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<td>400</td>
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Adelsa Cunha (Brazil) organized the idea to produce bricks to sell. Carlos Meira (Brazil) made a coloured painting A4 out of a photo from Barbara Pfaffenwimmer (Austria). 5000 copies were produced. The FEBRAP (Federation of Brazilian Psychodramatists) stand at IAGP Conference and Carmen de la Fuente (Mexico, translator) offered it to the conference participants. Grete Leutz (GER) wrote about it in the international psychodrama announcement list. Heloisa Fleury (Brazil) showed it before a keynote speech and I announced it in the General Assembly, different panels and presentations. The last day I was at the FEBRAP stand to sell the copies. To cover the costs of production FEBRAP also sold it at their next national conference in November. Some colleagues were helpful by taking some copies abroad to sell them at their local conferences, associations and institutes. Renée Oudijk (NL) has pledged that the amount her students bring together, the School will double. Many thanks to all of them, especially to Adelsa Cunha. We hope soon they will visit the Moreno house and will see their fruits of work and financial risks.

**Moreno House**

By Michael Wieser

Lecture series and conferences in the Moreno house: Rene Marineau (Canada), Joseph Moreno and Eva Fahlström (Sweden) offered to have a summer course or session in the house and would not ask for a honorarium. Jose Fonseca (Brazil), Gabor Pinter (Hungary), Maurizio Gasseau (Italy), Monica Zuretti (Italy, Argentina), Renée Oudijk (NL), Pierre Fontaine (B), Manuela Maciel (Portugal), Chiara de Marini (Italy, Brazil), Ella Mae Shearon (GER/USA) and Jonathan Fox (USA) have made similar promises. We need someone who is willing to organize this. The idea is to spend a working day for a foundation. Gretel Leutz already had a seminar of her Moreno institute end of September there and wrote a report. Jakob Mueller (Switzerland) joined this with a group of his new graduates, which could be a model. Rene Marineau also offered to bring some old material of his archive to the Moreno house. Marco J. D. Maida (Brazil), the movie-maker of “Jacob Levy Moreno – his life and his muses” asked to find the words of the father on the walls in the Moreno house.


Mid June I sent an offer to the owner of the house there was no answer. Helmut Haselbacher (Austria) got some informal information:

- We need 150 to 200,000 EURO on the savings bank book, at the moment we have 1,044. Jakob Mueller has made the following proposal; that a few people buy the house to save it. For three years they should give a credit to the association without interest, after that normal bank interest rates would apply.
- We are founding an (international) association; the provisional constitution/statute is in discussion. Jakob Mueller will donate money to consult a lawyer; hopefully we can find a jurist as member of the council.

Barbara Farkas Erlacher (Austria) and Friederike Scherr (Austria) are asking in the Austrian ministry of education, science and arts for money from the
state and EU. For science there seems no way for us, but probably in culture and education. That needs an organisation which has been active for two years, it could be FEPTO. Barbara will contact the government of Lower Austria; Bad Vöslau is part of that. (It is amazing how much she is engaged, this year she celebrated her 70th birthday). Barbara Pfaffenwimmer (Austria) will start a nicer homepage on our project. I spoke with Dr. Barbara Lesak of Theatre Museum in Vienna, she gave me some advices. There is also some activity to take care of the grave of J.L. in Vienna.

- We have to announce in national psychodrama newsletters, websites and general assemblies.
- Annual donations should be according the size of the national associations (5 to 10 EURO add to the membership fee) and with an annual collective transfer (Grete Leutz, GER). AIPSIM, the Italian association of Psychodrama, decided to donate € 2000 (Chiara Baratti) and will become part of an international advisory board. Jorge Burmeister (GER) suggested donating 10% of all psychodrama seminar profit.
- Judith Teszary suggested producing a little booklet financed by FEPTO.
- The Austrian Association of Group therapy and Group dynamic (OeAGG), general secretary Maria Majce-Egger, told us that she likes this initiative of members and will be co-organizer of conferences and the like.
- We are in contact with a trustee (Treubilanz Dr. Beatrix Schodl Steuerberatungs GmbH, Vienna) to control our finances, if it is not to expensive. According to Austrian law an association must have a proof of the accountancy. FEPTO council will advise and check the proponents of the association. IAGP board decided to support the project, so they probably also will install some controlling.
- If the owner of the house will not rent or sell it to us, we will construct only a virtual museum, archive, and library in internet. Some money will go to that project, the rest we want to return to the donators. Some said this would be too expensive outside EU and there are suggestions to charity.

I think it is up to us psychodramatists to bring this project to a success.

New Books:

See also https://www2.uni-klu.ac.at/claroline/160321/ (Documents/history/Moreno museum)

Bank account:
Internationally:
Name: MoRenovation
IBAN: AT16 4275 0727 4426 0002
SWIFT/BIC: VBOEATWWBAD
Within EU and EURO you must only pay the same transfer costs like within your country.

Within Austria:
Name: MoRenovation
Sparbuchnummer: 72744260002
BKLZ: 42750

Geschäftstellenleiter/director: Urs.Meier@baden.volksbank.at

Dr. Barbara Farkas-Erlacher, the founder of the Austrian Psychodrama Section will control this account.
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Impressions of the FEPTO meeting 2006 in Cluj-Napoca
## Psychodrama Calendar 2007

<table>
<thead>
<tr>
<th>Month</th>
<th>Event</th>
<th>Dates</th>
<th>Location</th>
<th>Details</th>
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<tbody>
<tr>
<td>March 2-3</td>
<td>Szenen - Rolandseck, Germany: Friedesarbeit mit Psychodrama und Soziodrama</td>
<td>March 2-3</td>
<td>Rolandseck, Germany</td>
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<tr>
<td>May 2-5</td>
<td>Spanish Psychodrama Association (SPA) - La Coruña, Spain</td>
<td>May 2-5</td>
<td>La Coruña, Spain</td>
<td>VII. Ibero-American Congress of Psychodrama and XXII. National Meeting of the SPA: Psychodrama in Cultural Syndromes and Conflicts</td>
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<tr>
<td>May 4-6</td>
<td>Österreichischer Arbeitskreis für Gruppentherapie und Gruppendynamik (ÖAGG) - Vienna, Austria:</td>
<td>May 4-6</td>
<td>Vienna, Austria</td>
<td>Annual symposium of the PD section</td>
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<td>May 25-29</td>
<td>FEPTO - Alacati (Izmir), Turkey: 15th FEPTO Annual Meeting</td>
<td>May 25-29</td>
<td>Alacati (Izmir), Turkey</td>
<td>Back to Back/Face to Face</td>
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<tr>
<td>May 30-June 2</td>
<td>FEPTO - Bergama, Turkey: 2nd Post-meeting Conference Social Cohesion</td>
<td>May 30-June 2</td>
<td>Bergama, Turkey</td>
<td>Social Cohesion together with the 32nd International Congress of the Turkish Association of Group Psychotherapies</td>
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<tr>
<td>June 4-8</td>
<td>DAGG/IAGP - Granada, Spain: VIII. Summer Academy</td>
<td>June 4-8</td>
<td>Granada, Spain</td>
<td>Creating a Dialogue of Peace: the Intercultural Competence of Groups</td>
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<tr>
<td>June 14-17</td>
<td>EAP - Florence, Italy: 15th EAP Congress</td>
<td>June 14-17</td>
<td>Florence, Italy</td>
<td>Humour and other Strategies to Survive Emotional Crises</td>
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### June 22-24
British Psychodrama Association (BPA) - Portsmouth, UK
*Making a Difference.*
www.psychodrama.org.uk

### June 27-July
Rostov Institute for Training and Psychodrama - Rostov-on-Don, Russia
7th International Moreno Festival for Psychodrama and Sociometry
www.psychodrama.ru

### July 6-8
"J L Moreno" Psychodrama Society/Romanian Association of Classical Psychodrama together with the Romanian Federation of Psychotherapy
Sibiu, Romania: *Celebrating Moreno's Personality*
www.psihodrama.ro

### Sept. 13-16
Psychodrama Institut für Europa (PIE) - Berlin, Germany
9th International Conference: *Values and Change*
www.pife.de

### 2008
Aug. (?)
Tallinn Psychodrama Institute/Estonian Moreno Centre - Tallinn, Latvia
5th Baltic Moreno Conference
www.morenokeskus.ee

### Sept. 13-16
IAGP - Barcelona, Spain: 3rd Regional Mediterranean Conference
www.iagp.com

### USUAL DATES

**AUSTRIA**
ÖAGG first weekend in May: annual PD symposium of the section;
first weekend in November: annual General Assembly and Psychodrama section day

**TURKEY**
For Bergama Congress, either the 3rd or the 4th week of May