**European Projects**

**TRAUMA STABILIZATION FOR REFUGEE FAMILIES**

*innovation project 2017-2019*

Evidence Based Trauma Stabilization (EBTS) consists of two innovative products for stabilization of traumatized children among refugee, asylum seeking and immigrant families. The EBTS-Program is a short trauma stabilization process for refugee, asylum seeking and immigrant families based on playing and psychoeducation. In the EBTS-Training psychologists, social workers, educators and other professionals learn to conduct the EBTS-Programme in groups of refugee families.

This project is born in the present need of more effective working with refugee, asylum seeking and immigrant families. The European situation is challenging, and as professionals we should find new ways of supporting the integration of refugees in our society. One way to do it, is to support constructive relations between children and parents and to develop resilience in the families. Most of refugee, asylum and immigrant families have some kind of trauma experience in their original country or on their way to destination country.

The goal of the project is to create and implement an Evidence Based Trauma Stabilization (EBTS) training and program that will expand professional expertise of specialists who work with refugee, asylum seeking and immigrant families. In training and program methods based on psychodrama and sociometry are applied.

The objectives of the project include design of EBTS-Training and EBTS-Program and impact evaluation of both. The core content of the EBTS-Training will include familiarization with EBTS-Program, psycho-education and improving the skills for psycho hygiene and self-care. The EBTS-Program is based on combination between treatment of adult and child trauma simultaneously and building of basic skills how to deal with trauma. The EBTS-Manual for the program will be created, too.

FEPTO is an associated partner

As an associated partner, FEPTO has an essential role in dissemination of project’s outcomes, events and seminars. Actually, FEPTO was the network in which the three main partners got the idea to work together in this project. EBTS-Training and EBTS-Program will be implemented in Germany, Finland and Bulgaria. **Partner organizations in this project are:**

**Helsinki Psychodrama Institute / Istry Oy** (coordinator, Finland): Reijo Kauppila

**Szenen Institute for Psychodrama** (Germany): Stefan Flegelskamp

Center for child development and psychological consultation Cognitiva (Bulgaria): Milena Mutafchieva

New Bulgarian University (Bulgaria)

SKM Köln-Sozialdienst Katholischer Männer e.V. (Germany)

State Agency for Refugees with Council of Ministers (Bulgaria)
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Finnish Family Therapy Association (Finland)
FEPTO (Federation of European Psychodrama Training Organisations, associated partner, Belgium)
Dissemination in web and seminars
Project has web pages and it is in facebook, too:
www.traumastabilization.eu and www.facebook.com/traumastabilization
There will be 5 seminars, which are open to all interested psychodramatists and other professionals working with trauma issues. The seminars include topics like working with trauma in refugee families, presentations of EBTS-Training and EBTS-Programme, and research of effectiveness of training and programme. There will be two seminars in connection of FEPTO AM 2018 in Bulgaria and FEPTO AM 2019 in Estonia and Finland. One seminar will be organized in Germany, and two will be webinars.
Presentations of project and its proceeding will be made in FEPTO Research Committee and Training Committee meetings. Next Research Committee meeting is in Tallinn, Estonia, October 5-8, 2017, and next Training Committee meeting is in Stuttgart, Germany, November 17-19, 2017.
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