

PROFESSIONAL READINGS

THROUGH THE LABYRINTH OF PSYCHODRAMA PRACTISE REVIEW

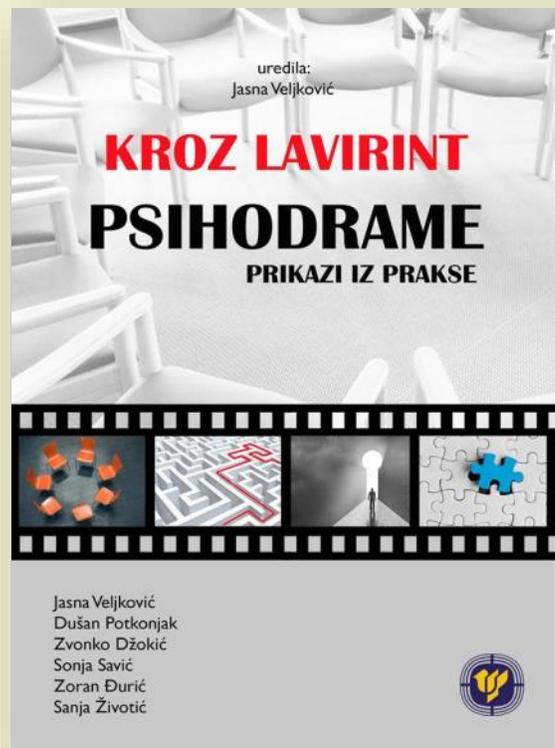
The Authors:

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Zvonko Dzokic, M.D. neurologist and psychiatrist, psychodrama therapist from 1991 and psychodrama trainer for two decades. He is working in private practice. Founder of Psychodrama in Macedonia. He organized the First Balkan Conference on Psychodrama in 1995., in Ohrid (Macedonia). He published several books on Psychodrama. Co-director of Psychodrama Association: ”Psychodrama Club” <http://www.zvonkodzokic.com/>



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Sonja Savic, special education teacher and a speech therapist, psychodrama therapist since 2008., psychodrama body-work psychotherapist and a child integrative psychotherapist since 2015. Working in private practice.

Sanja Zivotic, M.D. child and adolescent psychiatrist at the Clinical Hospital Centar:” Dr Dragisa Misovic” in Belgrade. Psychodrama therapist since 2017 on education in Kleinian psychotherapy approach.

The book has been thoroughly proof read by our colleagues **Vesna Petrovic** and **Istvan Pete**.

This book is composed of ten chapters which have been written by six authors. All of them are Serbian psychodrama therapists. Reviewers are: Istvan Pete, psychodrama trainer from Subotica and Vesna Petrovic, professor on the Faculty of Psychology in Novi Sad ,trainer and integrative psychotherapist. All of authors are psychodrama therapists and four of them are founders of psychodrama in former Yugoslavia and experienced psychodrama trainers. This book gathered three generations of psychodramatists: from the founders of psychodrama in former Yugoslavia, to its first students who were the founders of the first Psychodrama Association -JUPA and their students, certified psychodrama therapists. The main goal of this book was to present readers with various possibilities of application of psychodrama practice with different groups. In the book’s preface, the editor presented a short history of the foundation of psychodrama in the territory of former Yugoslavia.

The first chapter introduces specificities of the life and work of J.L. Moreno; the second chapter deals with the different ways of running psychodrama groups, depending on the type of group (open groups, workshops, experiential groups, educational groups, etc.); the third chapter deals with mental catharsis in psychodrama; the fourth chapter deals with defining Clinical psychodrama and establishing a distinction between non-clinical and clinical psychodrama; the fifth chapter entitled “Encounter with a child”, presents us with an application of psychodrama on a group of small children, age 4-5; chapter entitled : “ Group psychotherapy and Psychodrama in the treatment of psychotic patients” describes psychodrama group work with psychotic patients in a Psychiatry Clinic; chapter entitled: ”The Group as a Church” describes psychodrama practice with an outpatient group of psychotic patients; chapter: “ The case of little Hans in Psychodrama mirror” describes an authentic psychodrama enactment of Freud’s original case on the psychodrama workshop; chapter entitled :”Application of psychodrama as a teaching method with students of the Faculty of Social work” describes the application of psychodrama with students in social work for teaching purposes; the last chapter entitled : “My parents and me’, deals with application of psychodrama on an adolescent population.