



## FEPTO Research Committee Meeting

# RESEARCH METHODOLOGY IN PSYCHODRAMA AND ACTION METHODS

### Organizing Committee

Mirjana Jovanovska Stojanovska & Ilija Dojcinovski  
Amigdala School for Psychodrama

Dr Krzysztof Ciepliński & Dr Johannes Krall  
Chairs of FEPTO RC

**MIT University  
Skopje  
23-26 February 2017**



**MIT**  
УНИВЕРЗИТЕТ

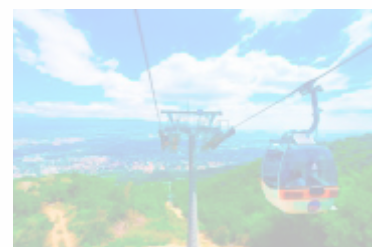
institut für  
psychosoziale intervention  
und kommunikationsforschung

**Amigdala**  
CENTER FOR PSYCHOTHERAPY & EDUCATION



**ALPEN-ADRIA  
UNIVERSITÄT**  
KLAGENFURT | WIEN GRAZ

PSYCHODRAMA  
СРЪДНОУЧНО ИСТРАЖУВАЊЕ



# PROGRAM

## Thursday, 23 February 2017

- 16:00 – 17:00 Registration and coffee
- 17:00 – 18.00 **Opening and Welcome** Plenary  
*Mirjana Jovanovska Stojanovska*  
*Amigdala School for Psychodrama, Skopje*  
**Krzysztof Ciepliński & Johannes Krall**  
*Co-chairs of FEPTO Research Committee*
- prof. Miroslav Pendaroski**  
*Dean of the Psychology Faculty, MIT University*  
**Psychodrama – the Working Side of Psychology – Macedonian Story**  
**- Mit Faculty of Psychology**
- Ilija Dojcinovski, Amigdala School for Psychodrama, Skopje**  
**The History of Psychodrama in Macedonia**
- 18.00 – 19:00 **Warming up for the meeting**
- Margarita Nikolovska, Amigdala School for Psychodrama, Skopje**  
**Philosophical and Practical Problems in Psychodrama Research**  
**(as Research Itself and as Scientific Research)**
- 19:30 – 22.00 **Dinner in the Craft Brewery ‘Temov’**

## Friday, 24 February 2017

- 9:30 – 11:00 **Research Methodology in Practice** Plenary
- Nikolina Kenig, Institute of Psychology, Faculty of Philosophy at the Cyril and Methodius University, Skopje.**  
**Steps in Developing a Research Design – Facing Challenges and Making the Right Choices**
- Ana Sofia Cruz**  
Portuguese Psychodrama Society / Psychiatry and Mental Health department of the Porto central hospital, Portugal  
**Practice Based Research in Psychodrama: Making Decisions about Procedures and Assessment Protocols**
- 11:00 – 11:30 Coffee break
- 11:30 – 13:00 **Galabina Tarashoeva, Petra Marinova-Djambazova, Hristo Kojuharov** Plenary  
*Psychodrama Center Orpheus, Bulgaria*  
**Effectiveness of Psychodrama Therapy for Patients with Panic Disorders – The Final Results**

**Nuno Pires<sup>(1)</sup>, Diana Teixeira<sup>(2)</sup> & Margarida Rangel Henriques<sup>(2)</sup>**  
 (1) University of Minho  
 (2) Faculty of Psychology and Educational Sciences of the University of Porto

Plenary

**The effects of Psychodrama in adolescent's life**

13:00 – 14:30 Lunch

14:30 – 16:00 **Practice oriented research presentation & discussion**

**Milena Mutafchieva & Kristina Gotseva-Balgaranova**  
 New Bulgarian University,  
 Institute for Psychodrama Practices "Chiron", Bulgaria  
**Is There an Effect of Monodrama on Aggressive Children?**

**Roger Schaller**  
 Institut für Psychodrama und Aktionsmethoden, Switzerland  
**Role Playing Technique as an object of Psychodrama Research**

Plenary

**B. Hadi Sağın, & Ayşe Altan**  
 Egean University, Psychiatry Department, Izmir, Turkey  
**Evaluation of psychodrama group process using qualitative data analysis**

16:00 – 16:30 Coffee break

16:30 – 18:15 **Psychodrama as a Support for Research**

Workshop

**Kerstin Jurdell<sup>(1)</sup> & Jana Damjanov<sup>(2)</sup>**  
 (1) University of Gävle, Sweden  
 (2) Regional Association for Psychodrama and Integrative Psychotherapy, Serbia  
**Living Sociometric Research**

18.15 – 18.30 **Results of the meeting day & reflection**19.30 – 22.30 **Dinner in a traditional Macedonian restaurant**

## Saturday, 25 February 2017

09:30 – 10:30 Research Methodology Inspirations

Plenary

**Marijana Markovikj & Eleonora Serfimovska**  
 Institute for Sociological Political and Juridical Research,  
 The Cyril and Methodius University, Skopje.

Methodology and Research Design in Psychotherapy  
 The lecture will be focused on: preparation of project designs; preparation of instruments for monitoring and evaluation of psychotherapeutic process (instruments for clients, psychotherapists and the therapeutic process itself).

10:30 – 11:00	<b>Krzysztof Ciepliński</b> , <i>The John Paul II Catholic University of Lublin, Poland</i> <b>Client Oriented Integrative Research Model of Change Process in Psychodrama</b>	
11:00 – 11:30	Coffee break	
11:30 – 13:00	<b>Research projects development and intervision</b>  <b>Hannes Krall, Christian Stadler, Kate Kirk</b> <b>International Journal of Psychodrama</b> <b>- Action Methods and Experiential Learning</b>  <b>Katja Kolmorgen<sup>(1)</sup> &amp; Jana Damianov<sup>(2)</sup></b> (1) University of Leipzig, Germany (2) Regional Association for Psychodrama and Integrative Psychotherapy, Serbia <b>FEPTO Psychodrama Research Literature Database – Current Status and Future</b>  <b>Paola de Leonardis<sup>(1)</sup> &amp; Marco Greco<sup>(2)</sup></b> (1) Psychodrama Institute of Milan, Italy (2) Studio di Psicodramma, Torino, Italy Moreno Museum Association, Baden, Austria <b>Invitation to exchange. FEPTO RC: Survey by the subgroup</b> <b>Morenian Identity, Theory and Methodology, 2-nd STEP 2016-2018</b>  <b>Co-creative group work – comments, questions, exchanging ideas</b>	Plenary/ Parallel Groups
13:00 – 14:30	Lunch	
14:30 – 15:30	<b>What's new in Psychodrama Research?</b> <b>PD Research Open Stage: projects, news, events, ideas etc.</b>  <b>Stefan Flegelskamp</b> <i>'Szenen' Institut for Psychodrama in Cologne, Germany</i> <b>Networking between network groups.</b> <b>Children and youth meets research!</b>	Plenary
15:30 – 16:00	Coffee break <b>Vesna Blazevska &amp; Margarita Nikolovska</b> <i>MIT University, Department of Psychology,</i> <i>Amigdala School for psychodrama, Skopje</i> <b>Evaluation of the RC Meeting: strengths, weaknesses, challenges.</b>	
16:00 – 17:30	<b>Ene Vinter – van Vierssen &amp; Dirk van Vierssen</b> <i>Moreno Center, Tallinn, Estonia</i> <b>Johannes Krall</b> , Co-chair of the RC <b>The next Research Committee Meeting in Tallinn, 6-9 October 2017</b>  <b>Future meetings: needs, ideas, proposals</b>  <b>Closure</b>	
19:30 – 22.30	<b>Dinner in the traditional Macedonian restaurant 'Dukat' where we are going to enjoy national dishes and Macedonian music live.</b> <b>Website:</b> <a href="http://www.foodspotting.com/places/236786-gostilnica-dukata-skopje">http://www.foodspotting.com/places/236786-gostilnica-dukata-skopje</a>	

## Sunday, 26 February 2017

9:00 – 13:00

Sightseeing tour we plan to visit the oldest Macedonian winery 'Tikvesh'.

A professional guide from the winery will present us the process of wine production. Thereafter we will have a careful, appreciative tasting of 5 wines with additional culinary specialties (cheese, meat) from Macedonia. We will travel by bus booked exclusively for FEPTO participants. We will depart at 9 am from Skopje, the journey will take around 1 hour and 20 minutes to the winery and at 1 pm we are coming back to Skopje. During our trip we will be accompanied by a guide who will tell us about this picturesque region, about the towns we will pass through as well as the tradition of wine and rakija (brandy) production.

<http://www.exploringmacedonia.com/winery-tikves-kavadarci.nsp>

### Goal of this meeting:

The goal of our meeting is to develop the ongoing multi-area and multilateral cooperation and research networks on psychodrama and related methods between participants from European and Mediterranean countries. In particular, we will continue to work on research designs, research tools, processes and results in applied psychodrama research. In the course of our meeting there will be time for presenting and discussing research projects, creating research ideas and sharing research experiences. The special focus of the meeting will be put on the methodological issues in psychodrama and action methods.

### Venue for the RC Meeting

**FEPTO Research Meeting will be organized in collaboration with MIT University, Faculty of Psychology, which is located in the very central area of the city.**

#### Venue address:

MIT University  
Plostad Makedonija (Square Macedonia), City Gallery  
1000 Skopje  
Republic of Macedonia

### Registration:

**Please send a confirmation e-mail to Krzysztof Ciepliński, email: [cieplin@kul.pl](mailto:cieplin@kul.pl)**

### Local hosts:

We are very grateful to our local hosts: **Mirjana Stojanovska & Ilija Dojcinovski**, who are helping us with the logistics of the meeting.

Krzysztof Ciepliński & Johannes Krall  
Co-Chairs of FEPTO RC