

## **Research Committee Report/ NL September 2013**

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In the Research Committee two meetings are important for sharing ideas and research in psychodrama. After the meeting at the University in Padua in February 2013 we met next time at the Annual Meeting in Santander. About 20 people came to our open meeting to get informed about next activities in the research committee and to share their ideas, interests and creativity regarding research in psychodrama.

### ***Research committee meeting in Santander***

Jutta Fürst took the minutes in which we collected some interests or proposals for the future: At the beginning all ongoing activities and projects were presented. The research committee is promoting bottom up studies in which everyone can join.

Research topics are:

- Children and youth in psychodrama
- Empower project
- Identity, theory, and methodology of psychodrama
- Research in training
- Supervision in training
- Train project

Participants are invited to share their needs and research interest or projects:

#### ***Children and youth:***

- Interests was mentioned in more projects on psychodrama with children and youth: violence and bullying prevention with young people, teaching teachers to prevent violence
- Children who live in families suffering of violence of the husbands. Stopping transgenerational violence
- Groups with children and adolescents, treatment effects, searching for models, skills and tools

#### ***Psychodrama with adults:***

- Therapeutic effects on anxiety disorder
- Psychodrama with people who have cancer, psychodrama with traumatized soldiers
- qualitative and quantitative instruments: How do the members of a psychodrama group see the changes in their life

#### ***Research in psychodrama training:***

- Research interest: drop out of training, relationship between theory and practice
- Theory and common language of psychodrama/ exchange about theories in psychodrama
- Pre-Post-Study about personality change in training (NEO-PR)
- Training in research: TRAIN project
- Msc Thesis writing and course for graduated psychodramatists to be trained in research

#### ***Research Methods:***

- Questionnaire about theoretical and emotional learning
- Methods for research to investigate the link of psychodrama and activation of the brain

***Research funding:***

- Interest in EU programmes and application
- A general aim is to develop stringer ties with universities and trying to get an application for EU funding.

The chair of RC proposes to encourage training institutes to have 2 or 3 people in each institute who are interested in research to act as a coordinator for research or to be at least a contact person for information on research issues. It would be very helpful if these coordinators are also able to participate in the RC meetings.

***Next FEPTO RC Meetings:***

University of Sibiu/ Romania from 10<sup>th</sup> – 12<sup>nd</sup> of October 2013

University of Budapest from 28<sup>th</sup> of February – 2<sup>nd</sup> of March 2014