



Time for Committees in FEPTO AM in Óbidos (Portugal) March, 27th, 2014:

3 committees meeting together during one hour

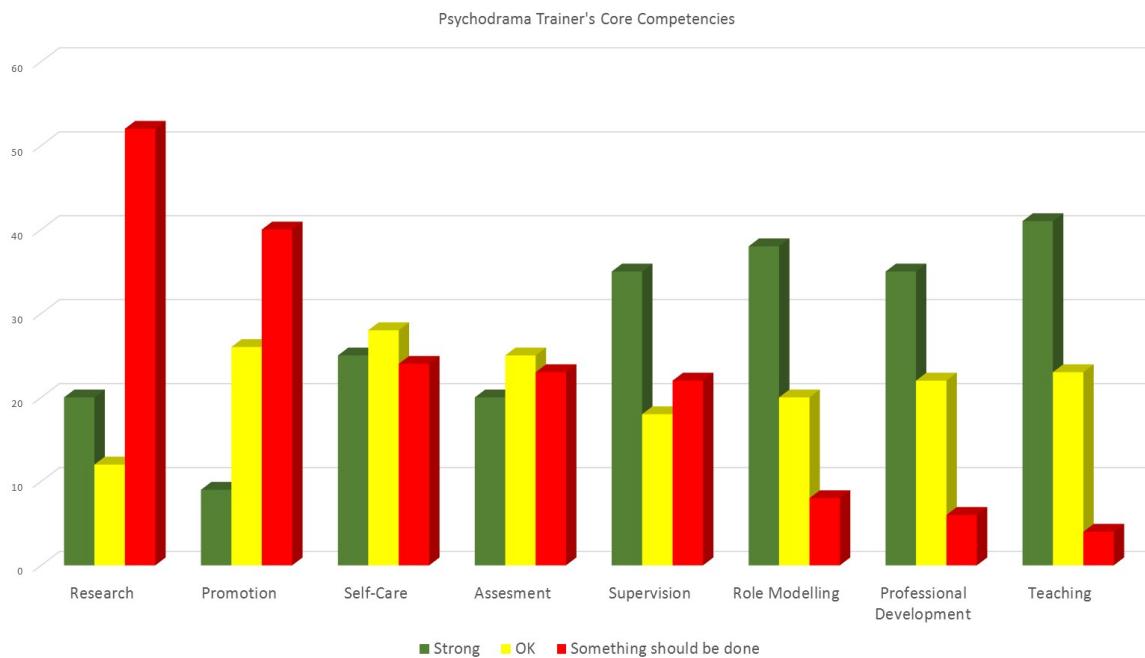
Training Committee, Development Committee and European Affairs Committee,

Were present:

Inara Erdmanis (Latvia/Sweden), Svetlana Nikolkova (Bulgaria), Mai Antonsen (Norway), Ina Ilieva (Bulgaria), Zoran Đurić (Serbia), Karin Hango (Estonia), Rosa Shemesh (Israel), Norbert Apter (Switzerland, Chair of Development Committee), Celia Scanlan (Scotland, Chair of European Affairs Committee), Reijo Kauppila (Finland, Chair of Training Committee)

Reijo and Norbert opened the meeting. Development committee organizes Thinktanks. Norbert suggested the next one could be joint with the training committee.

The results of the AM-work in small groups was presented. It is clear that core competencies of psychodrama trainers connected to Research and Promotion are the activities, which the FEPTO community marked as most in need of attention.



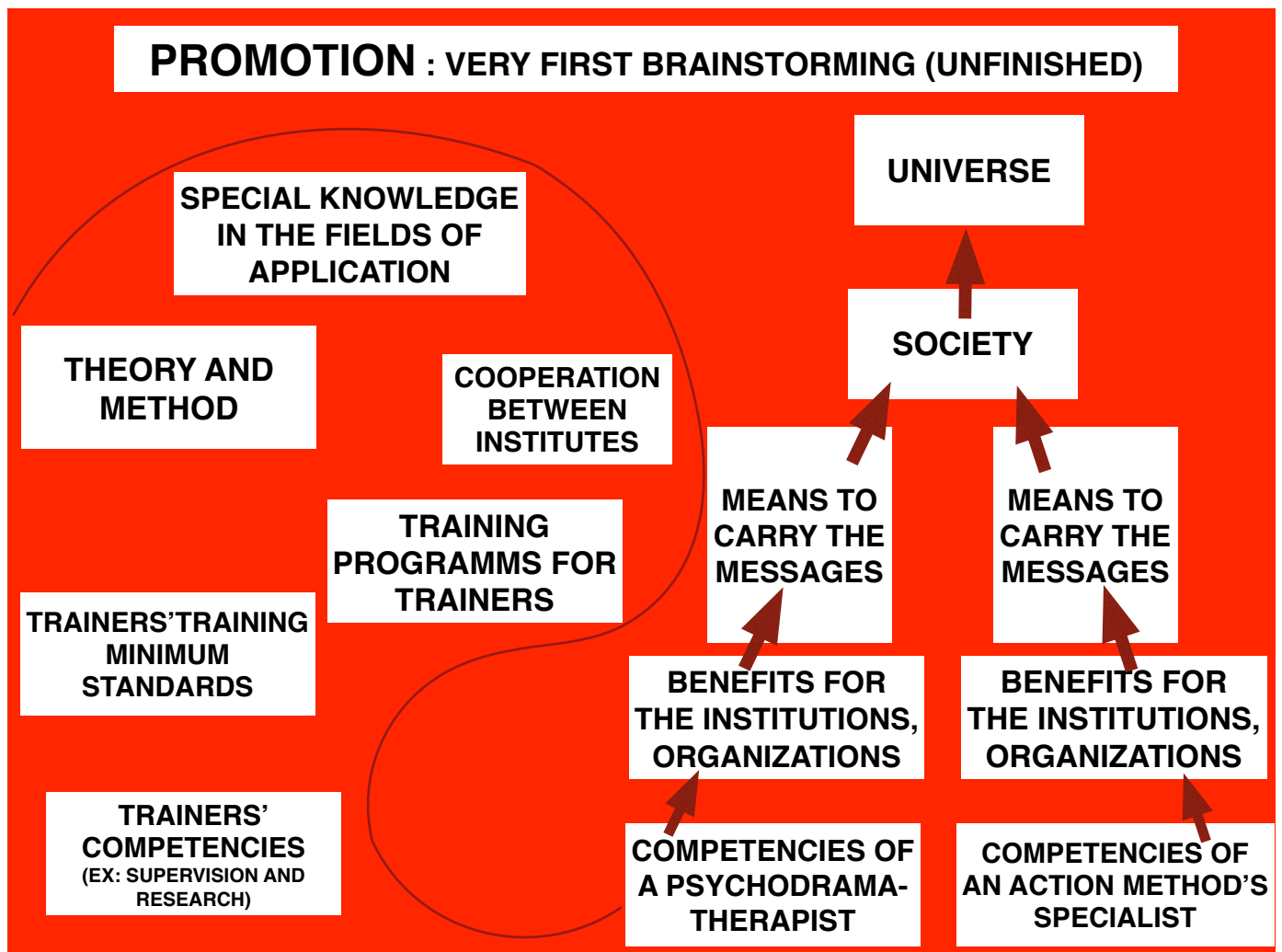
Below is a list of some shared thinking:

- What competencies does a trainer need in different application fields of psychodrama? How to balance competencies in psychodrama psychotherapy and competencies in the special field?
- There could / should be a training to become a psychodrama trainer.
- What would employers / organizations benefit or gain from sending their employees to psychodrama training?
- What competencies do students gain in psychodrama training?
- A traditional way to support psychodrama is to experience psychodrama. How to promote psychodrama in other and new ways?



- What kind of competencies in promotion does the trainer need to be able to teach students to practice psychodrama in a way that promotes psychodrama? And to train students to promote psychodrama in other ways, too?
- How to support trainers to deepen their theoretical understanding of psychodrama?

These formed the starting point to explore in practice with the group themes of trainer's competencies, students competencies, and organizations in a systemic way. The group used chairs, and used relatiometrics to make visible these themes. Here is a picture of relatiogram, which was done in 15 minutes:





The outcomes will be used and further explored and developed in committees (processes), which maybe will continue in next AM (if the council so decides).

We ended the meeting by agreeing to meet twice before the next AM:

- Thinktank (organized by Development Committee) in September / early October, 2014 (in Helensburgh (Scotland) or Estonia)
- Training Committee meeting in January, 2015 (perhaps in Estonia).

In both meetings the themes of trainer's core competencies (especially Promotion and Research) will be connected to trainee's competences and the benefits and gains psychodrama training provides to organizations and the whole society.

Norbert will doodle dates for Thinktank, after that Reijo will doodle dates to Training Committee meeting.

Paola and Marco couldn't be present in this training committee meeting, but they are preparing a survey about theory and basic psychodrama concepts.

Celia had news: EAP is defining the specific competencies of a psychodrama psychotherapist. She would ask all institutes to define the specific competencies for example with their students. Material and help is available from Celia. (We could make this on project in Training Committee?)

We found the outcomes of this meeting inspiring and energizing, and they give us hope, too. And what we are doing just now with competencies, is what institutes need.

We warmly thank the participants of this meeting for ideas and taking part in this process – and for energy and joy!

And we do hope that you will join us in this new adventure.

Reijo, Norbert and Celia