



GENERAL ASSEMBLY

SATURDAY, 15th OF MAY 2021, via ZOOM

FEPTO MINIMAL TRAINING STANDARTS FOR PSYCHODRAMA WITH CHILDREN

PD with adults		PD with children and youth (proposed)
200	Self-experience	200
120	Theory + Techniques	120
	Theory + Techniques + Research (specific for children and youth) + Self-experience (focusing on childhood)	120
200	Conducting in the group	80
80	Supervision	80
120	Freely distributed 120	120
720	TRAINING HOURS	720
160	Practice	160
880	TOTAL	880



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PSYCHODRAMA WITH CHILDREN MINIMAL QUANTITATIVE REQUIREMENTS

Minimal Quantitative Requirements for Psychodrama with ADULTS	Minimal Quantitative Requirements for Psychodrama with Children
<p>1.1. To become a psychodramatists (psychodrama psychotherapist or a psychodrama leader)</p> <p>The minimum contact training hours is 720 The minimum number of psychodrama practice hours is 160. Together 880 hours.</p> <p>The minimum duration of the psychodrama training is 4 years.</p> <p>There is a distinction between the training and subsequently title of:</p> <ul style="list-style-type: none"> • psychodramatist for psychotherapy; psychodrama psychotherapist. and • psychodramatist in other fields; psychodrama leader; sociodramatist; creative therapists. <p>Definitions:</p> <ul style="list-style-type: none"> • The Psychodramatist is a person, who is recognized as competent to take the responsibility for organising and directing a PD group and individual PD sessions, within his/her area of competence. • Hours. There is a difference between training and “training hours”, between to learn theory and techniques and “theory and techniques hours”, between practicing psychodrama and “practice hours” and so on. See further. • Contact training hours are the hours of training in professional contact with a recognised trainer or assistant trainer. It can be hours used for PD self-experience, or for theory and techniques, or for training in conducting inside the training institute (under live supervision) or for supervision. • Practice hours: hours of practising as director or co-director in own practice under (some type of) supervision. Time is time of session + time of processing with a co-director before and/or after the session. • One hour is minimal 45 minutes pure PD work from actual start till the end. 	<p>1.1. To become a psychodramatist for children and youth (psychodrama psychotherapist for children and youth or a psychodrama leader for children and youth)</p> <p>The minimum contact training hours is 720. The minimum number of psychodrama practice hours is 160. Together 880 hours.</p> <p>The minimum duration of the psychodrama training is 4 years.</p> <p>There is a distinction between the training and subsequently title of:</p> <ul style="list-style-type: none"> psychodramatist for children and youth for psychotherapy; psychodrama psychotherapist for children and youth and psychodramatist for children and youth in other fields (education, kindergarten, speech therapy practice, etc.); psychodrama leader for children and youth. <p>Definitions:</p> <ul style="list-style-type: none"> • The Psychodramatist for children and youth is a person, who is recognized as competent to take the responsibility for organizing and directing PD group of children or youth and individual PD for children and youth sessions, within his/her area of competence. • Hours. There is a difference between training and “training hours”, between to learn theory and techniques and “theory and techniques hours”, between practicing psychodrama and “practice hours” and so on. See further. • Contact training hours are the hours of training in professional contact with a recognised trainer or assistant trainer. It can be hours used for PD self-experience, or for theory, techniques and research or for training in conducting inside the training institute (under live supervision) or for supervision. • Practice hours: hours of practicing as director or co-director in own practice under (some type of) supervision. Time is time of session + time of processing with a co-director before and/or after the session. One hour is minimal 45 minutes pure PD work from actual start till the end.