

**CONFERENCE & ANNUAL MEETING'2019**  
**Tallinn, Estonia**

**14th FEPTO Conference**

May 17th to 19th

**MINDFUL ACTION FOR DEVELOPMENT**

**Learning of Individuals and Groups**



**27th FEPTO Annual Meeting**

May 19th to 23th

**FROM CREATIVITY TO FUNCTIONALITY:**

**Prosperous Members in a Flourishing Organization**

## CONFERENCE & ANNUAL MEETING'2019

### Local hosts

FEPTO Conference and AM 2019 are co-organized by:

**Helsinki Psychodrama Institute (Finland),**

**Tallinn Psychodrama Institute (Estonia),**

**Tartu Psychodrama Institute (Estonia).**

The cooperation of Tallinn, Tartu and Helsinki Psychodrama Institutes is developing every year and is a good example of sociometric strength between psychodramatists.

#### **Tallinn Psychodrama Institute, Estonia**

Tallinn Psychodrama Institute is a training center of Moreno Center, founded in 1998. The team of our main trainers (Pille Isat, Tuuli Vellama, Aivar Simmermann, Andres Sild) was formed in 1995 in a psychodrama training group led by Sirkku Aitolehti, TEP, from Helsinki Psychodrama Institute. Other trainers from Finland, Sweden and Norway have been active at the Institute during these years.

The training program offers courses at the level of psychodrama group-leader (3 years); director, CP Certified Practitioner (6 years) and TEP, Trainer Educator Practitioner (at least 9 years). Every year 2 first level training groups start for 1 year and from these groups at least one group is formed to continue for 2 more years for the group-leader level. We have added specified coach and supervisor training in psychodrama, the combination with action methods works very well and is accepted by Estonian Supervision and Coaching Association.

Web pages: [www.morenokeskus.ee](http://www.morenokeskus.ee) and Facebook: <https://www.facebook.com/Tallinna-Ps%C3%BC%BDChodraama-Kool-108306779199435/>

#### **Tartu Psychodrama Institute, Estonia**

Tartu Psychodrama Institute is a successor of the Swedish Moreno Institute which started regular training in Estonia in 1994. The main trainers were Ruuda Palmquist and later Leif Dag Blomkvist and Marc Treadwell. The first TEPs (Karin Hango and Vahur Murutar) were certified in 2008. The Estonian organization was founded in March 2012.

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## CONFERENCE & ANNUAL MEETING'2019

### Local hosts

Today Tartu Psychodrama Institute is running psychodrama training groups and short courses, both experiential therapy groups and methodology teaching workshops. We start with a beginners training group every year. In 2019 the 12th group will commence.

Our teachers: <http://www.psyhhodraama.ee/pdi/inimesed>

Our history: <http://www.psyhhodraama.ee/pdi/ajalugu>

Web pages: <http://www.psyhhodraama.ee/>

### Helsinki Psychodrama Institute, Finland

Helsinki Institute was founded in 1992, and its own first training program started in 1996. The institute is a member of NBE Nordic Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy, and a member of FEPTO since 2011. Sirkku Aitolehti, TEP, was one of the first trainers in our institute. Now the director and main trainer is Reijo Kauppila, Psychodrama trainer TEP, and other trainers are Päivi Rahmel, TEP, Sami Puumala, TEP, and Reijo Rautiainen, TEP. Our institute has visiting trainers from Finland and other European countries.

The institute offers psychodrama trainings in Group leading (1+1 years), Psychodramatist (4 years), and Psychodramatist CP (6 years), which includes certification as supervisor (organizational counselor). We offer training process work for Psychodrama trainers TEP, too, and it lasts at least 10 years. Our main focus is psychodrama in organizations, education, supervision, social work, and in therapeutic use. Helsinki Psychodrama Institute is the coordinator of EBTS-Trainings-project, which is funded by Erasmus+ Adult Education 2017-2019.

Web pages: [www.ihmis.fi](http://www.ihmis.fi) and Facebook: <https://www.facebook.com/psykodraamainstituutti/>



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