



Invitation to the Network Group for Psychodramatists Working with Children and Youth 3rd-5th of February 2023 in Ghent

Dear **Practitioners of Psychodrama with children and youth,**
dear **FEPTO Colleagues,**

we are very happy to invite you to the 8th meeting of the network group "Psychodrama with Children and Youth". We would be delighted to welcome you in **Ghent, Belgium from 3rd-5th of February, 2023.**

Psychodrama with children and youth in wartime

Children and young people suffer in a unique way during the war in Ukraine. Many members of this FEPTO network group have decided to help the Ukrainian psychodrama therapists with their knowledge and experience.

In this meeting we want to support the supporters in our group. We want to listen to them, learn from their experiences and share our experiences with the traumatization.

Program:

3rd February, Friday: 17.00 - 19.30

- Arrival and Warm-up: Welcome and getting to know each other with **Moira Verhofsstadt and Bart Haes**
- Presentation and discussion about projects in wartimes and experience!
Milena Mutafchieva & Stefan Flegelskamp

We will work psychodramatically and process-oriented on the topics of what are the differences and commonalities in working with posttraumatic and acute traumatic children and adolescents. What was helpful and what was not? How can we keep peaceful and give peaceful responses to children and young people? Are there preventive insights for the future? What needs to be re-imagined and what do we have to say goodbye to?

Supper together

4th February, Saturday: 09.00 - 18.00

- Warm up

Continuing the discussion process on how the war affects our work

Coffee break

Trauma and development!

Fabian Blobel

How are different traumas affecting youth in different stages of cognitive and personal development?

After an on stage experience about the neurological process of an acute trauma, I will give an overview about the different stages of development of empathy described by M. Schacht.

We will focus our discussion on possible effects of ongoing collective traumas on the developing brain.

The aim of this offer is to introduce and moderate a lively discussion about the topic, as there is very little concrete literature about the combination of collective trauma and the developing brain. By exchanging together our ideas and thoughts, I hope we can together develop a better understanding of this important topic.

Lunch break

The therapist and client relationship in collective trauma situations

Fabian Blobel

As the therapist and the client are living in similar collective traumatic situation, the ongoing traumas might differ, but resulting from a similar collective narrative.

After a the discussion about the effects of collective trauma in development, the aim of this offer is, after a short on stage experience of the topic of transference and countertransference, to moderate a lively discussion around the questions:

What might be the effect on transference and countertransference processes in the therapy?

What could be challenges, tabus and supportive aspects in that relationship?

All colleagues who have expertise in the field are invited to introduce their concepts and reflections on those topics, in order, that we can create more concrete answers

in how to train and support colleagues working with youth under these conditions around the world!

Coffee break

Creating an intervision group for trainers

This intervision group should be for trainers and supervisors for psychodrama with youth.

It should be a place, where we can share difficult moments in our trainings and supervisions and find ways to analyze and overcome the challenges. It could be also a space, where we share positive and playful solutions for difficult topics or conflicts. I would like it to be a mixed virtual and in-person space-taking place regularly a few times a year. The in-person could be around the network meetings, for example. If anybody is interested in a format like this, we can meet and plan the modalities.

Supper together

5th February, Sunday: 09.00 - 13.00

- **Warm up**

**Post-Covid and what happened with the children
Cecilia Sousa**

I would like to mention a theme that I have been working with children aged 2 to 6 years: Difficulties in post-Covid communication and the significant increase in the replacement of the family by electronic games and videos.

Coffee break

Future Plans and Closure

Our local hosts will be **Moira Verhofstadt and Bart Haes**

The network group “Psychodrama with children and youths“ will take place in:

MEETING ADDRESS (Close to Gent-Sint-Pieters Station, walking distance)
Parochiehuis Sint-Paulus (1st floor)
Patijntjestraat 27
9000 Gent
BELGIUM

POSSIBLE ACCOMMODATION:

The nearest **HOTEL** (walking distance) is to where we gather:

Europahotel
3-stars Hotel
Gordunakaai 59,
9000 Gent
0032 - 9 222 60 71

<http://www.europahotel-gent.be#>

The main **TRAIN STATION** is called **Sint-Pieters Station, Gent**
Koningin Maria Hendrikaplein 1, 9000 - Gent - Belgium

The **CITY CENTER** is easily reachable by TRAM in that station (Gent-Sint-Pieters Station).
(max 15' to the center)

Moira is happy to take questions by mail about local issues (transport, distances etc.). Please, for info about accommodation check online sites mentioned up here.

moira.verhofstadt@gmail.com

 GSM 0032 – 486.178.561

Stefan Flegelskamp 0049 15156651032 s-flegelskamp@t-online.de

PARTICIPATION FEE:

There will be a fee of round about 25.- € for each participant for the room rental and the coffee breaks.

Looking forward to meeting you in Ghent!

Moira Verhofstadt, Bart Haes, Milena Mutafchieva & Stefan Flegelskamp