STATEMENT OF THE AUDITORS
MEMBERSHIP COMMITTEE REPORT
GUIDELINES FOR PRESENTATION
PRESENTATION OF THE NEW INSTITUTES:
INSTITUTE FOR PSYCHODRAMA PRACTICES “CHIRON”
THE RED HOUSE CENTRE FOR CULTURE AND DEBATE
TALLINN PSYCHODRAMA INSTITUTE
MORENO INSTITUTS LATVIA
LITHUANIAN PSYCHODRAMA ASSOCIATION
NON PROFIT ORGANISATION FOR PSYCHOTHERAPY AND EDUCATION AMIGDALA
INSTITUUT VOOR PSYCHODRAMA
ONCE UPOA A TIME...
LETTERS OF RECOMMENDATION
STATEMENT OF THE AUDITORS 2011

We Nel Bax and Hans Verdonschot, representatives of the “Association for Psychodrama” for the Dutch language territory in Europe (the Netherlands and Flanders) both appointed as financial auditors, asked by Chantal Nève and Pierre Fontaine in the General Assembly from 2004) declares after auditing the financial accounts of FEPTO for the year 2011 the following:

The treasurer Chantal Nève-Hanquet was effective in collecting the membership fees for 2011.

Total fees in 2011 are € 10595. (Paid in 2011 € 8870. - to receive on 31-12-2011 € 1725. -)
The application fees in 2011 are € 1200.-. 
The deficit from the meeting in Israel in 2011 is € 5663.- This is a great deficit: The treasure and the board explained:

“We have decided to accept the expenses submitted by the LOC. The travel expenses of the one meeting (busses, taxis, etc) were higher than we could have anticipated € 2119. Since we did not have sufficient rooms at Neve Shalom, some participants were accommodated at an outside hotel (3487€) and travelled by taxi to and from Neve Shalom. The extra expense of this was covered by FEPTO... All participants who could not attend were reimbursed, result € 1000.
As a consequence this year we have set a 3 month deadline date after which there is no refund. For the future we will seek a more flexible system.”

The profit from the conference was € 2025.- The ultimate loss in 2011 is € 56.-

The auditors conclude that:

- There is a list with received fees for 2011.
- There is a list about fees and expenses for the conference and annual meeting in Israel.
- Specifications for debtors and creditors are given.
- The balance sheet gives a reliable amount representation.
- The treasurer and her bookkeeper works very punctual.

CONCLUSION

The auditors conclude that there is good management about the FEPTO finances in 2011. The meeting resulted in a great deficit. Measures are taken for this year and further will be looked for a more flexible system.

The auditors advice the General Assemble to discharge the Treasurer and the Board of FEPTO for the financial year 2011. The auditors are prepared to be auditors again for the year 2012

Liège, 18th of March 2012

Nel Bax, Hans Verdonschot
Dear members of FEPTO. Here follows a report of the activities in the Membership Committee.

Since our last meeting in Jerusalem, we have received 8 applications for membership. CEPSI from France did not meet the criteria and will therefore not be presented for voting at the GA in Oslo. Cyprus Mental Health Institute decided to postpone their application until Santander in 2013. The 6 other applicants are ready for voting and you will find a presentation of them in this newsletter. In addition, the institute Amigdala from Macedonia, who applied last year, will be voted for in Oslo.

APPLYING IN OSLO

- Amigdala - Macedonia
  Recommended by: Vladimir Milosevic and Oded Nave
- Institute for Psychodrama Practices “Chiron” - Bulgaria
  Recommended by: Evgeni Genchev and Dimo Stanchev
- Instituut voor psychodrama - The Netherlands
  Recommended by: Hilde Gött and Yaacov Naor
- Latvian Psychodrama Institute - Latvia
  Recommended by: Eva-Karin Ström and Eduardo Verdú
- Lithuanian Psychodrama Association - Lithuania
  Recommended by: Hilde Gött and Horatiu Nil Albini
- The Red House Centre for Culture and Debate - Bulgaria
  Recommended by: Malen Malenov, Göran Högberg and Georgi Antonov
- Tallinn Psychodrama Institute - Estonia
  Recommended by: Yaacov Naor and Eduardo Verdú

We have over the last few years seen an increased need to change the voting procedure. We are a fast growing organisation. The council made a decision to change the procedure of application at their council meeting in Dave, Belgium on November 4th 2011, and at the executive meeting in Dave on April 13th. 2012. The revised procedure of application is as follows:

When an institute is considering applying for membership the first step is to come to the Annual Meeting once as guest.

In the year that they choose to apply there is a timeline.
The application should be sent as early as possible but not later than, the end of September.
During the month of October the application files will be prepared by the Membership Committee ready for the Council meeting, the first weekend in November. The Committee will engage in a dialogue with the applicant if necessary and may ask for further clarification.

When the Council accepts this application it is then sent as pdf file to all members. The membership is invited to submit any relevant question to the Chair of the Membership Committee 6 weeks prior to the GA.
This leaves 4 weeks for any issues raised to be resolved. After this period no more questions may be raised.

The applicant may withdraw their application at any moment.

If a resolution cannot be agreed then ratification of membership will not be asked at the General Assembly in that year.

In such a case the applicant will be given advice what they need to do in order to re-apply. This will be presented in the FN and webpage updated.

This proposal will be put to the GA for voting and cannot be instigated until this happens. Therefore this year we will hold to the old system.

I heard many voices in Jerusalem with opinions on both voting procedures and membership criteria. Some members have sent their thoughts. Any thoughts and suggestions for these procedures will be very much appreciated. I look forward to meeting you all in Oslo.

GUESTS IN OSLO

- Moreno Institut Stuttgart, Germany
- Endohora, Greece
- Trondheim Psykodrama Institute, Norway

Eduardo Verdú, Chair of the Membership Committee
eduardo@psykodrama.no

GUIDELINES FOR PRESENTATION APPLYING ORGANIZATIONS

Dear Applicant for FEPTO Membership,

You are warmly invited to present your Organization at the next FEPTO Annual Meeting in Romerike/Oslo, 10th -14th June 2012.

There are two steps to present your Organization:
1. Informally by encountering members throughout the meeting.
2. Formally at a specific presentation time.

FORMAL PRESENTATION

DURATION: The presentation this year will be done as a marketplace. This means all applying institutes will have their own space in a large room with a table where they can present their institute to the members. The members can walk around and talk to the applicants and ask questions. There will be no possibilities for PowerPoint presentations or copying. Please bring all you need. Reasons for changing the procedures are lack of time and increased amount of institutes that applies. Therefore there will be a larger presentation of the institutes in the FN that will be sent out in May.
Formal presentation time will be on Sunday the 10th from 20.00 hrs. - 22.00 hrs.

**FORMAT:** You are expected to make a poster. You may in addition wish to use action methods. The poster format is 80 cm x 120 cm maximum.

**CONTENT:** You may use information you would like to give about your Organization and the presentation should include information about:

For Training Organizations

- History of the Organization (When, how was the Organization founded?)
- Formal structure of the Organization (Society, foundation, partnership agreement etc.)
- Training staff (Leader/s of the Organization, main trainers, guest trainers, etc.)
- Training program (Admission, levels, hours, content, comparison with FEPTO Minimal Training Standards, reference literature, recommended readings, publications, number of graduates, number of training groups, Code of Ethics)

For Accrediting Organizations

- History of the organization
- Formal structure and leader/s, or chairperson, committees, etc.
- Application requirements for new members
- List of individual and organizational members
- If exists, the name of the Code of Ethics followed

A few handouts of your institute should be available. Also the letters of recommendation should be available at your stand.

The application fee is 100 € or 200 €, depending on the country’s gross national product, paid beforehand to the FEPTO account. (Contact person is the treasurer of FEPTO)

If you need further information or have any questions do not hesitate to contact us.

Eduardo Verdú
Chair of the Membership Committee
eduardo@psykodrama.no

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**FEPTO is**

Favoriser la rencontre entre les formateurs européens en psychodrame.

Encourager des programmes de formation qui tiennent compte de critères de qualité.

Permettre l'approfondissement de thématiques au sein de “Networks” et du “Research group”.

Théoriser un psychodrame thérapeutique qui rend d'avantage l'être humain acteur de sa croissance.

Opérer un esprit de spontanéité et de créativité qui créent du changement.

Chantal Nève Hanquet
NEW INSTITUTES TO BE VOTED IN OSLO

BULGARIA

INSTITUTE FOR PSYCHODRAMA PRACTICES “CHIRON”

1. IDENTIFICATION:
Address: 6 Slavianska Str., 1000 Sofia, Bulgaria
Phone number: +35 989 867 22 30
E-mail: hiron.ipp@gmail.com
President: Svetlana Nikolkova

2. FORMAL STRUCTURE: Chiron Institute for Psychodrama Practices has a formal structure of society. All training members of the institute are also members of the Bulgarian Association of Psychodrama and Group Psychotherapy.

3. HISTORY: Chiron Institute for Psychodrama Practices has been founded in 2009 by four psychodrama trainers: Svetlana Nikolkova, Milena Mutafchieva, Anzhela Hristoforova and Georgi Dobrinov. They formed a board and elected as a chairman Dr. Med. Svetlana Nikolkova. Svetlana Nikolkova had finished her psychodrama education in 1998 and her trainer was Jorg Burmeister. Trainer of the other members of the board in the past was Dr. Svetlana Nikolkova and they finished their education in 2006. Before the establishment of the Institute, all four trainers had worked as psychodrama therapist and trainers in Bulgarian Psychodrama and Group Therapy Society, which is the national accrediting organization and unite all the specialists in the field. Dr. Svetlana Nikolkova was member of the Board of Bulgarian Psychodrama and Group Therapy Society for 8 years and now she is a member of the Standard committee. She was one of the founders of Bulgarian Psychotherapy Association. Nowadays, Milena Mutafchieva and Georgi Dobrinov are members of the Board of Bulgarian Psychodrama and Group Therapy Society. In 2010 the institute accepted another member - Katerina Ilieva, who graduated as a psychodrama therapist in another Bulgarian psychodrama institute “Psychotherapy 2000” and her trainer was Evgeni Genchev. Katerina Ilieva became a psychodrama trainer in 2011. On 11.07.2011 another member, Plama Hristova, passed successfully the final exam and became psychodrama therapist. Members of the Institute are also Vesselin Somlev and Valentina Peteva, psychodrama assistants; all of them experienced professionals actively applying psychodrama method within Chiron institute and in their professional field.

4. TRAINING PROGRAM: Minimum duration of training is 5 years. Total hours are 1400.

<table>
<thead>
<tr>
<th>FEPTO minimal training standards</th>
<th>“Chiron” training standards</th>
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<tbody>
<tr>
<td>The minimum contact training hours is 720.</td>
<td>The minimum contact training hours is 1200.</td>
</tr>
<tr>
<td>The minimum number of psychodrama practice hours is 160.</td>
<td>The minimum number of psychodrama practice is 200.</td>
</tr>
<tr>
<td>FEPTO minimal training standards</td>
<td>“Chiron” training standards</td>
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<td>----------------------------------</td>
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<tr>
<td>Together 880 hours.</td>
<td>Together 1400 hours.</td>
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<tr>
<td>The minimum duration of the psychodrama training is 4 years.</td>
<td>The minimum duration of the psychodrama training is 5 years.</td>
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<tr>
<td>One hour is 45 minutes pure PD work from actual start till the end.</td>
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</tr>
<tr>
<td>FEPTO minimal training standards</td>
<td>“Chiron” training standards</td>
</tr>
<tr>
<td>200 hours of PD self experience (ongoing group)</td>
<td>200 hours of PD self experience (ongoing group)</td>
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<td>250 hours personal experience in the Level 1 for Psychodrama assistant</td>
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<td>100 hours personal plays in the Level 2 for Psychodrama Therapist</td>
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<td></td>
<td>Together 550 hours of PD self experience</td>
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<td>120 hours for theory and techniques</td>
<td>300 hours for theory and techniques</td>
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<tr>
<td>200 hours of training for conducting inside the advanced training group</td>
<td>200 hours of direct supervision in independent group leading in the Level 1</td>
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<td></td>
<td>200 hours of indirect supervision of independent session leading in the Level 2</td>
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<tr>
<td>80 hours of supervision</td>
<td>150 hours of supervision</td>
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</tbody>
</table>

5. **LIST OF TRAINING STAFF:** Dr. Svetlana Velichkova Nikolkova, PhD in Medicine, Assistant Professor in Psychiatry, Psychodrama Director, Psychodrama Trainer, Psychotherapist with Jungian orientation. Milena Miteva Mutafchieva, PhD in Developmental Psychology, Assistant Professor in Psychology Program, Department “Cognitive Science and Psychology”, New Bulgarian University, Psychodrama Director, Psychodrama Trainer. Anzhela Tsvetanova Hristoforova, MSc in Social Psychology, Psychodrama Director, Psychodrama Trainer. Georgi Dobrinov Georgiev, MSc in Clinical and Social Practices, Psychodrama Director, Psychodrama Trainer. Katerina Nikolovlieva, MSc in Clinical Psychology, Psychodrama Director, Psychodrama Trainer.

6. **NUMBER OF TRAINING GROUPS:** 9

7. **NUMBER OF CERTIFIED PSYCHODRAMATISTS:** 14 assistants and 3 Psychodrama therapists

8. **CODE OF ETHICS:** Yes. Chiron follows FEPTO and Bulgarian Psychotherapy Association Codes of Ethics.

9. **RECOMMENDED BY:** Evgeni Genchev and Dimo Stanchev
BULGARIA

THE RED HOUSE CENTER FOR CULTURE AND DEBATE

1. IDENTIFICATION:
   Address: 15, Ljuben Karavelov St., 1142 Sofia, Bulgaria
   Contact person: Tzvetelina Iossifova
   Phone number: +359 2 988 81 88, 986 44 16 (office)
   Mobile: +359 888 95 25 00
   Fax number: +359 2 988 81 88, 986 44 16 (office)
   E-mail: tzviossifiva@gmail.com
   Website: www.redhouse-sofia.org
   President: Tzvetelina Iossifova

2. FORMAL STRUCTURE: The Institute for Psychodrama and Active Methods is a cultural non profit association, since 2007 is recognised by the Regione Lombardia, listed in its Register for Cultural Associations and in the Provincial Register of Family Solidarity Associations. The Institute for Psychodrama and Active Methods is a cultural non profit association, since 2007 is recognised by the Regione Lombardia, listed in its Register for Cultural Associations and in the Provincial Register of Family Solidarity Associations. The Red House Center for Culture and debate is a project of and is legally represented by Gulliver Clearing House Foundation (GCH Foundation). The Foundation was registered with the Sofia City Court on 16 February 1996 (reg. No 1928/1996) under the Law for Persons and Families. On 3 December 2007 GCH Foundation was re-registered as a not-for-profit organization for public benefit according to the Law for the Not-for-Profit Legal Bodies. Official registration number (Bulstat) - 121060197
   There are two governance bodies of the GCH Foundation - Advisory Board and Board of Founder-Directors. The training in psychodrama of the Red House is part of the social and educational programs of the organization. The main psychodrama training program’s leaders are Tzvetelina Iossifova and David Ieroham, M.D. Tzvetelina Iossifova is also founder-director and legally representing the organisation.

3. HISTORY: Red House Sofia is a project of Gulliver Clearing House Foundation (GCH Foundation). Originally established to broaden, strengthen and stimulate the development of the independent artistic and cultural scene in Bulgaria in the field of contemporary performing arts (contemporary theatre and dance) through various international, national and local projects the Organization is actively engaged with establishment and running of The Red House Center for Culture and Debate since 2000.
   The Red House Centre for Culture and Debate is an independent socio-cultural center in Sofia that organizes and presents socio-political, artistic, cultural as well as socially engaged and educational programs. The organization stimulates the development of independent sector of the contemporary art in Bulgaria, provides training in less known fields and methods in the arts, culture, social activities, psychodrama and other group practices in Bulgaria, contributes pluralism in the aesthetical and organizational forms in arts and culture in Bulgaria, develops group culture and processes, through presentation of various social topics creates environment for adequate publicity, develops critical thinking and public speaking, stimulates the development of various disadvantaged communities and the dialogue between them, stimulates politically-social debate.
On 21 July 2000 GCH Foundation, The Ministry of Culture and the National Art Gallery agreed upon usage of a building in the centre of the very center of the city - the former house of one of the greatest Bulgarian sculptors Andrey Nikolov and a monument of culture and architecture of national significance - against its restoration, reconstruction and adaptation and its turning into The Red House Centre for Culture and Debate. GCH Foundation restored the almost ruined then building. Since October 2004 the Red House presents and runs all its programs and activities in that building.

The training in psychodrama lies upon and integrates the developments and achievements of both social and educational program and practices of the Red House as explained below.

The social program of the Red House develops the idea about the power and effectiveness of the group expressive and artistic processes, as well for the community life as for the society at large. The program targets most vulnerable groups of the society. Until the end of 2004 the focus is entirely on the social integration of children and young people, deprived from parental care living in social institutions. In that period a spontaneously emerged group of more than 60 practitioners coming from various disciplines - independent artists (theatre makers, visual artists, musicians, etc.), psychotherapists, social workers, psychologists, etc. - worked in about 20 places all over Bulgaria with more than 900 children under the umbrella of the Art for Social Change initiative, thus starting a unique social practice of engaging personal resources in fight against social isolation and intellectual marginalization.

In the years to come the target group gradually widened also towards prevention and work with other social groups as well as in less acute risk. The process continued further on shaping informal teams of those practitioners who worked with homeless children and young people in Sofia, with school drop outs, in institutions for elderly people, with drug addicts, in prevention of drug addiction, with patients suffering serious psychic diseases, etc., applying psychodramatic and other expressive means.

Alongside the practice gradually the need of consistent education and supervision was faced. The search for most adequate approach made those practitioners ‘adopting’ and applying in their professional practice psychodramatic and other expressive methods as neighbouring and complimenting their artistic skills but also increasing their effectiveness in group work. Supervision and self-experience practice came naturally in place thus putting Tzvetelina Iossifova and David Ieroham, M.D. in new roles for the whole process of that large group of practitioners. Besides self-experience practice and supervision the idea for establishing an academic program to combine their theoretical knowledge then with the theory of psychodrama, sociometry and group therapy emerged. These were the very first seeds of the MA program.

Parallel to this a series of visits of guest-trainers started. The first to come was Gabrielle Wiessmann-Brun from Switzerland. Prof. Thomas Schwinger also visited Sofia quite some times. The guest-trainers were asked to provide thematic trainings in psychodrama, do supervision of cases and of the social program as whole.

Having the above said understandably one of the main elements of the educational program of the Red House is the establishment in 2002 of 1. The Master Degree Program in Artistic Psycho-Social Practices - a joint program with the New Bulgarian University www.nbu.bg. The MA program steps on the achievements and developments of the social program of the Red House and provides theoretical basics of the psychodrama training. Another main element of the educational program is exactly 2. The psychodrama training. The training follows and binds together all the above mentioned history and developments of the social program of the Red House having a full access to the resources of the MA program.
4. TRAINING PROGRAM: A. The training in psychodrama holds in two main stages that equal to two levels of certification - first level that if successfully accomplish ends up with psychodrama-assistant (consultant) certification and second level that if successfully accomplish ends up with psychodrama-therapist certification.

The training is open for people of the age of 23 and more having previous educational background in social and/or human disciplines (psychology, psychotherapy, medicine, sociology, philosophy, pedagogy, philology, social sciences, cultural studies, cultural anthropology, management, education, etc.) as well as in various arts (performing arts - theatre, dance, drama art, visual arts, new media, cinema, literature, etc.).

The training on each one of the two levels ends up with an exam where the student is expected to show skills and knowledge according to the level he/she is graduating from. At the end of the second level of training the student is also expected to write a final psychodrama thesis paper of 15 to 30 pages.

The training can be held both in monthly or weekly format as well as following different training programs/therapists/training institutes. The training may also include 4 day seminars-'marathon’ once a year outside the original place of the group as well as seminars of guest-trainers from abroad. (Among those to be mentioned Gabrielle Wiessmann-Brun from Switzerland, Eva Fahlström from Sweden and Prof. Thomas Schwinger from Germany)

**Duration:** The first level of psychodrama training (psychodrama-assistant (consultant)) consists of 800 hours (45 minutes each) of which 450 hours self-experience in Psychodrama, Group Psychotherapy and Sociometry, 200 hours theory in the field of psychodrama and other contemporary psycho-social practices, 150 hours training for acquiring knowledge and using the basic elements and instruments of Psychodrama, Sociometry and Group Therapy as well as leading in an advanced group.

The full length of training (psychodrama-therapist) consists of 1400 academic hours (45 minutes each) altogether for the two levels, 550 of them in self-experience with Psychodrama, Group Psychotherapy and Sociometry, 200 hours of theory in the field of psychodrama and other contemporary psycho-social practices, 300 hours of training for acquiring knowledge and skills to use the basic elements and instruments of Psychodrama, Sociometry and Group Therapy as well as leading in an advanced group, and developing the Psychodrama Director role, 200 hours theory and techniques (specialized seminars of guest-lecturers and trainers), 150 hours of leading own psychodrama group under supervision.

**Orientation:** In the course of training the student acquires knowledge about the basic elements of Psychodrama - the Protagonist, the Auxiliary Ego, the Group (the Audience), the Stage and the Director. The student develops skills for using the basic approaches in Psychodrama, such as Role-Analysis, Role Reversal, Doubling, Mirroring, Soliloquy, Social Atom, Concretization, etc., as well as knowledge about group process analysis and techniques that assist its catalyzing. In the course of training the student works as a psychodrama group director and develops his/her professional skills working under indirect and direct supervision of a certified psychodrama-trainer.

In comparison to the Minimal Training Standards of FEPTO the Red House training program in psychodrama requires 550 hours more. Otherwise the internal division of hours (self-experience, theoretical part, leading of group under supervision, etc.) overlaps the MTS of FEPTO in proportion.
5. **LIST OF TRAINING STAFF:**
   - Main trainers: Tzvetelina Iossifova, David Ieroham, Bulgaria
   - Guest trainers: Gabrielle Wiessmann-Brun, Switzerland (Supervisor of PD training program),
     Eva Fahlström, Sweden
   - Prof. Thomas Schwinger, Germany
   - Trainers: Boryana Chalakova, Petar Tzikalov, D.D.S., Zlatko Teoharov
   - Co-trainers Nikolay Bozhkov, Stoil Atanassov, Teodor Kotov, Tsvetelina Gospodinova, Vania Nedialkova

6. **NUMBER OF TRAINING GROUPS IN THE LAST THREE YEARS:**
   - 1 training group and 5 therapeutic groups
   - 1 MA program in Artistic Psycho-Social Practices

7. **NUMBER OF PSYCHODRAMATISTS CERTIFIED BY THE ORGANIZATION:**
   - 8 Psychodrama-assistants
   - 4 Psychodrama Therapists
   - 3 Psychodrama-assistants to be graduated in May 2012
   - 5 Psychodrama therapists to be graduated in May 2012

8. **CODE OF ETHICS:** The Red House training accepts and agrees with the code of ethics of FEPTO.

9. **RECOMMENDED BY:** Malen Malenov, Göran Högberg and Georgi Antonov

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**ESTONIA**

**TALININN PSYCHODRAMA INSTITUTE**

1. **IDENTIFICATION:**
   - Address: Suda Street 1, 10118 Tallinn, Estonia
   - Phone number: +372 6461095
   - Mobile Phone: +372 5537187
   - E-mail: psyhhodraamakool@morenokeskus.ee institute
             morenokeskus@morenokeskus.ee organisation
   - President: Pille Isat

2. **FORMAL STRUCTURE:** Non-profit organization

3. **HISTORY:** 1990-1992 psychodramatists from Finland and Sweden organized short-term courses in Estonia to introduce psychodrama and the ideas of Moreno. After re-establishment of independence of Estonian Republic in 1992, lot of psychodramatists from Nordic countries, England and Israel continued seminars and courses of psychodrama, sociodrama and group psychotherapy. In 1995 two training programs started - one in Tallinn lead by Sirkku Aitonehti, TEP from Helsinki Psychodrama Institute, and other in Tartu lead by Ruuda Palmquist, TEP from Swedish Moreno Institute. From 1995 there have been ongoing training groups in Tallinn. This training was organized in 1999 into Tallinn Psychodrama Institute.
In 1998 five people from Tallinn training group established Moreno Centre to spread the psychodrama knowledge and use group method in their everyday work as psychotherapists, counsellors, group leaders, trainers and supervisors. Moreno Centre has 3 units - Moreno Training Centre, Tallinn Psychodrama Institute and Estonian Playback Theatre. Main activities - long-term psychodrama therapy groups; courses and supervision for specialists in social, medical and educational field; psychodrama training at TEP, CP and Group Leader levels; Playback training group and Theatre. Since 1995 Moreno Centre together with Estonian Psychodrama Association has organized Estonian Psychodrama Conferences to introduce this method and therapy and training possibilities of psychodrama. 2000 1st Baltic Moreno Conference was held in Estonia the initiative coming from Moreno Centre. Now this tradition is alive and in every 2 years BMC is held in one of the Baltic countries. 2000 Tallinn Psychodrama Institute was accepted as a member of Nordic Board of Examiners in Psychodrama, Sociodrama and Group Psychotherapy. 2007 cooperation began with Tallinn University to teach psychodrama in creative therapy program. 2011 Moreno Centre is one of the establishers of Estonian Psychotherapy Association

4. TRAINING PROGRAM: Psychodrama Director CP (Certified Practitioner) level - 2060 hours
Competent to take the responsibility for organising and directing pd group and individual pd sessions, within his/her area of competence. Duration of the psychodrama training is 6 years.

A. Preliminary 920 hours of Psychodrama Group Leader level (3 years)
   - 350 hours of PD self experience (ongoing group)
   - 100 hours for theory and techniques
   - 150 hours of training for conducting inside the training group;
   - 120 hours of training to practice PD, SD and SM techniques in small training groups
   - 100 hours of supervision;
   - 50 hours of supervision and practice according to own profession;
   - 50 hours of pd experience in seminars or conferences

B. Contact training hours 980 of CP level:
   - 300 hours of PD self experience (ongoing group)
   - 120 hours for theory and techniques
   - 250 hours of training for conducting inside the advanced training group
   - 50 hours of supervision
   - 100 hours of supervision and practice due to 2 areas 1) psychotherapist or 2) other fields

C. Practice hours 160 of CP level: hours of practising as director or co-director in own practice under supervision. Graduates from CP level who meet the standards of European Association of Psychotherapy and Estonian Psychotherapy Association get the certificate of Psychotherapist.

5. LIST OF TRAINING STAFF:
   Sirkku Aitolehti, TEP - director of Tallinn Psychodrama Institute 1999-2006, main trainer of CP and TEP level, supervisor
   Pille Isat, TEP - director since 2007, main trainer of GL (group leader) and CP level, supervisor
   Kiira Jarv, CP - therapist of CP level students
   Tuuli Vellama, TEP - therapist of GL level
   Andres Sild, CP (in TEP training) - therapist of CP level, teaching pd theory and psychopathology
   Aivar Simmermann, TEP - main trainer of Playback program
6. NUMBER OF TRAINING GROUPS: 5
7. NUMBER OF CERTIFIED PSYCHODRAMATISTS: 89
8. CODE OF ETHICS: Yes. Code of ethics of the Estonian Psychotherapy Association
9. RECOMMENDED BY: Yaacov Naor and Eduardo Verdú

LATVIA

LATVIAN MORENO INSTITUTE

1. IDENTIFICATION:
   Address: Miesnieku iela 8; LV 1050 Riga, Latvia
   Phone number: +46 8 242443
   Mobile Phone Number: + 46 8 702 88 45
   E-mail: ina.erd@bredband.net
   Website: www.psihodrama.lv
   President/Vice-President: Inara Erdmanis/Inara Varpa

2. FORMAL STRUCTURE: Non profit making organisation

3. HISTORY: The Moreno Institute in Latvia was founded 2002 by Inara Erdmanis with permission from Zerka Moreno. Inara Erdmanis is the President and Inara Varpa who resides in Latvia is Vice-President. Inara Erdmanis started her journey back to her birth country long before. She started educating doctors and psychologists in 1989 with introduction courses in Group and Family Therapy. The first basic education in Psychodrama, Sociometry, and Group Psychotherapy took place 1994 - 1995 and the second in 1997 - 1998. Since then four more groups have finished. To this date there have been 77 persons who have finished and received the title of Psychodrama-Assistant. The first leader education took place 1999 - 2002 and 17 persons then passed the examination and got the title Psychodrama-Leader. From this group 10 persons continued and passed the examination for CP - Certified Practitioner. The education was supported by the East-European Institute until Latvia joined EU. In 2007 a new leader education started with Marc Treadwell (TEP) as the main teacher with 25 participants. At the end there were 20 women still in the group and 16 have up till yet got their Leader certification. In 2002 the Latvian Moreno Institute arranged “Dream Wind” in Jelgava together with the Latvian Psychodrama Association. In 2008 the next one was organized by Latvia, “The Beauty and Beast”, and took place in Valmiera. The Baltic Moreno Day takes place every second years since 2000 in one of the Baltic Countries which means that each country is arranging every 6th year. The Moreno Institute in Latvia is member of Nordic Board of Examiners (NBE) where standards are set according to the standards in England, USA, Canada, Austria, New Zealand, and others countries. NBE also examines people to the highest level in Psychodrama TEP (trainer, educator, and practitioner).
4. TRAINING CURRICULUM AND TRAINING HOURS:

A. Psychodrama Assistant
Requirements: Higher education
Level: Basic training
Duration: 2 years
Hours: 500 hours (300 hours self experience and 200 hours seminars)
Title: Psychodrama Assistant
Examination: 10 pages thesis and teachers approval

B. Psychodrama Leader
Requirements: University examination and assistant education
Level: Advanced training
Duration: 3 years
Hours: 700 hours (140 h self experience, 300 h theory, 60 h sociometry, 100 h leading own group and 100 h supervision).
Title: Psychodrama Leader
Examination: Thesis (under supervision) and onsite examination with a TEP from another Institute as examiner.

C. CP Certified Practitioner
Requirements: Leader examination and Psychodrama practice during two years.
Level: Professional training and supervision
Duration: Individual
Hours: 700 hours (500 h leading own groups, 200 h. supervision - case supervision, on-site supervision, diagnostic supervision)
Title: Psychodrama Director
Examination: Written examination for a whole day (following areas of Moreno’s psychology: History, Philosophy, Methodology, Sociometry, Ethics, Research and Related Fields).
And on-site session for a ½ day psychodrama seminar with chosen theme related to the students practical work (speech, warm-up, psychodrama). A TEP from another Institute should be present. Or presented a workshop at an international psychodrama conference.

D. TEP: Trainer, Educator, Practitioner
Level: Specialist training
Duration: Individual under supervisor of a personal TEP
Title: TEP with right to found an institute or training program that will be recognized by NBE (the Nordic Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy) if it has the same standards.
Requirements: 3 years of supervised training in educating psychodrama, sociometry, sociodrama, and group psychotherapy after received CP-level.
- Minimum 600 hours directing ongoing psychodrama groups
- Min. 200 hours teaching psychodrama within a psychodrama training program
- Supervision 200 hours (minimum) during at least a period of 3 years. The supervision must be conducted by TEPs
Given supervision to teams or groups within the mental health field, education, community or business - minimum 100 hours.

The candidate must design, implement and evaluate a training program under close TEP supervision.

Write an article about the role of the trainer (about 10 pages)

Sociometry: the candidate must demonstrate skills in construction of sociograms, their analysis and application to groups and group therapy. (minimum 100 hours)

Recommendation: the candidate has 2 recommendations from persons holding a TEP-title from, the Nordic, the Australian, the Be-Ne-Lux or the American Board of Examiners.

Examination: Written examination for a whole day (12 hours a 45 min.). This test demands more detailed knowledge of the fields tested - the test level is substantially higher on the same fields as at the CP-level.

On-site: A full day’s presentation and demonstration where the student shows his knowledge and skill around a specific topic concerning psychodrama, sociodrama, sociometry or group psychotherapy (both theoretical and practical part).

On-site interview: In relation to his on-site session the student must perform an interview with a member of the board.

Written: An essay how the candidate sees his role as Psychodrama trainer (10 pages)


6. NUMBER OF TRAINING GROUPS: OSPIP runs a continuous training group with monthly workshops which includes 2x4 day residential weekends per annum.

7. NUMBER OF CERTIFIED PSYCHODRAMATISTS: 123

8. CODE OF ETHICS: Yes.

9. RECOMMENDED BY: Eva-Karin Ström and Eduardo Verdú

LITHUANIA

LITHUANIAN PSYCHODRAMA ASSOCIATION

1. IDENTIFICATION:
   Address: Studentų g. 39, LT-08106 Vilnius, Lithuania
   Contact person: Rima Kratavičienė
   Phone number: +370 8610 63446 Aurelija
   Mobile number: +37061219515
   E-mail: krarima@yahoo.com
   Website: www.psichodrama.lt
   President/Vice-president: Daiva Rudokaite/Rima Kratavičienė
2. FORMAL STRUCTURE: Non-profit social organization

3. HISTORY: ...up to the year 1996 there were held various psychodrama seminars, which were given by foreign specialists: in 1992 - I. Isurina (Russia), I. Erdmanis (Sweden), A. Jacobs (the USA). The professional enthusiasts from Lithuania, who were interested in psychodrama, participated in forums and tried to discover a consistent teaching in Lithuania. In 1996 Friedel Geisler, a psychodrama lecturer and Ms Hildegard de Byl, a co-therapist, came from Germany, and that was the start of continuing education. On 12th April, 1999 Lithuanian Psychodrama Association was founded. In order to have an official recognition of education (certificates) as psychodrama specialists - psychodrama therapists, the students had to join a teaching psychodrama organization recognized in Europe. So there had to occur an association which could join an organization. After discussions European Psychodrama Institute (PiFE) was chosen.

A lot of teaching group lecturers are the members of the institute - psychodrama therapists, teachers, supervisors. In 1999 the first 14 psychodrama students got the certificates of psychodrama assistants.

In 2001 Friedel Geisler “Psichodrama. Ištakosigalimybės” (“Psychodrama. Origins and opportunities”) was published. That was the first psychodrama book in the Lithuanian language. In 2002 Lithuanian Psychodrama Association became a collective member of European Psychodrama Institute PiFE (Psychodrama Institut für Europa e.V., Berlin). Lithuanian Psychodrama Association participates in PiFE congresses and international committee meetings every two years. There the association presents the operational reports of Lithuanian Psychodrama Association, participates in the elections of PiFE general assembly and board. In 2002 the specialists of Lithuanian Psychodrama presented their own seminars in an international event. In the same year in Jelgava, Latvia, were held Baltic Days of Moreno (t.i. practical conference of psychotherapists from the Baltic States). It was agreed to hold a conference - Baltic Days of Moreno - every two years in the Baltic States (Estonia, Latvia and Lithuania) in turn. The first Baltic Days of Moreno were held in Parnau, Estonia, in 2000. In 2004 the first group, 9 people, completed PiFE teaching psychotherapist programme. The coach was Ms Friedel Geisler, a psychotherapist, PiFE supervisor.

In August 2004 in Klaipeda, Lithuania, was held the first international conference of psychodrama in Lithuania: The third Baltic Days of Moreno “Awakening”. Psychodrama specialists from Latvia, Estonia, Germany, Sweden, Norway, Switzerland, Israel and Australia participated there.

In 2005 - 2008 the second group of Lithuanian specialists - psychodrama therapists finished the education continuing PiFE programme. The coach was Mr Norbert Busse-Heise, a psychodrama therapist, PiFE teacher from Germany. For the first time four Lithuanian specialists - psychodrama therapists became the co-therapists of the group. In 2006 the 10th anniversary of Lithuanian psychodrama teaching was held. Journal “Ugdympsiologija” (Educational Psychology) edited a special issue of articles on that occasion. In 2008 - 2011 the second group (9 people) of Lithuania psychodrama specialists finished PiFE teaching psychodrama therapists programme. The coach was Doris Immich, a psychodrama specialist, PiFE supervisor. In 2009 Lithuanian Psychodrama Association organized an international congress “Beribiaimatmenys” (Boundless Dimensions) in Vilnius, Lithuania. It was devoted for two anniversaries: the 20th of PiFE and the 10th of LPdD. 150 participants from various countries participated there. In the same (2009) year a group of 11 people started the first part of psychodrama continuing education according to PiFE programme. The coaches: 2 psychodrama specialists from Lithuania. In 2010 four psychodrama therapists from Lithuania were recognized as psychodrama teaching coaches.
In August 2010 in Klaipeda, Lithuania, the 6th Moreno Days “Sugrižkiratrask” (Return and Discover) were organized. 80 people participated; seminars were given by 16 lecturers from 13 countries. LPdD invites a great number of well-known psychodrama specialists to give lectures and seminars in Lithuania. Such famous specialists as Yaacov Naor (Israel), John Barton (Australia), Marcia Karp (the UK), Doris Immich (Germany), Inara Erdmanis (Sweden), Christoph Hutter (Germany), Chantal Nève-Hanquet (Belgium), Gyula Goda (Hungary) have given their lectures and seminars for Lithuanian psychodrama specialists. 2005 2011 the members of LPdD participate in international psychodrama conferences (PIfE, FEPTO) as well as organize international seminars in Lithuania.

4. TRAINING CURRICULUM AND TRAINING HOURS: will be presented in the poster at the open presentation market place.

5. LIST OF TRAINING STAFF: PhD. Albina Kepalaitė, Rasa Pietarienė, PhD. Viktorija Vaišvilaitė, Rima Kratavičienė, Doris Immich, Hilde Gött

6. NUMBER OF TRAINING GROUPS: 2 groups

7. NUMBER OF PSYCHODRAMATISTS CERTIFIED BY THE ORGANISATION: there are 18 psychodrama therapists and 6 assistants

8. CODE OF ETHICS: Yes, they have their own and agree to follow FEPTO’s

9. RECOMMENDED BY: Hilde Gött and Horatiu Nil Albini.

MACEDONIA

NON PROFIT ORGANISATION FOR PSYCHOTHERAPY AND EDUCATION AMIGDALA

1. IDENTIFICATION:
   Address: Ul. Leninova br.73 1/3, 1000 Skopje, Macedonia (FYROM)
   Contact person: Mirjana Jovanovska Stojanovska
   Phone number: +3892 3112 145
   Fax number: +3892 3064 556
   E-mail: mstojanovska2002@yahoo.com
   Website: www.amigdala.edu.mk
   President: Margarita Nikolovska

2. FORMAL STRUCTURE: non-profit organization

3. HISTORY: On 1st of March 2005 Mirjana J. Stojanovska has registered her private practice for psychotherapy, counselling and psycho diagnostics “Here and Now”. Besides the individual psychotherapy she established a group of Psychodrama for personal growth and development. During 2005/2006 Mirjana has organized several Psychodrama workshops such as: work on dreams, sociodrama and sociometry and etc. Many students of psychology and also graduated psychologist, sociologists and pedagogues have showed a great interest for these workshops. They showed big
interest for education in the Psychodrama too. Their interest has created the idea of forming an educational Psychodrama group.

The educational program was made after the consultation with several trainers of the existing Institute for Psychodrama, and it was based upon the educational program which was found on FEPTO's web site and also on some other web sites of Institutes of Psychodrama that are FEPTO members. October 2007 is formed an educational group of Psychodrama, consisting of 10 members. 7 of the 15 members are completing their education in this group and will have their final exam.

The cabinet for psychotherapy “Here and Now” is one of the founders of the Association for Psychosocial Rehabilitation, thus the apprentices had the opportunity during their education to work as co-therapists and gain experience working with ex-users of psychiatric services.

By the end of 2009 this group is joined by Tanya Atanasova as a co-therapist. She is in the last year of her education for psychodrama at the Psychodrama Institute in Sofia, Bulgaria, in the group of George Antonov. In other to maintain the quality of the education, 2010 an agreement was concluded with Dr. Vladimir Milosevic from Belgrade Institute of Psychodrama to be a lecturer and a supervisor in our school. The workshops are held by Mr. Oded Nave from Israel who comes 3 years in a row, Mr. Georgi Antonov from Bulgaria and Mr. Peter Haworth from OSPIP. In March 2010 Amigdala is established as non-profit organization for education, and thus the education of Psychodrama is legally separated from the private practice “Here and Now”. In April 2010 in Bitola, a town in Macedonia is formed another group for Psychodrama. It consists of 12 members.

4. TRAINING PROGRAM: Self experience (i.e. therapy) is being organized as psychotherapy of trainees in psychodrama group that is continuously conducted for minimum 800 hours spread over four to five years.

Theoretical education is being organized through theoretical lectures, special seminars and tests and includes different relevant topics from psychodrama theories but also relevant topics in the field of other psychotherapeutic modalities, psychology, psychopathology, etc. The number of hours of theory is 416 spread over 4 to 5 years.

Conducting psychodrama group under indirect supervision minimum 240 hours pod during 2 years. The supervision can not start before the trainee enters the third year of training.

Supervision is consisted of direct and indirect supervision. Direct supervision is being conducted in presence of the trainer in educational group. The minimum hours of direct supervision are 60 hours. Indirect supervision is organized through reports in written for each session that trainee conduct in his or her group, that he or she started from the third year of education. Total number of hour is 1816. Apart from 1644 the training includes one year of experience within mental health setting or equivalent professional experience.

Candidates for training: The candidates for psychodrama training are excepted if they are 22 or more years old. The future trainees have to pass through a screening procedure.

The screening is being conducted by 3 different trainers who conduct interviews with the candidate. The decision for accepting the candidate for the training is being made on the bases of consensus of those 3 trainers. Candidate is also asked to submit CV and letter of motivation.

5. LIST OF TRAINING STAFF: main trainer Mirjana Jovanovska-Stojanovska, co-trainer Tatyana Aleksovska, Dr Vladimir Milosevic

6. NUMBER OF TRAINING GROUPS IN THE LAST THREE YEARS: 2 training groups in Skopje and in Bitola.

7. NUMBER OF PSYCHODRAMATISTS CERTIFIED BY THE ORGANIZATION: there are 7 students in last year of the training

8. CODE OF ETHICS: Yes

9. RECOMMENDED BY: Vladimir Milosevic, Oded Nave.
THE NETHERLANDS

INSTITUUT VOOR PSYCHODRAMA (INSTITUTE FOR PSYCHODRAMA)

1. IDENTIFICATION:
   Address: Geertestraat 24, Utrecht 3511XE The Netherlands
   Phone Number: 31 - (0)30 - 7113535 (office)
   Mobile number: +31 (0) 6-24502222
   E-mail: peterjohn@psychodrama.nu
   Website: http://www.psychodrama.nu
   President: Peter John Schouten & Loes Stolker

1. FORMAL STRUCTURE: The Institute is a “one man organisation” and work together with my Co-
group therapist en Auxiliary Ego Loes Stolker In 2008 we have made a contract with another
psychodrama-training institute Lapstreur Social Engineering to offer a basic en advanced training in
corporation. They became a member of FEPTO two years ago. This year (2011) we decided to go
separate again after March 2012.

2. HISTORY: I was touched by psychodrama in 1978 in a personal therapy. I decided: this is what I
   want to do! In 1990 I started my education in psychodrama in Utrecht at the School for Psychodrama
   from Renée Oudijk. I attended the basic-training and the advanced training. After that I did my
   Certified Practitioner-exam at NBES (Dutch Belgian Board of Examiners: Salome-Finkelstein†,
   Verhofstadt, Cuvelier, Oudijk). During and after my psychodrama-education I worked with clients in
specialized social work. I did psychodrama-group work on a variety of topics. (Adoption, Sexual Abuse
in childhood (male clients) , Divorce, Burnout), Abuse in childhood (mixed groups)In 1999 I
started my own company and worked every day with psychodrama (training, social-
en personal development, burn-out managers, workshops for men (childhood sexual abuse) etc.). I think the roots of my
psychodrama work go back to Dean and Doreen Elefthery. Though I have had no lessons from those
two, all my teachers where first or secondary students of them. Renée Oudijk taught me
psychodrama in combination with the development theory of Erik Erikson. She was more influenced
by the French schools. In 2001 I named a part of my company Instuut voor Psychodrama. I started
with just short psychodrama workshops for professionals who had experienced my work. In a natural
way I developed a trainings curriculum. From 1995 to 1999 I was in the board of the Dutch Belgian
Association of Psychodrama (VvP) first as a member, the last three years as president. I have been in
FEPTO as a representative of this organisation since 1997 (Sulzano) and with an interruption of a few
years back in FEPTO since the Cluj-Napoca meeting in 2006. I am a member of the FEPTO Trainers
Intervision Group Matrix since it started in 2006.

3. TRAINING PROGRAM: Personal Development/Therapy: Basic Level: 125, Advanced Level 125
   Theory of Psychodrama as Psychotherapy Basic Level: 200 , Advanced level: 200, Practice in training
group: Basic Level: 75, Advanced Level: 75 Action processing of the psychodrama sessions: Basic
Level: 25, Advanced level: 25, Clinical Practice under supervision: Basic level: 100, Advanced level:

4. LIST OF TRAINING STAFF: Peter John Schoute, Loes Stolker, Jan Lap, Marjorie Streur.

5. NUMBER OF TRAINING GROUPS: Basic Training: 5 Advanced Training: 2

6. NUMBER OF CERTIFIED PSYCHODRAMATISTS: 42 since 2002

7. CODE OF ETHICS: Yes. Code of ethics from EAP/NAP for psychotherapy and Dutch Belgian Association for Psychodrama.

8. RECOMMENDED BY: Hilde Gött and Yaacov Naor

EVA FAHLSTRÖM BORG

ONCE UPON A TIME...

FEPTO was born out of ESCOPE (European Study and Coordination of Psychodrama Education)! It was an idea created in the IAGP meeting in Montreal 1992. The main creators were: Göran Högberg, Pierre Fontaine and Grete Leutz, supported by Anne Ancelin Schützenberger. It came to reality through a meeting in Huddinge, Stockholm the next year, hosted by the Psykodrama Akademi.

The meeting was so exciting! Finally we, first generation of psychodramatists in Europe got together. In order to meet and made it affordable to all we decided to share travelling expenses. What it meant was that we put ALL the travelling expenses in one pot and then divided it between all of us - Monica Westberg, Göran Högberg, Judith Teszáry, all from Stockholm, me from Uppsala, (75 km north of Stockholm) paid the same travelling expenses as for instance Abdulkadir Özbek from Istanbul, Lena Lapoukhina, Moscow and Roberto Inocencio from Santander, Spain.

Next year we met in Louvain, Belgium. The third year we again met in Louvain - changed name and formally founded FEPTO. - It was a question about weather we should always meet in this lovely place or weather we should do something different - meet in a new European country each year, try to understand that specific reality and culture and the role of psychodrama in that country. Also to give the students of the host-country a possibility to meet international trainers. So we voted for the last option, and I am glad we did! It has given us a rich opportunity each year to get to know a new country, meet colleagues, students, eat well, drink well, feel that we are a community!

FEPTO meetings are a constant joy! See you in Oslo!

Eva Fahlström Borg, FEPTO founding member
Director of "FEPTO Theatre"
Receiver of FEPTO "Life Time Achievement"
LETTERS OF RECOMMENDATION

AMIGDALA

Dear Colleagues,

I am happy that I can recommend Amigdala organization, from Skopje, Macedonia, to become a member of FEPTO.

The training program of this organization is in co-ordination with FEPTO criteria, and this organization is closely cooperating with Institute for Psychodrama. The trainers who are providing it, are highly competent and experienced professionals, which are dedicated to psychodrama method.

I had the pleasure to cooperate with Mirjana Jovanovska Stojanovska, who is the founder and leader of Amigdala, since 2001. During this period, I got familiar with her professional knowledge and practise as psychodrama practitioner, trainer and supervisor. During last year I was leading training seminars with students of this organization. The level of professional competence of those students /trainees was fascinating, which shows the competence of trainers.

The ethical principles of trainers and staff of Amigdala organization is in co-ordination with relevant ethical code of EAP.

The presence of professionals of Amigdala Association in FEPTO is of high importance of development for psychodrama in region and enrichment for future development of FEPTO.

Cordially,

Dr Vladimir Milosevic,
Institute for Psychodrama President, Belgrade

Institute of Psychodrama and Group Work
The School of Analytic Psychodrama

To: FEPTO Membership Committee

December 24, 2010

This letter is a recommendation for the psychodrama training program of The School of Psychodrama AMIGDALA, from Skopje, Macedonia, as part of the application process to become a FEPTO member.

I know the program for a few years and am personally familiar with all the Trainer and students. I had the opportunity to learn about the program - I heard and read about the program and I had visit the Macedonia 3 times as trainer and had met the trainees and trainer program and interviewed them as part of this process.
I base my recommendation on my acquaintanceship of the trainer, the head of the program Mirjana Jovanovska Stojanovska Also known as Mimi. I am well familiar with other distinguished Trainers in Macedonia and think that Psychodrama is well evolved in this country. The main contributor to these developments is Mimi with her endless pursuit of professionalism and high standards of training and developments.

The psychodrama training program School of Psychodrama AMIGDALA which exists now for a number of years. The head of the program is considered one of the founding members of psychodrama in Macedonia though as second generation of psychodramatists she is proving the history and enthusiasm of psychodrama there. Mimi served in the organizations relevant to our profession in the various positions and showed passionate commitment to the excellence.

The trainees of the program are encouraged to participate in conferences and educational events. In my contact with them, I met much passion toward psychodrama along with eagerness to learn and to be exposed to new ways leading to willingness to be involved in a dialogue. As the result of the high standards of the staff and their commitment to their students, to their organization and to psychodrama, I am certain they maintain the highest ethics and quality of training.

I reviewed the program's details and compared it to FEPTO training standards with those of SH and found no contradictions. I recommend the training program for psychodrama The School of Psychodrama AMIGDALA to become a candidate for membership in FEPTO with no hesitation.

Oded Navé
Kivunim Institute
The School of Analytic Psychodrama
www.psychodrama.co.il
odednave@zahav.net.il

LATVIAN MORENO INSTITUTE

To FEPTO Membership Committee

The Latvian Moreno Institute is applying for membership in FEPTO. The institute was founded in 2002 with permission from Zerka Moreno by Inara Erdmanis, psychologist, certified psychotherapist, Director of Psychodrama (TEP), member of PiFEs supervision group and former member of the Ethic Committee of PiFE.

The Latvian Moreno Institute (LMI) is member of Nordic Board of Examiners (NBE) and following the requirement for the education on all levels. 77 persons have finished the Basic education and the demand for that level is 500 hour and a short paper. The teachers have to be at least on CP level.

36 people have reached the Leader level (program and demands see homepage www.psihodrama.lv. Several internationally well know trainers have been used.

10 persons have gotten CP and 4 persons are in training for TEP. LMI has started a new CP education with students both from Estonia and Lithuania. LMI has organised two international conferences according to Baltic Moreno Days.
I have followed parts of the education as teacher and supervisor and from that, I know that the LMI gives a high quality education and is well recognised in Latvia.

As I will be present in Oslo I am prepared to undertake a mentorship for LMI and its president, Inara Erdmanis until the voting is over.

I hereby recommend the Latvian Moreno Institute led by Inara Erdmanis as full member of FEPTO.

Stockholm 2011-11-02

Eva-Karin Ström,
Founding member

To the members of FEPTO

Letter of recommendation for Latvian Moreno Institute

As the director of the Norwegian Moreno Institute, it is my pleasure to recommend Latvian Moreno Institute as a member of FEPTO.

The Latvian Moreno Institute is a highly professional institute that meets the membership requirements in FEPTO. Their training is high above the minimal training standards required by FEPTO and the quality of their teaching and their teachers is as we have experienced it, excellent. The Norwegian Moreno Institute has over many years had the pleasure to collaborate and develop our common professional standards. We have also had a successful exchange of teachers. Their president, Inara Erdmanis has for many years been visiting our institute both as a teacher and as a sensor. Her professional skills are admirable and outstanding. Together with her team she runs the Latvian Moreno Institute with excellence in their administrative, tutorial and philosophical skills in psychodrama, sociodrama, sociometry and group psychotherapy.

Inara Erdmanis started to teach psychodrama in Latvia in 1994 and in 2002 the institute was founded with permission from Zerka Moreno. The institute has grown strong and solid in Latvia and has certified many psychodramatists since then. The educational staff is a rich team of many outstanding psychodramatists from all over the world including: Marc Treadwell, Eva Røine, Kate Bradshaw Tauvon, Eva-Karin Strøm and Peter Felix Kellermann.

I strongly believe that having the Latvian Moreno Institute as a member of FEPTO will contribute to the richness of knowledge, experience and development of FEPTO and psychodrama.

Oslo, 13.03.2011

Respectfully yours,
Eduardo Verdú, Director
The Norwegian Moreno Institute
July 5, 2011

To: Fepto Membership Committee

Dear Friends,

This is to recommend the INSTITUUT VOOR PSYCHODRAMA (IPD) from The Netherlands to be accepted to Fepto as a new member.

The Instituut voor Psychodrama was founded by Mr. Peter John Schouten in the year 2000. He serves as the institute Director and leads psychodrama training and therapy groups together with Mrs. Loes Stolker.

I know both Peter John and Loes for the last 8 years and I am very impressed by the professional, ethical and quality psychodrama training and teaching this Institute is doing.

I hope that this Institute application to become a new member will be accepted by Fepto.

This recommendation is written on behalf of Isis Israel-Psychodrama and Intermodal Expressive Therapy Center.

With best warm wishes,

Yaacov Naor
MA CAGS TEP
Director of Isis Israel-Psychodrama and Intermodal Expressive Arts Therapy Center
Psychodrama-Institut für Europa e.V. PIfE

c/o Hilde Gött, Einemstr. 14, 10785 Berlin
Tel.: 0049.30.262 98 60, Fax: 0049.30. 257 94 340
eMail: pife-europa@t-online.de
www. pife-europe.eu

Peter John Schouten
President of Instituut voor Psychodrama
Geertestraat 2b
NL-3511XE Utrecht

NIEDERLANDE

Berlin, May 19, 2011

Confirmation

We hereby recommend to allow the Dutch Psychodrama institute “Instituut voor Psychodrama” to join FEPTO.

The Psychodrama-Institut für Europa e.V. (PIfE) has known their directors for more than five years. We have been sharing our experiences and discussed training issues as well as ethical questions. PIfE came to the conclusion that the Instituut voor Psychodrama applies the highest standard regarding training and ethical attitude and we appreciate the spirit in which the institute is directed.

We are looking forward to new common projects and hope to cooperate once they are FEPTO members.

With kind regards

Hilde Gött
President of PIfE
INSTITUTE FOR PSYCHODRAMA PRACTICES “CHIRON”

Institute of psychodrama and individual and group psychotherapy
Bernahard Ahterberg

RECOMMENDATION

Institute of Psychodrama Practice – “Hiron” is a member of The Bulgarian Psychodrama and Group Therapy Association (BPGTA). The institute was founded in 2009.

Dr Svetlana Nikolkova is the chairwoman. Members of the Board: Angela Hristoforova, Milena Mutafchieva, George Dobrinov, Katerina Ilieva, all of them psychodrama trainers and therapists. Other members of the institute include Plama Hristova – psychodrama therapist; Veselin Somlev – psychodrama assistant; Valentina Peteva – psychodrama assistant.

The team that found and currently works in the Institute of Psychodrama Practice – “Hiron” are known as ethical colleagues, who acknowledge and adhere to the standards of the Bulgarian Psychodrama and Group Therapy Association and the ethical codex of the Bulgarian Association of Psychotherapy.

Three of the members of the board have been under training with George Antonov – in their psychodrama assistant level and Dr Svetlana Nikolkova – until their qualification as psychodrama therapists.

All of them work as psychodrama therapists and trainers, and have established positions in the psychodramatic movement in Bulgaria.

Dr Svetlana Nikolkova is one of the first psychodrama therapists and trainers in Bulgaria. She also is a founder of the Bulgarian Psychodrama and Group Therapy Association. As of the present moment George Dobrinov and Milena Mutafchieva are members of the board of BPGTA.

We are familiar with the program and standards of Institute of Psychodrama Practice – “Hiron” and we accept them. They are based according to the principles, ethics and standards of psychodrama and meet all requirements.

We have been working in partnership during all sorts of psychodramatic forums, both as individual trainers and as institutions.

In 2009 there was the Second National Conference of Psychodrama “Psychodrama meets psychodrama”, in which all of the training institutions in Bulgaria took part.

George Antonov

Dimo Stanchev

Date: 22.09.2011r.
RECOMMENDATION LETTER

To the Chair of the Membership Committee of FEPTO: Eduardo Verdu

I am very pleased to recommend the Institute for Psychodrama Practices “CHIRON” for admission as a member of FEPTO.

Institute “Chiron” was established in 2009 and included four psychodrama trainers: Dr. Svetlana Nikolkova, Milena Mutafchieva, Anzhela Hristoforova and Georgi Dobrinov. Until the establishment of Institute “Chiron” all four trainers used to work as therapists and psychodrama directors being part of the Bulgarian Society for Psychodrama and Group Therapy, the accrediting organization for Bulgaria. Nowadays, Milena Mutafchieva and Georgi Dobrinov are Board members of the Bulgarian Society for Psychodrama and Group Therapy.

I know Dr. Svetlana Nikolkova, the chairman of Institute “Chiron”, from the time of her education in psychodrama. During these years we had a good cooperation together as Board members of the Bulgarian Society for Psychodrama and Group Therapy, also as members of the Standard’s Committee. We also participated in the establishment of the Bulgarian Psychotherapy Association.

In 2009 Institute “Chiron” presented their institution and their standards of education on the second national conference of Bulgarian Psychodrama and Group Therapy Society. The qualitative and the quantitative standards of Institute “Chiron” fulfill the Minimal Training Standards of FEPTO for sure.

In 2010 and 2011 I participated twice as a member of the Examination Committee of trainees of Institute “Chiron”. The trainees had to fulfill the requirements for the psychodrama assistant level. I think that all of them showed abilities and knowledge to satisfy the criteria for this level of psychodrama education.

In summary, I think that Institute “Chiron” is a training organization that could be accepted as a member of FEPTO because it fulfills all professional standards of psychodrama education; all members of the institute have high qualification in the field and follow all ethic and training codes of FEPTO.

Sincerely,

Dr. Evgeni Genchev,
(evgen4ev@gmail.com)
Psychiatrist, Psychodrama Director, Psychodrama Trainer
Co-chairman of foundation “Psychotherapy 2000”
Member of FEPTO
In support to the application of the Red House Centre for Culture and Debate (Gulliver Clearing House Foundation) for membership in FEPTO

I have made myself familiar with the training programme of the Red House explained in their application for FEPTO membership. Apart from that I have been in a close contact with one of the main trainers of that institute since the time of his training in psychodrama.

I have had a good chance getting to observe and know the social life in Bulgaria in the time of the very first steps of psychodrama training and the early developments of the emerging then psychotherapeutic milieu. In the late 80s and first half of 90s of the XXth century Gabrielle Wiessmann-Brun from Switzerland and I were leading one of the first psychodrama training groups for local participants in Sofia. It made me know the pioneers in the field of psychodrama and psychotherapy in Bulgaria.

Reading now the presented by the Red House programme I am remarkably impressed and pleased by the professionalism, maturity and the developments this new institute can show, already more than two decades after the beginning I was involved in.

The presented overall concept of the institute about training in psychodrama is a well thought, modern in understanding and relating to other disciplines, strong in nature and balanced combination of practice, theoretical knowledge, and social engagement. Such a concept guarantees future and sustainability.

What also makes this new institute and its programme impressive to undoubtedly support is the apparently unique combination between a well structured canonical training programme in psychodrama and the affiliation and involvement of an academic structure through the development of a full-time MA programme in Artistic Psycho-social Practices – all those placed in a nourishing environment of a vivid public socio-cultural institution like the Red House. Another thing to mention here is that the institute relates the training of professionals in psychodrama to the psychotherapeutic practice and social interventions in the life of various communities.

In addition the Red House seems to be one of the best examples of the democratic and political changes in the public life of Bulgaria after 1989. I believe that having psychodrama locus in such a domain is one of the most progressive and promising ways of its development and good future.

I have the pleasure to strongly recommend and stay behind the candidature of the Red House Centre for Culture and Debate to become FEPTO member. I believe that apart from supporting directly the development of the next generation of psychodrama training institutes in Bulgaria and thus in Europe, accepting this particular institute, we will definitely contribute to a new understanding and reading of psychodrama and once more to the furthering of the democratic society and processes in Bulgaria.

Sincerely yours,

Göran Högberg, M.D., PhD
Board member of SISU

Dear Mr. Verdú,
Dear members of the FEPTO Membership Committee,

The following is issued on behalf of the Bulgarian Society for Psychodrama and Group Therapy in support of The Red House Centre for Culture and Debate’s application for FEPTO membership as a recognized Psychodrama Training Institute.

The Bulgarian Society for Psychodrama and Group Therapy (BSPGT) www.psychodrama-bg.org is the professional association of Bulgarian psychodramatists. It unites practitioners with various professional backgrounds (psychology, psychiatry, psychotherapy, social activities, education, professional
and organizational development, various arts), practicing the methods of psychodrama, sociometry and group therapy within their professional competencies. The BSPGT is member of FEPTO in the capacity of accrediting organization for Bulgaria and thus guarantees the quality and the validity of psychodrama training in accordance to the European and other international standards in this filed.

We have known the new applying institute for FEPTO membership (The Red House Centre for Culture and Debate (RH) and its main trainers for quite a long time now and for good reasons as well. The RH is an independent socio-cultural centre in Sofia - an internationally known and cultural institution – respected for its mission, activities and achievements. Having a public venue in the very centre of the city the RH plays a significant role in the social and cultural life of our society. The RH initiates and organizes about 50 public events per month in the field of arts and culture, education and social activities, political and social debates. Among its programmes in this letter we would like to make an accent upon the social and educational ones.

What makes the RH special and unique to our understanding is that, on the one hand, its activities are interdisciplinary by nature, accessible, involving in practice and promoting group ideas to wide audience and especially young people. On the other hand, in all its activities and initiatives, there is a very good proportion between practice, knowledge, scientific approach, social engagement and publicity.

For more than the last 12 years now the RH deals with the development, popularization and application of psychodrama, sociometry and group therapy in various social contexts. Among those – individual and group therapy, psychotherapeutic training, academic education, supervision of the clinical practice, research work and application of psychodrama in larger social context. The RH social and educational programmes stimulate psychodramatic thinking in therapeutic and social practice thus searching for a common ground with other disciplines, scientific fields and approaches in psychotherapy, psychological counseling, education, etc.

The RH social programme combines psychodrama and other expressive methods with practices coming from the arts applying those in work with some of the most vulnerable groups of the society. The RH has a long history of working with groups of homeless people, elderly people, children deprived from parental care living in social institution, young prostitutes, etc. There are two main areas in the RH educational programme to be mentioned in this letter - the training in psychodrama, sociometry and group therapy and the MA programme in Artistic Psycho-social Practices that was established in 2002 as a joint programme with the New Bulgarian University - one of the leading universities in Sofia. Psychodrama training is organized in monthly and weekly groups. It follows strictly the standards of both FEPTO and BSPGT, respects and accepts their ethical codes. The MA programme provides theoretical basics of the psychodrama training and is the only programme in Bulgaria serving that purpose on the academic level.

Though its public activities - specialized book launches, public workshops for wide audience, public lectures, etc. - the RH contributes to the development of psychodrama, group ideas and processes making them known by and useful to wider audiences and social levels.

Having all said I have the pleasure to highly recommend The Red House Centre for Culture and Debate for membership in FEPTO. I believe the programmes and practice developed by the centre so far as well as the expertise of the trainers are more than sufficient guarantee for high-quality training and will doubtlessly contribute to the diversity and the positive image of our field.

Respectfully yours,
Malen Malenov, President of Bulgarian Society for Psychodrama & Group Therapy
Psychodrama-Institut für Europa e.V.
PIfE

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Chair of the FEPTO Membership Committee
Eduardo Verdú / Moreno Institutet
Henrik Ibsensgt. 60C
N-0255 Oslo

NORWAY

Berlin, November 10, 2011

Letter of Reference
concerning Membership of the Lithuanian Psychodrama Association

Dear Eduardo, dear colleagues,

the PIfE board suggests the affiliation of the Lithuanian Psychodrama Association situated at Studentų g. 39, LT-08106 Vilnius
info@psychodrama.lt
www.psychodrama.lt

to FEPTO.

The president of the Lithuanian Psychodrama Association is Daiva Rudokaitė.

The Lithuanian Psychodrama Association was founded in 1999. In 2002 it became an institutional member of the European Psychodrama Institute PIfE. The first colloquium 2004 and the second colloquium 2011 were managed by PIfE trainers. So far, all trainees have been supervised by PIfE. In February 2012 the first group will finish the basic level of training in the responsibility of the Lithuanian Psychodrama Association.

In 2009 it organized an international conference “Beribiai matmenys” (Boundless Dimensions) in Vilnius. In 2004 and 2010 it organized the Baltic Moreno Days in Klaipeda. The Lithuanian Psychodrama Association has earned a very honorable reputation. Their team proved to be competent and showed a good psychodramatic attitude. We appreciate their activities in Psychodrama training very much and we wish their affiliation.

Warmly,

[Signature]

Hilde Gött
FEPTO Membership Committee,
Eduardo Verdú, chair

I have met for the first time our Lithuanian colleagues in 2003, during Life is a Stage, the Psychodrama Institut für Europa International Conference in Cluj-Napoca, Romania.

We have ever since cooperated inside PIfE, both Lithuanian Psychodrama Association (LPdD) and “J.L. Moreno” Psychodrama Society (SPJLM) being national sections of the Institute.

In 2009 we made a role exchange and this time I was a guest at Boundless Dimensions. The conference was organized in a most professional way, being an excellent opportunity for colleagues all over Europe to meet and work together on the common stage of psychodrama, promoting the work, ideas and philosophy of Jacob Levy Moreno.

I was impressed by the quality of the workshops presented by the Lithuanian psychodramatists as well as the presence and contribution of the LPdD trainers and trainees in all the other activities of the event.

The trainers of the first generation of LPdD psychodramatists were well known and respected professionals, like Friedel Geisler, Norbert Busse-Heise and Doris Immich as well as the two supervisors: Gyula Goda and Inara Erdmanis. President Daiva Rudokaitė and Vice-president Rima Kratavičienė are both highly educated practitioners, with an ethical attitude, involved in teaching, promoting and developing psychodrama in their country.

Training hours are inside the FEPTO MTS and the training standards are of the highest quality. Trainees have the chance to develop their own style meeting important psychodramatists in a very well structured international program.

The association has not only a pioneer role in the Baltic countries, but organizing the 3rd Moreno Baltic days Awakening and the 6th Moreno Baltic days Return and Discover is also a main presence in the area and can be a bridge linking the Estonian and Latvian psychodrama communities to FEPTO.

Therefore I strongly recommend Lithuanian Psychodrama Association to be accepted as an organizational member of FEPTO, helping them to maintain their high standards and enriching FEPTO with new energy and ideas.

Cluj-Napoca
10th of March 2012

Horatiu Nil Albini, MD
SPJLM, IAGP

TALLINN PSYCHODRAMA INSTITUTE

Dear Friends,

It is my honour to recommend the MORENO CENTRE, TALLINN PSYCHODRAMA INSTITUTE (MORENO KESKUS, TALLINNA PSUHODRAAMA KOOL) from Estonia to be accepted to FEPTO as a new member.

The Moreno Centre, Tallinn Psychodrama Institute was founded by a group of five people from Tallinn psychodrama training group in the year 1998 with the aim to develop and spread the group method and psychodrama theory and practice in Estonia.
I know the main trainers of this Institute: Sirkku Aitolehti, Pille Isat, Aivar Simmermann, and Kiira Jarv for the last 10 years and I am very impressed by the highly professional, ethical and quality psychodrama training and teaching this Institute is doing. This institute is one of the founders of the Estonian Psychotherapy Association. I hope that this Institute application to become a new member will be accepted by FEPTO. This recommendation is written on behalf of Isis Israel-Psychodrama and Intermodal Expressive Therapy Center.

With best warm wishes,

Yaacov Naor,
MA CAGS TEP
Director of Isis Israel-

To the members of FEPTO

Letter of recommendation for Tallinn Psychodrama Institute

As the director of the Norwegian Moreno Institute, it is my pleasure to recommend Tallinn Psychodrama Institute as a member of FEPTO.

I have known the institute, since it was founded in 1998, both through the international stage as well as through collaboration in the Nordic Board of Examiners in psychodrama, sociometry and group psychotherapy. It has a highly professional foundation and good reputation in the Nordic and Baltic countries. The Tallinn Psychodrama Institute meets the minimal training standards of FEPTO and holds a strong professional integrity.

I have known their founders and main trainers for many years as solid, creative and very professional psychodramatists. Their ethical and professional standards would be an important contribution to the richness and professional standing of our organization. The institute has created an impressive stage for psychodrama in Estonia. I therefore ask the General Assembly to vote for Tallinn Psychodrama Institute to become a new member of FEPTO.

Oslo, May 20th, 2012

Respectfully yours,
Eduardo Verdú, Director
The Norwegian Moreno Institute