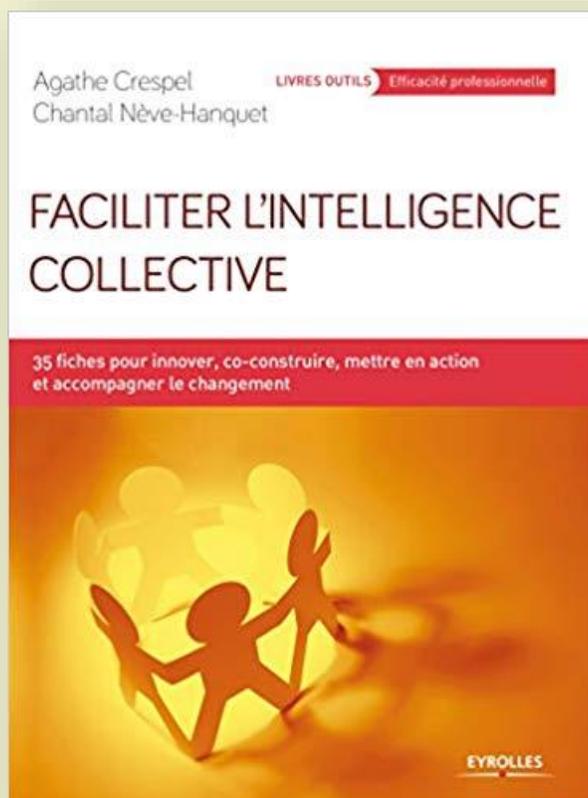


## PROFESSIONAL READINGS

**NEW BOOK IN FRENCH**  
English edition publishing soon

### FACILITATING GROUPS WITH ACTION METHODS:

#### A GUIDE FOR TRAINERS, CONSULTANTS, COACHES, SUPERVISERS AND LEADERS



#### **Authors:**

**Chantal Nève Hanquet** and **Agathe Crespel**  
(Belgium)

The approach proposed in this book, developed by the authors from the experience of Chantal Nève Hanquet, has its roots in three principal sources of reference:

- the work of Jacob Levy Moreno
- inspiration provided by the writings of Carl Gustav Jung
- the Systemic Approach.

Because they provide a means of enabling groups to consider a single situation from a different angle, action methods from JL Moreno can be a way of accessing new ideas, resources, and solutions.

The 260-page book; with the title *Faciliter l'intelligence collective*, originally written in French and published in april 2018 (English edition publishing soon), offer guidance for the use of action methods that are designed to

regulate group dynamics, project development, creativity, and so forth for a wide range of practitioners – trainers, consultants, supervisors, facilitators, coaches, academics, teachers, managers, coordinators, presenters, politicians, mediators, or any kind of facilitators.

The book is divided into 4 parts:

Part 1 of the book presents Nine Inner Attitudes that will fuel and nourish open and flexible forms of communication within groups. It is important for facilitators – whether director, team leader, academic, trainer, or coach – to pay attention to and continue to work on their own inner attitudes. For a group to function fruitfully qua group requires an emotionally and physically inviting facilitator.

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Part 2 of the book offers Seven Key Questions to stimulate Collective Intelligence. Though it may be difficult to pinpoint precisely what it is that makes a group come alive, there are a number of key issues that it is essential to address:

Key 1: How to work with the here and now?

Key 2: How to create a safe frame and content?

Key 3: How to stimulate cohesion?

Key 4: How to strengthen a sense of personal competence?

Key 5: How to take account of what remains unspoken?

Key 6: How can we encourage people to see the same situation from different angles?

Key 7: How to remain on a searching path?

Part 3 of the book presents Five Action Techniques drawn from psychodrama for broadening the field of possibilities: Doubling, the Empty Chair, the Empathy Circle (created by Chantal Neve Hanquet), Revealing Chairs and Analogical Detours.

Six guidelines, inspired by the work of Moreno and enriched by a Jungian and systemic analysis approaches, provide a source of inspiration for facilitating the experience of 'holding', or the ability of the facilitator to 'carry a group' and ensure that its work is performed in a safe setting.

Part 4 of the book: 35 Tools for use in group facilitation

All the tools presented in this section link up with the Inner Attitudes, Keys to Stimulate Collective Intelligence and Action Techniques described and illustrated in the three earlier parts of the book. Here they are presented in alphabetical order, each on a separate page, and identified by specific titles such as Attitude, Empathy Circle, Cohesion, and so on. Each description contains similar sections covering 'goals', 'guidelines' and 'putting it into words', the latter offering suggestions as to how a facilitator might introduce a topic to a group. The index and the glossary provide additional navigational tools for readers, enabling individual facilitators to extend their practice in accordance with personal background and interests, style and signature.

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