

EDITORIAL

Dear Colleagues and Members of the FEPTO Community,

We hope that all of you, your beloved ones and the members of your institutes and associations are safe, well and healthy. The year 2020 is ending in a few weeks. It was a difficult year for all of us on a European and global scale, for our countries and societies. The Covid-19 pandemic took, and is still unfortunately taking, a very high toll on human lives and has forced us to drastically and radically change our daily lives, our professional practices, and all forms of human interaction. We are all going through an unprecedented and unpredictable experience for which none of us was ready. Fortunately, the measures taken by all European countries and the discoveries of vaccines against the Coronavirus has shed some new optimistic light on the dire circumstances we are experiencing and has begun to instil hope that we will soon return to our lives as we knew them!

As psychodramatists, how can we contribute to overcoming the adversity and the repercussions of the virus's outbreak? The founder of the method we all serve, J. L. Moreno, believed that psychodrama is a treatment modality for relationships, not solely individuals. Seen from this lens, psychodrama and sociodrama can enable individuals, groups, families and societies to process the experience of the pandemic, work through its consequences and above all learn and create new roles and reactions to cope more effectively with it. This is, we believe, our main task as active members of the European family and mankind!

Having said that, the FEPTO Council has worked towards this goal during the past year. As you already know, during the past months we tried to maintain the well-functioning operation by transitioning its activities online, via the use of the Zoom platform. We also attempted to provide support to all colleagues and we will continue, in every way that we can. Although 2020 was a very challenging year for all of us, we overcame the obstacles, and we continue!

Finally, we hope that the measures taken by our countries will be alleviated soon and we will be able to meet in person and continue our work towards the development of psychodrama and our Federation. We would like to wish you all a healthy and safe new year for you and your beloved ones, with lots of love, happiness and success in all your endeavours!

With our warmest wishes and hugs,

Nikos Takis and Chantal Neve Hanquet

President and Vice President

