

GENERAL ASSEMBLY

Minimal training standards (MTS) for research



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**Proposal to vote on at the forthcoming
FEPTO General Assembly**

Introduction

In the small group on research at the Annual Meeting in Tallinn we started from the work achieved last year in Pravetz. This time, colleagues from the small group on Training joined us on the second day.

The main objective was to improve the functioning of research within our network. Different topics were addressed, like how to improve research training in psychodrama (for trainers and trainees), how to integrate research in the psychodrama training curriculum, how to support publishing and presenting psychodrama research in order to enhance the presence of psychodrama research in the scientific community.

It was agreed upon that some basic knowledge, skills and practice in research have to be implemented in the curricula of our psychodrama training. The following training standards were proposed:

- reading and writing academic papers
- basic knowledge in research design/ getting a good research question
- getting to know basic mixed methods approach/ quantitative and qualitative tools for psychotherapy/ learning processes
- interviews and thematic analyses/ questionnaires for assessing the learning process
- interpreting data/ drawing conclusions
- searching/getting access to research literature
- ethics in research

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Research topics should be included in the curriculum from the very beginning of training, like getting to know tools for collecting and analyzing data. The curriculum should include specific hours of research training as part of minimal training standards. Participating in research projects should be supported as much as possible (see report of the small group on research from Pravetz 2018).

In Tallinn we continued our work by sharing the need of research for keeping or getting recognition of psychodrama by the public and social and health services. Furthermore, we shared the different practices and standards regarding the inclusion of research in training in different countries and training institutions.

After an intensive sharing and discussion, we agreed to propose the following MTS for research to the forthcoming FEPTO General Assembly in Ohrid to be voted on.

Minimal Training Standards (MTS) for the integration of research in training

(1) Curriculum: min. of 20 hours for research in psychodrama

Learning outcome:

- to know, apply, analyse, discuss and criticise... qualitative/ quantitative evaluation/ research methods;
- to be able to write an evaluation/ research proposal and a to write a dissertation/ essay as part of the training

(2) Dissertation/ essay: min of 15000 words/30-40 pages

- practice-oriented evaluation/ research based on theory, description of practice and on empirical data