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OCTOBER 2019
Dear colleagues and members of the FEPTO Community,

We welcome you to the first Newsletter after our last Annual Meeting in Tallinn, Estonia, an event with significant success for our organization. We would like to start by thanking the Local Organizing Committee for the excellent and hard work they put into the planning and preparation of both the 14th Conference and the 27th Annual Meeting, hosted in a beautiful venue, the Teacher’s house, in the historical centre of Tallinn! More specifically, we express our gratitude to Reijo Kauppila, Chair of the LOC, from the Helsinki Psychodrama Institute, Pille Isat and Aivar Simmerman from the Tallinn Psychodrama Institute, Endel Hango from Tartu Psychodrama Institute, and all their associates who volunteered for the successful outcome of the events. Your hospitality, your responsiveness and omnipresence made us all feel very welcome and well taken care of!

In the context of the 27th Annual Meeting, a new Council has been elected. The innovation is that, as it was proposed by the previous council and approved by the General Assembly, the number of the Council members decreased from ten (10) to eight (8). In the previous newsletter you can find more information about the rationale of this proposal.

We would like to congratulate the members of the new FEPTO Council for their election, especially the two colleagues who were voted in for the first time, Mirjiana Stojanovska from North Macedonia and Giorgos Chaniotis from Greece, and wish them all a productive and joyful term in their roles as representatives of the FEPTO Community. As representatives of the new FEPTO Council, we would like to thank you very much for the trust you showed us.

We are also deeply grateful to the members of the previous FEPTO Council who have contributed in the proper function of our Organization the past two years, Ana Cruz from Portugal, the past Secretary, Kerstin Jurdell from Sweden, who has served as Chair of the Membership and Annual Meeting Committee, Reijo Kauppila, the former Chair of the Training Committee and Fred Dorn, past Chair of Network and Development Committee. Thank you, Ana, Kerstin, Reijo and Fred,! We will continue learning and profiting by your
expertise and great experience in Psychodrama!

During the 14th FEPTO Conference, titled: “Mindful Action for Development - Learning of Individuals and Groups”, we had the chance to attend interesting lectures and workshops and come in contact with the innovative methods and work of the Estonian and Finnish Psychodrama Community. In the 27th Annual Meeting, titled: “From Creativity to Functionality Prosperous: Members in a Flourishing Organization”, there was a two-fold orientation. Some activities were geared towards the actualisation of various aspects of the function of FEPTO, like for example the Constitution changing or the Ethics small groups and some others aimed at the development of new areas, like the Psychodrama with Children and Sociodrama small groups. The content of this Annual Meeting ensued from proposals from the members and the Council, in this way ensuring that all initiatives are provided the space to be expressed and developed in the context of the Annual Meeting. At the same time, the process of actualizing and improving the function of our Organization that started last year in Pravets, Bulgaria is progressing. The projects of launching an International Psychodrama Journal and also the creation of a database with theoretical resources on Psychodrama are also developing. Overall, both events were remarkably successful and depicted the high level of engagement and interest of the FEPTO members to the “flourishment and the prosperity” of our Federation, in accordance to the title of the 27th Annual Meeting!

Our vision and aspiration, as members of the Council of this highly significant organization, will be to work with all our powers and abilities toward its further development, safeguard its proper functioning and enhance all the new ideas, projects and plans that can contribute to this goal.

We would like to thank you for the trust and the support you have shown us by placing us with your votes in the Council of our Organization. Your votes also illustrate your trust to us. We understand that you wish the continuation of the council’s work in the spirit of co-construction within FEPTO. Your support is indispensable to us!

We remain at your disposal for every issue, concern or idea that you would like to discuss or address to us. We hope to see you all next year, in our next Annual Meeting, in Ohrid!

Nikos Takis  
President  

president@fepto.com

Chantal Neve Hanquet  
Vice President

vicepresident@fepto.com
As mentioned in the Editorial, it was decided that the new Council will consist of eight members and not 10, as it used to be up until 2017. In the list that follows you can see the members of the new FEPTO Council, as it ensued form the ballot of the 21st of May, in Tallinn, Estonia, as well as the number of votes each one received:

Total Number of votes: 85. (1 vote was not valid)

Nikos Takis 77
Chantal Neve Hanquet 73
Johannes (Hannes) Krall 69
Judith Teszáry 65
Katerina (Ina) Ilieva 64
Krzysztof Ciepliński 59
Mirjiana (Mimi) Stojanovska 59
Giorgos Chaniotis 58

At this point, we would like to thank the two colleagues and former Council members who were also candidates, Fred Dorn from Germany and Kerstin Jurdell from Sweden. We are also thankful to Dana Dragoteanu, from Romania, for being an excellent facilitator of the General Assembly and the voting process. Thanks are also due to Zoli Figusch from U.K. and Agnes Dudler from Germany, who volunteered to count the votes.

The distribution of roles did not require a lot of time and discussion amongst the newly voted members. Thus, we reached the following final composition quite easily:
A few words about us

Dr. Nikolaos Takis
President

Nikos Takis lives and works in Athens. He is Assistant Professor of Clinical Psychology at the American College of Greece and Director of the Counseling Center of the institution. He has worked for 15 years with adolescent and young adults drug users, in the Psychiatric Hospital of Athens.

He completed his training in Psychodrama in 2005, in the context of the Greek Psychodrama Society. He was further trained by “Psychodrama Forum Berlin”. He is certified as a trainer since 2010. He also works in private practice since 2000 and runs psychodrama self-awareness and psychotherapeutic groups since 2003, as well as psychoanalytically oriented individual psychotherapy. He founded the institute of Psychodrama “ENDOHORA” (it is a Greek word, means mainland, and metaphorically inner world), and runs training groups since 2010. “Endohora” is a member of FEPTO since 2013.

He is also a certified psychotherapist of Transference Focused Psychotherapy, an approach invented by Otto Kernberg, psychoanalyst of groups (certified by S.F.P.P.G., the French Society of Psychoanalytic Group Psychotherapy), and a candidate psychoanalyst in the Hellenic Psychoanalytical Society.

He was the President the former FEPTO council. Before this position, he served as the Chair of the Annual Meeting Committee.

His vision as a President of FEPTO was and remains to enhance the communication amongst its members, to promote the communication between Psychodrama and other modalities, to develop and facilitate the writing and publishing activity of the members of our community. His dream is to contribute in the consolidation of the epistemological aspect of the method of Psychodrama. He is also geared towards the updating and actualization of the FEPTO procedures, constitution and function, as well as the expansion of the Federation and the involvement of institutes from other European and Mediterranean countries.
The New FEPTO council

Tallinn 2019

Executive Council:
President: Nikolaos Takis,
niktakis@gmail.com, president@fepto.com
Vice President/ Treasurer: Chantal Neve Hanquet,
hanquetchantal@gmail.com, vicepresident@fepto.com
Secretary, Ethics & Internal Affairs: Judith Teszáry,
jteszary@gmail.com, secretary@fepto.com, ethics@fepto.com

Committee Chairs:
Research Committee: Hannes Krall,
hannes.krall@aau.at,
Training Committee: Giorgos Chaniotis,
hagap@otenet.gr, training@fepto.com
Development & Network Committee: Krzysztof Ciepliński,
k.cieplin@gmail.com, development@fepto.com
Ethics & International Affairs Committee:,
Communication Committee: Katharina Ilieva (Ina),
katherinailieva@gmail.com, communication@fepto.com
Annual Meeting & Membership Committee: Mirjana (Mimi) Jovanovska Stojanovska,
mstojanovska2002@yahoo.com, membership@fepto.com

On the last day of the Annual Meeting, the ritual of the transition from the old to the new FEPTO council was performed, with the use of the beautiful orange scarf, symbolizing the responsibility and the honor of the role of the Council member. We want to express our appreciation to Jacomien Illbrink for the creative and resourceful facilitation of this process, part of the last day’s activities. Thank you Jacomien!

We strongly believe that this new form of the FEPTO Council, will increase the flexibility of the council and facilitate the communication and exchanges amongst its members. We remain at your disposal for any issue that you want to address. You may contact each one of us in the abovementioned e-mail addresses. Thank you all once again for your trust and support!
Chantal Nève Hanquet
Vice president

I am working for the board in co-construction with the president. I take care of the communication between members of the board, the way each person feels welcomed and supported. My intention for the board is to help the realization of its mission, with creativity, for the FEPTO of tomorrow.

As a treasurer I have a particular contact with each organization, and I take care of the fees to be paid, or to find some solution in case of financial difficulties.

I have created a French speaking group network, that meets once a year, and works on professional and personal questions using techniques from psychodrama, with the contribution of different styles of psychodrama.

During fifty years working with groups, I have significantly contributed to the spread of psychodrama. My book from this field, written in co-construction with Agathe Crespel, has just been published: Nève-Hanquet, C; Crespel, A. Facilitating collective Intelligence. A handbook for Trainers, Coaches, Consultants and Leaders. Routledge, 2019.

Judith Teszáry
Secretary general

I decided to serve one more period on the Council. One of the reasons is that I coordinate the Erasmus + PERFORMERS 2 project where FEPTO is a partner organisation aiming to create Minimal Training Standards in Sociodrama and contribute to an international book on sociodrama and wish to complete this task in cooperation with the project staff and the Training Committee. It fills me with joy that FEPTO is such an expansive organisation taking care of issues important for training development, networking, research, ethics in cooperation with other organisations, such as IAGP and EAP. Since the GA decided to reduce the council to 8 members, each of us has at least two areas to serve. I will keep the Ethics and the International Affairs, besides my new role as Secretary general. I am a member of the Transcultural Intervision in Psychodrama TIP group and of a special working group: Task Force for Peace building and Conflict Transformation. I had a key-note speech on Psychosomatic and Psychodrama at the 2nd IAGP International Research Congress, 14-17th June 2019 in Thessaloniki.

I hope that my experience and knowledge of this organisation will help me in this role. A big issue for me will be to find and collect the by-laws we had created during the years, check their relevance and create new ones in cooperation with the Council/Executive board.
International Affairs, report. I participated in a round table: Professional Ethics and Privacy, together with colleagues from Italy, Argentina, Turkey and Egypt to discuss ethical questions. We will go on in this group to discuss and develop thoughts, see our practice out of ethical point of view.

I chaired the Sociodrama symposium where we presented Erasmus+ PERFORMERS 2 project (Judith Teszáry); “Parallels between theory from Otto Scharmer and Sociodrama and Sociatry from J.L. Moreno” (Manuela Maciel); “Empowerment and resilience : Sociodrama: Creating spontaneity in traumatised communities” (Melinda Meyer); “The relationship between social matrix situation and the themes within the small and large groups and their relationship” (Monica Zuretti).

Moreover, I presented my work with Romani Women, at the symposium:” In the Face of Trauma and Disaster, what are group therapists doing today”. Chaired by Richard Beck and Maurizio Gasseau.

Johannes Krall
Research Committee Chair

I started my study of Psychology at the University of Graz. Later on, I moved to the University of Klagenfurt where I graduated in Educational Sciences and Psychology. In 1992 I began to work in educational sciences at the University of Klagenfurt. I participated in a course on Action Research at the University of Norwich, and for three months I was a visiting scholar at Stanford University. My dissertation focused on a social psychological project on right wing populism in Austria. Later on for my habilitation as a university professor, I worked on violence and trauma of children and young people. During my study of education and psychology at the University of Klagenfurt I got to know psychodrama in 1988-89. Psychodrama and a social psychoanalytical approach became important for my ethnographic studies on youth cultures and on political right wing movements. In 1991 I started my psychodrama training in Austria (ÖAGG).

As a psychotherapist I worked for several years in an institute for family counselling and psychotherapy and in a child protection centre. I am also trained in organisational counselling and supervision, and I am providing training courses for supervisors and coaches. Now I am working as a psychotherapist, counselor and supervisor in a private practice.

Since 2007 I am a psychodrama trainer at the University of Innsbruck. I am also a trainer for supervision, coaching and organizational counselling in the Austrian Society of Group dynamics and Group therapy (ÖAGG). From 2001 to 2015, I was a psychodrama trainer at the Austrian Society for Group therapy and Group dynamics (ÖAGG).

Participation in FEPTO: In 2007 I attended the Annual FEPTO Meeting in Alaçati/Turkey. One year later in
Glasgow I joined the Research Committee as a member. From 2011 to 2015 I was chair of FEPTO Research Committee. In 2015 I got the role as a president of FEPTO for two years. During this time, I was co-chairing the Research Committee.

With a collaborative effort we have organized two FEPTO RC Meetings per year in different European countries. Our main aim is to strengthen research capacity in our community and to foster a psychodrama research culture. In the past years I worked on projects like:

- Practitioner research in psychodrama
- Psychodrama effectiveness research
- TRAIN: Towards Research Applied in International Networks of Trainees
- Psychodrama with children
- Supervision in psychodrama training: study on outcome and helpful aspects

I am also very interested in research methodology, training the trainers and in transcultural work. Therefore, since 2011 I am participating in Transcultural Intervision in Psychodrama (TIP network group of FEPTO). Additionally, I am on a team of international trainers who in 2010 founded the “International Spring Academy: Psychodramatic studies in group work and social interaction” which takes place once a year.

In my role as Chair of the Research Committee I will do my best to serve our FEPTO community and to support further growth of quality in psychodrama training, practice and research.

Katerina Ilieva (Ina)
Communication Committee Chair

I was born in Sofia, a nice Bulgarian city, into a family of intelligent, honest and hardworking people. They did their best to open and broaden my interests in many areas of human knowledge, in arts and in to the world we live in.

I am a clinical psychologist, psychodrama therapist, Jungian analyst, former filmmaker and a fan of new technologies.

As a professional, for the last 10 years, I have been working in private practice— with individuals and groups. As a trainer, I work at the Institute of Psychodrama practices CHIRON and as President of the Bulgarian society for Analytical psychology, I am responsible for the Study program for Jungian therapists in my country.

As an amateur, I find pleasure doing things in printed design and different multimedia projects.

I decided to continue in the position of Communication committee Chair and thus to contribute to the community and the work of the council. I liked the teamwork in the previous composition of the council and I hope to be one of the persons to bring that spirit into the new council.
The New FEPTO council
Tallinn 2019

Krzysztof Mariusz CIEPLIŃSKI, PhD
Development & Network Committee Chair

Psychologist, integrative psychotherapist, and psychodrama therapist and trainer. Krzysztof is employed at the John Paul II Catholic University of Lublin (Poland) in the Department of Psychotherapy and Health Psychology as an Assistant Professor. He is a member of the Polish Psychodrama Association in the position of Research Committee Chair, member of the Polish Psychiatric Association and a member of the board for the Polish Association of Psychotherapy Integration. He is involved with individuals, pairs and groups. In October 2014 he co-organised a FEPTO Research Committee Meeting in Lublin. His current scientific interest is psychology of freedom, evidence-based practice in psychotherapy and the processes of change in psychodrama. He lives with his family in Lublin. Krzysztof is passionate about fishing, collecting coins, meeting people, and sharing ideas.

Mirjana Jovanovska Stojanovska
Annual Meeting & Membership Committee Chair

Mirjana has a Ph.D. in developmental and pedagogical psychology from South West University “Neofit Rilski” Blagoevgrad, Bulgaria. Her Master’s degree is in Clinical Psychology from the International Slavic University “Sv. Nikole, RN Macedonia.

Mirjana started studying psychology in Moscow, Russia and finished her studies in Skopje, at UKIM, Republic of North Macedonia.

She is an assistant professor at the Faculty of Psychology at MIT University in Skopje, where she teaches psychodrama as a Master’s Degree in Clinical Psychology. This is the first form of psychotherapy to be taught in North Macedonia as part of formal education.

Mirjana’s psychodrama training was completed in 2004 at Institute for Psychodrama Jacob Moreno – Skopje. She is a gestalt therapist member of EAGT, as well as a certified supervisor from Gestalt Center in London.

She is a supervisor at several Gestalt institutes.

Mirjana is an author of a number of papers published in international journals, in the fields of psychology, psychotherapy, psychodrama and gestalt. She has held numerous workshops at international congresses.
As of 2016, she is President of the Chamber of Psychology in the Republic of North Macedonia. Mirjana is an initiator and is actively participating in many domestic and foreign projects for raising awareness of the importance to enhance mental and emotional health, and fight with stigma towards mental health.

She is founder, main coach and a supervisor of the psychodrama school AMIGDALA (2006). Additionally, she is a founder of the cabinet for psychotherapy, counseling and psycho diagnosis – “Here and now” (2004), where she also holds her private practice. In her psychotherapeutic work, she is clinically oriented and her fields of work are: panic attacks, phobias, anxious-depressive syndrome, trauma, PTSD, anorexia and bulimia, working with LGBT population, couple therapy and family therapy.

Ever since the new contract with the Ministry of Health and the Clinic of Radiology and Oncology in the past year, she prepared a project and is actively involved in providing psychological help to patients with cancer.

Clinical Psychologist, specialized in Psychodrama-Sociodrama and Group Analysis (Small-Large Groups).

He holds a DESS in Clinical Psychology and Pathology from Paris VII University (1986) and DEA of Byzantine and Post-Byzantine History at Paris II University (1989).

He specializes in Paris in W. Reich Psychotherapy at the “École Reichienne de Paris”, in Mascototherapy at the “Institut de Mascotérapié”, in Phydodrama at CEFFRAP and attended “Vidéo and Group” seminars at Paris -Saint-Cloud. He has specialized in Group Analysis at the Greek Society for Group Analysis and Psychotherapy – HAGAP.

Working as a Psychologist / Psychotherapist / Psychodramatist since 1993, he is currently a Psychologist at the Social Service of the Municipality of Agios Dimitrios since 1996 of which he was a founding member and organized the “Helios” Prevention Center for drug addictions of the Municipalities of Agios Dimitrios and Nea Smyrni OKANA (Organization against drugs).

He was a therapist at the “Salamina Therapeutic Community” Navy Base, Navy Military Hospital and since 2015 at the Therapeutic Community “Kypseli” at HAGAP-EOAK, Neo Psichiko.

Scientific Member of HAGAP-EOAK since 1995, Director of Psychodrama and Sociodrama Zones, as well as trainer and supervisor since 2005.

He organized and held the Scientific Directorate of the 5th International Conference on Sociodrama in Kos
2015 and became a member of the International Committee of Advisors of the International Sociodrama Conference.

Since 2010 he has been the convener of the Large Group “Koinonia” at HAGAP-EOAK.

He has participated in International Conferences as a Psychodramatist and Group Analyst and represents HAGAP-EOAK in FEPTO.

Full Member of the Group Analytic Society in London (1998-2010) and Member of IAGP (2003-2009).

He is also a Founding Member of the “Society for the Study of Greek Hebraism”, of the “Albert Cohen Literary Workshop” in Paris and “Foundation Memory A. Cohen” in Corfu.

21st of May 2019,
Tallinn
MINUTES

Opening the General Assembly:
Nikos Takis and Krzysztof Ciepliński (President and Vice-President)

Appointment of 2 members to check the minutes
Stefan Flegelskamp & Jacomien Ilbrink volunteer to check the minutes

Establishment of the quorum (Chantal Nève-Hanquet)
83 votes, don’t make the 2/3 needed according the statutes

Appointment of vote counters
Zoli Figusch and Agnes Dudler volunteer to count the votes

Approval of the Agenda of the General Assembly
The agenda was approved

Approval of Pravetz General Assembly minutes
Pravetz minutes were approved

Report of the Executive Council
President report (Nikos Takis and Krzysztof Ciepliński)
As the end of our term as a FEPTO council is approaching, I have worked towards the completion of the issues that have been addressed in the last two years and the preparation of the 27th Annual Meeting and 14th Conference in Taliinn, Estonia.

We have collaborated with the other members of the Executive Council for the finalization of the agenda and the preparation of the General Assembly of 2019. Along with the Vice President Krzysztof Cieplinski we prepared the agenda of the last Council meeting, that took place right before the FEPTO Annual Meeting.

We have continued our collaboration with Fred Dorn, Frank Sielecki and Judith Teszary for the preparation of the AM small group on the Constitution changing process.

I have been honored by the Greek Vice President of IAGP Katherina Mela to be vice chair of the organizing committee of the 2nd IAGP research congress that will take place in Thessaloniki, between the 14th and 17th of June 2019. We have attained a significant discount in the registration fee of all FEPTO members who are interested in presenting their work in the above-mentioned congress.
Lastly, I would like to thank all the Council members for their friendship and support and all the FEPTO members for the trust and appreciation they have shown me in the role of the President.

**Vice-President Report**

Elaboration of the minutes from the Council meeting in Pravetz (in place of the absent secretary of FEPTO)

Visited Ohrid, Republic of North Macedonia in order to support Mirjana Jovanovska Stojanovska in the process of looking for a venue for the FEPTO Conference and AM 2020

Involvement in the process of re-establishing the FEPTO Awards Committee and ongoing exchange with their members: Jutta Fürst, Arsa Kayir and Stefan Flegelskamp

Participation in a Skype meeting regarding the organization of the FEPTO Conference in Tallinn (with the FEPTO board members and Reijo Kauppila), September, 2018

Participation at the Council meeting in Dave, November 2018, mostly dedicated to the organization of the 27th FEPTO Annual Meeting and FEPTO Conference in Tallinn

Co-authorship of the editorial and report from the PD Theory and Interconnection Pravetz small group published in the FN 18.2 as well as editorial of FN 18.2 and 19.1 (co-author Nikos Takis)

Involvement in announcements and organization of the poster’s session at the Tallinn AM (thanks for cooperation to Judith Teszary, Kerstin Jurdell and Reijo Kauppila)

Supported the further development of AM small group focused on the Psychodrama theory and interconnections to scientific discoveries and other disciplines in cooperation with Paola de Leonardis, Marco Greco, Roger Schaller and Nikos Takis (Skype and email exchanges, announcements in the FN; participation at the Padova RC Meeting).

Participation at the Board and Council meeting in Padova, March 2019.

Organization and submission of the FEPTO symposium entitled Current Research on Psychodrama Applications at the 2nd IAGP International Research Congress, 14-17th June 2019 in Thessaloniki

Submission of a workshop proposal focused on PD research, including sharing information about the actual FEPTO RC activity for the forthcoming PAFE Conference in Kraków, September 2019.

**Secretary & Internal Affairs (Ana Cruz)**

As Secretary, my main task was to minute the council and the executive meetings, to answer effectively and quickly all questions and requests from our members by email and to collaborate with Ina Ilieva in NL editing. In the task of Secretary, I must address a special thanks to Horatiu Nil Albini for always being so efficient and supportive.

As part of the executive council, I participated in the Padova meeting where we worked on the preparation of the AM and Conference in Tallinn and planned the GA Agenda.

In Padova, as part of the editorial board of the International Journal of Psychodrama and Action Methods, I participated in the board meeting, together with Hannes Krall and Kate Kirk, and we planned the next steps. A call for papers was published in the NL to which, personally, I hope all psychodramatist researchers respond enthusiastically helping us to move forward in accrediting Psychodrama.

I want to express my gratitude to all my colleagues on the council, for their commitment to FEPTO and for their fellowship in this task.
c. Treasurer report 2018 (Chantal Nève-Hanquet)

Only two institutes have not paid 2018, one was because of the death of Louis de Nikolas and the other one was a Spanish Institute SPTG. We have a balance between gains and losses.

Auditor’s report / approval of the revised accountancy

Jacomien Ilbrink de Visser and Irina Stefanescu approved the revised accountancy.

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|       | 23225,80%   | 23225,80% |
|       | 40546,46    | 40546,46 |

Discharge of Executive Council
The executive council was discharged
Reports of the Chairs of the Committees

Training Committee report (Reijo Kauppila)
To define the competencies of psychodrama trainee/practitioner working in therapy or psychotherapy – and to define specific competencies according to EAP.
- Started March 2016, 80% is done; continues till Dec 2019
To define the competencies of psychodrama trainee/practitioner working in other fields of application: education, organisations, social work, etc.
- Started March 2016, 90% is done; continues till Autumn 2019
To define competencies of psychodrama trainer.
- Started March 2018, work continues

Membership and Annual Meeting Committee report (Kerstin Jurdell)
There is one applicant for membership from SPA Moreno, Belgrade, /Serbian Psychodrama Association Moreno/ . I have read their application and helped them as guests in the AM 2018. There has not been any application for being a guest this year. I have communicated with two institutes regarding the beginning of the procedure on how to be qualify as a member of FEPTO. I have read the voices from the AM in Pravitz and presented them with help from Nikos in the NL.
The Annual meeting has been prepared by the LOC from Finland and Estonia. We have had one Skype meeting.
I have also had a Skype meeting with the board when the RCM meeting took place in Padua in February 2019.

Ethics & International Affairs Committee report (Judith Teszáry)
Members of the Committee: Arsaluys Kayir (Turkey), Luciano Moura (Portugal), Peter John Schouten (The Netherlands), Lillian Crevo (Norway), Dana Dragoteanu (Romania), Anjela Hristoforova (Bulgarian), Leandra Perotta, Maurizio Gasseau (Italy), Anja Bielanska (Poland), Agnes Dudler (Germany).
I have been in correspondence with the members of the Committee and requested to send in their code of ethics concerning the functioning of their training institutes and the code of conduct.
These institutes sent in their codes:
RAIP/Serbia codes for training and supervision
Helsinki Psychodrama Institute’s code about collaboration and other professional relations.
Trondheim Psychodrama institute
Made a reparation for the next small group work on ethics in Tallinn.

Development & Network Committee report (Fred Dorn)
I had three topics I had to deal with:
Registration of application for scholarships to attend the FEPTO conference and/or the Annual Meeting.
Establishing the FEPTO – Platform
Steering of the Process of Constitution Changing

One of the tasks of the Chair of Development is the organisation of scholarships, as they are regulated in the Scholarship Attribution Guidelines of FEPTO. They will have to be revised, since the wording “one scholarship per person is available for participants from countries such as Bulgaria, Croatia...” is not clear enough.

Concerning the payment of grants the Council has decided, that it is up to the LOC in charge to fix the amount of the Early Bird - Registration fee and the currency in which it has to be paid. According to that, the grant will be settled. There have still been questions about the organization, responsibility, terms of application and payment of the granted scholarships. So we shall have to discuss the experiences and to overwork the guidelines according to our experience and requirements.

The main task for me has been the establishing of the FEPTO-Platform, to make it a useful, practicable and a necessary tool for our communication – between the Council members and as a community. I must admit that by now it has been accepted rather hesitantly. Anyway, it will work the way it works, so I think it will take its time to be accepted and to become an obviously necessary instrument of communication in times of digitization on European scale.

I have made a first try in steering the process of Constitution Changing which worked rather successfully. In several meetings Frank Sielecki and I overworked the still existing constitution, prepared a new draft and put it on our platform. We invited our working group – consisting of Nikos, Judith and Chantal – to make their comments and put the newly overworked draft as well on our platform. The community was invited to look at it and to make their comments and proposals on their own. As expected, nothing, came, anyway, I wrote a circular to all members of our community – whose addresses I have – and got some encouraging answers. So I am not afraid that we will have enough members in our Small Group concerned with the topic Constitution Changing and that that will be a good opportunity to demonstrate how it is possible to work efficiently with the platform.

The access to our platform and to the topic Constitution Changing you find here:

https://fepto-networking.eu, user name, password: Documents in Progress.

Research Committee report (Johannes Krall)
The main focus of our RC work was on the following activities:

(1) FEPTO RC Meeting
   Leipzig/ Germany October 2018
   Padova/ Italy February/March 2019

(2) Journal on Psychodrama and Action Methods:
   Cfp for an edition on pd research (2020)
   International editions in the Journal of psychodrama and sociometry (ZPS) (2021-)
(3) Next steps in the RC...

The RC aims to...

- be a platform for exchange in pd-research
- initiate and conduct pd-research
- train the pd-trainers (& ourselves) in research
- integrate research in pd-training
- link pd research with research in related fields, e.g. counselling, psychotherapy, psychology, education
- support publishing of pd research
- present pd research at international conferences

**RC Meeting in Leipzig** “Research for a magic profession? Scientific reasoning in psychodrama training and practice”. In Leipzig, more than thirty people were present with some more guests on Friday during the presentation of the keynote speakers. We welcomed Prof. Dr. Bernhard Strauss (Universitätsklinikum Jena), who talked about “Current trends in (group) psychotherapy research” and we discussed questions and challenges we are facing in psychodrama research. Furthermore, our psychodrama colleague Dr. Reinhard T. Krüger from the Moreno-Institute Edenkoben/ Überlingen demonstrated and discussed the topic “Monodrama”. In addition, Prof. Dr. Konrad Schnabel from the International Psychoanalytic University Berlin presented a pilot study about “Psychodrama and wise interventions”. Apart from the keynote speakers, we heard about on-going research projects from our psychodrama colleagues. I want to express my thanks to the LOC – Katja Kolmorgen, Anett Richter-Nowak and Uwe Novak from the Surplus psychodrama training Institute in Leipzig for their excellent work in hosting our meeting.

**RC Meeting and Conference in Padova** “From Resilience to Wellbeing – Promoting Health through Psychodrama and Action Methods” was co-organized by the University of Padova and the FEPTO Research committee. In total, more than one hundred people participated in the conference, 46 FEPTO colleagues from 17 European and Mediterranean countries. Key note speakers came from the US, Israel, Greece and Italy. We are now finishing the report for the Padova meeting. The report will be sent out and uploaded on the website.

Many thanks for the invitation and the hard work to organize this conference go to Prof. Ines Testoni and Francesca Alemanno from the interdisciplinary Department of Philosophy, Sociology, Education and Applied Psychology (FISPPA) of the University of Padova.

The next **RC Meeting will take place at the Sigmund Freud University (SFU) in Vienna.** “Beyond Numbers and Words. Measuring and understanding Psychodrama”. LOC will consist of Susanne Schulze and Babsi Geml. A call for contributions and an invitation was sent to our colleagues and announced in the FEPTO Newsletter. Practitioners, trainers and trainees in psychodrama are invited to take part.

After Vienna our next RC meeting will take place in **Istanbul from 5-8 of March 2020.**

It is very encouraging to see that every year more researchers and practitioners in psychodrama are getting involved in research activities and by that contributing to a common research culture in our professional field. We will continue to promote research encounters and to provide support for research in psychodrama.

**IAGP Research conference in Thessaloniki**: two panels will be held by participants of the FEPTO RC

**International PD Journal (supplements of ZPS)**: One Journal edition on psychodrama research is planned for 2020. A call for papers was sent out and published in the Newsletter. A further issue of the Journal is planned for 2021 on psychodrama practice, training and research.
Communication Committee/ Newsletter and Website report (Katherina Ilieva)

**FEPTO NEWS / the newsletter of FEPTO**
- 6 editions of the Newsletter
- Informative, interactive, functional
- New interactive layout - navigation panel

**FEPTO Web site**
- Regular update
- FEPTO Directory
- Archive
- New regulation

Presentation of the Budget 2019

<table>
<thead>
<tr>
<th>FEPTO</th>
<th>BUDGET 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Incomes</strong></td>
<td>Euros</td>
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<tr>
<td>Memberships fees</td>
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<td>Training Organisations</td>
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<tr>
<td>Accrediting Organisations</td>
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<tr>
<td><strong>Expenses</strong></td>
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<td>20350</td>
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Council related proposals, discussion and voting:
Council members shall be elected for a three (3) years’ term.
Decrease the number of the Council members from ten (10) to eight (8) persons:
- voting for 7 members in the council: 11 yes;
- voting for 8 members in the council: 69 yes

Remuneration of part of the AM registration fees for the council members:
- President and vice-president will continue receiving 600 each per year and
- It will be added up to 300 euros for each council member for covering AM expenses (excluding president and vice-president).
Voting: yes 75; abstention 3; No 0

Discussion and Approval of the Budget 2019
Voting: yes 81, no 0, abstention 3

Update on the constitution changing by Fred Dorn
Necessity of Constitution Changing and Actualization
The foundation of FEPTO leads back to the year 1992 – initially named ISCOPE, later on ESCOPE (European Study and Co-ordination of Psychodrama-Education) and, finally in 1996, FEPTO in Belgium as an international non-profit organization according to Belgian law. The then agreed and adopted Constitution concedes that “a number of terms contained in it may, in the future, require more precise definition” (Preamble). Now, more than 25 years later, considering the history and changings in European society since then and the growth of FEPTO as well (about 60 member-institutions out of 27 countries) it is really necessary not only to find “more precise definition” of terms, but also to redefine and to define the global aims, purpose and concrete goals. Further more, the usability and practicability of the constitution have to be reconsidered and adapted to the actual needs, thus to enable our organization to be an active and respected partner on European stage contributing to the welfare of European society by the development of Psychodrama in training, research and practice.

Global aims
The preamble of a constitution has to render account of the global aims to which the organization with all its members and activities is committed to. It thus describes the political and social position of the organization, the way it wants to participate in political and social life and to contribute to the wellbeing and well functioning of society. The suggested new wording of the Preamble is a try to express this need.

Purposes
Concerning the geographical and hence the political sphere and limitations of acting have to be clearly defined – this has been tried. Maybe more stress should be placed on the development of psychodrama-practice.

Usability and Practicability
There is a difference between usability and practicability.
Usability means how to make use of the constitution as a tool, thus to define

- The location of the association
- The relationship between members and institutional bodies (GA, Council)
- Decision Making in accordance with democratic rules
- The term of office of the Council
- Number of Council members and their responsibilities
- Regulation of voting procedures
- Responsibility for the organization in total.

According to this, the following topics have to be dealt with and decided in the constitution, to make it slim and supple, easily to be handled:

- **Art. 3 Membership:** The membership issue is a very sensitive question that should be changed in accordance to actual needs and the development of the organization. Hence we propose to regulate the items of Art. 3.1 – 4 in the by-laws.
- **Art. 5 Council:** The term and the number of Council members are crucial for the well functioning of the Council. There are different opinions regarding how long the term of the Council should last and of how many members the Council should least consist of.

The proposed regulation allows flexibility but of course it has to be discussed and decided.

- **Art. 9 Voting:** This article touches the sensitive difference between individual members (especially founding members) and institutional members. A clear regulation will have to be found in the by-laws as we suggest.
- **Art. 11 Subscriptions:** Additionally to the regulation foreseen by the Constitution we suggest, that the annual fee’s arrangement should be fixed in the by-laws.

On the other hand practicability concerns all issues that should not be regulated in the constitution, but in by-laws, thus to enable the GA as well as the Council to adapt their activities to actual needs to be decided upon easily by the GA or the Council without touching and changing the Constitution – which in such cases requires a qualified majority of 2/3 of its members (Art. 10).

These practical issues concern:

- Financial affairs: fixing and changing of membership fees, budgeting, regulation of scholarships etc.
- Rules of procedure for the Council and the GA
- Defining and adapting the conditions of institutional and personal membership within FEPTO
- The organization and developing of networking – enjoying the possibilities digitization offers
- The conditions of application for financial support of projects in the name of or with the support of FEPTO, clearly defined and budgeted by the responsible organizers.

Obviously and consequently, we put many regulations to be met into the by-laws: Art. 3, 5,7,9,11. Hence we shall have to work in two steps:

- Work on the constitution
The changing and the adaption of the constitution to actual needs has to be a democratic process initiated by the Council at the GA, filled with life by the members and put into effect by the GA after a procedure of discussion and acceptance. The organization of this procedure will be the task of the new council to be elected at Tallinn. Possibly this – and maybe as well the work on the by-laws - may require the support and aid of lawyers.

Work on the by-laws
Furthermore, by-laws will have to be worked out. Maybe it is too much a challenge to organize this procedure parallelly, but anyway, it has to be thought of and kept in mind.

14. Update on the Project for Journal of Psychodrama and Action Methods, supported by FEPTO by Hannes Krall
Journal of Psychodrama and Action Methods editorial board is composed by Kate Kirk, Ana Cruz, Christian Stadler, Zoli Figusch, Hannes Krall
We will publish a special edition on research in psychodrama and action methods from an international and FEPTO perspective.
These editions will be connected to the ZPS (Journal for Psychodrama and Sociometry) which is published by Springer.
The focus is on empirical research in psychodrama. We want to include:
qualitative,
quantitative and
mixed methods designs and research projects.
The psychodrama research Journal will comprise topics like
- Research in education, counselling and psychotherapy...
- Psychodrama individual & group work with adults
- Psychodrama with children and young people
- Psychodrama in Social Work and Education
- Research on Training and Supervision
The Journal is peer reviewed and will assure high quality of publishing and recognition in the scientific and professional community.

Deadline for submissions of articles: 30th of June 2019
Springer offers to publish up to three special editions on psychodrama and action methods from an international and FEPTO perspective.
The aim is to include a broad range of psychodrama, sociodrama, sociometry and action methods in education with children and young people, adult learning and training, supervision, psychological counselling and psychotherapy, social work, organisational learning and counselling, conflict management, peace education and community work.
We are delighted to invite you to submit an abstract for consideration for the first Special edition on Psychodrama theory, practice, training and research.
These editions will be connected to the ZPS (Journal for Psychodrama and Sociometry) which is published by Springer.
The Journal is peer reviewed and will assure high quality of publishing and recognition in the scientific and professional community.
Deadline for submissions of abstracts: 1st of October 2019

Overview:
(1) ZPS special edition on psychodrama research from an international and FEPTO perspective
Deadline for submissions of articles: 30th of June 2019
(2) ZPS special edition on psychodrama theory, practice, training, research... from an international and FEPTO perspective.
Deadline for submissions of abstracts: 1st of Oct. 2019
Submissions and information: hannes.krall@aau.at

15. Update on Erasmus+ Projects
a) Sociodrama Performers 2—update by Judith Teszáry
We have started this EU project for developing sociodrama in different fields.
Partner organisations in the project are: FEPTO; The Hungarian Psychodrama Association (MPE), the coordinator of the project; The Swedish Association of Psychodramatists (SPA); The Portuguese Society of Psychodrama (SPP); Birmingham Institute for Psychodrama (BIP); NOS Portuguese social organisation; Hungarian Detention home (Youth prison) (EMMI).
Members of the FEPTO staff: Judith Teszáry coordinator
Nikos Takis, Chantal Hanquet, Melinda Ashley Meyer, Irina Stefanescu.
The aim of the project is to create a sociodrama curriculum for the Hungarian PD Association; contribute to the creation of a European Sociodrama training standard; teach sociodrama for youth workers; write a field specific textbook for youth workers; edit an international book in sociodrama; disseminate the method through psychodrama training institutes/organisations, conferences, workshops.
FEPTO as a member organisation has been represented in the first two events by Judith Teszáry and Jana Damjanov so far and will continue to do so in each event involving different staff members. Irina Stefanescu will participate in the meeting (M2) in Birmingham.
In this project there are Meetings (M) for the coordinators of the partner organisations and Trainings © for all participants.
8 working groups dealing with different tasks involved in the project:
wg1—Project management (Hungarian staff),
wg2—International meetings coordination;
wg3—Dissemination group, creation of homepage, Facebook sight, logo;
wg4—European standard (FEPTO staff is active in this working group;
wg5—Institution specific issues,
wg6—Detention home specifics;
wg7—Method and curriculum;
wg8—International textbook. The Fepto staff is active in creation of this textbook.
After each training occasion there is an evaluation&reflection meeting to analyse the benefit of the 5 days trainings, what can be used in a sociodrama curriculum and in the work of standardisation of the method? An editorial board has been established to prepare the International Sociodrama book.
The first training event was carried out by the British team led by Di Adderley (BIP). The method they use is based in most parts on the Australian New-Zealand model. Role exploration, role taking, role playing and role training. The difference between sociodrama-psychodrama and action methods was discussed. Exploration of leadership in each role one takes in a play.
The next training days (C2) will be in Portugal, where the Portuguese Psychodrama Association will teach their way of conducting and teaching sociodrama.

The third training event (C3) is a cooperation between FEPTO trainers and the Swedish trainers in Stockholm presenting their way of conducting sociodrama concerning marginalised youth, refugees, new comers’ integration in Sweden.

After the training events we take on the writing of the above mentioned material: international textbook, field specific use of sdr, method and curriculum, proposal for standardisation, so called intellectual out put of the project.

At the AM there will be small group work on the topic Sociodrama to broader the area of Moreno’s methods. I hope many of you who are using sociodrama will come and contribute with your experience to the discussion.

b) EBTS – Project (Trauma stabilisation in asylum seeking, refugee and immigrant families in Bulgaria, Germany and Finland) - update by Reijo Kauppila:

   EBTS-Project (2017-2019)

   Target groups in three countries (Bulgaria, Germany, Finland):
   Professionals who work with alulym seeking, refugee and immigrant families (EBTS-Training)
   Families (EBTS-Programme)

   Outcomes:
   EBTS-Training: 38 EBTS-leaders
   EBTS-Programme: about 15 groups
   EBTS-Manual: for EBTS-leaders
   Effectiveness research: Programme and Training

   Effectiveness research
   EBTS-Programme:
   Impact evaluation of change of children and parents
   Significant change in pre- and post-tests
   Control group: data will be collected

   EBTS-Training
   PGL and HAL
   More than 50% of self-reported important events for learning are connected to our methodology based on psychodrama, sociodrama and sociometry.

16. Approval of new memberships on the recommendation of the Council

   Applying institute:
   Serbian Psychodrama Association Moreno - SPA Moreno

   Votes: Yes 76; No 4; Abs 4
   Result: YES

17. Welcoming new members

   The FEPTO Community welcomes the new member: Congratulations

18. Presentation of candidates to the new council

   Chantal Neve Hanquet, Krzysztof Cieplinski, Nikolaos Takis, Judith Teszary, Hannes Krall, Fred Dorn, Katherina (Ina) Ilieva, Kerstin Jurdell, Georgios Chianotis and Mirjana (Mimi) Jovanovska Stojanovska
were candidates for the new council. Everybody had time to present themselves with their capacities, vision and goals for FEPTO.

19. Voting, procedure and results
77 votes: Nikos Takis
73 votes: Chantal Hanquet
69 votes: Johannes (Hannes) Krall
65 votes: Judith Teszáry
64 votes: Katerina (Ina) Ilieva
59 votes: Krzysztof Cieplinski
59 votes: Mirjana (Mimi) Jovanovska Stojanovska
58 votes: Georgios Chaniotis
56 votes: Fred Dorn
30 votes: Kerstin Jurdell

Total votes 85, 1 not valid

20. FEPTO AM and Conference 2020 and 2021
Date and place of 2020 Annual Meeting
12th-14th June, 2020 Conference
14th-18th June, 2020 AM
Place: Ohrid, Republic of North Macedonia
Organised by Amigdala

2021 Poland
Organising Institute: Polish Psychodrama Institute Association

A proposal for Switzerland was made, for future confirmation

22. Any other business
New procedure for scholarships in FEPTO Conference and AM:
Size of scholarship stays the same
For staff or students of members
Full scholarship: 2/3 of the early bird price
Half scholarship: 1/3 of the early bird price
Countries stay the same
Conference: any number from one member
AM: one representative from one member
The total amount of scholarships:
Now: Max 10% of the registration fees
New: The Council decides the max amount EUR in November based on the budget

Procedure:

Now:

1. Application form,
2. Tentative decision by the development chair,
3. Information to the LOC,
4. LOC informs when there is enough money,
5. The applicant sends copies of registration and flight ticket,
6. LOC confirms the scholarship,
7. Special arrangement for paying registration fee.

New:

1. On registration form, the applicant chooses, “I would like to have a scholarship.”
2. The LOC and applicant will immediately know if there are more scholarships available – First come, first served
3. The invoice from the registration fee is only for the self financing part of the fee
4. If the invoice is not paid by the due date, someone else will get the scholarship.

23. Closure of meeting

For the minutes, 19.06.2019

Ana Cruz, Secretary of FEPTO

You can find the Minutes on the Website too.
In the small group on research at the Annual Meeting in Tallinn we started from the work achieved last year in Pravetz. This time, colleagues from the small group on Training joined us on the second day.

The main objective was to improve the functioning of research within our network. Different topics were addressed, like how to improve research training in psychodrama (for trainers and trainees), how to integrate research in the psychodrama training curriculum, how to support publishing and presenting psychodrama research in order to enhance the presence of psychodrama research in the scientific community.

It was agreed upon that some basic knowledge, skills and practice in research have to be implemented in the curricula of our psychodrama training. The following training standards were proposed:
- reading and writing academic papers
- basic knowledge in research design/ getting a good research question
- getting to know basic mixed methods approach/ quantitative and qualitative tools for psychotherapy/ learning processes
- interviews and thematic analyses/ questionnaires for assessing the learning process
- interpreting data/ drawing conclusions
- searching/getting access to research literature
- ethics in research

Research topics should be included in the curriculum from the very beginning of training, like getting to know tools for collecting and analysing data. The curriculum should include specific hours for research training as part of minimal training standards.

Participating in research projects should be supported as much as possible (see report of the small group on research from Pravetz, 2018).

In Tallinn we continued our work by sharing the need of research for keeping or getting recognition for psychodrama by the public and social and health services. Furthermore, we shared the different practices and standards regarding the inclusion of research in training in different countries and training institutions.

After an intensive sharing and discussion, we agreed to present and propose the following MTS for research to be voted on in the forthcoming FEPTO General Assembly in Ohrid.
Small groups work

Outcome presentation

Minimal Training Standards (MTS)
for the integration of research in training

(1) Curriculum: min. of 20 hours for research in psychodrama

Learning outcome:
- to know, apply, analyse, discuss and criticise... qualitative/quantitative evaluation/research methods;
- to be able to write an evaluation/research proposal and a to write a dissertation/essay as part of the training

(2) Dissertation/essay: min of 15000 words/30-40 pages

- practice-oriented evaluation/research based on theory, description of practice and on empirical data

Johannes Krall
Chair of FEPTO RC
Hannes.Krall@aau.at

Participants of the small group:

Simona Vlad
Elene Estatieva
Mirjana Stojanovska
Ana Sofia Cruz
Peter Wertz
Konstantinos Kalligiannis
Peter Haworth
Johannes Krall
Small group on Ethics

Work on ethics in Pravets (2018) and Tallinn (2019)

Ethics is present in all areas where we work with people

FEPTO is a federation of training organisations. We have a code of ethics for practitioners but we don't have code of ethics or guidelines for training institutes. We don't have a Code of conduct (How we behave towards our students, our colleagues and toward other institutes.)

Our task was to focused on different topics;
How the institute trains their students in ethics
How to formulate paragraphs which should be guidelines for training institutes
Individual cases connected with difficult situations in the therapeutic and training groups.

1. Discussing and working through ethical cases as examples in order to find general principles.
2. Clear criteria for training certificate/compatibility with those of other psychodrama training institutes
3. Contract between the student and the training institute: admission criteria (academic studies) time frame: start and finishing date, economy: cost of the training and all additional expenses (administrational costs, issuing certificate, examination costs)
4. Requirements for examinations: Clear guidelines for theses writing, clear criteria for accepting or not accepting an examination (onsite session and theses)
5. Practice under supervision
6. Advertisement of psychodrama in media, internet
7. Relationship between trainer-trainees-supervisor Indications and contraindications – Dependency relations
8. Respect and recognition of other training institutes (objective criteria) not personal preferences and/or disrespect.
9. Guidelines for procedures when a student changes the training institute.
10. The acceptance or non acceptance of other training institutes' training program
11. The ethics of leadership, consent of the trainee
12. Clear information about the trainers' qualifications

Actions to be taken for further developing main results (1-3 tasks):
♦ Collect ethic codes for training institutes.
Small groups work

 Outcome presentation

Tallinn 2019
Our small group was based on cases, and we made some conclusions concerning a dependency based relationship in the course of training.
As a central issue, we realized that in all cases we brought up double roles.
For example:
1/ She or he is the supervisor and head of training institution
2/ Somebody is the trainer for upper level students and also the supervisor for one of them.
We concluded that it should be separate. When the students end the upper level training they can be supervised by this trainer but not when this process runs parallel.
We know that in some countries it will be not possible to separate this, but we should go in this direction in order to have a clear situation.
In every case we found that in the “double role” dependency plays an important role and sometimes because of transference and countertransference it can be a very “unhealthy” relationship.
It would be helpful if each psychodrama training institute had its own code of ethics/clear rules, clear contract, supervision of supervision.
But we know that in reality we have to deal with all these problems continuously.

Judith Teszáry & Anna Bielanska
jteszary@gmail.com & abielanska@interia.pl

Small group on Psychodrama Theory and Interconnections

In groups of seven, we met to continue the work on further developing the ideas created during the Pravetz AM which focused on constructing a tool for documenting and exchanging Information on the Identity, Complexity and Diversity of Psychodrama. Our work was strictly related to Paola de Leonardis and Marco Greco Psychodrama Maps (Psychodrama Theoretical and Technical Specificity and Psychodrama Integration with other Psychological and Educational Approaches). During the meeting Roger Schaller presented the first working version of the “Psychodrama Wikipedia” portal (https://psychodrama.world/), established through financial support provided by the Swiss Psychodrama Association as well as his own financing. Positive interest in the project was expressed by the FEPTO Council.

We proposed the creation of a Psychodrama. Net Project in order to spread our ideas and invite other colleagues to cooperate. We trust it will be helpful for FEPTO in establishing its goals by making psychodrama more recognizable in Society and the Academia, creating psychodrama professionals’ interactive networks as well as in building bridges between psychodramatists and other professionals. We trust that also particular training institutes and national associations will be enriched by the possibility of building a non-English database format for the Psychodrama.World platform. The particular authors could have the chance to make their work more visible and significant in the enhancement of the future
of Psychodrama. The results of our group work is an invitation for FEPTO Institutes/Associations and individual Colleagues to cooperate in elaboration of the details relating to a contribution policy, publishing standard and guidelines, ethical standards as well as a submission process. We hope we can continue our work in close relationship with the FEPTO Network and Development Committee.

Please feel invited to join us!

**Participants:** Krzysztof Ciepliński, Paola De Leonardis, Dana Dragoteanu, Colette Esmenjaud, Marco Greco, Roger Schaller, Sanja Zivotic.

Contact us via email: k.ciepliin@gmail.com, schaller@ipda.ch, marcomariagreco@katamail.com, paoladeleonardis@fastwebnet.it

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**Small group on Sociodrama**

There were 15 participants led by Judith Teszáry and Kerstin Jurdell.

List of the suggested topics:
- Politics and neutrality
- How can we heal, create a frame to build a new society/community building
- What methodology can be used to reach the deep topic
- Structural violence
- Democratic leadership
- Environmental/Global issues
- Training standards for Sociodrama
- Functioning of FEPTO/organisational questions

The first 5 topics in falling order got the most sociometric choice.

Some notes about the outcome of this meeting:

1. Personal/professional
   - important shared images, support for enriching the cosmic level, following the rules might be excluding;
   - How to get structure and process in balance?
2. Institutional
   - Different focus: focusing on training in sociodrama; focusing on trusting the long and continuous process to deepen the process
3. FEPTO
   - The sociodrama team should be more visible, ideas for FEPTO looking with “sociodramatical eyes” and the way of thinking sociodramatically.
4. Experiences
   - Practicing democratic leadership

**Affirming beliefs of “how the world is”**

more awareness for the political processes, cognitive, emotional and professional knowledge; creating common vision, action – sharing reflections

raised important questions, strengthened.

Judith Teszáry
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Psychodrama with children and youth is a growing FEPTO network group. During our last four meetings we have presented workshops of the psychodramatic ways of working with children and adolescents. In Turin 2018 we found out that our meetings were gradually transformed into small conferences with more than 80 participants. We played a lot together and learned about each other. However, the time to be "grown-ups" has come and we decided to tackle the standards that psychodramatists need to fulfil in order to use our powerful method with children and adolescents.

In Cardiff 2019 we established a steering group that will create and elaborate the training standards of PD with Children and Youth until the next meeting in February 2020.

In the last AM in Tallinn we formed a small but productive group of active psychodrama therapists that were eager to focus on training standards for children and adolescents. At the beginning we discussed the different existing standards in some countries and partly missing and not well established ones in other several countries.

We agreed upon the fact that it is an unacceptable situation that there are clearly formulated standards in psychodrama therapy with adults, but not for the therapy with children. The aim of this small group was to overcome the neglect of children through comparable standards.

We have discussed and used as a basis FEPTO Minimal Training Standards for Psychodrama Adult Training and adapted them as far as possible for therapeutic training for child and youth psychodrama therapists. As a next step we will present the outcome of our small group in front of the steering and the network group in our meeting in Munich and will prepare a final version of the Minimal Training Standards for Psychodrama with Children and Adolescent psychotherapists that will be discussed and presented at the next FEPTO AM in Ohrid 2020.
The on-going Process of
CONSTITUTION CHANGING

The foundation of FEPTO leads back to the year 1992 — initially named ISCOPE later changed to ESCOPE (European Study and Co-ordination of Psychodrama-Education) and, finally in 1996, FEPTO in Belgium as an international non-profit organization according to Belgian law. The then agreed and adopted Statute concedes that “a number of terms contained in it may, in the future, require more precise definition” (Preamble). Now, more than 25 years later, considering the history and changings in European society since then and the growth of FEPTO as well (about 60 member-institutions out of 27 countries) it is really necessary not only to find “more precise definition” of terms, but also to redefine and to define the global aims, purpose and concrete goals. Furthermore, the usability and practicability of the statute have to be reconsidered and adapted to the actual needs, thus to enable our organization to be an active and respected partner on the European Stage, contributing to the welfare of European society by the development of Psychodrama in training, research and practice.

There is a difference between usability and practicability. Usability means how to make use of the statute as a tool, thus to define

- The location of the organization
- The relationship between members and institutional bodies (GA, Council)
- Decision Making in accordance with democratic rules
- The term of office of the Council
- Number of Council members and their responsibilities
- Limitation of re-eligibility
- Regulation of voting procedures
- Responsibility for the organization in total.

These questions have to be dealt with and decided in the statute, to make it slim and supple, easily to be handled.

On the other hand practicability concerns all issues that should not be regulated in the statute, but in by-laws, thus to enable the GA as well as the Council to adapt their activities to actual needs to be decided upon easily by the GA or the Council without touching and changing the Statute — which in such cases requires a qualified majority of 2/3 of its members (Art. 10).

To these practical issues belong

- Financial affairs: fixing and changing of membership fees, budgeting, regulation of scholarships etc.
- Rules of procedure for the Council and the GA
- Defining and adapting the conditions of institutional and personal membership within FEPTO
- The organization and developing of networking – enjoying the possibilities digitization offers
- The conditions of application for financial support of projects in the name of or with the support of FEPTO, clearly defined and budgeted by the responsible organizers.

Global aims

The preamble of a statute has to render account of the global aims to which the organization with all its members and activities is committed to. It thus describes the political and social position of the organization, the way it wants to participate in political and social life and to contribute to the wellbeing and well functioning of society.

The suggested new wording of the Preamble is a try to express this need.
Purposes
Concerning the purposes, the geographical and hence the political sphere and limitations of acting have to be clearly defined – which we tried. Maybe more stress should be laid upon the development of psychodrama-practice.

Usability
Art. 3 Membership: The membership issue is a very sensitive question that should be changed in accordance to actual needs and the development of the organization. Hence we propose to regulate the items of Art. 3.1 – 4 in the by-laws.

Art. 5 Council: The term and the number of Council members are crucial for the well functioning of the Council. There are different opinions regarding how long the term of the Council should last and of how many members the Council should at least consist of. The proposed regulation allows flexibility, but of course it has to be discussed and decided. Also, there is the question of whether the re-eligibility of council members should be limited to two or three terms.

Art. 9 Voting: This article touches the sensitive difference between individual members (especially founding members) and institutional members. A clear regulation will have to be found in the by-laws as we suggest.

Art. 11 Subscriptions: Additionally to the regulation foreseen by the Statute we suggest that the annual fee’s arrangement should be fixed in the by-laws.

Practicability
Obviously, we put many regulations to be met into the by-laws: Art. 3, 5,7,9,11. Hence the work on the Constitution Changing will have to be done in several steps.

Continuing Work on the Constitution Changing
The changing and the adaption of the statute to actual needs has to be a democratic process initiated by the Council at the GA, filled with life by the members and put into effect by the GA after a procedure of discussion and acceptance. The organization of this procedure once started was continued by a small Working Group at Tallinn. The results of this working group will be discussed by the Council at its Annual Meeting in Dave in November. The Council will make a decision on how to present the proposal of Constitution Changing to the GA.

The Community will be informed and invited to take an active part in the process of Constitution Changing. Proposals will be collected and presented in due time to the Community and discussed and decided on in the next AM.

The process of Constitution Changing will by then not yet be finished. By-laws in order to give reliable rules to processes of the further acting of our organization will have to be articulated and agreed upon in a further process.

Fred Dorn
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Fuldatal, 03. 10. 2019
The FEPTO council authorised the Award committee

Arşaluys Kayır, Stefan Flegelskamp, Jutta Fürst

to invite students to apply for the FEPTO Students award 2019 by sending in their thesis. Furthermore all member institutes were asked to propose representatives of member institutes for the life time achievement award and the excellence award in the year 2019.

After scrutinizing the applications the award committee suggested the following:

**Students award for 2019**

was given to

**Funda Gumus,** Assistant Professor of Psychiatric Nursing, Atatürk School of Health, Department of Nursing, University of Dicle, Diyarbakır, Turkey. She is a graduate student from Dr. Abdulkadir Özbek Psychodrama Institute in Turkey.

During the General assembly in Tallinn the laudation was given by Jutta Fürst:

“Funda Gumus thesis, *The effect of psychodrama on the frequency of posttraumatic stress disorder, anxiety and depressive symptoms in patients with social trauma: 9 month follow-up study* is an empirical natural study. It took place in the south eastern region of Turkey that was effected by terroristic attacks over a period of over three months. Funda wanted to find out if psychodrama is a helpful method to decrease the posttraumatic symptoms of patients. The psychodrama group consisted of 12 and at the end of 8 clients.

The award committee appreciated the methodology that was used to answer the research question. The thesis was well structured, theory and practice and results were well described and presented. We congratulate the student and the institute for this work. Funda will get financial support to present her thesis to a bigger audience either to participate at the upcoming research committee meeting or for the publication in the FEPTO psychodrama journal.

**LIFE TIME ACHIEVEMENT AWARDS**

were granted to

**Judith Teszáry** and **Agnes Dudler**
The honoring speech for **JUDITH TESZÁRY**

was given by **Nikos Takis**.

Our distinguished colleague, Judith Teszáry is a psychologist, psychodrama and sociodrama trainer and supervisor, international lecturer, founding member of FEPTO, as well as member of Task Force for Peace and Conflict Transformation group.

Moreover, she has served as President of our Federation for six consecutive years, being wholeheartedly dedicated to the development, flourishing and prosperity of Psychodrama and its European community.

She has been working with psychosomatic patients for many years, using psychodrama in a research and treatment project at the Karolinska Institute, Stress Research Department in Stockholm. She has also worked as a psychologist at Stockholm city Social Department/Child & Family care section for 17 years. Other fields and populations of her psychodrama and sociodrama work include:

- Conflict management for State Healthcare Council (hospital personal,
- Courses in psychosocial issues for Swedish Industry Union representatives,
- Bosnian refugees in Stockholm,
- Roma students at Sajókaza Second Chance High School, Hungary
- Sociodrama with replaced young people (foster children) at Stockholm City Soc. Dep.
- Helpers (doctors, nurses, social workers) after the Maidan revolution in Kiev
- Erasmus+ 1 (scientific leader) and Erasmus+2 projects for training and standardisation of the sociodrama method.

As a pure Morenian, she has also worked in theatre. Her involvement in theatre comprise:

- National Theatre Studio, Budapest.
- Statsteater in Stockholm, assistant director of M. Gorkij Natthärberget (Nachtasyl)
- Participatory Art based project. Leader of the sociodrama group - ongoing - with Roma women (Szomolya).

Finally, she has published numerous articles and written book chapters on the application of sociodrama and psychodrama.

Judith has been, and still is, as a member of the FEPTO council, a devoted worker of psychodrama and our federation!
The laudation for **AGNES DUDLER**

was held by **Stefan Flegelskamp**

“The award committee has decided with great pleasure to give a lifetime award to Agnes Dudler.

Agnes Dudler was a psychodrama trainer at the Moreno Institute Stuttgart for many years when she founded her own Szenen Institute in Bonn in 1991. Gender equality, women’s rights, the impact of German history on personal biographies and the support of Palestinian colleagues in Gaza were the cornerstones of her work and conviction. In addition, she has been active in the field of work politics and has been a member of the DFP board for many years.

The committee would like to emphasize not only what Agnes Dudler has done, but also how she worked for her topics.

She is a fighter but not a soldier. Women feel strengthened and supported by her without men being weakened. Palestinians are supported and Israeli friends are not lost. Trans generational traumas are worked on and responsibility and compassion are shared with the generations.

The committee pays tribute to Agnes’ attitude of serving a group and community with respect.”
The EXCELLENCE AWARD 2019 went to
a.o.Univ.Prof. MMag. Dr. Hannes Krall

The laudation was delivered by Jutta Fürst.

“Hannes Krall studied psychology and educational sciences at the university of Graz and Klagenfurt. His scientific career started with focusing on youth cultures and political right wing movements. The following studies in action research turned out to be a seamless transition to psychodrama.

Beside his university career he worked privately as a psychotherapist several years in an institute for family counseling and in a child protection centre and as a supervisor in an organization for refugee care and in his private practice.

Hannes Krall taught at various universities and as a psychodrama trainer in the psychodrama section of the Austrian society for group dynamics and group psychotherapy. Since 2007 he is one of the main trainers in the program for psychodrama psychotherapy at the University of Innsbruck.

Hannes Krall joined FEPTO first at the Annual meeting of 2007 in Alacati. Since 2008, when Gabriela Moita organized the RC meeting in Roriz (Portugal), when we were 7 participants, he was part of the research community. Since then the meetings became more and more attractive for researchers in FEPTO.

I remember that he motivated and encouraged the group in Roriz not only to work on a project but to focus on a specific goal, which was at that time the IAGP meeting in Rome 2009, where we gave a first presentation about a particular project as an outcome of the RC.

His attitude to be goal oriented and persevering seems to be one of the ingredients that made the RC so successful and prospering. In the last meeting in Padua this year we were close to 100 people in a plenary. I know Hannes Krall now for about 30 years. He has always been an upright and reliable colleague who is there any moment when one needs help.

He will get the excellence award for developing the FEPTO research committee since 2011 into a prospering and still...
growing network group. We all could observe that the scientific level of the contributions within the research committee is steadily increasing. Many international projects, presentations and publications were the result of this work. A further reason is his constant participation and involvement in the issues of the organization as being a board member and having been an ambitioned president of FEPTO.
We appreciated his endeavor to give psychodrama a place in the academic world. His research in psychodrama and the various presentations and publications in many conferences and congresses give evidence of this.
Co-creating a transcultural project with colleagues as an outcome of group work at the FEPTO AM in Ghent. This “International Spring Academy” bridges the academic with the psychodrama culture now for 10 years.
With this award FEPTO wants to honor Hannes Krall for his contribution to develop the organization and psychodrama.”

The award committee: Arşaluys Kayîr, Stefan Flegelskamp and Jutta Fürst
Most of the participants liked warm up. They liked the place, the atmosphere. They liked the people in LOC, their smiles, well prepared organization and “Very supportive all the time”. “I liked the excursion”
They liked the small groups. They say that the biggest benefit is from small groups because they have learned something. –“Small groups giving possibility to connect more with everyone”.
-“Gathering the learning of each small group on the topic of the Am should become a developmental ritual./
If not, what topic ? What for? Choosing the small group was too long.
Well structured and organized AM. AM should be connected to the previous AM and with the next AM that will come.
“To see the program in the lobby was very helpful”.” It would be good if the program of the AM be shared with the participants”.
There are suggestions that it would be possible to change the representation and voting of the new institutes. –“It’s not fair for new institutes to be presented during coffee breaks”. There is proposal information about institutes to be shared with participants before the start of AM. The new members should have a mentor who will lead them during the course of the AM.
The needs expressed: more discussion regarding how the institutes function and the problems they face that would help them to lead their institutes and attract volunteer work. They want to hear how successful institutes work and how they solve problems. It is necessary to increase the time for discussing their current psychodrama situation problems present in their countries
“To be more focused on the professional issues and less on the process”. ; Let’s become colleagues instead of family” “Need more interpersonal knowledge and more action”
“Voices” would also like more psychodrama in the large group and lessons from distinguished psychodramatists.
Some of “voices” say that warm up was perfect, very nice, and excellent.
There is a proposal that the General Assembly could be divided into two days so as not to be so long and boring. The method of voting should be changed and may be done electronically (for those members who are not present).
Voices say that the large group should give space for spontaneity and creativity and be connected to the topic.
To offer to be creative and to propose the title of the next AM received the most answers.
“Postwar society ; our messages outwards-receiving psychodramas;-what and how we communicate; getting our message across; the social and politi-
The current situation in Europe, How it affects Psychodrama? How Psychodrama connects to it?; Psychodrama and its identity/psychodrama in different areas and fields; Psychodrama and the soma”
And for the end some more “voices”:
“A lot of administration for the council. Many hard – working dedicated people who use their time and effort for psychodrama. Warm thanks (flower) proud to be part of this group
THANK YOU FOR A WONDERFUL EXPERIENCE!

According to the results obtained on the Likert scale, we can see:

Q1 - The most votes on 4 and 5 which means that the participants highly rated AM and that they are generally satisfied with the AM.
Q2 - The content and structure of AM are highly evaluated and show a high level of satisfaction
Q3 - Highly rated the quality of information before and during the meeting
Q4 - The answers show that there are members who think they have received some skills during the AM. But there are some who do not have the experience but have developed some skills. This is a field in which we should be more aware of what the members got and what they need
Q5 - General Assemblies are highly rated by most “voices”. There are some voices that are indecisive, so it would be interesting to hear the reasons that hold them at that level.

6. Most of the votes for the Presentation and voting process of new institutes / organization shows that members are satisfied, but a few votes leave space for us to reflect on what else we could do.

The arithmetic mean for all questions is high, which shows the satisfaction of the members, but also the motivation to work on improvement.

We thank everyone who gave their ideas. Your opinion and suggestions are very important to us. By giving your voice you participate in the work of FEPTO
INVIATION

AM and Conference 2020

Ohrid, North Macedonia

15th FEPTO Conference
22nd – 24th of May 2020

28th FEPTO Annual Meeting
24th – 28th of May 2020

Ohrid, North Macedonia
PRESENTATION OF THE TOPIC

THE HEALING POWER OF PSYCHODRAMA

Moreno discovered the healing power of drama while he directed the Theatre of Spontaneity in Vienna in the early 1920’s, a project that he revived in New York in early 1930’s.

He considers health as an actualization process of roles and the Self, based on the two pillars of spontaneity and creativity. Moreno considers pathology as a state that is frozen in patterns which got stuck. There no longer seems to be any access to spontaneity and creativity. The rigid internalized role(s) no longer include the resources required to trigger the process of actualization, only reflexes and automatic responses prevail. Repeating rigid ways of being and acting limits all prospects, they become quasi sterile. Once a role freezes, the individual becomes incapable of adjusting to the diversity of a novel situation.

The Morenos’ believed psychodrama allowed new expressions of oneself and the integration of the inner and outer realities of a person, which could lead to psychological healing. And psychological healing leads to healing of the body and relationships.

Psychodrama is a laboratory for learning how to live while giving space to ontogenetic and phylogenetic language. It is opening the space/stage to face fears, conquer weaknesses, and heal traumas, anxiety, depression, hate, love, dreams, relations, society. We can open stages for individual and group work in the schools, hospitals, work-places, offices, theatres, on the streets, factories, shops, university, psychiatric ordinations, psychological cabinets.

Psychodrama can deeply affect minds and produce cognitive changes. It can influence ways of thinking, attitudes and beliefs. Psychodrama can also help us discover and change bias prejudices.

Psychodrama also can deeply touch and make changes in human emotions. And it can deeply affect one’s spiritually. Moreno says we are not human beings on a spiritual journey; we are spiritual beings on a human journey. And he made Psychodrama to heal the energy that vibrates and creates this dualism.

Human beings have the urge to act and interact: it is a part of their human condition; and it undoubtedly does influence and heal the human state of being (emotionally, physically, psychologically, spiritually, mentally, socially, relationally….).

Psychodrama has also made us better people, for ourselves and for others, making us more acceptable, more tolerant, more emphatic, more conscious for society. It can enrich our life experiences and make us wiser.

On behalf of the local organization Committee chair:
Mirjana Jovanovska Stojanovska – Chair of LOC
mstojanovska2002@yahoo.com
CALL FOR WORKSHOP PROPOSALS

During this FEPTO Conference we will focus on the healing possibilities that psychodrama techniques provide us, by teaching us spontaneity to allow us to be creative. As Zerka says: “To touch the autonomous healing centre is our task as therapists”. The healing can be through a game, a dance, drawing, singing, acting, talking, encounters, modelling, writing, and fantasizing. Bring your experience and knowledge of psychodrama use to “heal” psychological problems, the soul, the body, interpersonal and society relations.

In this conference we are looking for experiential workshops that will concretise and explore the possibilities of “healing” offered by Psychodrama.

The 2-hour workshops should:

• Be in English (no translation)
• Explore a specific topic to the theme of the conference
• Provide a theoretical frame relevant to the theme of the conference

The proposal should be sent in by the 31st of January, 2020

1. The title
2. The workshop leader(s) + Short abstract, incl.
   • Topic and the approach
   • Descriptions of methods/process that will be used
   • Contact information

Send your workshop proposal as soon as possible to: fepto.ohrid@gmail.com

CALL FOR POSTERS PROPOSAL

FEPTO, an organization assisting European and Mediterranean countries, is a great international platform for exchange and support for member institutes and all persons who are interested in psychodrama and related methods. We try to make psychodrama practice/training more effective, recognizable and fruitful for society.

Our approach is capacious and flexible, we can apply it in many forms and contexts: individual, pairs, small and large groups, clinical/psychotherapy work, education, social work, health promotion, etc.

As a FEPTO council we would like to announce and invite you to present your work as a poster which will be shown at the forthcoming FEPTO Conference and AM in Tallinn, May 2019.

The goal of this project is to open an additional space for the participants to share the current activity in the field of psychodrama (including sociodrama and sociometry) and action methods with the audience of these FEPTO annual events.

We trust, that it will be interesting for all participants to see what kind of research you are actually undertaking or what kind of best practice/training you conduct. You are friendly invited to present your good practices or/ final research findings in graphic form as a poster.

Posters can be prepared by the individual member or by the team of co-authors. After the poster session the best posters will be awarded! Encourage yourself and your colleagues – get your students involved!
THE GUIDELINES AND FORMAL REQUIREMENTS FOR A POSTER PREPARATION

• What makes a good poster?
• Important information is readable from about 3 meter away
• The maximum size of the poster is A0 (841×1189 mm)
• Title is short, clear connected to the content and draws interest
• Text is clear and to the point, use between 300 to 800 words
• Use of bullets, numbering and headings makes it easy to follow
• You can also use graphics, colours, charts, photos, images
• Choose consistent and clear layout
• Think of what the most important/interesting finding in your research or other project is, and make it visible for the readers

Posters should be prepared in English, please check language.

What software can be used to make a poster?
The easiest way to prepare a poster is to outsource this to a professional graphics company, but you can also prepare it yourself using helpful software.

You can use licensed software like Power Point (a part of Microsoft Office package) as well as Adobe Illustrator, Photoshop or In Design. Another possibility is to use Open Source software like Open Office (impress is its Power Point alternative) Inkscape and Gimp (alternatives to Adobe products). For charts and diagrams, you can use e.g. Gliffy or Lovely Charts.

Please compare: https://guides.nyu.edu/posters

How to prepare and send your application?
Please inform us about author (co-authors) full name(s), affiliation and the title of the poster. Also send an abstract in English summarizing the content within 100 to 200 words. Include the information about the size of the printed version of your project.

The deadline for sending posters is 31 of March 2020. Confirmation of participation will be 15th March 2020. Please send your application as soon as possible at: fepto.ohrid@gmail.com

Call for posters: until the 31st of March, 2020. Confirmation of participation will be 15th of April 2019.

Send us a proposal as soon as possible at: fepto.ohrid@gmail.com

FEPTO Posters Committee
Krzysztof Ciepliński, Judith Teszáry, and Vesna Blazevska
Lake Iseo in Brescia province, Italy was the venue for the 2nd IAGP International Psychodrama Conference which took place between September 4th and 8th, 2019 at the “Istituto d’Istruzione Superiore “G. Antonietti” hall on the banks of the lake. The conference was held in parallel to the 8th International Psychodrama Congress and was a cooperation between IAGP and “Il GERMOLIO” (Società Cooperativa Sociale Onlus). Entitled “Who shall survive?” the conference spanned four days of psychodrama and sociodrama, offering new experiences to approximately 400 participants from 40 countries.

The participation of all the FEPTO members was of particular importance. The conference was led by FEPTO founding members (all of whom have played a historic role in both FEPTO and IAGP) as well as FEPTO council members, psychodramatists and trainees from a variety of FEPTO Institute members.

Organisers: Maurizio Gasseau and Marco Greco.

Everyone involved, played an important role in organizing and coordinating the various events, manning the scientific committee, giving workshops, symposiums, lectures and contributing with their zest and engagement. One symposium was organized by FEPTO in the context of the IAGP Psychodrama Congress: “Who has survived and what has changed after a century of Psychodrama?”

It was chaired by the FEPTO President Nikolaos Takis. The presenters were: Krzysztof Cieplinski, Jorge Burmeister and Nikos Takis. A very interesting discussion about the relation of J.L. Moreno to S. Freud, with some feedback by our distinguished colleague Grete Leutz, followed after the oral presentations.

FEPTO’s ongoing participation in both regional and international conferences, meetings and meet-ups is important to psychodrama and sociodrama for a variety of reasons. It promotes psychodrama and sociodrama, supports local and international organ-
What remains from what happened

organizations, keeps an open dialogue among the professionals by creating new opportunities for cooperation and contributes to the development and advancement of psychodramatic therapy, the use of psychodrama and sociodrama in different fields.

As Chair of the Training Committee of FEPTO, I believe that the presence of FEPTO in international and regional events is vital in the enrichment of the psychodramatic process, as it offers fresh ideas on the ongoing dialogue about psychodrama training and ethics and the perception of how psychodrama is practiced.

As a member of the FEPTO Council I would like to thank both IAGP and Psychodrama Section for inviting our FEPTO members to the event and express my gratitude for a job well done.

The Iseo Conference provided the opportunity for psycho- and sociodramatists of various nationalities, cultures and therapeutic trends to meet and discuss.

The title of the conference “Who shall survive?” is undoubtedly of social, political and humanitarian importance. But it goes beyond that. It is a title that heralds a message of dialogue and coexistence among all psychodramatists who share the Morenian vision of the practice of psycho-and sociodrama.

Georgios Chaniotis
geo.chan@yahoo.gr
Short report from 2nd IAGP Research Congress Thessaloniki,

14-17 June 2019

FEPTO had an important contribution and presence in the 2nd IAGP Research Congress on “Trauma and Crisis”, held in Thessaloniki, Greece, last June. The Congress was beautifully organized, in an excellent venue, Mediterranean Hotel, and very successful: there were 210 attendants from 35 countries of all continents and 107 abstracts for oral presentations, symposia and workshops. Other Associations that were involved were AGPA, Granada Academy, ISPS (society for the study of Psychosis). The Head of the Organizing Committee of the Congress was Catherine Mela, M.D., IAGP’s Vice President. FEPTO’s President Nikos Takis was co-chair of the Committee.

Judith Teszáry, FEPTO’s secretary was a key-note speaker on Psychosomatic and Psychodrama.

There were also two ongoing symposia organized by FEPTO Council members, the first one by Hannes Krall, Head of the Research Committee and the second by Krzysztof Cieplinski, Head of the Development and Network Committee. The colleagues that presented their work, research and studies in the context of those symposia were Galabina Tarashoeva, Milena Mutafchieva, Reijo Kauppila, Sofia Symeonidou, Daiva Rudokaite, Marco Greco, Paola De Leonardis, Maurizio Gasseau, Mirjiana Stojanovska, Inanc Sumbuloglu. Jorge Burmeister and Nikos Takis were also two of the conductors of the large group.

One of the aims of FEPTO Council is to strengthen its connections and bonds with other organizations that focus on psychodrama and group work. Our collaboration with IAGP has already been stablished and fruitful for many years and we continue in the same path!

Nikos Takis
niktakis@gmail.com
On the beautiful island of Crete in 1-6 of August, 81 people from all the five continents met in order to participate in the 3rd Hellenic Summer Psychodrama Academy. This is an event which has been organised by the Centre of Athenian Psychodramatic Encounters every two years since 2015.

The aim of the Academy is for the participants to share a feeling of togetherness, be simply themselves, enjoy psychodrama and the beauty of life. During these six days, twenty workshops were directed by very experienced psychodramatists giving the participants the chance to evolve their understanding and feel free to express their emotions.

Each morning seven parallel on-going small groups were held in which the participants could freely express their feelings with the safety and care of the leaders. The scientific schedule consisted of two very enlightening lectures.

One day the scientific encounters took place in a beautiful small village, Neo Chorio, where we had our small on-going groups in the classrooms of the village primary school. In the afternoon, we went to a nearby village with an open theatre where a sociodrama group was directed.

The Hellenic Summer Psychodrama Academy includes a focus on cultural events since culture is a reflection of our human heritage. Daily there was traditional food at local Cretan tavernas and excursions to the seaside for swimming and relaxation.

In the spirit of the Academy, participants had time for themselves, for encountering and networking. The goal was achieved. We all completed these six days with great satisfaction, pride to participate, happiness and a greater appreciation of life.

I am so glad and honoured to be the organiser and facilitator of such an important and enriching experience. I am looking forward to welcoming you to the 4th Hellenic Summer Psychodrama Academy in Crete on 2-8 August 2021.

Stylianos N. Lagarakis M.D.
info@psychodramath.gr
Head of the L.O.C of the 3rd Hellenic Summer Psychodrama Academy
Founder and Director of the Centre of Athenian Psychodramatic Encounters (C.A.P.E.)
This Congress is a joint initiative of the Asociación de Sicodrama y Sicoterapia de Grupo and the Psychology Faculty of Lisbon University.

We invite you to participate in this event where we will get together to expose and share the new paths that Rojas-Bermúdez opened in the psychodramatic theory and methodology.

With enthusiasm and compromise we encourage you to attend for an enriching discussion.

**LOCATION:** PSYCHOLOGY FACULTY - LISBON UNIVERSITY

**Collaborators:** Associação Bahiana de Psicodrama e Sociodrama (Brasil); Asociación de Sicodrama Dr. Rojas-Bermúdez de La Plata (Argentina); Sociedade Portuguesa de Psicodrama Psicanalítico de Grupo; Colegio Oficial de Psicología de Andalucía Occidental; Asociación Española de Psicodrama; Associação Ibérica de Psicodança Jaime G. Rojas-Bermúdez; Sociedade Portuguesa de Psicodrama; Federation of European Psychodrama Training Organisations

INFO: : congresorojasbermudez@gmail.com
Registration: www.ASSG.org
PSYCHODRAMA CONGRESS
and 25TH ENCOUNTER OF THE ASOCIACIÓN DE SICODRAMA Y SICOTERAPIA DE GRUPO
LISBON - PORTUGAL - 13,14th March 2020

PROGRAM

THURSDAY MARCH 12th

PRECONGRESS 15:00 to 18:00 h.
Workshop about the work of Rojas-Bermudez presented by GRACIELA MOYANO

FRIDAY MARCH 13th

8:00-9:00: Registration and documentation  13:00-14:30: Lunch break
9:00-9.30: Congress Opening  14:30-16:30: Workshops
9:30-10:30: Lecture/Round Table  16:30-16:45: Coffee break
10:30-11:00: Coffee break  16:45-18:45: Workshops
11:00-12:00: Lecture/Round table  19:00: Closing day
12:00-13:00: Lecture/Round table

*Assembly ASSG (only for members): Friday 03/13 at 19:30h

SATURDAY MARCH 14th

9:00-10:00: Lecture/Round table  13:00-14:30: Lunch break
10:00-11:00: Lecture/Round table  14:30-16:30: Workshops
11:00-11:15: Coffee break  16:30-17:00: Coffee break
11:15-12:15: Lecture/Round table  17:00-18:00: Workshop / Lecture
12:15-13:00: Lecture/Round table/ Poster  18:00-18:45: Congress Closure
19:00: Closing Congress.

*Saturday 14th: dinner - show (optional)

REGISTRATION FEE
BEFORE 15/12/2019: 100 EUROS  *Reduced fee: 70 euros
AFTER 15/12/2019: 120 EUROS  *Reduced fee: 90 euros

*Students, members of collaborating and twin associations, members of the Colegio Oficial de Psicología de Andalucía Occidenta
PayPal or transfer: ES89 0049 1256 31 279009 4837

PRESENTATIONS
ALL PRESENTATIONS MUST FOLLOW ROJAS-BERMUDEZ MODEL

Deadline for presentations 10/15/2019
Official languages: Spanish and Portuguese

ORGANIZING COMMITTEE: Isabel Calvo, Maria Helena Coelho, Ana Sofia Cruz, João Domingues, Ana Dominguez, Manuel Falcón, Inês Gomes, João Justo, Dora Lourenço, João Paulo Ribeiro y Vera Reynaud da Silva.

SCIENTIFIC COMMITTEE: Isabel Calvo, Ana Sofia Cruz, Manuel Falcón y Graciela Moyano
INVITATION to the NETWORK GROUP for Psychodramatists Working with Children and Youth
7th-9th of February 2020 in Munich

Dear Practitioners of Psychodrama with children and youth,

Dear FEPTO Colleagues,

We are very happy to invite you to the 5th meeting of the network group “Psychodrama with Children and Youth”. We would be delighted to welcome you in Munich, Germany.

The topics of the meeting:

Research in psychodrama with children and youth

Minimal training standards

This meeting will look at different ways of evaluating the effectiveness of psychodrama with children and youth. One of the aims of this meeting is to promote and support scientific studies in the field.

In addition, in order to be recognized as a specific branch within Psychodrama, we need to continue working on training standards appropriate for psychotherapy with children and youth. A steering group will present a proposal for minimal training standards and a final version will be created.

If you want to present research projects or to share ideas, please send a message by 1st of January, 2020 to Stefan Flegelskamp.

s-flegelskamp@t-online.de

Please also forward this invitation to colleagues in your institutes who are involved in the psychodrama field and/or are curious to work in it.

Our local hosts will be Bettina Menzel and Thomas Niedermeyer! Bettina and Thomas are happy to answer questions about local issues (transport, distances etc) but not about accommodation.
th.niedermaier@beratungsstelle-kirchenstrasse.de

The network group “Psychodrama with children and youths” will take place in:

EineWeltHaus München e.V.
Schwanthalerstr. 80 RGB
80336 München
www.einewelthaus.de

There will be a fee of 25 € for each participant for the room rental and the coffee breaks.
At our last meeting in Cardiff we decided to start an

**INTERVISION GROUP**

for psychodrama therapists working with children or youth

On **Thursday, 6th of February** we will organize the first meeting **in Munich** - starting time is **11.00 a.m.**

The intervision group will take place in the same rooms as the meeting.

Please register with Stefan Flegelskamp.

**Preliminary program:**
Friday, 7\(^{th}\) of February: 17:00 - Registration and warm up
Saturday, 8\(^{th}\) of February: 9:00 - 17:00
Sunday, 9\(^{th}\) of February: 9:00 - 13:00

**Next steps:**
If you are going to join us, please register and book your flights.

**Register**
Send a confirmation mail to Stefan Flegelskamp (**s-flegelskamp@t-online.de**) that you will participate.

**Flight**
Book your flight as soon as possible

**Accommodation**
Please use:
- [http://www.booking.com/](http://www.booking.com/)

Looking forward to meet you in Munich!

*Bettina Menzel, Thomas Niedermeyer & Stefan Flegelskamp*

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**NEXT**

International Psychodrama with Children and Youth Conference

will take place in

25th until 27th of September, 2020

Zagreb
The FEPTO Research Committee

Beyond Numbers and Words
- Measuring and Understanding Psychodrama

The FEPTO Research Committee aims at enhancing research in all areas of professional practice in psychodrama. Researchers, trainers, trainees and psychodrama practitioners are invited to initiate, to participate, to support and to conduct research and to create social networks of practitioner researchers within the psychodrama community.

As chair of FEPTO RC I want to encourage all training institutes to have two or three people in each institute that are interested in research to act as a coordinator for research or to be at least a contact person for information on research issues. It would be very helpful if these coordinators are also able to participate in the RC meetings.

Invitation to the forthcoming FEPTO Research Committee Meeting in Vienna

This meeting will look at different ways in which psychodrama research can be conducted. Different quantitative and qualitative methods will be presented and discussed: "Beyond numbers and words - measuring and understanding psychodrama". The general aim of this meeting is to support scientific work and research activities in psychodrama in different professional areas of practice.

Looking forward to meeting you in Vienna,

Johannes Krall /Hannes.Krall@aau.at / Chair of the FEPTO Research Committee
7th International Sociodrama Conference

24-28 of June 2020

The 7th International Sociodrama Conference will be held in the portuguese coastal city, Peniche, known internationally for its beaches, for nautical sports such as surfing, body boarding or diving. With several kilometers of fantastic landscapes, Peniche is an invitation to explore part of the beautiful coastline facing the Atlantic Ocean.

Be part of this conference, be part of the program!
Dear Friends of Group Psychotherapy, Psychodrama and the Congress of Pergamon, 

The theme of our Congress this year is “Resilience & Sustainability.” We know that what made each of us survive and come to this day is not only our biological makeup, but our interactions with others and with the environment. Thus do our life stories persist. In a sense, we withstand if we can flourish what life has to offer to us, by bringing into it our inner resources. If we are ready to offer our prosperity to life, and open up and accept life to redeem us, only then can we achieve sustainability. Hence, similar to the ripples appearing on the surface of a lake upon throwing a pebble, each and every unique life story of struggles and resilience would intersect to encompass the whole of humanity.
Facilitating Collective Intelligence

Chantal Nève-Hanquet and Agathe Crespel

Facilitating Collective Intelligence brings together a wealth of knowledge and techniques from psychodrama, Jungian and systemic analysis to inform group facilitation. Throughout the book’s four parts, key inner attitudes, questions and action techniques are explored to help facilitators nourish open and flexible forms of communication within groups, stimulate collective intelligence and foster creative approaches to collective problem-solving. With the help of numerous sensitively related case studies, the book guides the reader through the process of achieving more dynamism in group work, fostering creativity, encouraging agility and developing co-construction within groups.

https://www.routledge.com/

J. L. Moreno and The Psychodramatic Method

John Nolte

The book covers the work of the psychodrama pioneer in the field of mental health and discourse on his techniques. Methods of handling situations and scenarios that frequently arise in psychodrama sessions are described and amply illustrated with examples from actual psychodramas. The existential philosophy upon which psychodrama is founded, Moreno’s Doctrine of Spontaneity-Creativity, and the theories important to understanding psychodrama are all discussed. The final chapter is devoted to the life and work of J. L. Moreno.

https://www.routledge.com/
Memories from Tallinn