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Dear Colleagues,

We are approaching the end of 2018, a year full of positive developments for FEPTO and the Psychodrama community. The online platform FEPTO forum that was launched a few months ago, the decision to publish a scientific Psychodrama journal, the inclusion of Psychodrama in the official list of the approved psychotherapeutic modalities of the European Union, were just a few of the significant developments. We hope to warm up and motivate all psychodramatists and FEPTO members to maintain the same enthusiasm and to continue contributing to the joint effort to further the growth and flourishing of FEPTO.

The idea of flourishing prevailed during our last council meeting in Dave. All of us, having taken into consideration the feedback given by our community in the VOICES assessment, after our last Annual Meeting in Pravets, agreed that since we revisited our core functions last year, we should dedicate the next AM to establish how we can secure the well being of our Organization, by consolidating the “prosperity” of its member institutes. The term “prosperity” is used here in its original meaning, as proposed by Aristotle, referring to the spiritual, physical and emotional welfare of individuals and collectivities. You can read more about the forthcoming Annual Meeting and Conference in the present Newsletter.

Another important issue discussed in detail was the function of the FEPTO council. We contemplated on how we can render the FEPTO council to work more effectively and profitably for the community and we also came up with ideas that we will propose to the General Assembly in Tallinn, Estonia. The reduction of the number of council members to 7 or 8, as per the FEPTO Constitution, and lengthening the future council work term to three years may be options to be reviewed. We also continued the discussion about the issue of covering the costs of participation in the AM for future council members.

We would like to thank the Local Organizing Committee, consisting of Estonian and Finnish colleagues for the hard work that we know they have been doing for some months now, and will continue doing until May 2019. They have been very resourceful in planning and organizing the 14th FEPTO Conference and we are sure that it will be a great, successful event!

Lastly, we would like to thank you all for your support and contribution to FEPTO, as well as to wish you a happy new year, full of joy, happiness, health and of course, a lot of fun and enjoyment with your daily work as psychodramatists.

We hope to see you all in Tallinn, in a few months time!

Nikos Takis
President

Krzysztof Cieplinski
Vice President
14th FEPTO Conference
May 17th to 19th

MINDFUL ACTION FOR DEVELOPMENT
Learning of Individuals and Groups

27th FEPTO Annual Meeting
May 19th to 23th

FROM CREATIVITY TO FUNCTIONALITY:
Prosperous Members in a Flourishing Organization
FEPTO Conference and AM 2019 are co-organized by:

Helsinki Psychodrama Institute (Finland),
Tallinn Psychodrama Institute (Estonia),
Tartu Psychodrama Institute (Estonia).

The cooperation of Tallinn, Tartu and Helsinki Psychodrama Institutes is developing every year and is a good example of sociometric strength between psychodramatists.

**Tallinn Psychodrama Institute, Estonia**

Tallinn Psychodrama Institute is a training center of Moreno Center, founded in 1998. The team of our main trainers (Pille Isat, Tuuli Vellama, Aivar Simmermann, Andres Sild) was formed in 1995 in a psychodrama training group led by Sirkku Aitolehti, TEP, from Helsinki Psychodrama Institute. Other trainers from Finland, Sweden and Norway have been active at the Institute during these years.

The training program offers courses at the level of psychodrama group-leader (3 years); director, CP Certified Practitioner (6 years) and TEP, Trainer Educator Practitioner (at least 9 years). Every year 2 first level training groups start for 1 year and from these groups at least one group is formed to continue for 2 more years for the group-leader level. We have added specified coach and supervisor training in psychodrama, the combination with action methods works very well and is accepted by Estonian Supervision and Coaching Association.

Web pages: [www.morenokeskus.ee](http://www.morenokeskus.ee) and Facebook: [https://www.facebook.com/Tallinna-Ps%C3%BChodrama-Kool-108306779199435/](https://www.facebook.com/Tallinna-Ps%C3%BChodrama-Kool-108306779199435/)

**Tartu Psychodrama Institute, Estonia**

Tartu Psychodrama Institute is a successor of the Swedish Moreno Institute which started regular training in Estonia in 1994. The main trainers were Ruuda Palmquist and later Leif Dag Blomkvist and Marc Treadwell. The first TEPs (Karin Hango and Vahur Murutaru) were certified in 2008. The Estonian organization was founded in March 2012.
Today Tartu Psychodrama Institute is running psychodrama training groups and short courses, both experiential therapy groups and methodology teaching workshops. We start with a beginners training group every year. In 2019 the 12th group will commence.

Our teachers: [http://www.psyhhodraama.ee/pdi/inimesed](http://www.psyhhodraama.ee/pdi/inimesed)
Our history: [http://www.psyhhodraama.ee/pdi/ajalugu](http://www.psyhhodraama.ee/pdi/ajalugu)
Web pages: [http://www.psyhhodraama.ee/](http://www.psyhhodraama.ee/)

**Helsinki Psychodrama Institute, Finland**

Helsinki Institute was founded in 1992, and its own first training program started in 1996. The institute is a member of NBE Nordic Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy, and a member of FEPTO since 2011. Sirkku Aitolehti, TEP, was one of the first trainers in our institute. Now the director and main trainer is Reijo Kauppila, Psychodrama trainer TEP, and other trainers are Päivi Rahmel, TEP, Sami Puumala, TEP, and Reijo Rautiainen, TEP. Our institute has visiting trainers from Finland and other European countries.

The institute offers psychodrama trainings in Group leading (1+1 years), Psychodramatist (4 years), and Psychodramatist CP (6 years), which includes certification as supervisor (organizational counselor). We offer training process work for Psychodrama trainers TEP, too, and it lasts at least 10 years. Our main focus is psychodrama in organizations, education, supervision, social work, and in therapeutic use. Helsinki Psychodrama Institute is the coordinator of EBTS-Trainings-project, which is funded by Erasmus+ Adult Education 2017-2019.

Web pages: [www.ihmis.fi](http://www.ihmis.fi) and Facebook: [https://www.facebook.com/psykodraamainstituutti/](https://www.facebook.com/psykodraamainstituutti/)
Reijo Kauppila—Chair of LOC

I am the director and the main trainer at Helsinki Psychodrama Institute, Finland. I am a Psychodrama Trainer TEP, and M.Ed. in Adult Education. I am a certified supervisor and business coach, too. Extremely interested in adult learning and development. My two main interests in psychodrama training are 1) to research and develop the pedagogical and educational competences of trainers and training institutes, and 2) to concretize, what makes learning in and by psychodrama so special 3) to develop applications of psychodrama, sociodrama and sociometry for organizations and leadership. I conduct seminars in psychodrama, supervision and coaching in Finland and in other European countries, and I work in organizations in private and public sectors. International projects, like Inspirational Pedagogy and EBTS-Trainings, are ways for me to develop psychodrama in different fields of application.

Pille Isat

Founder of Moreno Centre and Tallinn Psychodrama Institute, Estonia. Psychologist, psychodrama therapist, supervisor and trainer, TEP. Member of Estonian Psychotherapy Association and Crisis Program for Children and Youth.

Aivar Simmermann

Founder of Moreno Centre and Tallinn Psychodrama Institute, Estonia. Doctor of theatre sciences, psychodrama supervisor and trainer, TEP: Member of Crisis Program for Children and Youth.

Endel Hango

I am the foreign minister of Tartu Psychodrama Institute, Estonia, a trainer and a teacher of psychodrama and playback theatre. I also work in a professional setting with organizations and teams, helping them enhance their creativity and spontaneity. My primary education is in psychology and economy. And I love to play with chaos and order, spontaneity and systemic thinking to enhance growth.
Tallinn, the venue, excursion, traveling, passport and visa, arriving

**Tallinn** is the capital and largest city of Estonia. It is on the northern coast of the country, on the shore of the Gulf of Finland. From the 13th century until 1918 in languages other than Estonian, the city was known as Reval. Tallinn occupies an area of 159.2 km² and has a population of 453,328.

Tallinn, first mentioned in 1219, received city rights in 1248, but the earliest human settlements date back 5,000 years. The initial claim over the land was laid by the Danes in 1219, followed by a period of alternating Scandinavian and German rule. Due to its strategic location, the city became a major trade hub, especially from the 14th to the 16th century, when it grew in importance as part of the Hanseatic League.

Tallinn is the major political, financial, cultural and educational center of Estonia. Often dubbed the Silicon Valley of Europe, it has the highest number of start-ups per person in Europe and is a birthplace of many international companies, including Skype. The city is to house the headquarters of the European Union IT agency. Providing to the global cyber security it is the home to the NATO Cyber Defence Center of Excellence. The city was a European Capital of Culture for 2011, along with Turku in Finland.

Tallinn in Estonia and Helsinki in Finland are considered to be sister towns and cooperated intensively especially after 1992 when Estonia reclaimed its independence as a free Republic.
CONFERENCE & ANNUAL MEETING’2019
GENERAL INFORMATION
Tallinn, Estonia

Old Town
It can be arguably considered that Tallinn’s main attractions are located in the old town of Tallinn (divided into a "lower town" and Toompea hill) which is easily explored on foot. Tallinn's Old Town is one of the best-preserved medieval cities in Europe and is listed as a UNESCO World Heritage site. Town Hall Square, situated in the center of Old Tallinn, is used as a market place.

The Venue
Tallinn Teachers' House (Õpetajate Maja)-Town Hall Square (address Raekoja plats 14, Tallinn)
FEPTO Conference and AM 2019 will be take place in the Teachers’ House, which is in the center of Old Town. The Teachers’ House is an events and training center in Tallinn Old Town, situated just on the Town Hall Square. Its historical milieu and the neoclassical rooms create an inspiring atmosphere and festive feeling for every event. You can have a look by an open virtual tour on the webpage.
The Excursion on Wednesday May 22nd

The excursion will be a ferry cruise from Tallinn to Helsinki and back. Ferries are practical and reliable and they connect Finland and Estonia – Helsinki and Tallinn – with about 10 departures every day, from early morning till late evening. The distance between Helsinki and Tallinn is only 80 kms, and the trip takes about 2.5 hours. Almost 9 million passengers take this trip each year.

We will start the cruise at 12 o’clock with a buffet lunch on the ferry, then have presentations of Finland and Estonia – history, language, present time, and future – and a Playback Theatre performance at the Conference Center. We will arrive in Helsinki at 4 pm. There will be free time to visit Helsinki (for example a Finnish sauna with a sea water swimming pool next to the ferry terminal). The trip back to Tallinn starts at 8 pm with a buffet dinner on the ferry. We will arrive in Tallinn at 11 pm. The ferry terminals are in the centers of these two cities.

For the ferry cruise we will need the birth date of all the participants. This will be requested during registration.
How to arrive in Tallinn

There are good flight connections to Tallinn, Estonia, from major cities in Europe, a well functioning ferry connection from Helsinki, Finland (2.5 hours), and some ferries from Stockholm, Sweden (12-15 hours), too.

**Airport:** The Lennart meri Airport is about 4 kilometres (2 miles) from Town Hall Square (Raekoja plats).
- Tram nr 4, to Viru
- Bus nr.2, to Viru
- Taxi – all taxis are legal at the airport, 10 EUR to the city center

**Ferry:** Taxi – Tallinnk (1921) and Tulika (1200) are most secure, check the fees on the cars!
- less than 10 euro to the city center
- Bus Num. 20A, does not go by very often, stop at Viru
- 15 minutes by foot

**Bus:** There are good quality coach connections from all the Baltic capitals, and even from Russia, Poland and Germany.

**Car:** The Via Baltica motorway (part of European route 67 from Helsinki to Prague) connects Tallinn to the Lithuanian/Polish border through Latvia.

**Passport and visa**

Estonia is a Schengen area, so please, check local authorities for the potential visa requirements in order to enter Estonia. For residents in Schengen regions, please, bring your passport or any other personal identification approved in all Schengen states.
CONFERENCE & ANNUAL MEETING’2019
REGISTRATION AND ACCOMMODATION
Tallinn, Estonia

Registration for the CONFERENCE  click here  ➤  REGISTRATION form - Conference‘2019

Early bird—available until February 28th, 2019.
♦ Regular registration fee - 150 EUR, Accompanying persons fee - 60 EUR
♦ Reduced price for students and staff of FEPTO members and founding members - 125 EUR.

Late bird
♦ Regular registration fee - 175 EUR, Accompanying persons -85 EUR
♦ Reduced price for students and staff of FEPTO members and founding members is 150 EUR.

After April 15th, 2019, we cannot guarantee a place for participation, but you can check the availability by email: conference2019@fepto.com

After your registration, you will receive an invoice by email with all the needed information for payments (including due date, reference and bank information).

For the conference the registration fee includes lectures, workshops, home groups, poster session and large groups (the program), refreshments on breaks, and dinners on Friday and Saturday evening. For accompanying persons, it includes dinners on Friday and Saturday, and coffee and tea on breaks during the conference.

Registration fee doesn’t include lunches and accommodation, which are to be organized and paid for by the participants themselves.

Registration for the ANNUAL MEETING  click here  ➤  REGISTRATION form- Annual Meeting’2019

Early bird—available until February 28th, 2019.
♦ Regular registration fee - 350 EUR, Accompanying persons fee - 245 EUR

Late bird
♦ Regular registration fee - 395 EUR, Accompanying persons -290 EUR

After April 15th, 2019, we cannot guarantee a place for participation, but you can check the availability by email: am2019@fepto.com

After your registration, you will receive an invoice by email with all the needed information for payments (including due date, reference and bank information).

The registration fee includes the AM program with all the meals and refreshments on breaks. The excursion to Finland is included, too, with two meals (with wine, beer and soft drinks). With other meals wine and beer is not included, but there will be a bar with wine and beer at affordable prices. For accompanying persons registration fee includes all meals and coffees, social events and the excursion to Finland.

Registration fee doesn’t include accommodation, which is to be organized by the participants themselves.
Accommodation – please, reserve and pay for your accommodation!

The address of the venue “Teachers’ House” is Raekoja plats 14, Tallinn, and it is situated in the middle of Old Town. There are many restaurants and cafes near the venue for having lunch.

We have an offer from the hotel “Meriton Old Town Garden Hotel” ****, Lai 24 / Pikk 29, Tallinn (https://www.meritonhotels.com/en/). It is one of the hotels very close to the venue. This offer is available until March 31st, 2019:

<table>
<thead>
<tr>
<th>For the Conference</th>
<th>For the Annual Meeting</th>
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<tr>
<td>3 x Economy Single – 76€/night</td>
<td>3 x Economy single – 66€/night</td>
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<tr>
<td>5 x Standard Single – 86€/night</td>
<td>5 x Standard single—76€/night</td>
</tr>
<tr>
<td>12 x Standard Twin – 92€/night</td>
<td>25 x Standard twin—82€/night</td>
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All rooms ensuite. Breakfast is included in prices.

If you would like to stay in Meriton Old Town Hotel, Mrs. Eha Täht-Kriisa will help you with reservations. The email for reservations is accommodation2019@fepto.com. You will receive an invoice with the confirmation of reservation in this hotel.

Please, make your reservation as soon as possible, because “first come, first served”. There is only a limited number of rooms. The hotel cannot guarantee that there are available that type of accommodation you would like to have.

In the center of Tallinn, there are many other options for accommodation, and some are even more affordable than the hotel mentioned above:

- **Other hotels:** there is a large variety of hotels in Tallinn, with different levels (stars) and prices. You can find these on www.booking.com and other booking services on web.
- **Hostels:** there are good quality hostels in the center, too. Have a look on www.hostelworld.com.
- **Private apartments:** there is a wide and quite affordable choice of Airbnb-flats in the center. Have a look: www.airbnb.com

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<thead>
<tr>
<th>For the Conference</th>
<th>For the AM</th>
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<td>LOC Chair Reijo Kauppila (tel +358 44 599 3377) and Secretary Katrin Laansalu <a href="mailto:conference2019@fepto.com">conference2019@fepto.com</a></td>
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<tr>
<td>LOC Chair Reijo Kauppila (tel +358 44 599 3377) and Secretary Katrin Laansalu <a href="mailto:am2019@fepto.com">am2019@fepto.com</a></td>
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FEPTO, an organization assisting European and Mediterranean countries, is a great international platform for exchange and support for member institutes and all persons who are interested in psychodrama and related methods. We try to make psychodrama practice/training more effective, recognisable and fruitful for society.

Our approach is capacious and flexible, we can apply it in many forms and contexts: individual, pairs, small and large groups, clinical/psychotherapy work, education, social work, health promotion, etc.

As a FEPTO council we would like to announce and invite you to present your work as a poster which will be shown at the forthcoming FEPTO Conference and AM in Tallinn, May 2019.

The goal of this project is to open an additional space for the participants to share the current activity in the field of psychodrama (including sociodrama and sociometry) and action methods with the audience of these FEPTO annual events.

We trust, that it will be interesting for all participants to see what kind of research you are actually undertaking or what kind of best practice/training you conduct.

You are friendly invited to present your good practices or final research findings in graphic form as a poster.

Posters can be prepared by the individual member or by the team of co-authors. After the poster session the best posters will be awarded! Encourage yourself and your colleagues – get your students involved!

THE GUIDELINES AND FORMAL REQUIREMENTS FOR A POSTER PREPARATION

- What makes a good poster?
- Important information is readable from about 3 meter away
- The maximum size of the poster is A0 (841x1189 mm)
- Title is short, clear connected to the content and draws interest
- Text is clear and to the point, use between 300 to 800 words
- Use of bullets, numbering and headings makes it easy to follow
- You can also use graphics, colours, charts, photos, images
- Choose consistent and clear layout
- Think of what the most important/interesting finding in your research or other project is
and make it visible for the readers

Posters should be prepared in English, please check language.

What software can be used to make a poster?

The easiest way to prepare a poster is to outsource this to a professional graphics company, but you can also prepare it yourself using helpful software.

You can use licensed software like **Power Point** (a part of **Microsoft Office** package) as well as **Adobe Illustrator, Photoshop** or **In Design**.

Another **possibility is to use Open Source software** like **Open Office** (impress is its Power Point alternative) **Inkscape** and **Gimp** (alternatives to Adobe products). For charts and diagrams, you can use e.g. **Gliffy** or **Lovely Charts**.

Please compare: [https://guides.nyu.edu/posters](https://guides.nyu.edu/posters)

How to prepare and send your application?

Please inform us about author (co-authors) full name (s), affiliation and the title of the poster. Also send an abstract in English summarizing the content within 100 to 200 words. Include the information about the size of the printed version of your project.

Please visit the FEPTO Conference and AM Website, where you will find the link for the application form or click here

[Application for poster session](https://guides.nyu.edu/posters)

**The deadline for sending posters is 28 of February 2019.** Confirmation of participation will be 15th March 2019.

Please, share your research and professional experience with others! Let your flower be visible! Make FEPTO a more flourishing organization!

**FEPTO Posters Committee**  
*Krzysztof Ciepliński, Kerstin Jurdel and Judith Teszáry*
MINDFUL ACTION FOR DEVELOPMENT - LEARNING OF INDIVIDUALS AND GROUPS

We humans are relational, action-oriented beings. Our function is based on sensations, perceptions, and processing of data in neurosystems in relation to other human beings, animals, and nature. We need to learn and develop for surviving and succeeding in our lives. We learn totally new things and ways of thinking and action, or we can learn to relate in a bit new way to situations and relations we already are used to. Mindfulness and neuropsychology offer many methods and research outcomes, which are connected especially to learning and development of individuals. Psychodrama, sociodrama and sociometry are based on theories and creative action methodology, which can generate and support effective experiential learning in individuals and groups.

In this FEPTO Conference we will combine action, mindful, focused presence and development with perspectives based on mindfulness, neuropsychology, psychodrama, sociodrama and sociometry. Morenian theory and methodology is practiced in action for development and healing of individuals and groups.

There are 3 lectures, which offer views to action, presence and learning of individuals and groups based on neuropsychology, mindfulness, and learning by creative action methods of psychodrama. In practical and experiential workshops you can get familiar with concrete (co-)creative action methods and techniques, learn new perspectives on human relations, group leading and learning based on neuropsychology, psychodrama, sociodrama and sociometry, and share experiences with other professionals working in different fields of human action and development.

Local Organizing Committee
conference2019@fepto.com
CONFERENCE ’2019
CALL FOR WORKSHOP PROPOSALS
May 17th to 19th

In this FEPTO Conference we will combine action for development and mindful, focused presence with perspectives based on neuropsychology, psychodrama, sociodrama, axiodrama and sociometry. Morenian theory and methodology is practiced in (inter-)action with individuals and groups. There are a lot of connections between the practice of psychodrama and sociometry and modern research on neuropsychology and approaches to mindfulness.

The key note speakers offer perspectives from neuropsychology and mindfulness onto action and presence in the context of learning in psychodrama. These are linked with core theories and practice of psychodrama and sociometry.

For the conference we are looking for experiential workshops that will concretize and explore these connections. The 2-hour workshops should:

- Be in English (no translation)
- Explore a specific topic relevant to the theme of the conference
- Provide a theoretical frame and practical experience for a group of up to 20 people

The proposal should be sent in by January 15th, 2019:

- The title
- The workshop leader(s) + short description

Short abstract, incl.

- topic and the approach
- description of methods / process that will be used

Contact information

Submit your own proposal as soon as possible, no later than January 15th, 2019, here:
CONFERENCE ’2019
CONFERENCE PROGRAM
May 17th to 19th

MINDFUL ACTION FOR DEVELOPMENT - LEARNING OF INDIVIDUALS AND GROUPS

PROVISIONALLY PROGRAM

Friday May 17th, 2019

15.00-16.15 Registration
16.15-17.30 Opening and warm up
17.30-17.45 Coffee break
17.45-19.15 Lecture about neuroscience and neuropsychology (Key note speaker to be confirmed)
19.15-20.30 Dividing into small home groups and a home group meeting /home groups are for reflection and integration of lecture with own work and psychodrama
20.30 Dinner

Saturday May 18th, 2019

10.00-11.00 Key note speaker Riin Seema, Phd: What is mindfulness and how it develops?
11.00-11.30 Home groups: Reflection and integration of own work and psychodrama
11.30-12.00 Coffee break
12.00-14.00 Workshops 1: please, see Call for workshops, send your own proposal to conduct a workshop!
14.00-15.30 Lunch (not included in the registration fee)
15.30-17.30 Workshops 2: please, see Call for workshops, send your own proposal to conduct a workshop!
17.30-18.00 Coffee break
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<th>Time</th>
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<tr>
<td>18.00-19.30</td>
<td>Home groups: Reflection and integration of own work and psychodrama</td>
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<td>20.00</td>
<td>Dinner and PARTY</td>
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**Sunday May 19th, 2019**

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<th>Time</th>
<th>Event</th>
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<tr>
<td>10.00-11.30</td>
<td>Key note speakers Sirkku Aitolehti, Kirsti Silvola, and Päivi Rahmel, all Psychodrama Trainers TEP: Learning in and by psychodrama</td>
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<tr>
<td>11.30-12.00</td>
<td>Coffee break</td>
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<tr>
<td>12.00-13.00</td>
<td>Home groups: Reflection and integration of own work and psychodrama</td>
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<tr>
<td>13.00-14.00</td>
<td>Integration and Closure</td>
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**Optional**

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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>15.00-16.30</td>
<td>Tour in Old Town</td>
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Optional and for those who want to take part in it. There will be a small fee. If you are to participate in FEPTO AM 2019, too, there is enough time to come along on this tour.
The topic and the structure of the forthcoming 27th Annual Meeting was the main theme of our recent council meeting in Dave, Belgium. Taking into account the feedback given by our community through the Voices questionnaire in Pravets, Bulgaria we decided to continue working in the same spirit as we did last year. In addition, we discussed how we can enhance ourselves as an organization. How we can heighten the well being, the “prosperity” of our member/institutes according to Aristotle’s definition. We wondered how the training institutes that constitute FEPTO can benefit and improve by the processes of our collectivity, enrich their function and provide an even higher quality of psychodrama training. Therefore, we came up with the following title:

FROM CREATIVITY TO FUNCTIONALITY: PROSPEROUS MEMBERS IN A FLOURISHING ORGANIZATION

Last year in Pravets we created small groups based on the different functions of our Federation and we deepened on how we can improve our procedures. This year we plan to continue along the same line of thinking and additionally to have small group work on other topics that will be of interest to our community members, in relation to the training and other needs of their institutes. Having said this, we invite those of you that would like to propose a theme that could be processed in a small group during the Annual Meeting to do so, by sending us an e-mail to our Secretary Ana Cruz, at secretary@fepto.com, and Kerstin Jurdell, the Chair of the Annual Meeting Committee, at annualmeeting@fepto.com, by the 20th of February 2019. The proposals will also be uploaded on the newly launched FEPTO online platform by Fred Dorn, for further consideration.

The list of the small groups will be finalized by the end of February during the Executive Council meeting, so we need to have your proposals submitted beforehand.

The small groups that we have already planned are:

- Group on constitution revision and changes
- Group on Psychodrama research
- Group on Psychodrama training
- Group on Psychodrama ethics
- Group on Psychodrama theory and interconnections with other approaches

We are waiting for your proposals and responses. In the meantime, we are at your disposal for questions and clarifications. Do not hesitate to contact us, in case you need any assistance.

Nikos Takis
FEPTO President
ANNUAL MEETING ’2019

INVITATION TO SUGGEST A SMALL GROUP TOPIC FOR THE ANNUAL MEETING

May 19th to 23th

As written in the text regarding the presentation of the AM topic, we want to

INVITE YOU to propose a small group topic.

Inspired by the Aristotelian Eudaimonia - that has been defined as ‘human flourishing or prosperity’ - we invite you to look at our organization in general, and at each of its institutes, and search for new ideas and topics that should be addressed in order to walk towards the common good.

In continuation of last year in Pravets, the small groups already planned are:

  - Group on constitution revision and changes
  - Group on Psychodrama research
  - Group on Psychodrama training
  - Group on Psychodrama ethics
  - Group on Psychodrama theory and interconnections with other approaches

In addition to the above, which topics would you like to be addressed in the small group to make:

  - Your institute more prosperous
  - Our organization more flourishing

Please, send your proposal to:

  Ana Cruz | secretary@fepto.com and Kerstin Jurdell | kerstin.jurdell@gmail.com

before 20th February 2019

Ana and Kerstir will present the different proposals at the board meeting and the board will choose which small group topics will be covered at the AM.

The choices of the small groups will be presented in the next newsletter so everyone can warm up to their choice. The final choice will be made on the spot, in the large group at the AM.

Welcome with prosperous and flourishing ideas!

Ana & Kerstir
ANNUAL MEETING ’2019
AM PROGRAM
May 19th to 23th

PROVISIONALLY PROGRAM

Optional
15.00-16.30 Tour of Old Town. Optional and for those who want to participate. There will be a small fee. If you are also participating in the FEPTO AM 2019, there is enough time to come along.

Sunday, 19th of May
15.00 Registration
17.00-17.30: Welcoming by the LOC, President & Vice President of FEPTO Greetings
17.30 -19.30: Warm up to the meeting by the Local Organizing Committee
20.00-22.00: Welcome Dinner and Social Encounter

Monday 20th of May
9.30-11.00: Introduction to the AM Topic (A lecture)
11.00-11.30: Coffee Break
13.30-15.30: Lunch
15.30-17.00: Small Groups II
17.00-17.30: Coffee Break
17.30-19.30: Large Group
20.00-23.00: Dinner & Social Activity

Tuesday, 21st of May
09.30-11.00: Small Groups III
11.00-11.30: “Agora” meeting of the new institutes & coffee break
11.30 – 13.30: General Assembly, part I
13.30-15.30: Lunch
15.30-18.30: General Assembly, part II/voting
18.30 – 20.00: Student award ceremony and poster session
20.00-... : Dinner & Social activity

Wednesday, 22nd of May
09.30-11.00: Small groups IV
11.45 Meeting at the harbour
12.00 – 23.00: Excursion to Helsinki by Ferry

Thursday, 23rd of May
9.00 - 9.30: Preparation of presentations of small group
09.30-11.00: Presentation of small group work in plenary
11.00-11.30: Coffee Break
11.30-12.30: Research Committee Presentation
12.30-13.30: Presentation of the New Council, transition ceremony, closure and hand over to the new LOC
13.30-15.00: Lunch & farewell
ANNUAL MEETING ’2019
FEPTO AWARDS announcement

Tallinn, Estonia

Award committee:

Arsaluys Kayir, arkayir@gmail.com
Stefan Flegelskamp, s-flegelskamp@t-online.de
Jutta Fürst, jutta.fuerst@uibk.ac.at

For the upcoming annual meeting in Tallinn 2019, the FEPTO Council has once again decided to thank and honour psychodramatists from member institutes or founding members for their contribution to psychodrama and FEPTO. Please send in your proposals regarding colleagues you think, should be awarded for the following:

FEPTO Lifetime Achievement Award
for a life-long contribution (innovative training, psychodrama practice, psychodrama research) to FEPTO or Psychodrama

Goals:
- Honouring people with a high commitment to the organization
- Encourage people to make efforts to develop psychodrama

Criteria:
The Psychodramatist candidate to be honoured should have:
- served FEPTO voluntarily from the very beginning (Council, Committees, organizational work etc., particular contributions) and/or
- contributed to psychodrama by teaching, training, and/or publishing in an outstanding way during their whole professional life.

FEPTO Excellence Award
for an outstanding single or on-going contribution (innovative training, psychodrama practice, psychodrama research) to FEPTO or Psychodrama

Goals:
- To enhance the reputation of psychodrama in their specific community of health, education, management, theatre or in general.
- To improve the psychodrama training regarding content, structure, teaching skills, research, positive training atmosphere and outcome.

Criteria:
The Psychodramatist candidate to be honoured should have:
- Either served FEPTO voluntarily over many years (Council, Committees, organizational work etc., particular contributions) or
- Contributed to the improvement of psychodrama in general or to psychodrama training regarding content, structure, teaching skills positive training atmosphere, psychodrama research and outcome more than usual.
FEPTO Psychodrama Students Award 2019

For the three best student theses of the year

Goals:

- Enhancing the reputation of psychodrama in their specific community of health, education, management or theatre and in general.
- Encouraging students to be a model for other trainees in order to develop the method.
- Encouraging training institutes to enhance the quality of theses in order to train students for research, writing and publishing.
- Motivate training and accrediting institutes to organize their training on a high standard.

Criteria:

- The thesis should contribute to practitioner research in psychodrama in order to assure quality of work in psychodrama and/or to develop the method further
- The thesis should be a study of excellent quality regarding theory, methodology, and presentation.
- The thesis should provide a clear question of research/inquiry, an appropriate method of investigation and a soundness of structure and scientific writing.
- The theoretical part should show an in-depth substantive dialogue with the chosen topic including current literature and relevant literature from related fields.
- Research methodology/methods of inquiry should be presented and applied according common scientific standards
- The study should potentially serve as a role model for other students to follow.

Guidelines for abstract and extended abstract:

The **abstract**, summarizing objectives, method and findings (with 200-300 words) and the extended abstract (with 1000-2500 words) should include title, author’s name, surname, affiliation, and e-mail. The **extended abstract** should provide keywords, introduction, methodology, findings, conclusion, and references.

Application:

- If the thesis is in English, send it in together with abstract and extended abstract.
- If it is written in another language other than English two supervisors/trainers, who could read the thesis in the original language, should write a recommendation according to the above stated criteria. It should include all reasons why the thesis is recommended.
- The complete thesis (9000-15000 words), abstract and extended abstract in English should be sent in pdf format to the award committee by the end of February 2019.
ANNUAL MEETING ’2019
FEPTO AWARDS announcement
Tallinn, Estonia

CALL FOR PROPOSALS

Please forward this announcement to your trainees and your graduated students of the past three years

WANTED

Gifted trainees and psychodramatists (graduated 2016-2018) who contribute with their psychodrama thesis to practitioner research in health, education, management, theatre and in general.

Rewarded by the FEPTO community with financial support in order to present the theses at a research committee meeting
Read the application requirements and send your theses in.
Psychodrama is magic. This statement would quickly find consensus in a community of psychodramatists. And it is true, all psychodramatists can tell stories about magic moments in their professional work or in their own experience as a protagonist on stage. We love psychodrama, because we have experienced its playfulness of spontaneous and creative action.

However, a professional community is more than a group of “believers” and “followers”. We need to challenge our experience from a systematic point of view, which includes scientific work and empirical research. Since psychodramatists are used to changing roles and perspectives, we can take the role of those, who want to know more about the specific potentials and limits of our method and who want to further develop psychodrama instead of getting stuck in a conserve. Systematic inquiry and research enable us to take a meta-perspective and to better understand the change processes and positive and negative effects of our work.

Developing the role as a practitioner researcher and fostering a research culture as part of our training and practice is still a task to focus on for the future. Therefore, “Scientific reasoning in psychodrama training and practice” was the topic of our Research Committee Meeting. And yes, we need further research for our magic profession.

Research for a magic profession?
Scientific reasoning in psychodrama training and practice

Johannes Krall
REPORTS
FEPTO RC Report

In Leipzig, more than thirty people were present with additional guests on Friday during the presentation of the keynote speakers. We welcomed Prof. Dr. Bernhard Strauss (Universitätsklinikum Jena), who talked about “Current trends in (group) psychotherapy research” and we discussed questions and challenges we are facing in psychodrama research. Furthermore, our psychodrama colleague Dr. Reinhard T. Krüger from the Moreno-Institute Edenkoben/ Überlingen demonstrated and discussed the topic “Monodrama”. In addition, Prof. Dr. Konrad Schnabel from the International Psychoanalytic University Berlin presented a pilot study about “Psychodrama and wise interventions”. Apart from the keynote speakers, we heard about on-going research projects from our psychodrama colleagues. It was a pleasure to share our research work, to learn from each other and to enjoy social events together.

I want to express my thanks to the LOC – Katja Kolmorgen, Anett Richter-Nowak and Uwe Novak from the Surplus psychodrama training Institute in Leipzig for their excellent work in hosting our meeting.

Parallel to the above, we started the preparation for the upcoming

RC Meeting at the University of Padova:

From Resilience to Wellbeing – Promoting Health through Psychodrama and Action Methods

28th of February to 3rd of March 2019

Please also save the date for our FEPTO RC Meeting in Vienna from 10-13 of October 2019.

I am looking forward to meeting you there,

Johannes Krall
Chair of FEPTO RC
The preparation of the next AM in Tallinn is mainly done through communication with the LOC and the LOC’s representative board member Reijo Kauppila. As a chair, I have emphasized from the small group work done in Pravets, that the LOC should be more responsible in the leadership of the AM in cooperation with the board.

As a chair of the membership committee I have read and evaluated one applicant, SPA institute from Belgrade, Serbia, and found their application fulfills FEPTO membership requirements. The institute was a guest at the AM in Pravets.

In cooperation with Secretary Ana Cruz we prepared a written invitation for the NL for proposing small group topics. In cooperation with vice-president Krzysztof Cieplinski we are preparing poster sessions in the conference and AM.

Kerstin Jurdell,
Chair of AM and Membership committee
Marco GRECO

... I am at the airport in Monaco waiting for the plane to Torino which has a delay of 40 minutes ... I am taking this opportunity to write something about the Congress in Cluj that I just said goodbye to.

It’s not easy to write something on the spur of the moment. So, I choose to make a list of feelings and impressions that I have in my heart and mind.

First of all, Simona Vlad. She was perfect in organizing and managing the diary of the Congress. Always smiling, helpful, elegant and strong. An excellent host, with an efficient and motivated team. They chose an incredible location: the Belvedere Hotel on Cluj Hill, in perfect traditional architecture.

I remember other people with great affection too: really there are many, many, many. People most of whom I have not mentioned by name. I remember their faces so well, their smiles, their warm willingness to help me translate into English (and, sometimes, in Italian ...), their hugs, their wise words. I carry in my heart some people I had not seen for a long time, like Horatiu Nil Albini, Irina Ştefănescu and Mihaela Bucuţa ... people capable of warm and grateful greetings.

Everything was perfect at the conference! Above all, the people... they were all “witnesses” to their worlds, their school, their Masters, their experiences with clients. And, as in every Congress, I felt that people were looking, sometimes in a spasmodic way, for news, ideas, comparisons, confirmations. And, in the case of this Congress, many questions were answered.

The Congress offered a good chance to share the applications of psychodrama in therapy and in organizations.

In my case, I spoke about my recent work, over the past 3 years: a series of projects in two factories of Fiat Chrysler Automobile group. More than 700 people were involved in the psychodramatic method. We worked with a Role Playing, and sometimes it was really exciting.

In addition, as President of the Moreno Museum Association, I talked about the project to make the Bad Vöslau Moreno’s house a museum; improving the archives of the psy-
chodramatists who decide to leave their legacy to the world, as Anne Ancelin Schützenberger made, entrusting her professional library and archive to Moreno Museum Association to be reordered in Turin, Italy. It was thanks A.A.S.’ archive cataloguing work and the cooperation with Anne’s daughter, Hélène, that we found some data to ask INA (Institut National de l’audiovisuel) for the famous film “Psychodrama”. The film was shot by Roberto Rossellini, at the RTF studios (RadioTélévision Française) in 1956. Many had heard about this footage with J.L., A.A.S. and the interview with J. Enneis but more often they had ended up with the 1964 movies shot in Paris by Jean Luc Leridon, during The First International Conference on Psychodrama. Some wondered if really existed. Watching J.L. and a young A.A Schützenberger struggling with the task of helping some French television actors to express themselves with a higher level of spontaneity was very interesting and moving; we were also surprised to find that one of Rossellini’s assistants was a very young Claude Lelouch, who became a great director some years later.

During the Congress in Cluj, I was pleased to share a few minutes of this footage, in its original version restored by the National Archive of Corporate Cinema of Ivrea (Torino, Italy). After its first showing in Paris, in March 2018, the footage will be screened in Italy during the 36° Torino Film Festival, last week of November. A DVD with a booklet will be published within this year. Moreno Museum Association was invited to cooperate at this project (follow the updates on www.morenomuseum.org).

When you read this, the event in Turin will probably have already taken place, but I was glad to share something of this argument with you in such a positive context.

Now I would like to cite other people who have enriched this Congress: Jacomien Ilbrink from Holland, Gabriela Maria Man from Romania, Monica Westberg from Sweden, Hannes Krall from Austria; and the great Hilde Gött, relevant and warm as always albeit far from "his" Yaacov Naor, who was passing his most difficult days...

During the congress many Romanian conductors have dealt with complex issues: children; violence; sexual abuse in organizations; the trauma and the psychodrama; the dreamlike design and the psy-
What remains from what happened
Congress in Cluj

chodrama in depression; peace; the past as a resource; the sociometry; family conflicts; learning by playing; a work of sociodrama; the internal supervisor; the difference between composing and interpreting.

I am returning to Torino with a heart full of joy and gratitude towards the Romanian community of psychodrama that has managed to organize its Congresses respecting its two souls: the most analytical one (this year, in Cluj) and the Morenian one (next year, in September, in Brașov), working all together.

And I am returning home enriched by colleagues and students who continue to question how they can improve their professional identity to help people in therapy and organizations, sharing and showing a high level of awareness and professionalism.

Thanks to everyone and ... see you next year in Brașov!

Marco GRECO
In the last decade Sociodrama has had an explosive expansion in Europe and in the countries surrounding the Mediterranean sea, basically FEPTO area. Sociodrama attracts social scientists, mental health workers, pedagogues, organizational consultants and other professionals dealing with social issues and social transformations, group dynamic and group processes.

Sociodrama as a group method is used when we deal with problems in a society or problems between countries or collective trauma or bullying in classrooms and many areas where groups exist.

Thus different Sociodrama trainings start in different countries without a common agreement about quality and standards.

The thorough work during the early years in FEPTO led to the creation of the minimal training standard (MTS) as a requirement and as a guide for the member institutes in order to harmonize the psychodrama training in Europe and in the Mediterranean countries. In order to be truly able to follow the ideas, theory and philosophy of J.L. Moreno, psychodrama and sociodrama should be able to work side by side. If sociodrama is a group method, concerned with groups on micro and macro level, than we need equal status for both methods. So, by making sociodrama an equal method with psychodrama and opening up the possibilities for a sociodrama committee in FEPTO we open the door to widening and broadening up our perspectives as professionals and opening the doors of FEPTO to other professionals who are practicing sociodramatic method and philosophy.

Through establishing a Sociodrama Committee which deals with questions concerning Sociodrama training and practice and by working on the standardization of the method, we can take a step forward.
Proposal for creating a Sociodrama Committee in FEPTO

Therefore we propose that FEPTO creates a committee for Sociodrama, with the purpose of protecting the interest of sociodramatists, establishing and maintaining high ethical norms.

This committee opens up a possibility for creating a platform and a meeting place for Sociodramatists. Through the work and meetings of the sociodrama committee we would promote research especially action methods, participatory action research and other forms of research applicable to the Sociodrama method, (specifically qualitative methodology such as discourse analysis, thematic analysis, collecting and analyzing narratives and others).

Judith Teszáry, Coordinator for FEPTO staff in the Erasmus+ PERFORMERS 2 project

Jana Damjanov, FEPTO staff member of the project

This proposal is supported by the Erasmus + PERFORMERS 2 project, FEPTO is involved as a partner organization and by the International Sociodrama network.
It is a pleasure to invite you to the 4th meeting of the network group “Psychodrama with Children and Youth”. We would be delighted to welcome you in Cardiff, Wales from 1st – 3rd of February, 2019.

The topic of the meeting is:

DEVELOPING STANDARDS FOR PSYCHODRAMA WITH CHILDREN AND YOUTH TRAINING

After three very fruitful network meetings, in Torino the network steering group decided that it is time to go to the next level and to address some important professional issues.

In order to be recognized as a specific branch within Psychodrama we need to develop training standards appropriate for psychotherapy with children and adolescents.
We would like to invite colleagues who have already developed standards for Psychodrama for children and youth on a national or organizational level to share their experience. We would also invite professionals who are interested to contribute to this “unpopular” topic.

Also, in order to create an effective working atmosphere and positive group dynamics, we would like participants to share some successful and joyful warm-ups techniques from their practice in working with children and adolescents.

If you want to present training standards, curricula or special warm-ups about psychodrama with younger people, please send a message by 1st of January, 2019 to Stefan Flegelskamp.

s-flegelskamp@t-online.de

Please forward this invitation also to colleagues in your institutes who are involved with this psychodrama field and curious to work on it.

Our local hosts will be Craig Stevens! Craig is happy to take questions about local issues (transport, distances etc.) but not about accommodation.

craigincumbria@aol.com
Upcoming Events
FEPTO Research Committee Meeting

FROM RESILIENCE TO WELLBEING-PROMOTING HEALTH THROUGH PSYCHODRAMA AND ACTION METHODS

28th of February - 3rd of March 2019

Palazzo del Capitanio, Piazza Capitaniato 3,
NEW BOOK IN FRENCH
English edition publishing soon

FACILITATING GROUPS WITH ACTION METHODS:
A GUIDE FOR TRAINERS, CONSULTANTS, COACHES, SUPERVISERS AND LEADERS

Authors:
Chantal Nève Hanquet and Agathe Crespel (Belgium)

The approach proposed in this book, developed by the authors from the experience of Chantal Nève Hanquet, has its roots in three principal sources of reference:
• the work of Jacob Levy Moreno
• inspiration provided by the writings of Carl Gustav Jung
• the Systemic Approach.

Because they provide a means of enabling groups to consider a single situation from a different angle, action methods from JL Moreno can be a way of accessing new ideas, resources, and solutions.

The 260-page book; with the title Faciliter l’intelligence collective, originally written in French and published in April 2018 (English edition publishing soon), offer guidance for the use of action methods that are designed to regulate group dynamics, project development, creativity, and so forth for a wide range of practitioners – trainers, consultants, supervisors, facilitators, coaches, academics, teachers, managers, coordinators, presenters, politicians, mediators, or any kind of facilitators.

The book is divided into 4 parts:
Part 1 of the book presents Nine Inner Attitudes that will fuel and nourish open and flexible forms of communication within groups. It is important for facilitators – whether director, team leader, academic, trainer, or coach – to pay attention to and continue to work on their own inner attitudes. For a group to function fruitfully qua group requires an emotionally and physically inviting facilitator.
Part 2 of the book offers Seven Key Questions to stimulate Collective Intelligence. Though it may be difficult to pinpoint precisely what it is that makes a group come alive, there are a number of key issues that it is essential to address:

Key 1: How to work with the here and now?
Key 2: How to create a safe frame and content?
Key 3: How to stimulate cohesion?
Key 4: How to strengthen a sense of personal competence?
Key 5: How to take account of what remains unspoken?
Key 6: How can we encourage people to see the same situation from different angles?
Key 7: How to remain on a searching path?

Part 3 of the book presents Five Action Techniques drawn from psychodrama for broadening the field of possibilities: Doubling, the Empty Chair, the Empathy Circle (created by Chantal Neve Hanquet), Revealing Chairs and Analogical Detours.

Six guidelines, inspired by the work of Moreno and enriched by a Jungian and systemic analysis approaches, provide a source of inspiration for facilitating the experience of ‘holding’, or the ability of the facilitator to ‘carry a group’ and ensure that its work is performed in a safe setting.

Part 4 of the book: 35 Tools for use in group facilitation

All the tools presented in this section link up with the Inner Attitudes, Keys to Stimulate Collective Intelligence and Action Techniques described and illustrated in the three earlier parts of the book. Here they are presented in alphabetical order, each on a separate page, and identified by specific titles such as Attitude, Empathy Circle, Cohesion, and so on. Each description contains similar sections covering ‘goals’, ‘guidelines’ and ‘putting it into words’, the latter offering suggestions as to how a facilitator might introduce a topic to a group. The index and the glossary provide additional navigational tools for readers, enabling individual facilitators to extend their practice in accordance with personal background and interests, style and signature.

Contact the authors:

Chantal Nève Hanquet hanquetchantal@gmail.com
Agathe Crespel agathecrespelnu@gmail.com
The Authors:

**Jasna Veljkovic, Ph.D.** Associate Professor at the Faculty of Political Sciences, Department of Social Work and Social Policy, University of Belgrade. Specialist in Clinical psychology for the last 26 years, psychodrama therapist from 1990 and trainer for the last 20 years and a Group analyst. Coauthor and author of the several books on Psychodrama. Previously worked as a clinical psychologist and psychotherapist for 20 years at the Belgrade Psychiatry Clinic:” Dr Laza Lazarevic”. Trainer of the Serbian Psychodrama Association: Moreno. Director of Psychodrama Association:” Psychodrama Club”.

**Dusan Potkonjak, M.D.** psychiatrist (retired), for the last twenty-five years has been living and working in Great Brittan (London), trainer of the British Psychodrama Association, founder of Psychodrama in former Yugoslavia. Trainer of the Serbian Psychodrama Association: Moreno

**Primarius Zoran Djuric, M.D.** neurologist and psychiatrist, psychodrama therapist from 1990 and psychodrama trainer for the last two decades. He is working in the Belgrade Psychiatry Clinic:” Dr Laza Lazarevic”, in private practice. Trainer of the Psychodrama Association: Belgrade Psychodrama Centar. Coauthor of the several books on Psychodrama.

Sonja Savic, special education teacher and a speech therapist, psychodrama therapist since 2008, psychodrama body-work psychotherapist and a child integrative psychotherapist since 2015. Working in private practice.

Sanja Zivotic, M.D. child and adolescent psychiatrist at the Clinical Hospital Centar: ”Dr Dragisa Misovic” in Belgrade. Psychodrama therapist since 2017 on education in Kleinian psychotherapy approach.

The book has been thoroughly proof read by our colleagues Vesna Petrovic and Istvan Pete. This book is composed of ten chapters which have been written by six authors. All of them are Serbian psychodrama therapists. Reviewers are: Istvan Pete, psychodrama trainer from Subotica and Vesna Petrovic, professor on the Faculty of Psychology in Novi Sad, trainer and integrative psychotherapist.

All of authors are psychodrama therapists and four of them are founders of psychodrama in former Yugoslavia and experienced psychodrama trainers. This book gathered three generations of psychodramatists: from the founders of psychodrama in former Yugoslavia, to its first students who were the founders of the first Psychodrama Association -JUPA and their students, certified psychodrama therapists. The main goal of this book was to present readers with various possibilities of application of psychodrama practice with different groups. In the book’s preface, the editor presented a short history of the foundation of psychodrama in the territory of former Yugoslavia.

The first chapter introduces specificities of the life and work of J.L. Moreno; the second chapter deals with the different ways of running psychodrama groups, depending on the type of group (open groups, workshops, experiential groups, educational groups, etc.); the third chapter deals with mental catharsis in psychodrama; the fourth chapter deals with defining Clinical psychodrama and establishing a distinction between non-clinical and clinical psychodrama; the fifth chapter entitled “Encounter with a child”, presents us with an application of psychodrama on a group of small children, age 4-5; chapter entitled: “Group psychotherapy and Psychodrama in the treatment of psychotic patients” describes psychodrama group work with psychotic patients in a Psychiatry Clinic; chapter entitled: ”The Group as a Church” describes psychodrama practice with an outpatient group of psychotic patients; chapter: “The case of little Hans in Psychodrama mirror” describes an authentic psychodrama enactment of Freud’s original case on the psychodrama workshop; chapter entitled :”Application of psychodrama as a teaching method with students of the Faculty of Social work” describes the application of psychodrama with students in social work for teaching purposes; the last chapter entitled : “My parents and me”, deals with application of psychodrama on an adolescent population.
This year, a special commemorative ceremony will be held on the evening of **March 29th, 2019** to celebrate Anne’s **100th Birthday** from 17h until 20h at the University of Paris.

Colleagues, students, family members and friends will be present to officiate the ceremony and honour Professor Anne Ancelin Schützenberger.

You are invited to attend this special commemorative ceremony to honour our great teacher, Professor Anne Ancelin Schützenberger.

"Come and Show Us...."

**Warmest Regards,**

*Manuela Maciel, Helene Schutzenberger, Leandra Perrotta, Collete Esmenjaud, Marie-Madeleine Nyssens*
I'm extremely sorry to announce that our beloved Yaacov Naor passed away today 12/12/18 and will be buried tomorrow. The family will be seating Shiva in Israel. May he RIP.

Hod Orkibi

IN MEMORIAM

We have lost a loved friend, a colleague, a master, a dedicated psychodramatist and a wonderful human being.

Take these final farewell messages from your FEPTO friends and colleagues:

I wish I could be there and pray Kadish for our dear friend Yaacov... may his soul rest in peace with Hashem...he was a very good man! I am so sad.

Hug, Luciano

As long as we remember him and cherish his precious presence in our community he will be with us. I am listening to the Klezmer music I've got from you in exchange of my stamps. Stamps is a transgenerational issue for me since my grandfather was also collecting stamps, but we had to sell his albums in the 50s. Hard times after the war. I hope I can see your collections and be with you for a moment when I come to Tel Aviv.

Judith Teszáry

Yaacov vid his eyes guided me to his library to find the place of his psychodrama books and he smiled when I found the Psychodrama books of our Psychodrama Community friends.

Maurizio Gasseau

My mind is frozen, and my heart is in tears. May his free soul be happy forever.

Horatiu Nil Albini

How to express with words the warm smile, the cheeky glint in his eyes and the loving embrace of our dear friend and brother Yaacov. Yaacov was smart, warm, funny, caring and profound. He impressed us with his work for peace but more still with his deep humanity and incredible generosity. You will live on in our hearts. Ciao bambino!

Leandra Perrotta
Final farewell messages from your FEPTO friends and colleagues to Yaacov Naor

- Dear Yaacov, My Friend, my Psychodrama Brother, Expressive Arts Therapist, Buffon, Peace-maker, Shaman and Integral Human Being! I am still very moved by your passage and always remember your symbol, the Pegasus, which is a Horse with Wings, that you met in many places and also in Poland, from where your ancestors came from...

Also remembering you crossing borders from Israel to Palestine, dressed as a woman to build Peace, which was and is, always, your Personal and Professional Mission, transforming the Trauma and the Silence from your and our Ancestors. These last years, you were Co-Founder, Trainer and Supervisor of the Anne Ancelin Schutzenberger International School Transgenerational Therapy receiving Anne's personal invitation at London's IAGP Congress, in my presence. Shalom, Shalom, my Heart Friend, at this special day of Shiva’ a at your Home, with wife, daughter, son and family, colleagues and friends!!!

Manuela Maciel

- Yaakov ....traveled met and aplicated Psychodrama and the Morenoan Philosophy...trying to connect solve deep issues between,generation Victims...suffering from conflicting Sides!!! Wow what a courage ...
Big loss not only in Israel....but all Places he succeeded to reach!!!!
Mourning the loss of a great friend and colleague. We love you Yaacov. Love and light on your journey !

- Rest in peace, dear Yaacov! I will miss you! I could hear your drums. The heavenly psychodrama stage got one more talent.

Galabina Tarashoeva

- I’ ll miss you Yaacov, your wonderful person. My thoughts are with his Family and everyone who has had the privilege to know him. 💔 Condolences to Yaacov’s family .
Yaacov’s memory is with me from Cluj and Paris. With sadness for the loss and love for a great soul?

Christina Sanson

Dear Yaacov you will be in our hearts always. We will speak out your name as a great and courageous peace worker. Baruch Dayan Emet.

inci

— It is a very sad moment and the feeling of love Yaacov connect and close us in a togetherness moment with him.

The sense of a psychodramatic family/community as Yaacov feels to belong and helps to construct is now, in this moment, for him . Dear Yaacov, In your matrix family you will have always your chair, even around the table as you always want we be”

A warm hug,,

Gabriela Moita
– As long as their name is pronounced, they are alive (Maimonides, 1135-1204).
Yaacov Naor, z.l., our dear friend and colleague, has passed away yesterday. We are so very many to be sad and thinking with warmth to his beloved family. Amazing things could be said, Yaacov about your numerous professional skills, actions and contributions as a worldwide renowned psychodramatist and expressive therapist...
But just now, as you left this life, Yaacov, what is again most striking is rather your special way of inspiring us with your way of being and your way of doing in this earthly trip called Life.
We can still almost hear you (or sense you) saying (or demonstrating)
« LET US
- FEEL each moment (whether up or down) and LISTEN
- CARE intensely for our family, friends, colleagues, and for the other in general
- TAKE GOOD CARE OF OURSELF and of our inner child
- LOVE LIFE deeply
- BE a GENEROUS soul and act accordingly
- BE CREATIVE AND INCLUSIVE
- HEAL wounds and traumas
- RECONCILE the conflicting parts
- BE PROACTIVE in striving for peace
- BE a FREE mind and a free soul
- BELONG to humanity as a whole
- ENJOY the small (and big) pleasures of life
- HAVE FUN AND LAUGH !
- .... »
So many pieces of your beauty...
Thank you so very much from all of us, Yaacov, for having been such an inspiring and humane being, who kept on experiencing (with such a spontaneity and with such a tenderness) the mystery of life and of (co-)existence. My very dear friend, I love you and I will miss you.
WE love you and WE will miss you.
... Your name, Yaacov, will go on being pronounced for a long time...

Norbert Apter

– "Dear Yaacov, you’ve role reversed with your angels and we are now to take care of them: your memories, especially your smile and grace, your psychodrama legacy, your wisdom and your immense love. Hope you get a good laugh out there!"

Irina Stefanescu

– Dearest friends, returning from Yaacov’s family, it was comforting to see so much people come to visit, friends, family, colleagues and students. Shlomit and her children are very excited and grateful for all they read about Yaacov on Facebook. Today I feel much better than Thursday. Though I felt so sorry, couldn’t do anything, just sitting on a chair and thinking. That’s life.

Rosa Shemesh
Final farewell messages from your FEPTO friends and colleagues to

Yaacov Naor

- Rest in peace, dear Yaacov... I often remember your important concepts with big gratitude and it helps in everyday life! And your meaning of hugs is so warmly for me. It is a big luck to know You! And You always will be in my heart.

- Dear Yaacov, I will save in my heart our personal meetings... I remember the traveling to your ancestor's places in Końskowola and Dęblin, as well as the encounter with my family. Thanks for sharing and celebrating with us at our home and visiting the kindergarten of my son, Franek. We always felt with you like a family member. Thanks for your deep wisdom, simplicity, mindfulness and humor.

I am also very thankful for your unique work with transgenerational trauma, especially during the seminar you co-conducted in Auschwitz. You gave me the chance to understand deeper and more empathically the Holocaust tragedy and the Jewish tradition in Poland.

Dear psychodrama and humanity teacher, dear friend, rest in peace!

Krzysztof Ciepliński

- Dear Israeli friend Yaacov Naor passed away. In this moment of miss, I am happy for this loving moment in my house with friends Leandra and Manuela, sharing the company of this special human being, dedicated to the struggle for peace, for reconciliation between descendants of the second and third generations of the Holocaust survivors and aggressors (see article of it in the Brazilian magazine of psychodrama). His life was rich and his legacy remains!!!

Heloisa Fleury from Brazil

- Dear Yaacov, founding members of FEPTO, we rub shoulders with warmth and friendship. I appreciate your wisdom and your wish to be a sower of peace. You offer us a work of art made of fabrics sewn together symbol for me of the place of diversity in us and between us. Thanks Yaacov, be in the light.

Chantal Nève Sanequet

- To our good friend and colleague Yaacov,

You shall be missed.

There will always be a place for you in our hearts and the psychodrama stage of FEPTO.

Nikos Takis, President
IN MEMORIAM

Yaacov Naor
1948 –2018

Born: August 1, 1948 (Munich, Germany) Raised in Israel since 1949, except 1973-1981 which was spent in the USA. Served 3 years in IDF (Israeli Army). Married+ 2 children. Fluent in English and Hebrew. Working knowledge of German.

Education and training:


Professional experience:
1977-present Training and teaching in the areas of Psychodrama, Therapeutic Theatre and Intermodal Expressive Arts Therapy in Europe, the USA, Canada and Israel.
1983-present Founder and Director of ”The Inner Theatre-Psychodrama Centre” which became in 1996 “Isis Israel”- Psychodrama and Intermodal Expressive Arts Therapy Centre, Tel-Aviv.

1983-present Founder and Co-Director of “Confronting the Holocaust”, a special psychodrama dialogue project bringing second and third generation Holocaust survivors together with young Germans.

1988-present Faculty Member of the Advanced Expressive Arts Therapy Spring-Symposium sponsored by the International Network of Creative Arts Training Centres.
1994-present Psychodrama and Intermodal Expressive Arts Therapy staff trainer. The Palestinian Counselling Centre (PCC) Jerusalem.

1981-1996 Assistant Professor, Director of the Psychodrama Training Program at the Arts Institute Project in Israel, Tel Aviv.


1977-1981 Director of the Psychodrama and Expressive Therapy Program. Lawrence Unit, Danvers Mental State Hospital, Massachusetts, USA.
2019

Jan. 16-20 **Australian and Aotearoa New Zealand Psychodrama Association (AANZPA)**
Duchesne College, University of Queensland, Brisbane, Australia
http://aanzpa.org/

Feb. 2-3 **Various Italian psychodramatists and psychodrama associations**
Provaglio D’Iseo, Brescia, Italy; Ventennale di psicodramma: *Pescatori di sogni*
www.psicosociodramma.it

Feb. 25 **American Group Psychotherapy Association (AGPA)** - Los Angeles, California, USA
March 2 *The Healing Power of groups in a Fragmented World*
www.agpa.org

March 16-17 **Asociacion de Sicodrama y Sicoterapia de Grupo (ASSG)** - Madrid, Spain
24º Encuentro ASSG: *Identidad. Una perspectiva Sicodramática*
http://www.assg.org/

March 21-24 **Centaur Art Foundation** - Plovdiv, Bulgaria
8th Psychodrama Festival
http://centaur

March 29 **Various psychodramatists** - Paris, France
Commemorative ceremony to celebrate Anne Ancelin Schützenberger 100th birthday
http://www.facebook.com.events/

April 2-6 **World Council for Psychotherapy (WCP) and World Association for Personality Psychology (WAPP)** - Hanoi, Vietnam
3rd World Conference on Personality
http://www.worldpsyche.org/

April 4-7 **Spanish Society of Psychotherapy and Group Techniques (SEPTG)**
Madrid, Spain; 46th Symposium of SEPTG: *Feminidad, masculinidad, responsabilidad*
www.septg.es

April 6-7 **Italian Association of Morenian Psychodramatists (AIPsiM)** - Torino, Italy
17th AIPsiM Incontro di primavera: *Psicodramma tra arte e scienza*
www.aipsim.it
Psychodrama calendar

May 3-5  Österreichischer Arbeitskreis für Gruppentherapie und Gruppendynamik Fachsektion Psychodrama (ÖAGG) - Spital am Pyhrn, Austria
37. Psychodrama-Symposium: Paare – Schicksalspaare – Paarschicksale
https://www.psychodrama-austria.at/psychodrama/

Transformational Advances in Psychodrama, Sociometry and Group Psychotherapy
www.asgpp.org

May 8-11  Foro Iberoamericano de Psicodrama (FIP) - Costa Rica
Congreso Iberoamericano de Psicodrama https://
www.facebook.com/XIIiberoamericanoPsicodrama/

May 11-12  Istanbul Psychodrama Institute and Istanbul International Zerka T. Moreno Institute - Istanbul, Turkey; 25th Istanbul International Psychodrama Conference Psychodrama, Love and Sexuality
www.istpsikodrama.com.tr

May 17-19  FEPTO with Tallinn Psychodrama Institute, Tartu Psychodrama Institute and Helsinki Psychodrama Institute - Tallinn, Estonia
14th FEPTO Conference: Mindful Action for Development. Learning of Individuals and Groups

www.fepto.com

May 19-23  FEPTO - Tallinn, Estonia; 27th FEPTO Annual Meeting
From Creativity to Functionality. Prosperous members in a Flourishing Organization
www.fepto.com

May 29-01.06.  Denizli Psychodrama Association with Turkish Group Psychotherapies Association and in cooperation with all local psychodrama associations (İzmir, Istanbul, Ankara) - Bergama/Aesclepcion, Turkey; 44. Internationally Contributed Group Psychotherapies Congress: The traces Left In me
http://www.bergamakongresi2019.org

May 30  Centar za psihodramu (Croatia), The College of Academic Studies (Israel),

June 2  Institute for Psychodrama (Serbia), Alpen-Adria Universität Klagenfurt (Austria), Leopold Franzens Universität Innsbruck (Austria) and The UK Sociodrama and Creative Action Network (United Kingdom) - Sveti Martin na Muri, Croatia
10th International Spring Academy (ISA): Exploring Internal and External Boundaries in Groups and Society

www.centar-psihodrama.hr
Psychodrama calendar

June 7-9  **British Psychodrama Association (BPA) - Elim Conference Centre, Malvern, United Kingdom;** BPA International Conference: From the Personal to the Universal. The use of psychodrama and sociodrama with individuals, families and groups  
www.psychodrama.org.uk/index.php

June 14-17  **International Association for Group Psychotherapy and Group Processes (IAGP) - Thessaloniki, Greece;** 2nd IAGP International Research Congress: Trauma and Crises  
http://iagpresearchcongress2019.com/

July 3-6  **Society for Psychotherapy Research (SPR) - Buenos Aires, Argentina;** 50th Annual International Meeting: The Future of Psychotherapy Research  
http://www.sprconference.com/

August 1-6  **Centre of Athenian Psychodramatic Encounters - Kolympari/Crete, Greece;** 3rd Hellenic Summer Psychodrama Academy  
http://www.psychodramath.gr

Sept. 4-8  **International Association for Group Psychotherapy and Group Processes (IAGP) - Iseo, Italy;** Psychodrama International Conference: Who Shall Survive?  
http://www.iagp.com/

Sept. 13-15  **Psychodrama Institut fur Europa e.V. (PIfE) - Riga, Latvia;** PIfE International Conference: topic to be decided  
http://www.pife-europe.eu/en/

Oct. 19-2  **Romanian Association of Classical Psychodrama (ARPsiC) and Psychodrama Society J. L. Moreno (SPJLM) - Brașov, Romania;** XII. National Psychodrama Conference: topic to be decided  
http://www.psihodrama.ro/

2020

June 24-28  **Various psychodramatists/sociodramatists with Sociedade Portuguesa de Psicodrama - Lisbon, Portugal;** 7th International Sociodrama Conference: Co-creating Social Responsibility  
https://7thinternationalpsychodramaconference.blogspot.com/2018/

Feel free to disseminate this psychodrama calendar. At the same time, we will be obliged if you will mention in your website, newsletter a.o. that it was compiled for and taken from the FEPTO website; and for following the updates to visit:  
http://www.fepto.com/annual-meetings/psychodrama-calendar
Wishing you wonderful season holidays and Happy New Year!

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