# FEPTO NEWS

ELECTRONIC NEWSLETTER OF THE FEDERATION OF EUROPEAN PSYCHODRAMA TRAINING ORGANIZATIONS

March 2018

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Dear members of the FEPTO Community,

In a few weeks we will meet again in Pravets, Bulgaria. As it has been already announced, the topic of the 26th Annual Meeting is “From Today Tomorrow: Revisiting our Core Functions”. The topic of the 13th FEPTO Conference that will be held right before the AM, is “The Tree of Life”: Tradition and Renewal.” We are looking forward to attending both these interesting events.

Firstly, we would like to thank the Local Organizing Committee of Bulgaria for the hard and excellent work they have done so far for the organization of those events. The ones amongst us who have already organized Annual Meetings and Conferences in the past, are very aware of the work load that is required for their successful completion. Their contribution is highly acknowledged and appreciated.

We are very pleased to acclaim the FEPTO Student Awards to colleagues who finished their final papers including some well conducted research on Psychodrama and Action methods. Thanks to colleagues form the Awards Committee for their input. We trust that this project will strengthen the mature reflection and research studies on our method among trainees.

The aim of the Annual Meeting will be to review and examine the ways that our Federation operates, to improve further our functions.

Important developments have been made recently in the fields of group work in various settings (psychotherapy, organizations, education etc.), mental health and societies. We deem important to be able to respond as FEPTO to these new challenges as well as to effectively contribute with our experience, knowledge and expertise to the best possible outcome in the new reality that is being shaped worldwide.
The Training Committee will be held very soon - 27-28th March 2018 - in Tallinn, Estonia, entitled “Psychodrama Trainer’s Core Competencies”.

Through our membership in the European Association for Psychotherapy (EAP), we have been participating in a discussion about the accreditation of psychotherapy as a distinct professional entity and we are also trying to include our method, psychodrama, in the list of approved psychotherapeutic modalities. Creating or strengthening alliances with other organizations and partners has always been in the interests of our Federation.

We will soon have the opportunity to discuss all the issues that concern FEPTO, our future, next steps and other topics that will arise, as always in our fruitful encounters. We hope to see you All in Pravets!

Nikos Takis
President

Krzysztof Cieplinski
Vice President
The psychodrama came back to the Balkans

HISTORY OF PSYCHODRAMA IN BULGARIA

Galabina Tarashoeva, MD, Ph. D

“The Psychodrama started from the Balkans and sooner or later it will come back to the Balkans” these words of J. L. Moreno came to me through Zerka Moreno, and I accepted as my mission to contribute this prophecy to be realized.

In the early 1970s, in the complete absence of any psychotherapy training or literature in Bulgaria, Dr. Georgi Kamenov began to lead the first psychotherapeutic groups in the basement of the First psychiatric clinic at the Medical Academy in Sofia and gathered around him a group of young psychologists and psychiatrists – “the underground period” of group psychotherapy in Bulgaria. Dr. Kamenov's followers, after his emigration, continued to lead therapeutic groups and formed a community like the Balint Group, named “Fridays”. I was introduced to the “Fridays” in 1979, at the end of my medical education, by Dr. Lyubomir Zhivkov, with whom I was practicing psychiatry, and with whom I shared my interest in psychotherapy.

In “Fridays” we worked with groups of inpatient patients of the clinic, in teams of two co-therapists and one recorder, almost secretly, after working time – at the evenings and during weekends. The group therapy was not part of the official therapeutic program, (group therapy was not allowed at that time), but the Boss of the clinic Prof. Temkov non-officially permitted it, friendly joking with “Stupid young enthusiasts”. The records were discussed every Friday, as a form of mutual supervision, both direct and indirect. At that time, in the “Fridays” I found Philip Dimitrov, Jeni and Rumen Georgiev, Dr. Alexander Marinov, Dr. Toma Tomov, Dr. Evgeni Genchev, Anita Fercheva, Mariana Gurganova, Bonka Tosheva, Nikola Atanasov. Every Friday afternoon we gathered and until late evening we analysed what was happened in each therapeutic group, the new candidates for inclusion in the therapy, the difficulties, the mistakes, the successes ... The directing of the groups and our participation in the Fridays was entirely voluntary, entirely gratuitous, free and out of working time, with all the necessary responsibility and a lot of enthusiasm. Accessible literature was then mainly an unofficial translation made by Dr. Alexander Marinov of Yalom's "Theory and Practice of Group Psychotherapy", which has become a guide to our work. We suffered from a "Hunger for learning and training".

Later on, in the early 1980s, some leading psychotherapists from abroad managed to penetrate the Iron Curtain and conducted single training seminars in Sofia.

Most of the participants in the “Fridays” took part in a number of art therapy workshops conducted by Diana Waller and Dan Lumley of England, and later in Seminars on Family Therapy and Systemic Approach led by George and Vassu Vassilio of Greece.

The first Encounter with Psychodrama

Several members of the "Fridays", after a serious fight for "exit visas", were able to leave for Zagreb in 1986 to take part in the IX Congress of the International Association of Group Psychotherapy (IAGP).

My encounter with psychodrama was almost random - Dan Lumley observed my wondering where to go, ad-
The psychodrama came back to the Balkans

SHORT HISTORY OF PSYCHODRAMA IN BULGARIA

Galabina Tarashoeva, MD, Ph. D

vised me to participate in the workshop of Ken Sprague, a friend of him from England, a psychodramatist. In practice, it occurred a sociodramatic workshop, but the experience was a stir. After that I took part only in psychodrama workshops, they were directed by Zerka Moreno, René Marineau, Göran Högberg, Monica Zuretti and others. I found my method!

After Zagreb there were 3 years of correspondence with Zerka Moreno and other psychodramatists, whom I met in Zagreb, in solitary searching for training. Zerka advised me to travel to Hungary in training groups of Judith Teszár, then she urged Göran Högberg from Sweden to come and teach us.

In 1988, at the conference of psychotherapists from the socialist countries in Sofia, we invited René Marineau and Göran Högberg and they held the first psychodrama workshops in Bulgaria. After them, I was no longer so lonely in my desire to study psychodrama. Dr. Göran Högberg agreed to launch a psychodrama training program in Sofia, led by the Stockholm Psychodrama Academy.

We received a gift from Göran - the book "The essential Moreno", edited by Jonathan Fox, and he instructed us to organize a group of 10 people who want to study psychodrama and to start reading the book together. In April 1989 began the training of the first group, later named "Sofia 1", directed by Göran Högberg and Gabriela Wiesman – Brun. The members of the group at that moment were: Anita Fercheva, Dr. Veselka Hristova, Dr. Galabina Tarashoeva, Dr. Irina Karaivanova, Mariyana Gurganova, Dr. Alexander Marinov, Dr. David Yeroham, Dr. Evgeni Genchev, Dr. Lyubomir Zhivkov, Nikola Atanasov, Dr. Toma Tomov.

During the first working week in April 1989, on the psychodramatic stage appeared the Berlin Wall, which spoke with a human voice and wept with tears. During the second working week the real wall, dividing Berlin and the world, had just fallen.

The second working week began on 17.11.89 - 7 days after beginning of the great political changes in 1989 (November 10th) and one day before the first democratic meeting at a square Alexander Nevsky.

Dr. Göran Högberg from Stockholm Psychodrama Academy was committed to the overall program, coordinating trainers and securing funding for the first meetings, but coming less frequently.

Gabriele Wiesmann - Brun from Psychodrama - Bern came with different co-leaders, or alone, 3-4 times a year for 5 days training each visit. One of the co-leaders was Helmut Beloch from Psychodrama Institute for Europe.

Other leading psychodramatists including René Marineau from Canada (Moreno's biographer), and Monica Zuretti from Argentina joined our training.

The first level of training in Sofia lasted 550 hours (50 minutes), distributed in 11 working weeks and ended in September 1991. The second level of education was completed in 1993.
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Psychodrama training during the transition period

It happened that every working week at the first level training coincided with an important social event, that excited the participants and entered in the work of the group.

For example, when we landed with Monica Zuretti at Sofia Airport, we learned that the Party House is currently burning. The next day Monica directed the sociodrama - what was happening in the square came into the group.

Recognition to all our trainers who directed our training free of charge, without paying for their work! Göran and Gabrielle not only did not get paid for their work, but made an effort to provide funding for their own travel expenses - Göran found a sponsor, Gabrielle organized a charity concert in Bern.

Gabrielle Wiesmann - Brun, every time she came for a working week with our group, she also made an open session for everyone interested. There was a relatively constant group of participants in these meetings who clearly and categorically declared their willingness to learn the psychodrama method. This group was separated in 2 new training groups, and they started training with 2 other training institutes.

With the training of Sofia 2 group since 1991, is committed Überlingen Institute in Germany, led by Grete Leutz. Several visiting trainers were changed, and finally Dr. Jörg Burmeister conducted and completed the training of Sofia 2 in 1998.

With the training of Sofia 3 committed the institute of Ella Mae Shearon, and personally Bernhard Achterberg. The group began its training in 1991, completed first level of training for psychodrama assistants on March 12, 1995, and second level, for psychodrama directors - 17.05.1998.

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Specifics of the first training groups in Bulgaria
* In the most of other countries, psychodrama developed after the psychoanalysis and group analysis have been institutionalized. And after some native psychotherapist has mastered psychodrama somewhere abroad, they came back to their homeland and trained the first generations of psychodramatists in their own language.

* In Bulgaria, the first generation of psychodramatists - the members of the Sofia 1, Sofia 2 and Sofia 3 groups were trained by guest trainers from 3 different psychodrama institutes, from 2 different countries.

* The training was in English, fully translated.

* It was based on 5-day blocks, several a years, during the other part of the year the trainers were far away from.

Support for training by IAGP members
The support we received mostly through Adam Blatner, who:

* Organizes a cross-border fund at IAGP to support the participation of Bulgarian psychodramatists at the IAGP congress in Montreal by donations from members of this organization.

* Collected and send a set of books and articles on psychodrama and group therapy

For the development of psychodrama in Bulgaria contributed many other guest trainers, who visited Psychodrama Center Orpheus, and directed cross-seminars for participants from different institutes: Prof. David Kipper, Sue Daniel, Bernhard Achterberg, Roberto de Inocencio, Dr. Monica Zuretti, Marcia Karp,
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Psychodrama Institute for Europe - PIfE
PIfE was established on 27.08.89 at the IAGP Congress in Amsterdam to promote psychodrama. Alexander Marinov, Galabina Tarashoeva and Drumi Dimchev were invited and participated in the establishment of the PIfE, we established as a Bulgarian branch of this institute. PIfE held its second conference in September 1993 in Sofia with the active participation of the Bulgarian Society for Psychodrama and Group Therapy. At the General Assembly of PIfE in Sofia Galabina Tarashoeva was elected as a board member.

Bulgarian Society for Psychodrama and Group Therapy
* It was meant to be a PIfE branch. Founded on 05.07.1990. from the members of the Group Sofia1 and was registered on 14.11.90 as a non-profit legal entity and with management board: Chairwoman - Galabina Tarashoeva, vice chairwoman - Veselka Hristova, and treasurer - Alexander Angelov. Under Bulgarian law at that time it could not be a branch of an organization that was not registered in Bulgaria.
* On 08.12.1990 BSGT was accepted as a full member of PIfE. Despite its engagement with PIfE at the beginning, the BSPGT later made its choice - to be autonomous, to issue Bulgarian diplomas by Bulgarian trainers, instead of accepting the PIfE proposal, to train and graduate the Bulgarian psychodramatists.
* BSPGT for 2 years - 1991 and 1992 issues and distributes in Bulgarian and English language, its own newsletter.
* BSPGT had a library of books donated by Adam Blatner. Unfortunately, it turned out that Dr. L. Zhivkov did not preserve them.
* For the first several years with varying intensity, operated a psychodramatists club.
* BSPGT established its training standards and approved training programs for Bulgarian trainers
* Like the sleeping beauty, BSPGT 3 times asleep deep sleep, last time 2010 – 2016. Actual president, Elena Evstatieva, in the role of the prince, weakens up it very tender and successful.
* Organized 4 national conferences, reading seminars, groups for intervision.
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Federation of European Psychodrama Training Organizations - FEPTO

FEPTO held its 10th Annual Meeting in Sofia in 2002, at the invitation and with the active participation of Psychodrama Center Orpheus and Psychotherapy 2000

During the AM took place a meeting of the BSPGT with FEPTO, and honouring Bernhard Achterberg.

The BSPGT adopts the FEPTO minimum training standards and requirements as well as its Code of Ethics. BSPGT was accepted as an institutional member of FEPTO in 2002. FEPTO is accepted as representing the psychodrama in EAP - the European Psychotherapy Association.

BSPGT in 2010-2013, through Psychodrama Center Orpheus, participated in European project EMPAUAER, developed in FEPTO Research Committee, together with some other institutes. The project was for the application of psychodrama for working with women victims of violence. Part of the project was an international study led by the University of Padua on the effectiveness of psychodrama in these psychosocial interventions. Through this project, we validate in Bulgarian language the tests SAI R (David Kipper) and CORE OM (Chris Evans).

As a continuation of an internationally designed study, developed in the RC of FEPTO, Galabina Tarashoeva within Varna Medical University, department psychiatry, conducted the first Bulgarian psychodrama research on Effectiveness of psychodrama with patients with panic disorder.

In 2016 in FEPTO started another European project with significant Bulgarian participation - Trauma stabilization for refugee families with psychodrama, innovation project 2017-2019, with the goal to create and implement an Evidence Based Trauma Stabilization (EBTS) training and program that will expand professional expertise of specialists who work with
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refugee, asylum seeking and immigrant families. The Bulgarian partner is Center for child development and psychological consultation Cognitiva.

In 2017 was established a FEPTO Student Award for the high quality of the thesis, study and presentation of outcomes/results. The first Student prize was awarded to Kristina Gotseva-Balgaranova from the Institute for Psychodrama Practices “Chiron”, Bulgaria, for the thesis “I'm a snake...”, “I’m an elephant...” Different faces of children’s aggression. The study measures the effect of individual therapy for children based on the Symboldrama developed by Alfons Aichinger.

BULGARIAN TRAINING INSTITUTIONS, with programs, approved by BSPTG and FEPTO:

Psychodrama Center Orpheus - founded in 1993, with director Dr. Galabina Tarashoeva, co-founder of FEPTO - 1996, and Orpheus a member of FEPTO.

Psychotherapy 2000 - founded in 1996 with co-chairs – Dr. David Jeroham and Dr. Evgeni Genchev accepted as a member of FEPTO in 1998.

Institute of Psychodrama, Individual and Group Psychotherapy "Bernhard Achterberg" - founded in 2005 with co-chairs Dr. Dimo Stanchev and Georgi Antonov, accepted as a member of FEPTO in 2006.

Chiron Institute - Established 2009 with manager Dr. Svetlana Nikolkova, accepted as a member of FEPTO in 2012

Red House Center for Culture and Debate, headed by Tsvetelina Yosifova, Master Program Artistic and Psychosocial Practices at the NBU, member of FEPTO since 2012

Application of Psychodrama Method in Bulgaria:

In Bulgaria, for good or bad, we observe the tendency for the same characteristics in application the method, as in many other countries, namely:

♦ A large part of the trainees does not finalize their learning process.
♦ A large number of graduate psychodramatists do not practice psychodrama.
♦ The vast majority of psychodrama practitioners prefer to train subsequent psychodramatists, but in the last time there is a new tendency for conducting thematic groups for non-professionals.
♦ Most psychodrama practitioners apply it in the psychosocial sphere, organizational psychology, pedagogy and theatre.
♦ A small number of practitioners of psychodrama work in the sphere of psychotherapy, mainly in "small" psychiatry and psychosomatic.
♦ Exceptions are psychodramatists, who apply the therapy method in "big" psychiatry, working with psychosis.
♦ Increasingly number of psychodramatists are oriented towards the monodrama and very little work psychodrama in groups and with families.

Doctor Moreno, rest in peace, Psychodrama came back to the Balkans!
CONFERENCE & ANNUAL MEETING’2018
Pravets, Bulgaria

13th FEPTO Conference
May 11th to 13th
THE TREE OF LIFE
Tradition and Renewal

26th FEPTO ANNUAL MEETING
May 13th to 17th
FROM TODAY, TOMORROW
Revisiting the Core Functions of our Organization
26th ANNUAL MEETING’2018
Pravets, Bulgaria

ANNUAL MEETING’2018
Pravets, 13th -17th May 2018
FROM TODAY, TOMORROW: REVISITING THE CORE FUNCTIONS OF OUR ORGANIZATION
PROGRAM

Sunday, 13th May
15.00-17:00 Registration
17.00-17.30 Welcoming by the LOC, President & Vice President of FEPTO
Greetings
17.30-19.30 Warm up to the meeting by the Local Organizing Committee
20.00-22.00 Welcome Dinner and Social Encounter

Monday 14th May
08.00-09.00 Breakfast
09.30-11.00 Introduction to the AM Topic
Lecturer: Dimo Stantchev
11.00-11.30 Coffee Break
Small Groups I
13.30-15.30 Lunch
15.30-17.00 Small Groups II
26th ANNUAL MEETING’2018
Pravets, Bulgaria

PROGRAM

17.00-17.30 Coffee Break
17.30-19.30 **Large Group**, facilitated by: *Inci Doganer*
20.00-23.00 Dinner and DJ Party

**Tuesday, 15th May**
08.00-09.00 Breakfast
09.00-10.30 **Small Groups III**
10.30-11.30 "Agora" meeting of the new institutes & coffee break
11.30-13.30 **General Assembly, part I**
13.30-15.30: Lunch
15.30-17.30 **General Assembly, part II/voting**
17.30-18.00 Coffee Break
18.00-19.30 **Small Groups IV**
20.00 Dinner & Talents Night

**Wednesday, 16th May**
08.00-09.00 Breakfast
09.00-11.00 **Experiential Large group**, facilitated by: *Zoli Figusch*
11.00-11.30 Coffee Break
12.00-22.00 Excursion and Dinner in Sofia

**Thursday, 17th May**
08.00-09.00 Breakfast
09.00-09.30 Preparation of presentations of small group
09.30-11.00 **Presentation of small group work in plenary**, facilitated by Sofia Symeonidou
11.00-11.30 Coffee Break
11.30-12.30 **Research Committee Presentation**
12.30-13.00 Closure and hand over to the new LOC
13.00-15.00 Lunch & farewell
26th ANNUAL MEETING’2018
Pravets, Bulgaria
More about the AM small groups

Psychodrama theory and interconnections
Facilitators of the group: Krzysztof Ciepliński & Nikos Takis

Firstly, we would like to thank the colleagues who have already registered for this small group. We also want to announce that the group will be co-facilitated by Krzysztof Ciepliński and Nikos Takis. There are already numerous members of our community interested in the topic of psychodrama theory and its connections with other approaches and modalities. We will attempt to explore and elaborate on the advancement of psychodrama theory and its transformation as an outcome of our practice, its encounter with other theoretical approaches and also the recent findings from studies in other fields, like neuroscience. During the last decades there seems to be a convergence in the various modalities in group work and psychotherapy and a mutual exchange of techniques and tools between them. Each method is “borrowing” elements from others in order to increase its effectiveness and expand the range of its applicability. Our aim is to discuss the place of psychodrama as a method in this new reality of psychotherapy and group work as it has been shaped lately. As a group of advanced practitioners and trainers we can support each other to understand deeper “psychodrama language of change” and also to identified and build bridges with other modalities/scientific “languages” used in the modern society.

As appeared in the previous Newsletter, we will start our work based on the following particular questions:
1) How can we recognize and strengthen our own PD identity? How can we make Psychodrama theory more present and workable, also how can we systemize and develop it?
2) If and how we as psychodramatists are familiarized/connected with our method and:
   - current neuroscience/scientific discoveries
   - other therapeutic/educational approaches?
3) How is Psychodrama integrated into other approaches? Which elements of our method are also used in other modalities?
4) If and how Psychodrama will be active in the next decade. Towards which directions should Psychodrama move in order to keep up with the more general developments in psychotherapy?
5) What areas of Psychodrama theory are underdeveloped and need to be more elaborated in order to provide a more thorough and comprehensive understanding of the functioning of groups and individuals?

Please feel free to add more issues that you might be interested in and do not hesitate to contact us with any questions and/or clarifications. We count on your ideas how we can make our work at the AM more effective and fruitful. If you have any interesting written materials connected to the topic of our group, please forward a copy to us.
We look forward with hope to a successful exchange.
26th ANNUAL MEETING’2018
Pravets, Bulgaria
More about the AM small groups

Small group on Ethics
Facilitator: Judith Teszáry

The Ethics committee is working on the code of ethics for training institutes/organisations. We are going to elaborate on procedures, rules or guideline concerning ethical issues in the course of training.

Here are some questions we will touch:
- How do the students know what they are committed to: responsibilities, obligations
- How do the students know what the training institute/organisation is committed to: responsibility, etc
- How do the students know the program, the requirements, the economical consequences of the training?
- Examination criteria.
- On what bases do we reject students? Are those criteria clear from the beginning.
- What procedure do you have to deal with cases?
- Does your institute have code of conduct?
- The ethics of announcements of Psychodrama groups on internet.
- What kind of ethical issues we dealt with during the last years?

We are going to work on some example of cases we know about.
- What are the most common complains the students have?

EAP (European Association of Psychotherapy) created a working group dealing with ethical and training questions about E-therapy/supervision/training, which is frequently used in internet communication.

FEPTO is helping to get a picture of these issues by collecting information about our members's use or not use of cyber sessions. I put here their questions and we in our small group work will touch this topic.

1) Has your modality developed standards for e-Therapy
2) Do you have any information on national laws and any legislation which might affect cross-border therapy/supervision.
3) Has your modality developed your Code of Ethics to include e-Therapy /Supervision
4) Do you provide training to your students on e-Therapy

Please, prepare your answers before the meeting.
Research
Facilitators: Johannes Krall/ Ana Sofia Cruz

During the FEPTO AM in Pravetz we will work in the small group on psychodrama research and related questions coming from the participants. We will inform about ongoing research activities and we propose the following topics:

- Getting acquainted with research processes and instruments
- Ongoing and new projects in the Research Committee: HSCED for psychodrama practice, training and supervision research
- Publishing: Book project and International Psychodrama Journal
- Integration of research into training: Basic research training in the curriculum?
- Research on the level of the training institutions: research participation in the RC? Research as part of MTS? Research training for trainers?

We will reflect upon the role of research for the quality and wider recognition of psychodrama. According to our FEPTO constitution, promoting research is one of our main tasks: “The focus of FEPTO is psychodrama training and research” (Constitution of FEPTO 2015, §1). Furthermore, in Article 2 of the Constitution, the task is further underlined: “… to promote research and quality-evaluations of the method“ (§ 1).

Therefore, the aim of the FEPTO Research Committee is to initiate and support research in all areas of professional practice. No matter whether psychodrama is applied in education, adult training, social work, community education, organisational counselling or psychotherapy, research is vital for quality of work and further development of psychodrama in theory and practice. The current objectives of the FEPTO Research Committee are to...

- be a platform for exchange in psychodrama research,
- initiate and conduct research,
- to share research tools and procedures,
- train the psychodrama trainers in research skills,
- integrate research in psychodrama training,
- involve psychodrama training institutions in building a basis for research,
- link psychodrama research with research in related fields, e.g. counselling, psychotherapy, psychology, education.
- foster interdisciplinary cooperation in psychodrama research
- to give support for publishing and presenting projects at international research conferences

It is one of our main challenges to improve research capacity in our training institutes and to enhance research networking. And finally, we will need more effort in publishing our research findings in national or international journals. We will also talk about the proposal to create an international psychodrama journal in close cooperation with FEPTO.

Still a long way to go from now to the future. However, like any other journey it can be achieved step by step. In our small group on research we will have time and space to do these steps together in a joint endeavour.
Training
Facilitators: Reijo Kauppila / Chantal Nève Hanquet

In the next FEPTO AM 2018 we will have the opportunity to focus on issues connected to training. At least the following topics will be explored:
Psychodrama trainers: What kind of competencies describe “good practice” of psychodrama trainers? What kind of training supports “good practice”? This will be a good opportunity to share good practices of training programmes, contents and methods for psychodrama trainers. The Training Committee will work on this topic in March 2018, and the outcomes will be used in Pravetz.
FEPTO school: FEPTO could be a matrix for a training network for member institutes, psychodrama trainers and psychodramatists. What kind of training, especially for psychodrama trainers, would be inspiring? Bring your own needs and ideas to the small group.
Psychodramatist and psychodrama therapists: FEPTO has quantitative MTS (Minimal training standards) for psychodramatists. In 2018, the qualitative core competencies of the psychodramatist and psychodrama therapist are described. Should we have qualitative MTS, too?
All other topics expressed which will energize the small group.
We will work both in action and with reflection, and share good practices in four sessions in this small group.

AM + Conference + membership
Facilitators: Kerstin Jurdell

The objective of the meeting is to discuss and present our thoughts.
MTS-Minimal Training Standards for being a member of FEPTO
What is the entitlement of being a member of FEPTO? What is a good eligibility? Are the MTS relevant as they are? What should be changed? Why? Motivate! Is the application procedure good? Should anything be changed?
Individual membership
Is there a need for a new form of membership which is not a training institute or accrediting organisation? For example, “seniors”? Supporters? Honorary members? Why? What would be good? What could be difficult with such a membership? How would it be performed?
Other questions related to Membership? For example, possibilities to exclude? How?
How are all these questions related to training in psychodrama?
Organisation of the AM
Is it good? What can be changed? Why? What is most important to keep? What must be changed?
For example: Democracy how? Length? Division big group-small groups? GA? How much inspiration from lectures and experiential workshops? How much emphasis in the living sociometry and action oriented work? Fepto platform for an ongoing change in the organisation? Welcome to discuss and explore. Facilitators may be chosen from the participants.

**Networking & Development**
Facilitator: *Fred Dorn*

During the last few years FEPTO has grown notably. Networking and development represent different aspects of growth and stability which are closely related to each other. Concerning FEPTO you can say that networking is development and vice versa. Development refers to the rules, strategies and fundamental mission of FEPTO. To comprehend FEPTO and to adjust it to the requirements of an organization concerning European and Mediterranean countries, we have to look closely at these different aspects of one issue.
Areas to be considered are issues and Guidelines on Networking Groups. Statute - Is it still actual and is it responding to the new needs and new circumstances? Networking and growth means, in our case - communication. We can discuss the new FEPTO Platform - options, resources, perspective.
GENERAL ASSEMBLY PROVISIONALLY AGENDA
TUESDAY, 15th of May 2018, Pravets

1. Opening the General Assembly:
   
   *Nikos Takis and Krzysztof Ciepliński (President and Vice-President)*

2. Appointment of secretary:
   
   *Secretary: Ana Cruz*

3. Appointment of 2 members to check the minutes

4. Establishment of the quorum

5. Appointment of vote counters
   
   *(Two persons to be appointed)*

6. Approval of the Agenda of the General Assembly

7. Approval of Sigtuna General Assembly minute

8. Report of the Executive Council
   
   President/ Vice-President report (*Nikos Takis and Krzysztof Cieplinsky*)
   Secretary & Internal Affairs (*Ana Cruz*)
   Treasurer report 2017 (*Chantal Nève-Hanquet*)

9. Auditor’s report / approval of the revised accountancy

10. Discharge of Executive Council

11. Reports of the Chairs of the Committee
   
   Training Committee report (*Reijo Kauppila*)
   Membership and Annual Meeting Committee report (*Kerstin Jurdell*)
   Ethics & International Affairs Committee report (*Judith Teszáry*)
   Development & Network Committee report (*Fred Dorn*)
   Research Committee report (*Johannes Krall*)
   Communication Committee/ Newsletter and Website report (*Katherina Ilieva*)

12. Approval of the Budget 2018

13. Proposal for the change of loss and profits between the Loc and FEPTO and discussion about the obligations of the LOC
26th ANNUAL MEETING’2018
Pravets, Bulgaria

The LOC is asked to prepare a provisional version of the program of both the AM and Conference by the Council Meeting on early November of the previous year and submit the final programs by the executive meeting on February of the same year.

14. Initiating a poster session and presentations in the context of FEPTO conference and Annual Meeting/connection with student awards: discussion and voting

15. Approval of the proposal of FEPTO Platform

16. Approval of the proposal for the International Journal with the support of FEPTO: discussion and voting

17. Approval of new memberships on the recommendation of the Council

18. Welcoming new members

19. FEPTO AM and Conference 2019 and 2020

**2019 Finland/Estonia:**
Organising institutes:
Helsinki Psychodrama Institute, Finland
Tallinn Psychodrama Institute, Estonia
Tartu Psychodrama Institute, Estonia
Place: Estonia

**2020 FYROM**
Organising institute: Amigdala

19. Proposal for FEPTO AM and Conference 2021
20. Discussion about the Constitution
26th ANNUAL MEETING’2018
Pravets, Bulgaria
Candidates to be voted in Pravets

APPLYING INSTITUTE

D.E.A. Psychodrama Institute
Address: 37 Petar Parchevich St, Entr B, Flat 1
Country and zip code: 1000 Sofia, Bulgaria
Phone number: +359 88 883 5976
Email: malen.malenov@gmail.com
Website: www.deapi.eu
President / Director: Inna Braneva

Formal Structure
Legal status: Non-for-profit public service foundation
Primary governing body: Council of Founding Members
Executive body: President and Vice-president (3-year term of service)
Committees: Training Curriculum committee, Outreach and PR, Financial, Library and Archives, Theoretical and Research, Networking, Control Committee.
All 8 trainers have the equal status of senior main trainers.

History:

DEA Psychodrama Institute is the union of 8 Bulgarian Psychodrama trainers and practitioners with diverse backgrounds in mental health, psychotherapy, academic training, social arts and related fields. All of them are alumni of the Psychotherapy 2000 foundation (member of FEPTO) with main trainers Dr David Jeroham and Dr Evgenii Gentichev and have previously worked as trainers at their organization of origin. Currently they are active in 4 major Bulgarian cities: Sofia, Plovdiv, Varna and Bourgas. A total of 5 Psychodrama Directors/Therapists and 28 Psychodrama Assistants/Consultants have graduated their training groups so far.

The acronym “D.E.A” stands for the main theoretical and methodological orientations of the organization: Dramatic, Existential and Analytic. Rooted in J. L. Moreno’s legacy these reference points also reflect the diverse paths the institute trainers have followed in their careers. Coming from the fields of clinical psychology, medicine, philosophy, community arts and having qualified as psychodramatists, they have further developed their competences by specializing and working also in other modalities: positive psychotherapy, group analysis, psychoanalysis, relational psychomotorics, playback theatre, etc.

Through its trainers the institute is affiliated to various other organizations, projects and initiatives. The staff members work as psychotherapists, university lecturers, trainers, consultants and supervisors. Several of them have been or are currently serving posts at the Bulgarian Society for Psychodrama and Group Therapy. Since 2012 two of them are the founders and organizers of the annual Psychodrama Festival in Plovdiv. Through the years the institute trainers have established various contacts both locally and internationally through their work.
26th ANNUAL MEETING’2018
Pravets, Bulgaria
Candidates to be voted in Pravets

Training Program
Length of the program

<table>
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<td>Training for conducting</td>
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<td>250</td>
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<tr>
<td>Supervision</td>
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<td>100</td>
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<tr>
<td>Decided freely</td>
<td>120</td>
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<tr>
<td>Practice</td>
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<td>200</td>
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<tr>
<td><strong>Total hours</strong></td>
<td><strong>880</strong></td>
<td><strong>1400</strong></td>
</tr>
</tbody>
</table>

List of training staff

Boriana Chalakova
Galina Doichinova
Inna Braneva – President
Konstantin Banderov
Malen Malenov – Vice-president
Petar Tsikalov
Svetozar Dimitrov
Zlatko Teoharov

Number of training groups 5
Number of certified psychodramatists 5 / 28

Code of ethics

abiding by the Code of Ethics of the Bulgarian Society for Psychodrama and Group Therapy

Recommendation Questionnaires by

Mme Chantal Nève-Hanquet – Belgium
Prof Dr Thomas Schwinger – Germany, Moreno-Institut Überlingen
Bulgarian Society for Psychodrama and Group Therapy – Bulgaria
FEPTO RECOMMENDATION QUESTIONNAIRE

I. Data of the Proponent

Representative of a FEPTO Accrediting Organization

Name of the Accrediting Organization: **Bulgarian Society of Psychodrama and Group Therapy (BSPGT)**

Name: Elena Evtatieva, Chairperson

e-mail: psychodrama.bg@gmail.com

II. Description of your knowledge about the Organization

How did you learn about this Organization?

The organization was presented to the Executive Board of the BSPGT after its creation. At the same time the founders of DEA Psychodrama Institute are long-term members of the BSPGT and for the past 10 years our colleagues have taken various key positions in the Society’s government.

How long have you known the Organization?

We have known the organization since its legal establishment in 2016. It has also been presented by its founding members during plenaries and workshops at the annual national Conference of our society: Psychodrama: Stage and Reality 2017.

Did you work in the Organization before or currently? What was your role?

No, I haven’t.

Were some of the Main Trainers and/or Senior Trainers your Trainees? What aspects can you underline of their Curriculum?

No, they were not.

III. Comments about the Qualitative aspects of the Training

How appropriate is the applicant’s program? Why?

By its content, goals and approaches **DEA Psychodrama Institute** corresponds to the established standards of the BSPGT. It was founded on the basic principles of Morenian psychodrama, sociometry and group psychotherapy and beneficially incorporates the competences of its founding members in other modalities: psychoanalysis, positive psychotherapy, group analysis, existential analysis.
Are you aware of the program basics? By what PD philosophical approaches are they inspired?

We believe Moreno’s “religion of Encounter” is central; at the same time other philosophical and psychotherapeutic theories such as Buber’s “I-Though”, existential and postmodern thinkers, the hermeneutic dialectic of understanding and others have played an influential role.

Is the Applicant recognized in their country as a positive organization? Why?

Even if it is formally quite new as an organization, the team members of DEA are recognized and well known teachers, practitioners and trainers. Through the years they have performed various key roles in the government of the national accrediting organization – BSPGT. At present Malen Malenov, Dr Petar Tsikalov and Zlatko Teoharov are members of the society’s Ethics Committee and Inna Braneva is a member of its Executive Board.

IV Comments about the Quantitative aspects of the Training

Do you think the contents are adequate to the timetable of the course? Why?

We think that there is a clearly stated effort to arrange the different components of the program time wise in such a way that facilitates the learning process of the trainees. Its structure in this initial form contains a potential and opportunities for development and further concretization.

Do you think the Organizations have fulfilled the FEPTO MTS? Why?

The presented program corresponds to both FEPTO and the established national standards.

V. Personal reflections about the Recommendation

What was your motivation in recommending this Organization?

The DEA Psychodrama Institute has been established by colleagues with a good reputation, practice and contributions to the development of the Psychodrama community in Bulgaria in recent years. The institute’s program reveals a competent viewpoint on the training process in psychodrama as a therapeutic modality. The presented program philosophy and values the institute stands for reflect a new level of development in Bulgarian Psychodrama.

Do you think that this organization is fulfilling adequate purposes in the academics and cultural field?

Yes, we do.

When you decided to recommend the Applicant, did the organization provide you with all the information you needed, without restrictions?

Yes, it did.
26th ANNUAL MEETING’2018
Candidates to be voted in Pravets
D.E.A. Psychodrama Institute

FEPTO RECOMMENDATION QUESTIONARIE

I. Data of the Proponent
Representative of a FEPTO Training Organization
Name of the Training Organization: CFIP Centre de Formation à l’Intervention Psychosociologique
Name: Chantal Nève-Hanquet
Address: 20 Rue du RIVAGE 5100 Dave Belgium
Phone: 00 32 477 85 01 03
Skype: chantalpierrenevehanquet1
e-mail: hanquetchantal@gmail.com

II. Description of your knowledge about the Organization
How did you meet this Organization?
I met with several of the DEA trainers during my seminars, workshops and supervisions in Sofia in the past 10-15 years. A few of them, namely Mr. Malen Malenov, and Mrs. Inna Braneva I have also met abroad during international conferences and congresses (IAGP international congress in Istanbul 2003, FEPTO AM and Conference in Serbia in 2010,a seminar for French-speaking psychodramatists in Belgium 2016). Since 2016 I have started meeting the DEA team on a regular basis in order to support the cohesion and further development of their organization and offer supervision for their practice.

How long have you known the Organization?
Answered above.

Did you work in the Organization before or currently? What was your role?
My current role is a team supervisor and consultant.

Were some of the Main Trainers and/or Senior Trainers your Trainees? What aspects can you underline of their Curriculum?
No, they were not. But I highly value their qualifications and expertise both in practical and theoretical terms. They are all pupils of a well-established and reputable training organization – Psychotherapy 2000 foundation whose trainers – Dr. David Ieroham and Dr. Evgenii Genchev – I have known for many years. I find the curriculum well thought-through and comprehensive. They abide to a high standard that makes it comply with both FEPTO and EAP standards.
III. Comments about the Qualitative aspects of the Training

How appropriate is the Applicant’s program? Why?

The program is comprehensive and covers all competencies and experience that a psychodramatist should acquire. It emphasizes the personal experience component based on the view that helpers should have a good level of personal maturity and reflectivity in order to be efficient.

Are you aware of program basics? By what PD philosophical approaches are they inspired?

The program is rooted in Moreno’s philosophy, but is also enriched by other psychotherapeutic and conceptual methods such as psychoanalytic and group-analytic ideas, influences from the systemic and positive psychotherapy. Having all been trained at the same institution and working together in the past, this is a platform for integration. It is my impression the trainers are able to discuss their theoretical and methodological differences with no difficulty.

Is the Applicant recognized in their country as a positive organization? Why?

I believe they are, many of them are known in the community, they present at their national conferences, make publications and have served or are serving posts of responsibility in other organizations. The impressions and feedback coming from other colleagues is largely positive.

IV. Comments about the Quantitative aspects of the Training

Do you think the contents are adequate to the timetable of the course? Why?

Yes, even if a little ambitious, the contents are adequate to the course and cover all the essential competences a psychodramatist should possess. In terms of theory, it gives both historical and contemporary perspective on the development of Psychodrama and its main applications.

Do you think the Organization has fulfilled the FEPTO MTS? Why?

Yes, it has, as it is visible from the application form.

V. Personal reflections about the Recommendation

What was your motivation in recommending this Organization?

Having excellent personal impressions from many of the trainers, I strongly feel I would like to support them in their wish to develop as an independent training center.

Do you think that this organization is fulfilling adequate purposes in the academics and cultural field?

Yes, I think all of them are quite active in their respective careers. 3 of them teach at the university and 2 of them have established a national Psychodrama Festival. Most of their activities are actively contributing to the dissemination of the method in Bulgaria. This offers quite a potential for further developments.

When you decided to recommend the Applicant, did the organization provide you with all the information you needed, without restrictions?

Yes, with more than enough.
FEPTO RECOMMENDATION QUESTIONNAIRE

I. Data of the Proponent

Name of the Training Organization: Moreno Institut-Ueberlingen – retired trainer, retired scientific director, member of the scientific committee

Name: Prof. Dr. phil. habil. Thomas Schwinger, Psychologe (Dr.phil.: University of Graz, Austria; Habilitation: University of Muenster, Germany)

Address: Ostendstraße 6 • D-64291 Darmstadt

Phone: +49 6150 83521
e-mail: schwinger@eh-darmstadt.de

II. Description of your knowledge about the Organization

How did you meet this Organization?

My contact with the members of DEA Psychodrama Institute began between 1998-1999 when I first met Mr. Zlatko Teoharov and, at his invitation, started visiting Bulgaria for regular thematic seminars and workshops for the Psychotherapy 2000 foundation. From 2000 until 2004, I have been serving as an external supervisor of their training of origin and I was therefore able to witness the development of most staff members – Mr. Teoharov, Mr. Malenov, Dr. Tsikalov, Mrs. Doichinova, Mrs. Braneva, Mrs. Chalakova, Mr. Dimitrov. They have been enthusiastic and curious learners and I keep very fond memories of our encounters. I have maintained a particularly close contact with Mr. Teoharov who became my co-worker and with whom for a number of years I conducted various self-experience groups for Introduction to Psychodrama at the University of Applied Sciences in Darmstadt (EFH), Germany (1999-2006) and I have very high regard for his work and competence.

How long have you known the Organization?

For 18-19 years as individuals, as an organization – since its creation.

Did you work in the Organization before or currently? What was your role?

No, I haven’t, but I have been following their development closely.

Were some of the Main Trainers and/or Senior Trainers your Trainees? What aspects can you underline of their Curriculum?

Through my visits to Sofia I have come to know the members of DEA quite well. Dr. Ieroham and I have regularly discussed their training needs and together we contributed to the enrichment of their curriculum at the time. They have formed a deep and process-oriented style of psychodrama with a strong emphasis on the capacity for perspective-taking, sensitivity and elaboration of psychological roles. My contribution has been in terms of a more thorough theoretical reflection and systematising of experiential knowledge which has been at times a challenging and yet rewarding process.
III. Comments about the Qualitative aspects of the Training

How appropriate is the applicant’s program? Why?

I find the proposed training program to be balanced and full of all essential ingredients of good psychodrama training. In my opinion, the staff is well-prepared to provide the experiential, group-dynamic as well as the theoretical aspects of the course. Each of the trainers is experienced in both group and individual therapy and as a team they have complementary paradigms for clinical thinking that can offer a lot of opportunities to their trainees.

Are you aware of the program basics? By what PD philosophical approaches are they inspired?

I believe the program is very integrative in nature. It is rooted in the philosophy of Moreno and Buber but the theories of Freud, Foulkes and Bion, object relations theory, existential analysis and others also play a major role. However, these influences do not make it betray the fundamental of Morenian psychodrama with its emphasis on the here-and-now and action and scenic representation of psychological and psycho-social realities.

Is the Applicant recognized in their country as a positive organization? Why?

I very much believe so. I find them to be competent, responsible and talented therapists and I keep very warm memories from our work together. I know they are quite active in the organizational field and even have established a conference on their own.

IV Comments about the Quantitative aspects of the Training

Do you think the contents are adequate to the timetable of the course? Why?

Yes, even though it makes for a rather long-term training. One main aspect of its philosophy is that it takes some personal maturity to be able to role reverse. In order to achieve a shift in position from a participant to a director one needs to learn to be able to move into roles and experience first. That is what gives the ability for playing the auxiliary role and later on the director role and that is why the technical and theoretical aspects of the training are introduced slowly over time.

Do you think the Organization has fulfilled the FEPTO MTS? Why?

I believe so, I see no point of contradiction. I think the program surpasses the requirements by far.

V. Personal reflections about the Recommendation

What was your motivation in recommending this Organization?

I feel solidarity with the team and their new endeavour. I know they have been good collaborators to their trainers for many years and they have worked hard to become good psychodramatists. In my view they are valuable colleagues and professionals and I believe their work should receive the recognition it deserves. That is why I decided to support their move towards independence as a step of growth.

Do you think that this organization is fulfilling adequate purposes in the academics and cultural field?

Yes, I think this is definitely true. They are very intelligent and productive as teachers, professors, therapists and authors. Their connections with the university and other organizations could prove very useful for making Psychodrama more popular. Also – to be better integrated among other psychotherapy methods.

When you decided to recommend the Applicant, did the organization provide you with all the information you needed, without restrictions?

Yes, they did.
### 26th ANNUAL MEETING’2018
Pravets, Bulgaria
Financial balance

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| 42492.71 | 42492.71 | X | 23397.01 | 23397.01 | X | 23611.65 | 23611.65 | X | 42687.71 | 42687.71 |
Some explanatory comments:

Council Meeting in Dave : 3344,94€
Council Meeting in Sigtuna : 5153,29€
Gift : 221,75€
Total sum: 8719,68 (8894,68 - 175 remb. rent of room paid twice in 2016.
Meeting : 3000€ granted for the 25 years of FEPTO

The loss of 6771,78€ derives from the 500 € (non payment of annual subscription fee of an Italian institute who interrupted its activity)
3000 € of the meeting
2000 € Journal EAP - exceptional expense
1271,78 = the expenses surpass the income.If we had received all annual subscription the fees due, this amount would have been covered. At this moment there are four institutes that have not payed their yearly fee for 2017. This is a record! Thank you very much.

The members will receive an invoice for their annual subscription fee which they can pay by bank transfer or in cash in Pravetz. Let's not forget that a decision was taken for the increase of the annual subscription fee.

Chantal Nève Hanquet
hanquetchantal@gmail.com
In our last FEPTO Council in Dave (Nov. 2017) it was discussed to present a proposal for a new Psychodrama Journal to be voted on at our upcoming Annual Meeting in Pravetz. Different ideas were reflected upon, and finally the Council agreed that these ideas will be further developed in a discussion among Kate Kirk, Christian Stadler, Nikos Takis, and Johannes Krall at the FEPTO RC Meeting on the Isle of Man in February 2018. Zoli Figusch, who has also an interest in this project, is informed about the discussion.

On the Isle of Man, it was underlined, that the Journal should have a good standing in the professional world, and therefore follow professional standards. Two options of possible publishers were finally proposed: Springer and Glastree. Since Springer is a well-known publisher, we preferred to have it as a first option.

The proposal to be discussed and voted on in the GA in Pravetz is as follows:

The main goal of the Journal is to promote and share high quality in psychodrama practice, training and research. Intrinsic to this goal is promoting the visibility of FEPTO and its members on the world stage, as an organisation upholding professional excellence in psychodrama. Integration of psychodrama through sharing and cooperation with other modalities is another aim of the Journal.

Content of the Journal: The Journal will cover themes of application, best practice and research in Psychodrama and Actions Methods in different settings like single or dyadic work, group-work, application of psychodrama in organisational context or in local communities. It will include broad range of psychodrama, sociodrama, sociometry and action methods in education with children and young people, adult learning and training, psychological counselling and psychotherapy, social work, organisational learning and counselling, conflict management, peace education and community work. One section of the Journal is dedicated to FEPTO News, projects and events. Contributions on research shall be represented at least with 1/3 of the published articles, both quantitative and qualitative.

The editorial board is responsible for the quality of the content. It is independent and not bound by instructions of cooperating associations.

The Journal has two issues per year (printed and online):

6-8 articles + FEPTO events & projects (e.g. 4 long articles 10-12 pages; shorter articles 5-8 pages à 2,700 character)
The editorial board works independently according to standards of a professional journal. It is committed to act in close cooperation with FEPTO. Call for papers, operative planning etc. will be reported at the FEPTO Annual meetings and/or in the FEPTO Newsletter. FEPTO members will be invited to share their contributions on psychodrama philosophy, theory, practice, training and research.

The editorial board consisting of about 5 members will meet annually before or after the FEPTO Research Committee Meeting for at least 6 hours. The presence once a year at the editorial meeting is a precondition to be on the editorial board.

Publisher: The editorial board is in contact with Springer Nature. The editors contact the publisher on behalf of FEPTO in order to establish the contract.

Professional and financial support by FEPTO:

FEPTO will help to promote the Journal and encourage colleagues in our community to share their contributions. FEPTO will also provide financial support to cover the expenses (1500 Euro per issue).

Peer-Reviewers: The Journal will be peer-reviewed. The editors will send an open invitation for the role of potential peer-reviewers. The editors will invite FEPTO colleagues to be in the PR-Panel. The FEPTO-Council and the FEPTO Research Committee have the right to propose people for the role of peer reviewers.

Scientific board: The Journal will have a scientific board. The FEPTO-Council and the FEPTO Research Committee have the right to propose people for the role of the scientific board. The editorial team is responsible for the decision who will be at the sc. panel.

The Journal will start 2019.

Hannes Krall

Chair of FEPTO Research
Dear colleagues,

the LOC is excited to announce a First FEPTO Talent Show! This event will take place on **Tuesday, 15th May**
All members and guests are welcome to participate (individually or with a group). You can sing a song, perform a dance routine, tell jokes, create a magic act, develop a skit, play an instrument or demonstrate your own particular talent in a very own unique way. **Creativity is a must!**

**Short application form** is needed to send to Ina Ilieva: inailieva2@gmail.com labelled “Talent Night”. A confirmation will follow.

**Talent Show Sign-Up Sheet**

Name:_______________________________ Country:____________________

Name of act: _________________________________ Duration: ____________

Some words about the presenter: ___________________________________

Describe the act: _________________________________________________

Props needed for performance: _____________________________________

(If it is a group act, please indicate the names of the peoples that will be involved)

We are really looking forward to seeing all the diverse talent that the FEPTO members have to offer.

Sincerely,

LOC
# 13th FEPTO CONFERENCE’2018
Pravets, Bulgaria

## PROGRAM

### Friday, May the 11th

- **15.00 – 16.15** Arriving and registration
- **16:15 – 16:30** WELCOMING WORDS from the **FEPTO President** Nikolaos Takis and **Vice President** Krzysztof Ciepliński and from the LOC: Svetlana Nikolkova, president of Institute Chiron and Elena Evstatieva, president of BSPGT
- **16.30 – 17.30** Plenary Session THE TREE OF LIFE: INTRODUCTION AND WARMING UP Svetlana Nikolkova
- **16:45 – 17.00** Coffee break
- **17.00 – 20.30** Plenary Session PSYCHODRAMA WITH TWO PROTAGONISTS IN CONFLICT Leni Verhofstadt-Denève
- **20.30** Dinner

### Saturday, May the 12th

- **07.30 - 08.30** Breakfast
- **08.30 – 10.45** Plenary Session BETWEEN EARTH AND HEAVEN - LIKE A TREE WELL-GROUNDED OR LONELY? Agnes Dudler
- **10.45 – 11.15** Coffee break
- **11.15 – 13.00** Small group work
- **13.00 – 14.00** Lunch
- **14.00 – 14.30** Poster session
- **14.30 – 15.30** Small group work
- **15.30 – 16.30** Plenary Session Presentation of the small group work in the large group
- **16.30 – 17.00** Coffee break
- **17.00 – 19.15** Parallel workshops

<table>
<thead>
<tr>
<th>Roots and wings</th>
<th>Reconnecting with our ancestors: a transgenerational approach to psychodrama and dance therapy</th>
<th>The little tyrant. Children who have no border</th>
<th>Director’s talk – the central technique in monodrama</th>
<th>What does it mean to be bound by duty?</th>
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<tbody>
<tr>
<td>Galabina Tarashoeva</td>
<td>Leandra Perrotta</td>
<td>Anzhela Hristoforova, Kalina Tosheva</td>
<td>Roger Schaller</td>
<td>Hristo Hadjimarinov</td>
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- **19.15 – 19.30** Break
- **19.30 – 20.00** Plenary Session Spontaneity and Well-being - Measurement and Relationship Galabina Tarashoeva
**13th FEPTO CONFERENCE’2018**  
Pravets, Bulgaria

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>20.00</td>
<td>Dinner</td>
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<td>21.00 – 22.00</td>
<td><strong>PERFORMANS – THE MYTH OF MEDEA</strong>, recreated by the skills of professional actors and the energy of people from the audience <strong>Aleksandra Gocheva, Georgi Gochev, Snezhina Petrova, Vladimir Karamazov, Vladimir Penev</strong></td>
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**Sunday, May the 13th**  
07.30 - 08.30  Breakfast  
08.30 – 10.45  Parallel workshops

<table>
<thead>
<tr>
<th>Session Title</th>
<th>Presenter/Authors</th>
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<tbody>
<tr>
<td>Fruits from the moreno’s tree</td>
<td>Agnes Dudler</td>
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<tr>
<td>Transgenerational jungian psychodrama</td>
<td>Maurizio Gasseau</td>
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<tr>
<td>Psychodrama and action methods in work with adolescents</td>
<td>Fabian Blobel, Galabina Tarashoeva</td>
</tr>
<tr>
<td>The group and the individual: i-not-i (me-not-me) figures in the process and space of the therapeutic group</td>
<td>Tzvetelina Iosifova</td>
</tr>
<tr>
<td>Trauma stabilization for refugee families with psychodrama – innovation project 2017-2019</td>
<td>Milena Mutafchieva, Stefan Flegelskamp &amp; Reijo Kauppila</td>
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<tr>
<td>Breaking out our vicious circle of life difficulties</td>
<td>Stylianos Lagarakis</td>
</tr>
</tbody>
</table>

| 10.45 – 11.15  | Coffee Break                                                          |
| 11.15 - 13.30  | Parallel workshops                                                    |

**My tree of life: loyalty and betrayal; my rebellious sponaneity**  
Nena Vlassa, Agapi Kousteni

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<thead>
<tr>
<th>Session Title</th>
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<tr>
<td>Bodily symptoms as metaphor: using psychodrama in psychosomatic disease</td>
<td>Judith Teszáry</td>
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<tr>
<td>What language do digital natives speak? Working with real parents of children from the virtual age</td>
<td>Malen Malenov</td>
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<tr>
<td>Dreams and psychodrama</td>
<td>Kerstin Jurdell</td>
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<tr>
<td>On the other side of alice’s mirror</td>
<td>Mirjana Stojanovska</td>
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<tr>
<td>Give value to a personal story with sociodrama</td>
<td>Irina Stefanescu</td>
</tr>
</tbody>
</table>

| 13.30 – 14.30  | Lunch                                                                |
| 14.30 – 15.00  | Plenary Session **Closure**                                          |
Report to FEPTO of EAP activities February 2017 -February 2018

Dear Colleagues,

I present this report as an overview of EAP activities if anyone would like to know more you are welcome to participate in a Meeting. On the EAP website you will find dates and locations of future events.

2017 was marked, for me by a major ending. EAP founder Alfred Pritz retired. Alfred dedicated at least 25 years of his life to EAP. His foresight and passion drove him ever onwards to achieve the goal of "Psychotherapy as an Independent Profession." He leaves with this goal not yet achieved. However he passed the baton to our new General Secretary, GS, Eugenijus Laurinaitis who already is implementing fresh ideas through his contacts in the medical world. Eugenijus has begun a dialogue with the Commissioner for Health in Europe.

We now have a three-pronged approach with; our Lobbyist, Theo Koutroubas; The Marketing Group who have worked with a Branding and Marketing expert to bring our visibility into line with modern approaches. Shortly you will see our new website, the old one while functional was never inspiring and; The General Secretary through his medical contacts.

We have been and remain in a difficult financial situation, however new projects bring new possibilities for funding. This should ensure that we can continue to develop our current and new projects.

Another significant departure from EAP was our long standing colleague, Mony Elkaim. Mony has been part of EAP almost since it’s inception. He established and ran the European Wide Organisation Committee, EWOC. This is the section to which we FEPTO belong. I have been honoured to take over the Chair of this committee.

You may remember that EAP completed a Core Competencies Project. The second stage of that project was to invite the EWOC modalities to work on the specific competencies of our modality. Our colleagues in Gestalt rapidly took on the task for their modality. Not too long afterwards Reijo Kauppila, FEPTO Chair of Training embarked on this work within the FEPTO training committee. Thank you Reijo and your committee who have worked so diligently.
I discovered in the recent EWOC meeting that at least 4 other modalities are now working in this direction. My plan is that we put the completed documents on our website. Who knows maybe one day we can compare and contrast all modalities so leading to mutual understanding and respect for each other’s way of working. If we can stand together as Psychotherapist then respect from are in disharmony, need I say more!

The committees at EAP are numerous often coming together in the same timeslot. As a consequence it is important to decide a route and follow that through at every event.

My personal route has been broadly, EWOC and Training Standards although many other committees overlap to a degree.

The final ending I should mention is my personal one, this is my last year in the six year Presidency period. You may remember this comprises, President elect (2 years), President (2 years) and Past President (2 years). I will continue as Chair of EWOC for a two year period beyond that. I make no promises after that either to myself or others, we shall see how life and advancing years treat me.

As I close I want to say how lovely it was to have FEPTO Chair of Research, Hannes Krall present in Vienna last week. I hope Hannes will be able to continue to come to the February meetings in Vienna. I trust Hannes found this visit useful and I know that EAP will have gained from his presence.

1st March 2018

Celia Scanlan
c.drama1@talktalk.net
"Psychodrama trainer’s competencies and AM2018 Pravets"

In the Tallinn-meeting, we focused on the psychodrama trainer’s core competencies, and the 2019 AM in Pravets. 3 psychodrama trainers from 3 different countries and institutes attended. More specifically:

Peter Wertz-Schönhagen, Moreno Institute Stuttgart, Germany
Pille Isat, Tallinn Psychodrama Institute, Estonia
Reijo Kauppila, Helsinki Psychodrama Institute, Finland

We continued with the first ideas of a psychodrama trainer’s competencies, which were created in Stuttgart. We defined four competence-domains, which are:
Each competence domain is described from the perspective of knowledge, skills, responsibility and values. We managed to make a first account of knowledge and skills. Also, we made a preliminary version with respect to responsibility and values – what are the basic values of psychodrama? And what would they mean in action and practice, especially in teaching and learning.

We discussed the Morenian theory of learning, and the 5 level model of learning according to Reifarth. Furthermore, we also focused on self-experience and cognitive elements in the learning process. These will form the basis of the pdc-trainer’s competences.

I will send in short the outcomes of the Tallinn-meeting to all members in the Training Committee. If you are not a member (yet) please, send me your email, and you will get the information, too (email: training@fepto.com)

In the competence-domain “Contents and learning process” is were the expertise in psychodrama lies. The contents are in the core competencies of a psychodramatist and / or specific competencies of a psychodrama psychotherapist. All three lists of competencies will be presented and discussed in the small group at the AM in Pravets.

Thank you very much, Pille and Peter, for your commitment and expertise, not only in psychodrama, but in adult learning. We will continue this work and the work with the psychodramatist’s and psychodrama psychotherapist’s competencies in Pravets.

Reijo Kauppila
Chair of Training Committee
Committee Reports
Research Committee Meeting Report

“All in the Mind?”
Global perspectives on understanding, researching, and treating mental health

Johannes Krall
Chair of FEPTO RC

hannes.krall@aau.at

The FEPTO Research Committee has co-organized with Isle of Man Mental Health Services a conference on the theme “All in the Mind?” Global perspectives on understanding, researching, and treating mental health. This international conference with 120 participants took place from 8-11 of February at the Keyll Darr-ree, Learning & Education Centre on the Ilse of Man.

In this conference the aim was to explore the concept of mental health as a construct, and our understanding of research and treatment in its many contexts. Researchers and practitioners shared their knowledge, practice and research results pertaining a broad field of professional practice.

Two keynote speakers gave lectures on "Research findings in Psychotherapy and Counselling" (Prof. Mick Cooper) and on "Children and Young People as Researchers: A rights perspective on children's research into their experiences and views” (Prof. Phil Jones). Several panels were organized around topics like Training and Supervision, Diagnosis and Standards, Researching Psychotherapy, Children’s Mental Health, Addiction, Voices of Service Users, Resilience and Coping.

It was a wonderful experience, that psychodrama could play such an important role in this conference. Many colleagues from the Research committee shared their research work on psychodrama. Research on psychotherapy with adults and young people, the experience of women in a psychodrama rehabilitation group, research about psychodrama in therapeutic communities for drug addiction, and research on training and supervision in psychodrama were presented and discussed by our RC colleagues.

On the final day participants in the Research Committee Meeting could also listen to and discuss specific topics on organizational counselling and how to use digital tools, Live Action Role Play (LARP), Effectiveness research of trauma stabilisation and learning, and transgenerational transmission of the “cultural trauma”.

It was very interesting to see the variety of different research methods applied in psychodrama research. Quantitative and qualitative methods were used and sometimes combined in a mixed method design. Moreover, case studies were discussed and psychodrama itself as a research tool was presented.

On behalf of the FEPTO Research Committee I want to thank our local hosts Kate Kirk, Juan Corlett & their professional team for their warm welcome and their excellent organization of the meeting!
Committee Reports
Research Committee Meeting Report

The Research Committee invites you to our next meeting in Leipzig from 4th – 7th of October 2018
Looking forward to meeting you in Leipzig,

Johannes Krall
Chair of Research Committee
Reports & Reflections from events

Network Meeting “Psychodrama with children and youth”

The topic of the meeting was “Disorder specific Interventions in Psychodrama Therapy with Children and Youth” and 9 workshops and two plenary sessions were presented during these three wonderful days in Turin. 85 psychodramatists from 10 different countries who are working with children and youth have attended the meeting. At the end of the event we, as organizers, started to ask ourselves “Is this a network meeting or a conference?”

Only a short review of what happened in this network group till now. In 2016 a group of colleagues from FEPTO have built a new international platform for psychodrama with children and youth networking. 18 participants from 8 different European countries accepted the invitation and the challenge to revive the network group and came to Berlin.
In 2017 the Kende Hanna Psychodrama with Children Association and the Hungarian Psychodrama Association invited the FEPTO network group to Budapest and organized a meeting in which 40 participants have attended.

And in 2018 our colleague Angela Sordano and her team have organized more or less a conference for us. I met Angela Sordano for the first time in Berlin and I remember her sentence; “I am so happy to be here, because in Italy I feel alone as a psychodrama therapist who work with children.” And now more than 60 participants from Italy attended the network meeting and get to know each other better.

After a warm welcome and a short warm up of the group Milena Mutafchieva presented FEPTO as the umbrella organization of this meeting and the network group. Than we had the pleasure to listen to a fruitful lecture of Angela Sordano Intersubjective processes in groups with children and adolescents: An Jungian perspective.

On Saturday 8 parallel workshops were conducted and you can find a short overview of the rich diversity of topics and leaders below. Detailed description of the workshops can be found on FEPTO website www.fepto.com
Reports & Reflections from events

Network Meeting “Psychodrama with children and youth”

“The role of symbolic play in promoting the resilience of deeply traumatized children”. Hanna Kende, Csilla Németh, Melinda Varga and Stefania Giampaoli, Hungary

“Psychodrama and specific developmental disorders of scholastic skills: Clinical experiences and inclusion at school.” Marco Raviola, Federica Marabisso, Chiara Chissotti, Alessandra Carretta, Italy

“Group Therapy with Children Having Psychiatric Disorders: Play Therapy and Psychodrama” Hanan El-Mazahy, Egypt

“The Life Cycle of an Adolescent Psychodrama Group - how content and process change over time” Craig Stevens, UK

“Where There’s a Will There’s a Way – young people, psychodrama and illness” Kate Kirk, Isle of Man

“Adolescents in groups between trauma and social media, how to work on dissociation” Angela Sordano, Luca Pinciaroli, Andrea Montagnini, Italy

“Research in therapy is not a myth” Kristina Gotseva-Balgaranova, Milena Mutafchieva, Bulgaria

“The drawing of the Bird’s Nest as a psychodrama work technique with traumatized children. The Rwandan experience.” Melinda Varga, Hungary, Stefania Giampaoli, Italy
Reports & Reflections from events
Network Meeting “Psychodrama with children and youth”

On Sunday morning we had two plenary sessions during which Moira Verhofstadt and Bart Haes presented their workshop “The Children’s Psychodrama - Puppets Kit” and later on Milena Mutafchieva and Stefan Flegelskamp presented the new Erasmus+ Project “Trauma stabilization for refugee families – Erasmus + innovation project 2017-2019”.

Closure and reflection of the meeting:

This network group was interested in theoretical and practical exchange, new ideas and for the first time research regarding psychodrama with children and youth. Encounter colleagues and creating new collaborations was in the focus of the reflection of the meeting.

We have established in Turin a steering group which will take care of the content of upcoming meetings and the goals of networking in FEPTO.

Save the date!

The next local host is Craig Stevens and our network meeting will take place 1th -3rd February 2019 in Cardiff, Wales.

Stefan Flegelskamp & Milena Mutafchieva
The Seventh Psychodrama Festival was again held in Plovdiv from 8th to 11th of February 2018.

There were 54 events in the Festival, 21 of which were free of charge: The Evening Events, The General Sessions, and The Workshops for children and/or parents. In the workshops of the Psychodramatic Program and Psychodramatic Laboratory there were presenters from all Bulgarian educational institutes, as well as guest presenters from Greece and England. In the Mixed Spaces program there were presenters from different artistic fields and work with people /playback theatre, theatre, music, applied arts, family constellations, etc./.

The festival is open to professionals and anyone interested in psychodrama and related forms of work with people. More than 210 adults and about 40 children participated in the events. The presenters have the opportunity to determine the level of experience of the participants or to open their workshop to each participant. This allows many people working with people /teachers, social workers, psychologists, speech therapists, managers, etc./ or interested in self-study, to visit different events and to go through new experiences.

One of the great challenges of this festival was the new "Workshops for children and/or parents" program. There were a total of 6 events inviting children and their parents/relatives. In each edition of the Festival, working with children is represented by professionals for professionals. But there were no workshops open for the children. This time children and adults met not only inside us, in our imagination, and our thoughts but also outside of us - in an actual contact between presenters, parents, children, and other participants.

Children with a different resource for work in a group and of different ages took part; including children with developmental difficulties. This gave a new and very different nuance to the atmosphere of the Festival. Children could join the groups alone or with a close relative. The processes of interaction between children
Reports & Reflections from events

PSYCHODRAMA FESTIVAL Plovdiv

and parents/adults, of attraction or separation were extremely dynamic. Parents had the opportunity to leave their children in a children’s event and during that time to attend another event of the Festival.

Sessions with children were also attended by adults without children but curious because of professional or personal reasons. For us, as organizers, it was extremely exciting and pleasant to welcome and see off children, young people and accompanying adults.

The main point of the informal meeting between the participants in the Festival is usually the festival party. It was held again in a popular music club, but for the first time the music program of the party was full of improvisations of presenters and participants in the Festival.

Over 60 participants attended the Final General Session. It was exciting to hear their opinions:

“This place gives me the opportunity to meet colleagues and exchange experience which does not happen to me every day, especially when I live far from Sofia.”

“I come every year. And every year, the Festival is a completely different experience, with a different atmosphere, with different themes.”

“I’m emotional. Often, when I share my feelings, people feel uncomfortable. Here I had the opportunity to meet other people like me with which to talk and share.”

“I feel at ease being a presenter. This place gives the opportunity to young psychodramatists to reveal their skills, share them with a wide audience, and gain experience without worrying about comments and failure, just to be themselves as presenters.”

“It is nice to be a participant, to meet different generations of psychodrama colleagues and immerse myself in the magic of psychodrama. I recharge myself, and I leave inspired.”

„Here I felt like home.”
Foreword for the 4th IPI e-journal
Deniz Altinay, MA.

We are very happy to share our 4th edition e-journal started to be first published since February 2013 with you all. This is very special journal created by Istanbul Psychodrama Institute which gives great action and important benefits to the International Group Psychotherapy and Psychodrama World itself.

This 4th edition is a special edition for the twentieth anniversary of Istanbul Psychodrama Institute’s foundation. The Institute has been founded in Ankara in 1995 as Ankara Group Psychotherapies Institute (AGI) then moved to Istanbul as Istanbul Psychodrama Institute in 1997.

Our country, Turkey has been keeping very important role in the world among the psychodrama group psychotherapy area in the last 20 years. Psychiatrist Mr. Abdulkadir Özbek started this movement and development 40 years ago in Turkey. Then İstanbul Psychodrama Institute has continues this movement with its own pioneer editions and works in the last 20 years.

This e-magazine is just one concrete sample of those developments. Our magazine is designed as bi-lingual where there is English and Turkish articles separated and sometimes we also value to print articles in two languages.

This year we have a brand new step that the article is in French language in this edition.

Again this year for the honour of 20th anniversary year we had a Special competition which is called "the competition of creative psychodrama definition”. You will also find the first 3 winners and jury special award and the shortest definition of psychodrama award in this edition.

The system of Psychodrama Group Psychotherapy and Sociometry is a combination of theory, practice, techniques and philosophy of life itself is created by J.L.Moreno. His concept as described “role” in the psychotherapy is nearly evolutionary. From his role theory we understand that the sum of our roles reates our personality and our “self” can exist with our roles that provide our communication with others.
We as an Institute add some other new qualities to our ‘roles’ of ‘searcher’ ‘writer’ and ‘propagater’ roles in order to support the psychodrama theory, philosophy and practice.

Psychodrama is frankly standing in front of us to represent spontaneity and creativity are the combination with the action is the basic for human behaviours. It is the best realistic and life adaptive theories in our century.

Our journal will continue its position of creativity and containing role in this edition like previous editions to support our ethical and professional values represented by us.

THE COMPETETION OF CREATIVE PSYCHODRAMA DEFINITION

TRANSLATIONS OF DEFINITIONS

First Prize—Gülten İkizoğlu
Psikodrama içsel gerçekliğin ötekinin gerçekliği ile sahnedeki dansıdır.
Psychodrama is the dance of the inner and the other’s reality on stage.

Second Prize—Fatma Çakır Çalışkan
Psikodrama, sahneye çıktığı an’da insanın kainattaki döngüye katılarak içerisinde anlamlandığı; gerçekin yeniden yaratıldığı, bu gerçekliğe kendisinin ve grubun şahit olduğu bir varoluş sürecidir.
Psychodrama is the process of creating meaning and recreating the reality by joining the circularity of the universe in the moment where the person him/herself and the group witness this process of existence.

Third Prize—Dilan Çeviker Kolçak
Psychodrama is like a dark well that is left behind as you climb with support, where the leader is the rope that surrounds the belly, the ‘double’ is the flashlight in the hand and the pebbles are the auxiliary egos that surround the well.

The shortest definition award—İpek Kıran
Psikodrama “O” olabilmektir.
Psychodrama is to be that (his, her).

Special Jury Award—Oya Kürüm Halaçoğlu
Psikodrama perdesini açığın pencereden kendi manzarana bakmaktır
Psychodrama is looking at your own panorama through the window curtains you opened.
Announcements

French speaking group

Network groupe francophone (french speaking group).
Scheduled for the 16 and 17 of June 2018 in NInane, Belgium.
There is a possibility for arrival on the 15th and departure on the 18th.

Participation with meals: Maximum 50€.
The group members decide in co-construction about the way of work.
We invite all the french speaking colleagues who wish to join us.
Please contact Chantal Nève Hanquet hanquetchantal@gmail.com
The Romanian Association of Classical Psychodrama invites you to a new, historically charged, scene, to experiment, explore and be together. Hațeg Land ("Țara Hațegului"), Sarmizegetusa, is the location of the 2018 Summer School, a place where some of the most important monuments of architecture and archeology in our country can be found, an area at the confluence of history, art and spirituality, and, through our presence, with psychotherapy, too.

**WHY here?!** Because Ulpia Traiana Sarmizegetusa was the capital of the Roman province of Dacia, established through an order of Emperor Trajan; Because the area was the source of inspiration for Jules Verne’s book, „The Carpathian Castle”; Because it is the first area in Romania where several species of herbivorous dinosaurs (Telmatosaurus, Zalmoxes, Magyarosaurus, Struthiosaurus) and a species of carnivorous dinosaurs (Elopteryx) were discovered; Because we’ve liked exploring and spending time together in the middle of the summer for more than 10 years! Thus, we are expecting you in a magical space, which welcomes meetings with yourselves and with others, through psychodrama sessions, moments of joy, and of tele, in a fairytale-like, magic, and lively space.

**VENUE AND ACCOMMODATION:**
Sarmis Pension is situated in the beautiful depression of the Hateg Land, at the foot of the Retezat Mountains; Sarmizegetusa is about 8 km away from the pass connecting the regions of Banat and Transylvania, called Tapae in the past - now, the Iron Gates of Transylvania. It has a capacity of 24 rooms, of which: 6 triples (1 matrimonial bed & 1 single); 18 doubles (two twin and 16 matrimonial); 8 apartments (5 with two rooms and 3 with one room) *. * The capacity of the apartments is 4 persons; for details, please see the website: http://www.pensiuneasarmis.ro

**PROGRAM**

**Thursday, July 5th, 2018**
16.30 - 17.30 participant registration
17.30 - 20.00 workshop 1
20.30 - dinner

**Friday July 6th, 2018**
08.00 - 09.30 breakfast
09.30 - 11.00 workshop 2
11.30 - 13.00 workshop 3
13.00 - 15.00 lunch
15.30 - 18.00 nonconference team-building/exploration time
18.00 - 20.00 workshop 4
20.30 - dinner

**Saturday, July 7th, 2018**
08.00 - 09.30 breakfast
09.30 - 11.00 workshop 5
11.30 - 13.30 workshop 6
13.30 - 21.00 hike/free time
21.00 - fire camp + banquet

**Sunday, July 8th, 2018**
08.00 - 09.30 breakfast
09.30 - 11.00 workshop 7
11.30 - 13.00 workshop 8
13.00 workshop 8 - sharing

All information you can find on [http://www.psihodramaclasica.ro/scoala-de-vara-2018/](http://www.psihodramaclasica.ro/scoala-de-vara-2018/)
Announcements

1st Aegean Psychodrama rencontre

Athens Psychodrama Institute
Erythrou Staurou 12 Athens 11526
+30210-6980860
www.psychodramainstitute.gr

FISRT ANNOUNCEMENT

1st Aegean Summer Psychodrama Rencontre

Aegean Sea and Sun Days
of Spontaneity and Surplus reality

An exploratory journey in search of the authentic self.
Traveling with psychodrama as the vessel
and being steered by spontaneity in the ocean of surplus reality.
Loyalty and rebellion in trans-generational and cultural scripts.
My ancestors and I and future generations
in eros (love) and evolution,
realization and tracing new paths.

Mytilini
24-25-26 August 2018
Friday evening: Opening ceremony
Saturday and Sunday: Experiential workshops (8 hours per day)

Molyvos
27-28-29-30-31 August 2018
Monday evening: Second cycle encounter meeting
Experiential four hour workshops
Friday: Closing Ceremony

Official languages: English and Greek
Certificate of attendance will be provided

Co-ordinators:
Nena Vlassa, psychologist, psychodramatist-psychotherapist, psychodrama trainer
Agapi Kousteni, psychologist, psychodramatist-psychotherapist

Contact us:
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Nena Vlassa: (0030)6974093400 nvlassa@yahoo.gr
Agapi Kousteni: (0030)6982550304 ewthini@yahoo.gr
Announcements

International Psychodrama Conference with Children and Youth

OUR COMMON LANGUAGE: SYMBOLIC PLAY

The Conference will take place in downtown Budapest, a youthful, energetic, spectacular city, one of the major tourist attractions in Europe.

The Conference will start on Friday (26th), 17.00, and end on Sunday (28th), 13.00.

Presentation of the topic

Moreno developed his psychodrama method based on his experience playing with street children in Vienna. He observed the huge positive effect of symbolic play on the kids as they turned into a king, or queen in the “magic world”. Children Psychodrama communicates with children in the language of play, action, and helps them to get into contact with each other, to increase their self confidence, free their creativity, leading to self healing. Moreno took inspiration from the originality, spontaneity, creativity of the children and elaborated his method for adults.

The specific method for Children Psychodrama has been developed in the last two decades by several schools around Europe. Recently, interest in the method grew rapidly, starting an international cooperation. We are about to organize an overview, a meeting of experienced colleagues and schools to discuss what is common and what is different in our methods, talk about the theory behind them, understand the role of leaders, and elaborate methods to measure the therapeutic effect. We invite all interested, in the hope of everybody’s enrichment when talking our common language and working together.

Call for papers

We would like to invite all children psychodramatists to present a workshop/presentation/lecture/poster. Request deadline is 1st of June. Requests are considered by the Program Committee before July 1st 2018. Our special lecturers will be Alfons Aichinger and Hanna Kende, whose methods are widely used, and whose books about Children Psychodrama have recently been published in English.

More information: www.childpsychodramabudapest.hu
This is an international practical psychodrama conference which is organized every second year.

The main objectives of the conference are to share experience, knowledge, new psychodrama methods and to promote the use of psychodrama. Baltic Moreno Days is a place where psychodrama professionals from the Baltic countries as well as from other countries all over the world can get together, communicate and share their discoveries. It is also a great opportunity for people willing to learn more about psychodrama and its applications.

**Baltic Moreno Days 2018 will bear the title of Time 2.0**

Time. The theme was inspired by following thoughts:

1. In psychodrama we deal with time: the past, the present and the future. We take action in the present to influence the past and the future.
2. The understanding of Time has changed a lot. The speed of the information, globalisation have changed our perception, but our knowledge has also grown e.g. the observation of gravitational waves.
3. It is a good time to re-evaluate, re-discover, re-establish our relationship with/to Time, so the theme comes back to the BMD

All information about workshops and registration you will find on [http://psyhhodraama.ee/bmd2018/](http://psyhhodraama.ee/bmd2018/)
Dear Colleagues and members of the Psychodrama community,

We inform you with great sadness that one of the most distinguished members of Psychodrama, Anne Ancelin Schützenberger has passed away last Friday, the 23rd of March 2018.

Like her daughter, Hélène Schützenberger Bojarski writes, she “chose to leave on Friday the 23rd of March 2018, just before the beginning of her hundredth year, at home, with her friends and family”.

We are more than grateful to Anne Ancelin Schützenberger for her immense contribution in the development of Psychodrama theory and practice. Please join us in extending our deepest condolences to her family and beloved ones. Please find also attached the announcement sent to us by Hélène Schützenberger Bojarski, both in English and French.

On behalf of the FEPTO Council,
Nikolaos Takis and Ana Cruz
President and Secretary
IN MEMORIAM
Anne Ancelin Schützenberger

Message to FEPTO for Anne Ancelin Schützenberger

I talk today on behalf of the French School of Psychodrama, founded by Anne Ancelin Schützenberger.
I talk today to pay a tribute to the Professor Anne Ancelin Schützenberger.
I met her fifty years ago through her writings, her studies and her impact on the community of humanistic sciences.

This past winter I was re-reading her early writings on psychodrama, non-verbal communication and sociometry, published long before her best sellers «Aïe mes Aïeux» [Oh, my ancestors] and «Vouloir Guérir» [Wanting to heal]: they remain pertinent to our practice, vigorous and modern. They are still useful writings.

I talk today to pay tribute to this Great Lady of the humanistic sciences, the innovator, the creator that opened a new door and gave us the keys for the understanding of the transgenerational processes.
I talk today to thank you, Anne;
Thank you for the freedom of your spirit
Thank you for being demanding of yourself as well as of others,
Thank you for your generosity in sharing your enthusiasm and your knowledge,
Thank you for your openness,
Thank you for your courage.

You trusted me with l’Ecole Française de Psychodrame (French School of Psychodrama), for continuing and transmitting in my turn – in our turn –

....but who can be the sharp eye that points out, the legs that set in motion, the finger that twirls the wick, or this heightened attention that points out an inappropriate coughing in the group, in order to make sense out of it?

And, very personally,
I talk today to tell you
Thank you Anne,
Meeting you has changed my life.

Colette Esmenjaud

In 1964 Ann Ancelin Schützenberger organized the International Congress of Psychodrama and Psychotherapie in Paris and in March 2001 the Meeting of FEPTO in Grasse. She participated as an assistant in two films on the demonstration of Psychodrama by Moreno for French Television. She has written numerous books and articles, such as «Psychodrama», (Publisher Payot), and : her best seller «Aïe mes Aïeux» [Oh, my ancestors] (Publisher Desclée de Brouwer).

Pierre Fontaine

Translated by Nikos Takis
IN MEMORIAM
Luis-de-Nicolas-y-Martinez

IN MEMORY OF LUIS DE NICOLAS Y MARTINEZ WHO PASSED AWAY ON OCTOBER 10, 2017.

He was Professor Emeritus of Psychology at the University of Deusto in Spain. His labor was marked by his extensive activity in different areas of the knowledge of a discipline: Psychology, which between 1970 and 1980 was in the process of being defined. The experience which he acquired in Italy and Germany during twelve years aided as a guide in organizing the first formative programs for the earning of a degree as well as post graduate degrees and Doctorates at the University of Deusto. His contributions were also recognized in the field of social work where he participated in the teachings of this study at the Escuela de Asistencia Social (The School of Social Assistance) in Vitoria.

Nicolas y Martinez collaborated with the professors Juan Maria Isasi and Manuel Marroquin in the designing of contents and itineraries specializing in the career of Psychology. He started the first laboratories of Psychology at the University of Deusto favoring the creation of networks specializing in the formation of Clinical Psychology; thus creating the first Masters Degree in Spain.

His professional work was also highly recognized by the Spanish Colegio Oficial de Psicologas (official school of psychologists) of Spain. Therefore he participated on the commissions which defined the professional profiles of Sports Psychology, Traffic, and Road Safety as well as the intervention in Crisis’ and Catastrophes.
IN MEMORIAM  
Luis-de-Nicolas-y-Martinez

As of 1983, Luis de Nicolas was the founder of The School of Psyocodrama, Sociodrama and Dynamics, Zerka T. Moreno de Vitoria Gasteiz Center of Formation which he directed together with Monica Zuretti. There, to hundreds of psychologists, the work of Jacob Levi Moreno was let known. It was thereafter initiated, formed and work continues in this field.

We give thanks to Luis de Nicolas, for his efforts, his commitment and constant dedication throughout his long trajectory. He always maintained loyalty to the theoretic principles and methodology of Psicodrama’s founder.

As also in other areas of Psychology, a line of work, study, and investigation in Psychodrama was left open for all professionals and those who meet with Monica Zuretti each year to continue working, all of them summoned by Luis de Nicolas y Martinez.

We thank you Luis for the legacy you left us. It is a path which has turned out to be a thrilling passion, a path which now begins for us and all those who can continue with what they have learned about human relations via initiative and practice and there continues the challenge for more to be discovered in the future.

On a more human level and according to that which Professor Imanol Amaral remembers, "He has been the teacher of investigations in psychology, a man with an acute ingenuity who sought amongst his collaborators not only the academic stimulus of knowledge but also a self knowledge, a restless man with great intuition and a pragmatic sense which he could not hide, a timid and tender man. He will be remembered by us who knew him, who saw him walking head bowed with his astute, crafty look and his rucksack at the ready, always full of papers and books as he hurriedly left his office to get to the bus which took him daily to Vitoria, and always filled with the desire of returning to his University of Deusto another day."

Monica Zuretti
Ana Mera
Dear Colleagues!
Council of the Russian Association of Psychodrama regretfully and sorrowfully reports that on Monday morning, January 22, 2018, after a serious long illness passed away Nifont Dolgopolov, one of the leading Russian psychodrama therapists, director of the Moscow Institute of Gestalt and Psychodrama, co-founder FEPTO,

Nifont for a long time courageously fought with a deadly disease and continued to conduct the groups, accept clients and lead the Institute.

In our memory, Nifont remains strong, courageous, kind and sympathetic, always with an open smile and a wise look, ironic and straightforward, honest and subtly sensing, a talented psychotherapist and writer.

This is a huge loss for all of us.

Very sorry! We grieve!

Elena Lopukhina - President of the Association of Psychodrama, Russia
Ekaterina Mikhailova - Vice-President of the Association of Psychodrama, Russia
Viktor Semenov - Vice-President of the Psychodrama Association, Russia
Psychodrama calendar

April 7-8
Italian Association of Morenian Psychodramatists (AIPsiM) – Torino, Italy
16th AIPsiM Incontro di primavera: topic to be decided
www.aipsim.it

April 19-22
American Society for Group Psychotherapy and Psychodrama (ASGPP) – Dallas, Texas, USA
76th Annual Conference: Expanding Horizons
www.asgpp.org

April 27-28
Hungarian Association for Psychodrama – Budapest, Hungary
XIII. National Psychodrama Congress: Ballroom? Game?
http://www.pszichodrama.hu/

April 27 / May 1
Federação Brasileira de Psicodrama (FEBRAP) – Fortaleza, Brazil
21º Congresso Brasileiro de Psicodrama Relações Transformadores
http://www.febrap.org.br/

May 3-6
Spanish Society of Psychotherapy and Group Techniques (SEPTG) – Seville, Spain
45th Symposium of SEPTG: El ciudadad de los grupos
www.septg.es

May 4-6
Österreichischer Arbeitskreis für Gruppentherapie und Gruppendynamik Fachsektion Psychodrama (ÖAGG)
Spital am Pyhrn, Austria: 36. Psychodrama-Symposium: topic to be decided
http://symposion.psychodrama-austria.at/

May 11-13
FEPTO with IPP “Chiron” and Bulgarian Society for Psychodrama and Group Therapy – Pravetz, Bulgaria
13th FEPTO Conference: The Tree of Life. Tradition and Renewal
www.fepto.com

May 13-17
FEPTO – Pravetz, Bulgaria
26th FEPTO Annual Meeting: From Today, Tomorrow. Revisiting the Core Functions of our Organization
www.fepto.com
Psychodrama calendar

May 23-26
Turkish Group Psychotherapies Association – Bergama/Aesclepion, Turkey
43. Internationally Contributed Group Psychotherapies Congress: *Here & Now*
http://www.bergamakongresi2018.com

May 24-27
Centar za psihodramu (Croatia) – Novigrad / Istria, Croatia
9th International Spring Academy (ISA): *Exploring internal and external boundaries in groups and society*
www.centar-psihodrama.hr/

May 25-27
Centro Zerka T. Moreno Lucca – Lucca, Italy
III. International psychodrama meeting *Walking Opens the Way… Still on the Genetic Matrix*
https://centrozerkamorenolucca/

July 5-8
Romanian Association of Classical Psychodrama (ARPsIC) – Sarmisegetuza, Romania
5th Summer School
http://www.psihodramaclasica.ro/

July 6-8
British Psychodrama Association (BPA) – Malvern, United Kingdom
BPA conference: *Healing Places, Healing Spaces*
www.psychodrama.org.uk

July 31
International Association for Group Psychotherapy and Group Processes (IAGP) – Malmö, Sweden
IAGP Pre-Congress: *sing Tides Of Challenge And Hope. Healing Identity, In Society, Groups And Individuals*
http://www.iagp.com/

August 1-4
International Association for Group Psychotherapy and Group Processes (IAGP) – Malmö, Sweden
20th IAGP Congress *Rising Tides Of Challenge And Hope. Healing Identity, In Society, Groups And Individuals*
http://www.iagp.com/

August 15-17
Psühodraama Instituut – Pärnu, Estonia
10th Baltic Moreno Days Pre-conference
http://psyhhodraama.ee/bmd2018/

August 17-19
Psühodraama Instituut – Pärnu, Estonia
10th Baltic Moreno Days Conference *Time 2.0*
http://psyhhodraama.ee/bmd2018/

September 26-28
International Conference for Psychodrama with Children and Youth – Budapest, Hungary
*Our Common Language: Symbolic Play*
www.childpsychodramabudapest.hu
Psychodrama calendar

October 19-21
Psychodrama Society J. L. Moreno (SPJLM) and Romanian Association of Classical Psychodrama (ARPsiC) – Cluj-Napoca, Romania
XI. National Psychodrama Conference: Identity
http://www.psihodrama.ro/

October
Asociación Española de Psicodrama (AEP) – Granada, Spain
33. Meeting of AEP: topic and dates to be decided
http://www.aepsicodrama.es/

November
Psychodrama Society J. L. Moreno (SPJLM) and Romanian Association of Classical Psychodrama (ARPsiC) – Cluj-Napoca, Romania
XI. National Psychodrama Conference: topic and dates to be decided
http://www.psihodrama.ro/

November 16-18
Polish Psychodrama Association (PIP) – Krakow, Poland
III. Psychodrama Festival: Today on Days
http://www.psychodrama.pl

2019

January
Australian and Aotearoa New Zealand Psychodrama Association (AANZPA)
Dates and place to be decided
http://aanzpa.org/

May 8-11
Foro Iberoamericano de Psicodrama (FIP) – Costa Rica
XII. Congreso Iberoamericano de Psicodrama topic to be decided
https://www.facebook.com/XIIiberoamericanoPsicodrama/

August
Centre of Athenian Psychodramatic Encounters – Kolympari/Crete, Greece
3rd Hellenic Summer Psychodrama Academy
http://www.psychodramath.gr

September 4-8
International Association for Group Psychotherapy and Group Processes (IAGP) – Iseo, Italy
Psychodrama International Conferen
http://www.iagp.com/
Pravets, Bulgaria

13th FEPTO Conference
May 11th to 13th

26th FEPTO ANNUAL MEETING
May 13th to 17th

Photo: http://dramario.net

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