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Photograph by Tsvetan Mutafchiev
The World is suffering today. Globalization, wars, refugees, migrants, populism, perplexing political solutions … In this challenging and insecure world, we ask ourselves how our community can contribute to the transformation of our societies, no matter whether or not we want or are ready for these changes.

Our capacity is in treatment of the individual, family and group suffering. Many of us are working in social organisations and projects and are directly involved in those burning issues in dealing with traumatized people that have left their homes. At the same time, this needs to be addressed in a more global context and to have a proactive position as a European and Mediterranean organisation with its resources.

A discussion started in the Council of FEPTO in September about how FEPTO as a European organisation and having resources of group specialists can address the right questions and can contribute in understanding the current world perspective. This discussion was started by Stefan Flegelskamp and we all responded unanimously: we care about it and we want to reflect on some ideas and suggestions.

Following this dynamic, we have started our Council meeting in Dave with a reflection group led by Agathe Crespel and we spent some time to think about the connections of FEPTO with external organisations, social groups, political situations etc.

We discussed how FEPTO as an organisation could contribute in promoting cooperation and cohesion and creating an atmosphere of compassion and solidarity.

But how? Very often it is very difficult to translate abstract ideas into action. But some small steps could be a good beginning.

Many ideas rise up and they could be summarised in the following way. We can promote cooperation and solidarity by:

- supporting projects that enhance the international and local resources to handle the current situation
- publishing information about running international projects in our community (see page 45)
- encouraging cooperation between different institutions in Europe and Mediterranean countries by creating opportunities where psychodramatists, both trainers and trainees, can meet each other;
- encouraging and supporting international events like conferences, summer academies, etc. (see page 33).

The reflection group was a great warming up for our later discussion about the topic of the next Annual Meeting in Sigtuna. The topic is “Vision of psychodrama in the current world: the perspective of inclusion and mutuality”.
Editorial

We want to provide space for exchange of ideas and discussion about the burning issues in our world and to seek solutions on different levels – individual, family and society. We hope that our creativity could be focused on projects that will support and promote inclusion and mutuality, but not exclusion and separation.

See you in Sigtuna and bring your ideas with you!

All the best,

Milena Mutafchieva & Johannes Krall
Vice-president & President of FEPTO

vicepresident@fepto.com
president@fepto.com
Council meeting in Dave

The long tradition of the Council being a guest of Chantal and Pierre in Dave was kept this year. They were marvelous hosts as usual and we are at a loss for words to express our deep gratitude for the cozy atmosphere and the care they gave us. Thank you again Chantal and Pierre!

After the perfect warm-up led by Agathe Crespel and the fruitful discussion about the connections of FEPTO with the outer world, we went through many topics of our regular work. The main topic was to reflect on the title of the Annual Meeting in Sigtuna and prepare the schedule. But not only that. Reports of the chairs of each committee were presented, we discussed some puzzling questions in details like the requirements for the network groups, new proposals for the guidelines of the relationship between FEPTO and the Local Hosts that organise the Conference and the AM, procedure for nominations of people that could be awarded in Sigtuna (see page 22), etc.

The atmosphere was very constructive, we are already a coherent team and we want to thank all our colleagues in the Council for the creativity, ideas, hard work and tolerance.

Milena Mutafchieva & Johannes Krall

Vice-president & President of FEPTO
Invitation to stand for elections in Sigtuna, 2017

Dear FEPTO colleagues,

FEPTO has developed a lot as a professional community since its first meeting in 1993. From the very beginning psychodrama colleagues and representatives of our training and accrediting organizations devoted their time and effort in order to provide responsible leadership for our quickly growing professional community. Thanks to all who stood for elections and served as members of the FEPTO Council so far. In co-creation between the Council and all members of FEPTO a solid foundation for FEPTO growth not only in numbers of its members, but also in quality of our work has been achieved over past years.

FEPTO follows democratic rules. According to its constitution members of the Council are elected in the General Assembly every two years. In our forthcoming Annual Meeting 2017 in Sigtuna our members will be voting for a new Council. Therefore, we are inviting and encouraging all of you to consider standing for election.

Even though the FEPTO constitution suggests to have at least seven and not more than fifteen members in the Council, it has been a convention past years that ten colleagues are going to be elected for the new Council. The elected Council will select amongst its members an Executive consisting of president, vice-president, secretary and treasurer. Furthermore following chairs for committees are needed (some tasks can be combined under one chair):

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<th>Executive Council</th>
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We would like to invite and to encourage all of you to stand for the forthcoming elections. If you want to know better our work and challenges we are facing get in touch with our current chairs or look at the FEPTO Newsletter or FEPTO website where you can find reports about current activities in the
Voting for a New FEPTO Council

All your experiences and competences in psychodrama training, practice, research etc. is very much needed and welcomed. In particular we are encouraging representatives of new or “younger” member institutes who want to get the inside perspective of FEPTO life and management. It’s a real good opportunity to get to know our professional FEPTO network in much more detail. In particular, we want to encourage colleagues who are having good language and communication skills and experiences in communication technology.

Bring your psychodrama spirit and love for our creative and spontaneous way of work and help us further develop our professional community to make it the best place to work in...

With warm regards,

Johannes Krall & Milena Mutafchieva
President and Vice-President of FEPTO

president@fepto.com
vicepresident@fepto.com

Source: https://knowsus.org
Voting procedure in GA in Marathon

Voting procedure in the General Assembly and financial responsibility of FEPTO for projects

In the aftermath of the GA at the FEPTO AM in Marathon some questions regarding the voting procedure in the GA and the financial responsibility of FEPTO for projects could not be answered sufficiently. The questions were raised in the context of the request of the “Task Force for Peace Building and Conflict Resolution” to become a FEPTO Project group instead of being a FEPTO Network group.

A second question connected to this voting was raised regarding the financial responsibility of FEPTO in case a FEPTO Network group is conducting a project, which leads to a financial loss.

Since it was not possible to clarify all concerns at the GA sufficiently Chantal Nève-Hanquet consulted a Belgium lawyer to answer these pending questions. Here are the answers from the Belgium lawyer:

A) Voting procedure:

“1) The by-laws require a minimum number of members to be present in order to deliberate (the presence quorum). The number of members present is acknowledged at beginning of the GA in the attendance sheet. If a member leaves during the GA, as long as the minimum number of members is met, there is no effect on the vote (the vote is valid as long as the voting quorum is met).

2) Yes and No votes are counted. Any paper returned blank counts as an abstention (they do not count as a yes or a no). However, the vote is not valid unless the quorum is reached (i.e. half plus one vote of the people present must vote yes in order to adopt a resolution)

E.g. if 60 people are present and 3 vote yes, 1 vote no, 56 return blank papers the yes vote will not stand because the quorum is not reached.”

B) Financial responsibility of FEPTO for projects of FEPTO network groups

“FEPTO will not be financially responsible for any network projects unless FEPTO has provided financial support to the project. A network group must request support in writing to FEPTO and FEPTO must expressly accept the project. Failure of FEPTO to reply to the request for support will not be deemed an acceptance of the request for support of the project.”

We hope this clarification from the Belgium lawyer will help us to conduct the voting in the GA in a reliable way. The presence quorum (according to FEPTO constitution: “quorum is half of members”) is established at the beginning of the GA. For the voting we need to have a voting quorum which is half plus one present votes.

With best regards,

Hannes Krall

President of FEPTO
Invitation for the Next FEPTO Conference and Annual Meeting

Celebrating FEPTO 25th anniversary in the Nordic Light

FEPTO is going to celebrate its 25th anniversary in Sweden, when it all began for 25 years ago with 29 participants from 17 countries. Our federation had many names before its constitution was voted on in Louvain, Belgium 1996. You can read more about FEPTO history on the home page.

FEPTO Annual meeting 18-22 June 2017.

Vision of Psychodrama in the current world: the perspective of inclusion and mutuality

From Sunday 18th late afternoon to Thursday 22nd June at lunch.
Invitation for the Next FEPTO Conference and Annual Meeting

FEPTO Conference 16-18 June 2017. It begins Friday afternoon and finishes at Sunday lunch.

“Compass and Compassion”

A conference on morenian ethics and philosophy

What is to act right?

How can morenian theory, philosophy, ethics, justice and the methods of psychodrama, sociodrama and sociometry contribute to meet the demanding challenges in Europe and the world?

A warm welcome to you all!

The online registration for the Conference and AM in Sigtuna/Sweden will be on the web side soon. Please check it.

For more information: feptosigtuna2017@gmail.com

The local organizing committee (LOC)

Judith Teszáry (coordinator) Mariolina Werner (secretary) Eva Fahlström-Borg, Monica Westberg, Kerstin Jurdell, Gunnel Carlsson.

Judith Teszáry
Invitation for the Next FEPTO Conference and Annual Meeting

The venue
Sigtuna Folkhögskola/Folk High School established 1917.

Address: Sigtuna Folkhögskola
Manfred Björkquists Allé 20, Box 92, 193 22 Sigtuna
Tel +46 (0)8 592 583 00, Fax +46 (0)8 592 583 80,
E-post www.sigtunafolkhogskola.se

The place we chose is Sigtuna, which is the oldest town is Sweden founded 970 AD.

The meeting will take place in Midsummer, one of the most important holidays in Sweden. See this video to warm up a bit to the longest day of the year.

https://www.youtube.com/watch?v=u8ZLpGOOA1Q

Sigtuna is near to Stockholm/Arlanda airport, (17 km) easy to reach by public transportation or by taxi.

Transport

By Bus

1 Arlanda terminal 5
SL bus 583 direction Märsta
20 minutes hourly
2 Märsta station
Change to bus 575 to Sigtuna Folkhögskola
20 minutes hourly
It takes 1hr 6 min

Source: http://www.digitaljournal.com
Invitation for the Next FEPTO Conference and Annual Meeting

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<td>36,00 kr (3-4 €)</td>
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Ticket valid in zone C

By Taxi
Arlanda terminal 5, takes 20 minutes, 33-35 €.

For more information:
+46 73 942 99 48 Judith, coordinator
+46 76 206 67 71 Mariolina, secretary

Source: https://commons.wikimedia.org
Presentation of the Topic of the Next FEPTO Conference

Compass and compassion

12th FEPTO Conference Sigtuna/Sweden, June 16th-18th 2017

How can Morenian philosophy and ethics inspire the challenges societies meet today?

When FEPTO was founded 25 years ago we all shared Moreno’s idea about action and inclusion. He had a dream about a society where democratic principles meant that everyone takes active part of choosing what they want to do what with. Democracy is not only about terms of elections it is about active choices of our daily lives who do we want to do what with? Also to be able to say “no” to actions we don’t want to take part of. He thought that human beings need to be able to meet each other and understand the other person although he or she is seen as an antagonist. That is what Moreno called tele or a mutual role-reversal with another person. A famous political philosopher, Hannah Arendt writes that politics,
Presentation of the Topic of the Next
FEPTO Conference

that is influencing the others, has to be free and characterized by choices how we want to act. The action therefor is unpredictable and risk-taking which means *not knowing how the action will be met*. It is not freedom to control every action and build a society like predictable plan, like manufacturing or producing a building. In the risk-taking action people need to develop a judgement and to be able to make promises and ask for forgiveness when things go wrong. Action is also to show yourself vulnerable and try to understand your antagonist in a dialog. These theories are in many aspects shared by Moreno. Both their philosophies are in many ways controversial in society, where control and winning over your antagonist are more common.

Today society is challenging a growing mistrust for politicians and the so called establishment. Along this mistrust people are reacting to globalization and migration with fear. This attitude has been shown in different political elections where nationalistic ideas, anti-migration and even racism is on the agenda. Politicians begin to understand that politics mainly has been about materialism and economy. What has not been in focus enough is how people see their identity and how they will live their life. According to Vaclav Havel, the famous Czech author and dramatist, who became a president, an existential revolution must predate even the moral and political reconstruction of society. There seems to be an existential “anorexia” where people are empty, lost and left to the materialistic and nationalistic world. Society needs a revolt against a world in which the system is just another name for totalitarianism that creates itself and inhibits the forces of life from being realized.

Morenian philosophy with its methods, sociometry, psychodrama and sociodrama are ways where true identities are growing and where truth can be explored. Dilemmas people inhabit in their lives played out on a stage gives the existence a visible place. Persons may experience how to act spontaneous and creative is inspiring and fascinating, as well as being able to train the judgement through the role-reversal and the tele-process in the relationships and in their choices. With compassion we find the way.

Monica Zuretti a well-known psycho-and sociodramatist will speak about Moreno’s philosophy with facilitation of Börge Kristoffersson, psychodramatist and university lecturer, who has newly written about
Presentation of the Topic of the Next FEPTO Conference

Moreno’s philosophy. We will also listen to a lecture by a philosopher, university lecturer, Ulrika Björk about Hannah Arendt, whose philosophy in many aspects can be associated to Moreno’s.

In small groups and large groups led by both senior and young psychodramatists we will work with these themes during the whole conference, using Moreno’s methods.

LOC

feptosigtuna2017@gmail.com
Psychodrama History in Sweden

by Judith Teszáry

This year FEPTO celebrates 25 years. Out of 40 founding members 6 came from Sweden, Ingrid Göransson, Göran Höberg, Eva Fahlström Borg, Eva Karin Ström, Judith Teszáry and Monica Westberg.

We were all active in the dynamic period of “new” psychiatry and psychotherapy in 1970.

With the introduction of new psychotropic medication for disorders such as psychosis new ways of treating patients began. Or rather, it inspired psychiatry not to “treat” patients with methods such as heavy medication, insulin therapy, electro convulsive therapy and lobotomy – where the patients were seen as objects. Therapeutic communities were built, in England, Sweden and elsewhere, inspired by pathfinders such as R. D. Laing, Thomas Szasz, Michel Foucault, Erving Goffman, David Cooper, who coined the concept, anti-psychiatry, in which the patient would assume his role as a subject (actor owning his own actions) – capable of expressing himself through body, art, music and theatre. Also influenced by linguistics – introducing the concept of “neo-linguistics” NLP. This kind of healing needed new kind of training of psychiatric staff. Dr J.L. Moreno’s theory and practice was now received with great interest. Many of these movements were inspired and influenced by J.L. Moreno who had an important input in the field of social-psychology, as described in Jonathan Moreno’s book: The Impromptu Man”.

The oppressive, authoritarian and unequal power relation between doctor and patient was deconstructed and changed into a more equal relation, where the patient was an active part of their treatment as opposed to the passive receiving of sometimes harmful old fashioned therapies.

Psychodrama was a very popular method in the area of Anti Psychiatry movement. Psychodrama and Moreno’s philosophy was perfectly suited to this new awakening. The theories and methods of Carl Rogers, Erving Goffman, Foucault, Szasz were taught, at the departments of psychology and pedagogy at the universities, as well as J.L Moreno theory of sociometry. Family therapy developed by the famous Italian therapists such as Checin, Boscolo, Palazzoli, Minuchin, was being taught to people in Sweden. Almost all kinds of trainee therapists experienced psychodrama. Psychodramatists went to Gestalt workshops, or to Daniel Casriels’ Identity therapy, and to George Downing’s Integrative Body Therapy, as well as Arthur Janov’s Primal Therapy.
In the 1970, 80s and 90s Sweden was blessed by workshops and trainings from the Moreno nucleus – Dr. Grete Leutz, Dr. Anne Anceline Schützenberger and of Zerka Moreno, Dr. Monica Zuretti and Marcia Karp. From Holland came Dean and Doreen Eleftery and from US Dick Horn and Ella-Mae Shearon. From Argentina Jaime Rojas Bermudez and Dalmoiro Bustos. Other great psychodramatists enriched the Swedish Psychodrama scene during this period of time.

The first regular psychodrama trainings started in parallel in Stockholm 1976 by Zerka Moreno/Moreno Institute Beacon New York and Professor Anne Aneline Schützenberger from Paris. Both trainers had around 20 trainees. After 5 years of training, 10 students trained by Zerka Moreno received their certification as Director of Psychodrama and Group Psychotherapy from Moreno Institute Beacon New York.

Out of these two groups the Psychodrama Association was established. It was later remodeled into The Swedish Psychodrama Association. At that time The Swedish Psychodrama Journal was created and edited by Judith Teszáry. In this inspiring, experiential atmosphere Swedish psychodrama was born. We had ongoing supervision groups which were in the style of advanced seminars, with Marcia Karp, Ella Mae Sharon, Anne Schützenberger, Rojas Bermudas, Clare Danielsson.

The first Swedish training carried out by Swedish trainers was started within the Swedish Psychodrama Association and later on the Psychodrama Academy was founded by Monica Westberg, Ingrid Göransson and Göran Högborg.

Acting in a book by Blatner was translated.

Uppsala Psychodrama Institute was started by Eva Fahlström and Kerstin Buckley. Followed by other psychodrama training institutes, such as Swedish Psychodrama School by Kerstin Jurdell and SISU – Stiftelsen for Social Development by Göran Högborg, with a Scandinavian touch, having training weeks with students from different Scandinavian countries.

All of the above are members of FEPTO.

The Swedish Psychodrama Association, a broad organisation welcoming and supporting members, and people who were interested in psychodrama. It became apparent there was a need for a new organisation in order to protect the needs of professional psychodramatists: Sweden’s Association of Psychodramatists came into force. (1993)

All the members of the LOC are members of this association. SAP is involved as partner in an Erasmus+ program about the development and dissemination of Sociodrama, helping youth workers to learn skills and apply the method in their work.
Presentation of the LOC

In South Sweden Leif Dag Blomquist, who was the first Swede to complete his training in Beacon, started a training for those who had participated in different workshops with Dick Corn, Dean and Doreen Eleftry, Bob and Ildri Gin in order to formalize their training by providing supervision of their practice, and training and theory seminars. They built the Swedish Moreno Institute. After a couple of years part of the trainers separated and built Stockholms Institute for Psychodrama, Sociometri and Grouppsychotherapy. (Kate Tauvon)

Later; by the initiative of Leif Dag Blomqvist the Nordic Board of Examiners was created based on the original American model. Stating that all psychodramatists should learn from the original Moreno writings. Any student who’s institute was a member of the Nordic Board could apply for TEP title on successful completion of examination. Their member institutes at that time came mostly from Finland and Norway.

The 70s and 80s and a part of 90s were a time when Psychodrama was at its peak in Sweden. Psychiatry, unfortunately, has lost it’s creative, innovative mood. On a positive note patients are now taking power in the general view of their own treatment. They have implicit right to their own “Recovery Plan”. “The users evaluation” is a tool which is empowering the individual.

As supervisors – many of us have found Psychodrama is the quick road to train social workers, fosterparents etc...

We recognise that at present in Sweden there are less professionals who fully train in psychodrama it is of little concern to the organisation as – the methods of psychodrama, sociometry and sociodrama are disseminated and applied in almost every higher education, social care, clinical setting, organisational, supervision, and conflict management under the assumed names of: action methods, role-playing, scenario play, simulation, and so on.

Source: https://sweden.se/nature/swedes-love-nature/
Swedish Association for Psychodramatists

_Svenska Psykodramatikers Förening_, (Swedish Association for Psychodramatists, Schwedische Arbeitskreis fur Psychodramatiker, Association Suédoise des Psychodramatistes) was built 1993 by professional psycho-and sociodramatists. The association had 50 members, somewhat less today.

The aim of the association is

- to represent and protect the professional interest of psycho-and sociodramatists.
- to offer a forum for continuous professional development and exchange of knowledge and experience of psychodramatists national and international.
- to safeguard good professional ethic.
- to spread information about the methods: psychodrama, sociodrama, sociometri and group processes.

The Association organising peer supervision groups, workshops, discussions, members meetings and annual meetings, public lectures and seminars. Representing the methods on forums together with other group psychotherapy events.

We are networking and cooperating with other European organisations. For example several members are active in the network group FEPTO Task Force for Peace Building and Conflict Transformation.


Our association organised the 2nd International Sociodrama Conference, Shadows of Society, March 2009 with more than 400 participants.

We have been cooperating with Prof. Suman Khanna from New Delhi University and had workshops and lectures with her about Gandhian Philosophy and Non Violent Conflict Transformation, just to mention some of our activities.

The staff members of the LOC are members of the association.

Chair person

Judith Teszáry

Norrbackagatan 43.

11334 Stockholm, Sweden; _jteszary@gmail.com_; Tfn: +46739429948

Source: [http://www.goodtherapy.org](http://www.goodtherapy.org)
Presentation of the LOC

Judith Teszáry  Coordinator

Director of Psychodrama, certified by Moreno Institute, Beacon New York.

A senior international trainer, supervisor and lecturer. Founding member of FEPTO and served as President for 6 years. Presently she is the chair of the Ethics Committee in FEPTO.

Judith has worked with Child Care as psychologist at Stockholm City Social department. She has worked within a research and treatment project with psychosomatic patients in 5 years at the Karolinska Institute/Stress Research Division, Stockholm. She is on the editorial team for Psychodrama journal, a special edition for the 25th anniversary of FEPTO.

Working as international coordinator of an Erasmus+ project: P.E.R.F.O.R.M.E.R.S together with 4 countries. The aim of the project is to develop Sociodrama as a method in youth work. She is also doing Sociodrama in a project with Roma women living in deep poverty in Hungary.

She is the chair of the Swedish Association of Psychodramatists, which is the organizing association of 2017 AM and Conference.

jteszary@gmail.com

Mariolina Werner Guarino  Secretary

I was born in Milano, Italy, but I have lived in Stockholm since 1978. I’m a teacher and a Psychodramatist and I work in an Upper Secondary School where I teach psychology and French. Since 1999 I have run psychodrama/sociodrama courses for the students. These courses are now integrated in the study plan and compulsory for all the students of the socio-psychologist program of our school. Mariolina has her diploma as psychodramatist from Psychodrama Academy, Sweden.

mariolinawerner@hotmail.com
Presentation of the LOC

Kerstin Jurdell

MA, TEP, Founder and director at the Swedish Psychodrama School, a member of FEPTO.

She is a trainer in psychodrama since more than 35 years and has also trained internationally in Germany, Finland, Norway and Portugal. She works as university teacher at the University of Gävle specialized in ethics and leadership and social work. She is also working in private practice with psychotherapy and supervision.

She is writing a thesis about sociopsychodrama as a student at the Centre for practical Studies at Södertörn University.

kerstin.jurdell@gmail.com

Monica Westberg

BA in pedagogic, child study and gender study.

Certificate of directorship, Moreno Institute, Beacon, New York USA

Certificate in Hypnosis, Deborah Ross, USA. Has 10 years experience of working with refugee children in different social programs. Founder and chair of a psychodrama training school, the Swedish Psychodrama Foundation 1987. Started the Norwegian Psychodrama School 1986 together with Eva Roine.

Founding member of FEPTO. A member of FEPTO Research Committee.

www.psykodramaakademin.se monica.psykodrama.ak@telia.com
Eva Fahlström Borg

She is a social activist and a senior registered Psychotherapist and one of many pioneers of Psychodrama in Sweden. Eva works internationally as a lecturer, workshop leader and trainer of Psychodrama, Sociodrama, Bibliodrama and Play-Back Theatre.

She is a university trained supervisor and teacher of psychotherapy specialist in Systemic Family Therapy. Eva is a founding member of FEPTO, served on the Board of FEPTO and is the creator of FEPTO theatre. She is also an international trainer of Restorative Justice and is a senior consultant to IIRP, International Institute for Restorative Practises.

In 2011 Eva was awarded “Life Time Achievement” by FEPTO.

Eva is presently the Chair of Trauma and Disaster Intervention Team, IAGP (International Association for Group Psychotherapy and Group Processes).

eva.fahlstrom.borg@gmail.com
Awards

After one quarter of a century, it is time to say thank you....

...to those people who contributed substantially to the development of FEPTO and psychodrama in general.

25 years ago, 33 psychodramatists and representatives of psychodrama institutes met in order to build an organization as a platform for all psychodrama institutes in Europe and the Mediterranean. After a quarter of a century, the time has come to honor those who played a special role in serving the federation or making a significant contribution to the development of psychodrama in general.

We would like to thank these particularly dedicated members at our next meeting in Sigtuna 2017. Please send in your proposals regarding colleagues you think, should be awarded for the following.

**Honorary membership**

Expresses the gratitude to people, FEPTO is honoured that they are part of the federation.

Our honorary members are:

Anne Ancelin Schützenberger, Pierre Fontaine, Grete Leutz, Marcia Karp, Zerka T. Moreno (†), Eva Røine and Ildikó Mävers (†).

**Lifetime Achievement Award**

Goals:

- Honouring people with a high commitment to the organisation
- Encourage people to make efforts to develop psychodrama
Awards

Criteria:

- Having served FEPTO voluntarily over many years (Council, Committees, organisational work etc., particular contributions) and/or
- Life-long contribution to psychodrama by teaching, training, and/or publishing in an outstanding way.

Lifetime achievement award has since been given to: Dorothy Langley and Eva Fahlström-Borg.

Or

Excellence Award

for an outstanding single or ongoing contribution (innovative training, psychodrama practice, psychodrama research) to FEPTO or Psychodrama

Goals:

- Enhance the reputation of psychodrama in their specific community of health, education, management, theatre or in general.

- Improve the psychodrama training regarding content, structure, teaching skills, research, positive training atmosphere and outcome

Criteria:

- Either having served FEPTO voluntarily over many years (Council, Committees, organisational work etc., particular contributions) or
- Improvement for psychodrama in general or psychodrama training regarding content, structure, teaching skills positive training atmosphere, psychodrama research and outcome.
Psychodrama Students Award

For the three best student’s theses of the year

Goals:

- Enhancing the reputation of psychodrama in their specific community of health, education, management or theatre and in general
- Encouraging students to be a model for other trainees in order to develop the method.
- Encouraging training institutes to enhance the quality of theses in order to train students for research, writing and publishing
- Motivate training and accrediting institutes to organize their training on a high standard

Criteria:

- Excellent thesis, study or presentation

Award: Financially support to participate in a FEPTO Research Committee Meeting.

Please send your proposals to

Mrs. Arsaluys Kayir
e-mail: arkayir@gmail.com

before 1st of May 2017

The award committee:

Stefan Flegelskamp
Jutta Fürst
Arsaluys Kayir
Report from the Treasurer

Never been seen before!

Congratulations to all of us.

We have all paid our membership.

Maybe one or two not quite yet who will do it in 2017.

I send my gratitude to all of you that we can go into 2017 with such wonderful conditions.

Great that there is such a will to keep FEPTO alive.

A big hug to all

Chantal
The Annual Meeting Committee continued working on assisting the Local Organizing Committee of the 25th AM in Sigtuna, Sweden regarding the preparation and the organization of the forthcoming event. Furthermore, in the aftermath of our Marathon discussion we have finally reached some concrete proposals regarding the amelioration of the structure of the Annual Meetings from now on, as well as the sharing of the financial responsibility. We hope that those proposals will be discussed in the next General Assembly in Sigtuna:

**Proposals for modification of the duration and structure of the Annual Meeting**

During the Annual Meeting Committee meeting that took place in the context of the 24th Annual Meeting in Marathon, Greece (15-19 May 2016) an issue that was emphasized by many colleagues was the high cost and the length of the extended duration of the Annual Meeting. After considering the different aspects of this topic, the Annual Meeting Committee proposes the following amendments:

**PROPOSAL 1**

- Instead of starting on Sunday late in the afternoon and finishing on Thursday after lunch, the Annual Meeting can start earlier on Sunday (3.00 p.m.) and be completed on Wednesday afternoon, after lunch (2.00-3.00 p.m.).

**PROPOSAL 2**

- The daily excursion that is usually held on Tuesday afternoon can be optional from now on, and not be included in the Annual Meeting Fee. The excursion can be scheduled for Wednesday afternoon, or Thursday morning for the participants that are interested in it.

In case* that the* two proposals are approved the registration fee of the Annual Meeting will decrease significantly, since the participants will not have to pay one day less for food and accommodation as well as the fee for the participation in the excursion.

**B. Proposal for the change of the financial responsibility and share of profit between LOC and FEPTO**
As reported also in the FN, it was a common inference among AM committee members that the LOC is not sufficiently remunerated for its hard work and risk taking. This conclusion generated a discussion on how it can be that the organizers are receiving a tangible acknowledgement and recognition of their efforts, without reducing the profit of FEPTO. The issue was brought up in the Council meeting in Dave (November 2016). Two different proposals were formulated, that have to be discussed in the General Assembly. The first proposal is the following:

1. For the Conference:
   - LOC receives 75 % of Profits
   - FEPTO receives 25% of Profits

2. For the Annual Meeting:
   - LOC receives 25% of Profits
   - FEPTO receives 75% of Profits

In case of loss in the AM, the equal share of the financial between LOC and FEPTO remains (50%-50%). In case of loss in the Conference, the LOC takes full responsibility, since the committee is responsible for the design, the structure and the content.

The second proposal is that all risks and profits of the Conference go to the LOC, that also has the scientific and organisational responsibility and all profit and risks of the Annual Meeting remain with FEPTO, with the condition that the LOC is always respecting and applying the decisions and the recommendations of the FEPTO Council. If this condition is met, in case of financial loss, FEPTO will be responsible for covering 100% of the deficit.

The last proposal concerns the remuneration of the LOC members. It is proposed that two members of the LOC will be allowed to participate in the Annual Meeting without paying the registration fee. The LOC decides how this offer will be handled.

_Nikolaos Takis_

_The AM Committee Chair_

[annualmeeting@fepto.com]
Dear FEPTO Colleagues,

Dear Participants of the FEPTO Research Committee network,

We would like to say thank you to all those who participated in the FEPTO RC Kraków Meeting and in particular, those who prepared abstracts and sent us the pictures. We hope you all have good memories from this beautiful place and are encouraged to meet once again in the future. The final version of the Kraków Research Committee Report is available on the FEPTO Website.

Now we are preparing the next meeting in Skopje/Republic of Macedonia entitled: Research Methodology in Psychodrama and Action Methods, which will occur on 23-26 February 2017 in cooperation with MIT University and Amigdala School for Psychodrama. Below, you will find the official invitation of this event.

The general goal of the meeting is to support the multi-area and multilateral cooperation and research networks on psychodrama and action methods between participants from European and Mediterranean countries. At the meeting, we will focus on methodological issues regarding research project preparation. Our inspiration will be drawn from the widely-understood area of psychotherapy, social and behavioral sciences research.

During the Skopje FEPTO RC Meeting we will have the pleasure of listening to three invited guests who will share their knowledge and experience in methodology and research designs in social and behavioural sciences as well as psychotherapy. Nikolina Kenig will present a one hour lecture entitled: Steps in developing a research design – facing challenges and making right choices. Marijana Markovikj & Eleonora Serfimovska will give a lecture dedicated to: Methodology and research design in psychotherapy. The lecture will be focused on: preparation of project designs; preparation of instruments for monitoring and evaluation of psychotherapeutic process (instruments for clients, psychotherapists and the therapeutic process itself).

The meeting will be another chance to encourage and motivate one another to continue the work we have done so far. We are open to welcome new participants and new ideas. In addition, we are always happy to see new students and psychodrama trainees. We are looking forward to the possibility of new personal encounters during our everyday social events.

Date and program: The formal opening of the meeting in Skopje is scheduled for Thursday 23 February 2017, at 5 pm. We will be together till about one o’clock on Sunday. On Sunday morning, we are planning to have an excursion or sightseeing together.
Report of the Chair of Research Committee

We are now working on the detailed program of the meeting, which will be available in January. Thanks to all those who have already confirmed their participation and shared their ideas for the meeting. We are looking for your comments, proposals of research cooperation and projects. If you have any ideas on how to develop, improve or enrich our network, please feel free to send us your suggestions.

Call for papers/contributions: If you would like to present or discuss research ideas or a project about psychodrama, action methods and experiential learning – you can send us a proposal. The standard formats are: a brief paper/project presentation (5-10 minutes), lecture (15-20 minutes), structured discussion or research workshop (45-90 minutes). You can send us also your own proposal. Please feel free to send us your abstract with personal/professional information about the author before January 13th, 2017. Your photos would be useful also).

Please confirm your participation for the meeting by sending an email to Krzysztof Ciepliński (email address: cieplin@kul.pl).

Traveling & Accommodation: FEPTO Research Meeting will be organized in collaboration with MIT University, Faculty of Psychology which is located in the very central area, of the city.

Venue address:
MIT University
Square Macedonia, City Gallery
1000 Skopje
Republic of Macedonia

We are very grateful to our local hosts: Mirjana Stojanovska & Ilija Dojcino, who are helping us with the logistics of the meeting. Should you have any additional questions or if you need any further help, please feel free also to email Miriana (email: mstojanovska2002@yahoo.com) and Ilija (email: ikaled@yahoo.com)

We are planning to organize the next FEPTO RCM in Tallinn/Estonia on 5-8 October 2017 in cooperation with the Moreno Centre.

Looking forward to meeting you in Skopje,

Krzysztof Ciepliński & Johannes Krall
Co-chairs of the FEPTO Research Committee

research@fepto.com
You will get email from Extranet in December!

Last year FEPTO AM decided that we will start to use membership extranet. It was introduced in FEPTO NL. Here is some more information of this service, which will be in use next January, 2017.

All present members and their contact information is now in extranet. We start to trial run the system in December. Each member will get email from extranet before December 15th, to the email of contact person.

How to use and what to do in Extranet?
Extranet is based on internet, it is easy to use, and it only needs internet connection to work. In January, there will a link on FEPTO internet pages (fepto.com) to extranet. FEPTO members will get instructions how to use FEPTO Extranet in the beginning of January, 2017.

Members can update their own contact addresses in Extranet, and receive information from FEPTO on time and to right persons.

FEPTO Council is going to use different functions in Extranet:
- information connected to a member (name, address, email, etc.) and contact persons,
- sending emails and newsletters to members,
- membership fee information (sent and paid invoices, etc.).

Information in Extranet
This information will be in Extranet:
1. Member’s name, address, type of membership, and date when membership started
2. Name of contact persons:
   - General issues, e.g. membership fees
   - Research
   - Ethics
   - Training.

Some of this information we already have in Council (1. and 2.a). Names and emails of contact persons for Research, Ethics, and Training will be collected before AM 2017 in Sigtuna, Sweden.

Extranet is a safe and guarded system. Members can access their own information, and council can access information of the whole membership. For others, it is closed.

Reijo Kauppila
training@fepto.com
FEPTO Guidelines for Partnership in a Project

FEPTO is asked to be a partner in different projects. Council has created guidelines, which will help project groups to ask FEPTO to be a partner, and to clarify possible roles of FEPTO in a project. In these guidelines, there are general criteria of possible projects, and requirements for contents and application procedure.

Projects can request partnership of FEPTO by submitting a written request to the Council. There is an example of application on FEPTO webpages (fepto.com). Requests have to be presented early enough to FEPTO council.

Any projects can request a partnership, for example projects by network groups, groups of FEPTO members, etc. Project should be in more than one country where there are FEPTO members, and there are some FEPTO member institutes or accredited organisations participating in the project (preferably more than one institute in one country).

1. General criteria of project
   - Psychodrama (including psychodrama, sociodrama, sociometry and group psychotherapy) is in a central or remarkable role in the project as a process or method OR
   - Development of research of psychodrama and its effectiveness or other focus of research is in a central or remarkable role in the project.
   - The project:
     - Enhances psychodrama in at least one of its field of application OR
     - Is connected to developing theory and/or use of psychodrama OR
     - Increases academic competencies connected to psychodrama

2. Project application related criteria
   - The following contents have to be in a written application to FEPTO Council. Requests have to be presented early enough to FEPTO council (about 4-6 months before deadline of application of the project).
     - Detailed description of the project – subject, goals, methods, target groups, expected results, etc.
     - Duration of the project
     - Grantor(s)
     - List of invited participants with short annotations
     - The roles and level of inclusion requested from FEPTO: References, Specialists, Trainers etc.
     - Expected budget, which specified parts in which financial support from FEPTO is requested
     - Expected time frame for FEPTO activities
FEPTO Guidelines for Partnership in a Project

- Participation of FEPTO members in conferences, seminars and other activities connected to the project

Some remarks about financial support by FEPTO:

- FEPTO has very limited financial resources.
- In case of financial support, funds are only given to specified actions defined in the contract and budget. No general costs will be supported.
- In case of financial support, the beneficiaries are obliged to produce detailed documentation of all the costs supported by FEPTO.
- FEPTO will be financially responsible for any project only up to that amount for the defined purposes which are described and agreed in the written contract. FEPTO will not be financially responsible for any other costs.

A written contract will be made of partnership. As a partner, FEPTO’s logo has to be included in dissemination, publications and articles related to the project. The project coordinator informs FEPTO Council regularly of the project.

A project must request support in writing to FEPTO, and FEPTO must explicitly accept the project by a written contract. Failure of FEPTO to reply to the request for support will not be deemed as an acceptance of the request for support of the project.

Please, contact president or vice-president, for further information on partnerships.
In a May, 2016, in a picturesque town Novigrad, at Adriatic cost in Istra (Croatia), was held seventh International Spring Academy (ISA) for psychodrama. These meetings are led by psychodrama and sociodrama trainers from different countries. The participants are the students and trainees from different countries and cultures. The main two aims of those meetings are: first to allow the meeting of students of different psychodrama schools and academic students of psychology, education, social work... who has some or little psychodrama experience; and second to provide context for psychodrama and sociodrama encounter of students and trainers from different cultures.

This year the trainers were: Jutte Fürst, Hannes Krall from Austria, Valerie Monti Holland from UK (USA) and Vladimir Milošević from Slovenia (Serbia, Croatia). Also the students were from the same countries except UK. In previous ISA meetings the participants (trainers and students) were also from Israel, Finland, Italy, Hungary, Turkey, Romania...

The main structure of the ISA meeting was that the large groups every day (approximately 45 participants) were led by the pair of trainers mostly in co-leading manner. Then the large group was divided into 4 smaller groups which were led by experienced psychodrama trainees and directly supervised by the trainers. At the end of the day was reflection group led by the trainers. This allowed the trainees to meet with different styles of psychodrama/sociodrama work of different trainers coming from different cultures and experience supervision by supervisors also coming from different psychodrama schools and cultures. Also the students who have no (or just some) experience in psychodrama have an opportunity to encounter the power and universality of psychodrama and sociodrama method.

Psychodrama and sociodrama provided safe and inspiring context for this cross-cultural experience...
What remains from what happened ...

of mutual learning. This cross-culturalism is of high importance for psychodramatists and professionals in mental health in the current world of migrations and encounter of cultures. Psycho-sociodrama meeting of ISA allowed experiential learning in the cross-cultural context of actual encounter of different cultures, instead about the cross-cultural encounter. This aspect of experiential learning („in“ instead „about“) has a crucial importance in actual world which is burdened by animosity, fear, distrust toward the difference. Psychodrama and sociodrama context provided possibility for the sensibilization for differences, through the role reversals not only with the others, but what is even more important with own ideas about the „others“.

Important aspect of the ISA was the creative process of forming a new group- culture „in situ“. This new-built group culture was created by all participants and at the same time observed by them. Different groups from different countries and cultures, were during three days of work, constructing a new cross-cultural group culture, but at the same time preserving the culture of the origin. This experience has important personal and professional value for all involved.

Instead of conclusion, hope to meet in next ISA 2017.
Third National Psychodrama Conference in Bulgaria

The third National conference “The Gifts of Psychodrama Method” was held on 11-13.11.2016. This long-awaited event has been organized in order to celebrate the 25 years since the establishment of the organization and the implementation of psychodrama method in Bulgaria.

The program presented not only the story behind and the way the psychodrama method was implemented on the national level but it also demonstrated the diversity of practices, achievements and new trends in Bulgaria, and in a broader European context. There were 20 workshops and 5 plenary sessions in the main program. They were divided in two main thematic areas: 1) "Integration of Psychodrama with Various Therapeutic Approaches and 2)\" Implementation of the Method \".

The first panel included the reports of the official quests and key speakers as follows: „Introductory Report "Psychodrama and the Drama of Human Existence", Dr. David Yeroham, psychiatrist, psychodrama-therapist; "At the Dawn of Psychodrama in Bulgaria" - Dr. Galabina Tarashoeva psychiatrist, psychodrama-therapist; "When Moreno meets Freud" Psychodrama and Psychoanalysis - Dr. Dimo Stanchev, psychiatric, psychodrama-therapist; Jungian Psychodrama - Dr. Svetlana Nikolkova, psychiatric, psychodrama-therapist. „ Psychodrama and the Systemic Approach - George Antonov, psychologist and psychodrama-therapist; Chantal Neve, psychodrama-therapist, one of the main founders of FEPTO facilitated a warming-up activity: "The Gifts of the Encounter" and a workshop: " The Psychodrama Method and the Gifts of Creativity". Milena Mutafchieva - Vice President of FEPTO was one of the key speakers in the Conference. She presented a report: “The Tendencies in the Development of European Psychodrama Community”. There were various representatives of related organizations from Macedonia and Israel. Mirjana Jovanovska Stoynovska, Macedonia presented a report: " The Implementations
of Psychodrama in the Therapeutic Work with Psychosomatic Disorders”. Dr Efrat Kedem-Tahar, PhD, Trainer University of Haifa, Israel facilitated the workshop: “Safety for the protagonist”. Margarita Nikolkovska, Skopje presented the results of research on the psychodrama effectiveness in the end of the third day of the Conference.

The Conference consisted of main program and two parallel events which were very important for the psychodrama community: 1) Forum of the Institutes which provided a space for the institutes to present their current training programs, projects and achievements; 2) Round table dedicated to the project “Code of Ethics of BSPGP”. The Code of Ethics would be accepted on March, 2017.

The Board of BSPGP is satisfied and full of hope for the future of the organization because of the support provided by all the quests, participants and leaders of the psychodrama institutes during the organization of the Conference. Another important issue is the energy and creativity of the young generation of psychodrama leaders who presented their way of work, their professional appetites and findings during the workshops. The Board of BSPGP would like to thank to all the participants, collaborators and volunteers for their active participation during the Conference.
Upcoming Events

FEPTO Research Committee Meeting

RESEARCH METHODOLOGY IN PSYCHODRAMA AND ACTION METHODS

Organizing Committee
Mirjana Jovanovska Stojanovska, Ilija Dojcinovski
Amigdala School for Psychodrama

Dr Krzysztof Ciepliński & Dr Johannes Krall
Chairs of FEPTO RC

MIT University Skopje
23-26 February 2017
FEPTO Training Committee meeting January 27th-29th, 2017,
Arnhem, The Netherlands

Psychodramatist’s specific competencies in different application fields of psychodrama

We will make summary of feedback, and continue recognizing and defining specific competencies of a psychodramatist. This work is based on core competencies of psychodramatist, which we already have defined. We use other available materials, too. The goal is to finish first versions for different fields of application.

We will start on Friday 27th, at 6 pm, and end working on Sunday 29th, at 1 pm. Hannah Salomè has kindly invited us to her institute in Arnhem, The Netherlands.

We especially invite psychodramatainers from institutes in Middle Europe and Mediterranean area, because now we have a strong representation of Northern European professionals and training programs. Come to enrich and share your expertise with us – together we can co-create something new for FEPTO! Of course, others are very welcome, too.

Contact Reijo Kauppila (chair of training committee) as soon as possible, so that you can join our process even before Arnhem: training@fepto.com.

Welcome to join us to develop FEPTO more professional in training – and to get ideas and inspiration for your institute and yourself!

- Support FEPTO to grow professionally stronger
- Come to develop your own professional competencies and—of course—your institute’s
Invitation to the Network Group for Psychodramatists Working with Children and Youth

Dear Practitioners of Psychodrama with children and youth,

Dear FEPTO Colleagues,

It is a pleasure to invite you to the 2nd meeting of the network group “Psychodrama with Children and Youth”.

We would be delighted to welcome you in Budapest, Hungary from 3rd - 5th of February, 2017.

The goals of this meeting to organize an international conference and to focus on the topic:

**Psychodrama with Youth**

This topic engages many professionals and we want to discuss different approaches.

FEPTO as a Federation of European Psychodrama Institutes provides colleagues, who are working with young people as well as the opportunity of exchange, mutual learning and cooperation. Psychodrama with children and youth offers extreme convenient tools to cover the silence and guide the childlike way their skills.

**Let’s Play and Act Together...**

If you want to present or discuss ideas or a project about psychodrama with traumatized children and youths please send a proposal by 1st of January, 2017.

Everybody who is interested in psychodrama with children and youths and wants to share his/her interest and ideas is invited to take part. Please forward this invitation also to colleagues in your institutes who are involved with this psychodrama field.
Upcoming Events

Everybody who is interested in psychodrama with children and youths and wants to share his/her interest and ideas is invited to take part. Please forward this invitation also to colleagues in your institutes who are involved with this psychodrama field.

Furthermore, we will work on organizing an international psychodrama conference with the support of FEPTO for colleagues who are working with children and youth.

Our local hosts will be Bea Pozsar (pozsarb@freemail.hu) and Zsòfia Tölg-Molnàr (tmzsofi@gmail.com) and they will help us with the organization (Thank you!).

The network group “Psychodrama with children and youths” will take place in:

Deak Square at Kiraly Street (K11) in the Centre of Budapest

Preliminary program:

Friday, 3rd of February: 17:00 - Registration and warm up

Saturday, 4th of February: 9:00 - 17:00

Sunday, 5th of February: 9:00 - 13:00

Next steps:

If you are going to join us, please register and book your flights.

1. Register
   - Send a confirmation mail to Stefan Flegelskamp (s-flegelskamp@t-online.de) that you will participate.

2. Flight
   - Book your flight as soon as possible

Looking forward to meeting you in Budapest,

Bea Pozsar, Zsòfia Tölg-Molnàr, Stefan Flegelskamp & Hilde Gött
REGISTER NOW!

Nordic Board’s 1st Trainers’ conference „Sociometry and Shadow“

April 21-23, 2017
Tartu, Estonia

Lectures: lecture in action on sociometry by Sirkku Aitolehti (T.E.P.) and lecture “Meeting the Shadow in the 3rd Millennium” by Giorgio Tricarico (clinical psychologist, psycho-therapist, Jungian analyst).

Workshops by psychodrama trainers (T.E.P.) from member institutes of the Nordic Board:
Eduardo Verdú (NOR): “Shadowhunters”
Tuula Grandell (FIN): “The process towards encountering one’s shadow”
Inara Erdmanis (LV): “Me and my shadow”
Reijo Kauppila (FIN): “Shadows of sociometry in curricula – training and learning sociometry in psycho-drama training”
Urban Norlander (SWE): “The sociometric cycle”
Pille Isat (EST): “Sociometry as a tool for development”

Participation fees:
Early Bird registration (until 31 December 2016) – 140 EUR
Registration beginning from 1 January 2017 – 180 EUR

Info and registration, recommendations about travelling, accommodation possibilities: conference@self.ee

We are looking forward to seeing you in Tartu!
(Buses from Tallinn airport depart about 20 times a day, Lux Express every hour).
Upcoming Events

PUBLIC BENEFIT FOUNDATION “CENTAUR ART”

City of Plovdiv, 17, Ekzarkh Yosif Str., UIC 160047945, Tel.: +359898 994300, e-mail: centaur_art@abv.bg, http://centaur_art.ngobg.info

INVITATION

FOR WORKSHOP AND EVENT PRESENTERS

AT THE SIXTH PSYCHODRAMA FESTIVAL

ORGANIZED BY

FOUNDATION „CENTAUR ART”
Dear colleagues,

FOUNDATION "CENTAUR ART"

started organizing THE SIXTH PSYCHODRAMA FESTIVAL, which will take place from 16th to 19th March 2017 in Plovdiv.

Plovdiv is situated in the heart of BULGARIA, at 130 km from the capital Sofia. A city with an authentic multicultural atmosphere, intertwining old spirit and modern trends, wherein the Festival fits in harmoniously.

The Psychodrama Festival in Plovdiv, is being organized since 2012. Until now, it has been the stage of 160 workshops, 33 general sessions, and 34 additional events (interactive theatre, cinema with a discussion, themed meetings, parties), which were attended by about 1100 people during the first five Festival editions.

The main emphasis of the Festival is the promotion of the psychodrama method and its application among the general public - both among professionals working with people, i.e. in the field of psychotherapy, psychology, psychiatry, social work, education, as well as among the people of the Arts / applied arts, theatre, music, others /, various types of training practices, communicative and managerial fields, students, people interested in their personal development, etc.

Within the Festival, there are presented and studied classical and alternative forms of group and individual work with people through the eyes of presenters trained in the psychodrama method and other similar methods.

The Psychodrama Festival also provides opportunity and stage for psychodramatists of different level of experience and of different generations to work on a topic selected by them in a group environment; as well as for presenting the various applications of psychodrama in the practice of psychotherapy, psychiatry, education, social work, business, art, etc.

THE PSYCHODRAMA FESTIVAL WOULD LIKE TO INVITE PRESENTERS OF WORKSHOPS, GENERAL SESSIONS AND EVENING EVENTS WHO HAVE EXPERIENCE IN THE FIELD OF PSYCHODRAMA AND / OR RELATED METHODS (PLAYBACK THEATRE, FORUM THEATRE, IMPROVISATIONAL DRAMA, CREATIVE THERAPIES, GROUP ANALYSIS, INDIVIDUAL PSYCHOANALYTIC PSYCHODRAMA, etc.). AND WILLING TO PRESENT AND / OR STUDY A PARTICULAR TOPIC.
The duration of a workshop can be 90 or 135 minutes.

The presenters are given the opportunity for free participation in three workshops presented by other speakers. General Sessions and evening events are free and with open access.

WE WOULD LIKE TO INVITE CANDIDATE PRESENTERS TO SEND THEIR APPLICATIONS BEFORE 08/01/2017 TO THE FOLLOWING E-MAIL: centaur_art@abv.bg.

FOR FURTHER INFORMATION AND CONTACT:

E-mail: centaur_art@abv.bg; Phone number: +359 898 994300; http://centaur_art.ngobg.info
https://www.facebook.com/events/1716994418628564/

Source: http://www.ploshtadslaveikov.com

Source: http://bulgariatravel.org
“Recently, during my work with youth with risky behaviour, I’m facing situations and problems which I repeatedly feel are impossible to solve. My colleagues and other people working on the field are reporting similar experiences of becoming paralyzed and helpless without sufficient resources and motivation. Basically, what kind of a credible future could we give them? What could be their place in our society? Whom and in what could they hope? In what can we, the helpers hope? Are we protecting them, or is it the other way round: society should be protected from these youngsters? ” – These questions are constantly formulated by professionals working with deprived, refugee, migrant and Roma youths across Europe. The emerging questions form also the basis of our Sociodrama work in the PERFORMERS project.

In November 2016 youth professionals and psychodrama trainers from 4 different countries had a meeting in Budapest. This meeting was the opening event of a 15 month long European project linking Sociodrama professionals, psychodrama training institutions and organizations working with disadvantaged youth from different countries in order to transfer Sociodrama curricula and methods, and implement it in national psychodrama training systems and especially in the training of youth field professionals.

The project is realized in the Erasmus+ Strategic Partnership in Vocational Education and Training (VET) Program framework. This program of the European Commission focuses on social inclusion of marginalized groups of young people (young offenders, refugees, youth with migrant or Roma background) and supports projects promoting the development, sharing and implementation of innovative methods for social inclusion.

Judith Teszáry, together with Kata Horváth form the Hungarian Psychodrama Association started to design the project in 2015. After elaborating the management and administrative background, and working out the professional design of the project, potential European psychodrama partners were invited to participate by using the FEPTO network. On one hand we contacted psychodrama organizations having strong Sociodrama expertise and those expressing the need to make Sociodrama a more significant part of their local psychodrama training structure. On the other hand we asked the psychodrama organizations to start a local cooperation with institutions working with deprived, disadvantaged groups of youths and to select the one they intend to collab-
European Projects

orate with within the frame of an international Sociodrama project.

Eventually, 8 organizations from 4 countries cooperate in the PERFORMERS project:

- The Hungarian Psychodrama Association (MPE), as coordinator of the project (Kata Horváth and Ági Blaskó)
- The Budapest Detention Centre (EMMIBP), as the Hungarian “youth field partner” working with criminalized youngsters (Eszter Pados)
- The Swedish Association of Psychodramatists (SPF), as the professional leader of the project (Judith Teszáry)
- The Huddinge gymnasiet, a Swedish high school working with new-coming refugee youths (Mariolina Werner)
- The Portuguese Society of Psychodrama (SPP), as the organization already having Sociodrama training curriculum (Margarida Belchior)
- NOS Association, as the Portuguese “youth field partner” working with disabled and disadvantaged youth in a marginalized neighbourhood of Lisbon.
- Centre for the Study and Application of Psychodrama (Thessaloniki), as informal Greek psychodrama organization partner (Sophia Simeonidou)

ARSIS a Greek NGO working with youths in the most vulnerable situations for example in refugee camps (Kalypso Totti)

The Hungarian Psychodrama Association, as the leader of the consortium coordinates the project with a local staff of 11 members. The professional leader of the project is Judith Teszáry, representing the Swedish Association. Each participating organization delegates its own staff in the project. Altogether 42 psychodrama and youth-field professionals are working together in order to develop a Sociodrama supervision and training methodology focusing on five context specific topics, which were defined actually at the above mentioned Budapest meeting.

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<th>No</th>
<th>TOPIC</th>
<th>Aspects</th>
<th>Questions</th>
<th>Related concepts</th>
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<tbody>
<tr>
<td>1.</td>
<td>VISION</td>
<td>Youths’ aspect</td>
<td>How to build up a future? Where do I want to go from here? What are my motivations?</td>
<td>Imaginable futures Life’s projects Motivation</td>
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<td></td>
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<td>Helpers’ aspect</td>
<td>What to show as a realistic and reachable positive outcome? How to inspire, how to motivate? Me personally, do have I a vision for them?</td>
<td>Inspiration Motivation Reality check</td>
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## European Projects

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<th>Questions</th>
<th>Related concepts</th>
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| 2  | BELONGING    | Youths’ aspect | What is/could be my place in the society?  
Who am I related to? How do I relate with the others?  
How to be a member of the society?  
Which group/community am I belonging to? | Being someone Without local roots and networks  
The system and us |
|    |              | Helpers’ aspect |                                                                              | Involvement                                                                    |
| 3  | TRUST/DISTRUST | Youths’ aspect | Who can I trust: the other youths? the adults (helpers)? the system?  
How will I know that they mean well?  
How to build up trustful relationships?  
How to shake of my accumulated distrust? | The system and me |
|    |              | Helpers’ aspect | Do I trust the system I am representing?                                   | The system and me |
| 4  | SUPPORT      | Helpers’ aspect | And who supports me in my work? Who understands my difficulties?             | Supervision  
Prevent burning out  
Helpers in the hell |
|    |              | Youths’ aspect |                                                                              |                                                                                 |
| 5  | PROTECTION   | Helpers’ aspect | Who do I try to protect? The youth/ my country/ the society/? myself        | Stopping the (re) traumatization. |
|    |              | Youths’ aspect | Am I safe?  
Am I the danger?                                                           |                                                                                 |
European Projects

The project design is based on an integrative structure where international trainings are followed by local ones. The three five-days long international trainings will be realized in Lisbon (January 2017), Thessaloniki (May, 2017) and Budapest (September, 2017). These international trainings similarly to their local iterations in each country are based on the five focus topics. On local level Sociodrama workshops will be held for the youth workers of the partner organizations, for the youth target groups of the partner organizations and for local Psychodramatists interested in the Sociodrama method. All in all approximately 30 Sociodrama training events will be realized during the 15 months of the project in the four program countries.

In order to be able to follow and understand what is happening in each specific context and to draw methodological edifications and conclusions, we are developing a common documentation methodology based on criteria used in Psychodrama process analysis. The “diary” as we call it, is a process description tool for the directors, which helps them describe the process by following guided questions about the context of the given Sociodrama session, about the drama process itself (techniques used, decisions made, etc.), about the evolution of group dynamics, and about emerging social meanings and contents.

According to our plan the PERFORMERS project is supposed to be the first phase of a more ambitious undertaking of psychodrama organizations for the development of a European basic training standard in Sociodrama and a Sociodrama curriculum which could be adapted by psychodrama training institutes in several European countries. In the next phases we are planning to involve in the project other countries’ psychodrama organizations interested in rethinking roles, potentials and forms of Sociodrama for today’s challenging social situations and implementing Sociodrama as a separate branch of their training system.

For those who want to follow the evolution of the program we are setting up a web and a Facebook page: https://www.facebook.com/performers.sociodrama/

We will also present the project in form of workshops at the 12th FEPTO Conference in Sweden (June, 2017) and at the 6th International Sociodrama Conference in Brazil (August, 2017).

Psychodrama Calendar

2017

January 25-29
Australian and Aotearoa New Zealand Psychodrama Association (AANZPA)
Auckland, Aotearoa New Zealand.
http://aanzpa.org/

February 4-5
Various Italian psychodramatists and psychodrama associations
Provaglio D’Iseo, Brescia, Italy: Psicodramma a più voci, diciottesima edizione
www.psicosociodramma.it
Psychodrama Calendar

March 6-11
American Group Psychotherapy Association (AGPA) - New York, New York, USA
*Connecting, Educating, and Leading for 75 Years: The Theory, Science, and Practice of Group Therapy*
[www.agpa.org](http://www.agpa.org)

March 16-19
Bulgarian Society for Psychodrama and Group Therapy and Centaur Art Foundation
Plovdiv, Bulgaria: *6th Psychodrama Festival*
[http://centaur](http://centaur)

March 30 - April 2
Spanish Society of Psychotherapy and Group Techniques (SEPTG) - Santander, Spain
44th Symposium of SEPTG: topic to be decided
[www.septg.es](http://www.septg.es)

April 21-23
The Nordic Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy (NBE)
Tartu, Estonia. 1st Trainers’ conference: *Sociometry and Shadow*
[http://psyhhodraama.ee/](http://psyhhodraama.ee/)

May 3-6
Portuguese Society of Psychodrama - Lisbon, Portugal
11th Ibero-American Psychodrama Congress: *Searching for Discoveries*

May 4-7
American Society for Group Psychotherapy and Psychodrama (ASGPP) - Clearwater Hilton, Florida
75th Annual Conference: *Navigating Waves of Change - Discovering and celebrating our hidden treasures*
[www.asgpp.org](http://www.asgpp.org)

June 16-18
FEPTO with Swedish Association of Psychodramatists - Sigtuna, Sweden
12th FEPTO Conference: *Compass and Companion. A conference on Morenian ethics and philosophy*
[www.fepto.eu](http://www.fepto.eu)

June 18-22
FEPTO - Sigtuna, Sweden
25th FEPTO Annual Meeting: *Celebrating the FEPTO 25th Anniversary in the Nordic Light*
[www.fepto.eu](http://www.fepto.eu)

June 21-24
Society for Psychotherapy Research (SPR) - Toronto, Canada
48th International Annual Meeting: topic to be decided
Psychodrama Calendar

June 24-26
British Psychodrama Association (BPA) - Sheffield, United Kingdom
BPA conference: topic to be decided
http://www.psychodrama.org.uk

July 7-9
British Psychodrama Association (BPA) - Sheffield, United Kingdom
BPA Psychodrama and Sociodrama conference: Creativity! Collaboration! Community!
http://www.psychodrama.org.uk

July 24-28
World Council for Psychotherapy (WCP) - Paris, France
8th World Congress for Psychotherapy: topic to be decided
http://www.worldpsyche.org

July 31 / August 5
Centre of Athenian Psychodramatic Encounters - Kolympari/Crete, Greece
2nd Hellenic Summer Psychodrama Academy
http://www.psychodramath.gr

August 23-27
Various sociodramatists and psychodramatists - Balnearia Camboriou, Brazil
6th International Sociodrama Conference: topic to be decided

September 24-26
Psychodrama Association for Europe - Vilnius, Lithuania,
International PIfE Conference: Diamonds Are Forever
www.pife-pife.eu

November 3-5
Romanian Association of Classical Psychodrama (ARPsiC) and Psychodrama Society J. L. Moreno
Arad, Romania. X. National Psychodrama Conference: Connections
http://www.psihodramaclasica.ro

November 11-13
Polish Psychodrama Association - Cracow, Poland
II. Psychodrama Festival: Cosmos and Body
http://www.psychodrama.pl

2018

August 1-4
International Association for Group Psychotherapy and Group Processes (IAGP) - Malmo, Sweden
20th IAGP Congress: topic to be decided
http://www.iagp.com/
Dear colleagues,

I would like to share my reflections about the development of fepto with you. Since the AM in Oslo 2012 I think we do a very good job in the small groups not only on general training topics, but also on questions of the development of FEPTO. Sometimes I am not content with the transfer of the small group results into the plenum, miss a further discussion there and the transfer to the next annual meeting.

I believe that we have come to very good results in the small groups of the annual meetings in Oslo, Spain, Portugal and Bonn, but we didn’t work further with this results.

Why didn’t we do this? Am I the only one who is missing it?

The development of fepto is often a topic in the informal talk but also in the small group work, and the outcome of the small groups work is really a big marvellous treasure for our development as a growing organisation.

Why don’t we use this treasure?

How vivid and impressive were the results of the small groups in Oslo (initiated by The wild duck, Ibsen) with the analogies to the „fepto-family“, and how archaic and deep the results of the work with the cave paintings and the archaic roles in spain etc.

Exactly here – in this specific kind of work - I see the main psychodramatical treasures ... We could learn so much from this together in a constructive way...

Why don’t we make more use of it?

Frank Sielecki
A response to the Letter of Frank Sielecki published in FN 16.2 page 48

Dear Frank,

I would firstly like to thank you for sharing your reflections with us, the Council of FEPTO. We deem that it is very important to wonder and discuss openly about our functions as an organization. This process will enable us to improve our work and productivity. Your remarks are very accurate and thoughtful and we discussed in length about them in our last meeting in Dave.

We also believe that we should examine why the outcomes and the results of our creative encounters and collaborative efforts during the Annual Meetings do not have the continuation they deserve. It seems that the initial enthusiasm generated during the Annual Meeting, gets lost in the way. In many cases, the “treasures” as you also defined them remain hidden, and we do not utilize them, in order to benefit and create something substantial out of them. We can think of various reasons and excuses: the load of work of each one of us involved, the lack of time, the difficulties in communication etc. Nevertheless, we all agree that the level of commitment and warm up in many of the FEPTO related projects, declines as time goes by. It is definitely a complicated issue that concerns us all and it should be addressed in our next meeting in Sigtuna, during the Large Group or The General Assembly.

We have to note though that the fate of the small groups’ outcomes is not always oblivion. As some senior colleagues informed there are examples in which some of the small groups of the AM continued working as task forces/ networks (like for example the POOL group, created in Santander).

The outcome and continuation of the work in small groups is sometimes not enough visible for members of FEPTO. For example the book on „Supervision in Psychodrama Training“ (2013) was an outcome of several small groups during Annual Meetings. Initiated by Pierre Fontaine in small groups people shared their methods and experiences in supervision.

Some small group work continued as a Network group like the TIP group („Transcultural Intervision in Psychodrama“) which was the continuation of a small group work on „sexuality and intimacy“ at our Deinze AM in Belgium (2009). The participants shared their professional work on this topic in different countries and continued under the label of „Transcultural Intervision“.

Another example for continuation is the development of „ISA International Spring Academy“ (Hannes, Jutta, Vlada et al.) which took place seven times in Serbia and Croatia (between 2010 and 2016). The next ISA will be organized in Novigrad (Croatia) in May 2017. ISA was a direct outcome of a small group work in
Any other business

an Annual Meeting on the topic „University cooperation“.

Another important development took place regarding the topic of „Competences in psychodrama“. Our research committee had a specific research committee meeting on this issue (2014, Budapest). Later on we worked in several small groups in Obidos on this issue which finally was continued by the training committee (Reijo). The training committee organized several meetings about psychodrama competencies and they will deliver their results soon.

Regarding the promotion of psychodrama, there has been also a noteworthy continuity. In 2015 in Bonn there was an excellent video/ documentary on the work carried out in the context of the 11th FEPTO Conference, which we believe that constitutes an excellent advertisement of our method, its creativity and its depth. The LOC of the AM and the FEPTO Conference in Marathon decided to produce a similar video in order to contribute in the further promotion of psychodrama in Greece and in Europe. I hope and I strongly recommend to all future LOCs to continue this excellent idea, that allow to the next generations of psychodramatists to follow the thread of our development as an organization.

Those were only a few examples depicting that there are some creative forces that prevail, in spite of the adversity. However, the responsibility for the continuation of each small or large group formed in the context of every Annual Meeting lies exclusively in the hand of its participants. The members of the Council in collaboration with the LOC are the ones responsible only for providing the frame and the topic of the work of each group. The outcomes and the future of its work depend solely on the decisions and the desire of its participants. The council on its behalf will try to encourage and actively support the groups that wish to continue working on their topic.

Maybe more activities were initiated in small groups and continued in one way or the other. Nonetheless, your letter has made us aware of reflecting more about the outcomes of small groups and to make the outcome more visible on the long run. We totally agree with your proposal to think about better follow ups of the work in the small group. Obviously too many ideas and results of fruitful work in small groups are not continued.”

Undoubtedly, the work carried out in the small groups is of high quality and we will all profit from its continuation and flourishment. We should find ways to enhance its continuation and increase the engagement of its members. Once again, thank you for raising this important topic.

With lots of appreciation,

Nikos Takis,

Chair of the AM Committee
Dear colleagues,

Our book on Supervision in psychodrama training has now a Turkish twin. We are proudly announce the Turkish edition of Supervision in Psychodrama.

I hope you all will be enjoying reading it.

With best regards,

Hannes Krall

Supervision plays an essential role in the process of learning and professional development in psychotherapy and training. High quality in supervision is a crucial part of the training to support and to guide trainees and to be a reliable point of reference in terms of practice and theory, technical and methodological standards, ethical issues, research and evaluation. Therefore, the main purpose of this book is to share ways of doing supervision in psychodrama among supervisors and trainers in different countries and to stimulate further discussion and development.
We wish you a Merry Christmas and Happy New Year!

You Must Not Understand This Life

You must not understand this life. Then everyday will be like a party.
Simply let every day be like a child who, passing by, receives many flowers from the wind.
She doesn’t collect or save them, that doesn’t even occur to her.

They are lost from her hair where they were so happily arranged and in the sweet years of her youth, she reaches out to embrace the new.

R.M. Rilke

Poem provided by STEFAN FLEGELSKAMP

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