

## 14th FEPTO CONFERENCE

### **Mindful Action for Development – Learning of Individuals and Groups**

#### Programme

#### **Friday May 17th, 2019**

- 15.00-16.15 Registration
- 16.15-17.30 Opening and warm up
- 17.30-17.45 Coffee break
- 17.45-19.15 Lecture about neuroscience and neuropsychology (Key note speaker to be confirmed)
- 19.15-20.30 Dividing into small home groups and a home group meeting  
- Home groups are for reflection and integration of lecture to own work and psychodrama
- 20.30- Dinner

#### **Saturday May 18th, 2019**

- 10.00-11.00 Key note speaker Riin Seema, Phd: What is mindfulness and how it develops?
- 11.00-11.30 Home groups: Reflection and integration to own work and psychodrama
- 11.30-12.00 Coffee break
- 12.00-14.00 Workshops 1: please, see Call for workshops, send your own proposal to give a workshop!
- 14.00-15.30 Lunch (not included in the registration fee)
- 15.30-17.30 Workshops 2: please, see Call for workshops, send your own proposal to give a workshop!
- 17.30-18.00 Coffee break
- 18.00-19.30 Home groups: Reflection and integration to own work and psychodrama
- 20.00 - Dinner and PARTY

#### **Sunday May 19th, 2019**

- 10.00-11.30 Key note speakers Sirkku Aitolehti, Kirsti Silvola, and Päivi Rahmel, all Psychodrama Trainers TEP: Learning in and by psychodrama
- 11.30-12.00 Coffee break
- 12.00-13.00 Home groups: Reflection and integration to own work and psychodrama
- 13.00-14.00 Integration and Closure

#### Optional

15.00-16.30 Tour in Old Town

Optional and for those who want to have it. A small fee. If you participate in FEPTO AM 2019, too, there is enough time to participate in this tour.

Reserve your place now and do registration in web: registration