

Committee Reports

ETHICS COMMITTEE REPORT

During the pandemic, my main activities as the chair of EC was to collect my observations of online psychodrama and sociodrama groups, both in public arrangements and with limited participants. The following points are some aspects of the Code of Practice of online functioning in the changed reality.

A lot of questions are raised by the colleagues in our member institutes regarding if and how it would be possible to carry out the training.

During the past five months, I have participated together with 15 trainers in an Online Psychodrama Working Group within the framework of the Hungarian Psychodrama Association. The work of this experiential group functioned as an advisory board; from which the Psychodrama Association would base their online training regulations.

We created a joint document where we registered the experiences concerning the methodological issues along the whole process of psychodrama, technical solutions, contract, and ethics in online sessions.

Furthermore, I participated in the pre-conference on ethics organised by the Russian Psychodrama Federation (Viktor Semenov). I came to the conclusion that the leaders/facilitators have co-responsibility, a shared responsibility of safety measures with the participants of online workshops and online training or experiential groups.

I am planning an open zoom meeting about ethical questions at the beginning of next year.

Good practice:

- 1 The training institute needs to make a new agreement about the training contract concerning the freezing of training during the Pandemic. How to handle it if some students do not wish to go on online or wish to terminate their training. Or if the trainer/s do not want to go on with the training online?

- 2 Preparatory information before online is needed to send to the participants about the technical issues (zoom and other platforms) before the event. The best way to participate is through the computer. With the use of a tablet or cell-phone, the participants cannot see all participants at the same time. The zoom invitation will be sent via e-mail.

Have the phone numbers of participants to reach participants in case of technical interruption

- 3 Participants offered to 15 minutes before the meeting starts, so that if there are any technical difficulties, you can resolve them before the session starts

- 4 For trust and safety reasons

- 5 Create a contract

- 6 All participants have their camera on,

- 7 Have their real names on the screen, and not nick-names.

- 8 Dress-code: same as in face to face meeting

- 9 No screenshots, no recording without special agreement.

10. By whom and for which purpose the photos and the recording are used, in case of an agreement on the recording.

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11. Safeguard that nobody except the participants can see or hear the session. Participants need to take responsibility for their safety needs, to find the best setting from which they can be a part of zoom workshop or training.
12. Announce at the beginning if someone needs to leave the meeting earlier.
13. The leader of the group ought to have practice hours of online psychodrama
14. Intersession group for the trainers is recommended
15. Training institutes' regulation of online training

The training institute should decide the new conditions concerning the training hours online. For ex. How many hours are accepted online, and what part of the training must be held in 'face to face' meetings?

16. Decide the criteria for trainers to work online and inform the students about the new regulation. Once this is decided, it is recommended for trainers and institutes to send out to trainees the precise information about the ways in which training will be held and how hours are counted, what will be accepted, etc.

Judith Teszáry

Chair of Ethics Committee