

# Committee Reports

## A LETTER FROM THE FEPTO DEVELOPMENT AND NETWORK COMMITTEE CHAIR

As chair of the Development and Network Committee during the last few months I participated in ongoing tasks and projects related to FEPTO networking and development. We worked together with colleagues from FEPTO Psychodrama World Task Force on the final elaboration of a form for the submission of psychodrama materials for this open-source database as well as to develop the content structure and non-English Website related issues. I trust that we could soon use this platform to enrich and exchange current knowledge of psychodrama as well as to support networking in FEPTO.

As we all know in today's pandemic related limitations in traveling and meeting has placed our psychodrama style of work under constant change. We are still discovering daily how to use the Internet video tools to continue our educational training and therapy with clients. It is a challenge and a loss for many of us but ,on the other hand, also a chance to discover the potential of the method and its working factors. I am sure that all of us who continue our professional activity on-line can observe that psychodrama also works in this way. Experiencing the use of many psychodrama techniques like doubling, role playing and role reversal, work with masks, pets and other symbolical objects via the Internet proves that the psychological processes active in face-to-face psychodrama therapy and training can be stimulated and utilized also in distance work.

Even though the spontaneity and creativity needed to keep up-to-date with all this new technology is quite daunting and mentally exhausting, we are provoked to continue our professional development and also find new potentials of psychodrama. It would be great if we could share our experiences connected with online psychodrama more openly with one another using our website and newsletter.

A year, full of surprises and challenges is coming to an end. We are all looking forward with hope, expecting that COVID-19 will be defeated by medicine and we can again meet each other in person like it was in the past. Let me take this moment to wish everyone a safe, secure and peaceful celebration of the seasonal holidays and a very Happy New Year!

**Krzysztof Ciepliński**

*Chair of the FEPTO Development and Network Committee*