

Editorial



Johannes Krall & Milena Mutafchieva

The World is suffering today. Globalization, wars, refugees, migrants, populism, perplexing political solutions ... In this challenging and insecure world, we ask ourselves how our community can contribute to the transformation of our societies, no matter whether or not we want or are ready for these changes.

Our capacity is in treatment of the individual, family and group suffering. Many of us are working in social organisations and projects and are directly involved in those burning issues in dealing with traumatized people that have left their homes. At the same time, this needs to be addressed in a more global context and to have a proactive position as a European and Mediterranean or-

ganisation with its resources.

A discussion started in the Council of FEPTO in September about how FEPTO as a European organisation and having resources of group specialists can address the right questions and can contribute in understanding the current world perspective. This discussion was started by Stefan Flegelskamp and we all responded unanimously: we care about it and we want to reflect on some ideas and suggestions.

Following this dynamic, we have started our Council meeting in Dave with a reflection group led by Agathe Crespel and we spent some time to think about the connections of FEPTO with external organisations, social groups, political situations etc.

We discussed how FEPTO as an organisation could contribute in promoting cooperation and cohesion and creating an atmosphere of compassion and solidarity.

But how? Very often it is very difficult to translate abstract ideas into action. But some small steps could be a good beginning.

Many ideas rise up and they could be summarised in the following way. We can promote cooperation and solidarity by:

- supporting projects that enhance the international and local resources to handle the current situation
- publishing information about running international projects in our community (see page 45)
- encouraging cooperation between different institutions in Europe and Mediterranean countries by creating opportunities where psychodramatists, both trainers and trainees, can meet each other;
- encouraging and supporting international events like conferences, summer academies, etc. (see page 33).

The reflection group was a great warming up for our later discussion about the topic of the next Annual Meeting in Sigtuna. The topic is **“Vision of psychodrama in the current world: the perspective of inclusion and mutuality”**.

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We want to provide space for exchange of ideas and discussion about the burning issues in our world and to seek solutions on different levels – individual, family and society.

We hope that our creativity could be focused on projects that will support and promote inclusion and mutuality, but not exclusion and separation.

See you in Sigtuna and bring your ideas with you!

All the best,

Milena Mutafchieva & Johannes Krall

Vice-president & President of FEPTO

vicepresident@fepto.com

president@fepto.com

