

APPLICATION FORM I FOR TRAINING ORGANIZATIONS

Application Requirements

1. Full name and initials of the Organization: (In native language and in English)

Психодрама институт „ДЕА“

DEA Psychodrama Institute

2. Official address / Postal address:

Name:

DEA Psychodrama Institute

Street and number:

**37 Petar Parchevich St
Entr B, Floor 1, Flat 1**

City: **Sofia**

Postal code: **1000**

Country: **Bulgaria**

Contact person: **Malen Malenov**

Phone number: **n/a** Mobile phone number: **+359 88 8835976**

Best times to phone: **early morning or late evening**

Fax number: **n/a** E-mail: malen.malenov@gmail.com

Website of the Organization: www.deapi.eu

3. Name of the President/ Vice-president (Director/ Co-director):

Inna Braneva – President

Malen Malenov – Vice-president

4. Year the Organization was founded:

As a team: 2009 (court registration 2016)

5. Presentation of the formal structure of the Organization: (Society or partnership agreement or non-profit organisation or foundation or?)

Non-for-profit public service foundation

- The primary governing body of the Foundation is its *Council of Founding Members* (at present – all members).
- The Executive body of the Foundation consists of its *President* and *Vice-president* who are elected for a 3-year term of service.
- The foundation has several committees, corresponding to its main activities: Training Curriculum committee, Outreach and PR, Financial, Library and Archives, Theoretical and Research, Networking, Control Committee.

6. History of the Organization (1/2- 1 PAGE)

D.E.A. Psychodrama Institute is the union of 8 Bulgarian Psychodrama trainers and practitioners with diverse backgrounds and experience in the field of mental health, psychotherapy, academic teaching and research, social arts and related fields. All of them are alumni of the *Psychotherapy 2000 foundation*, member of FEPTO, with co-chairs and main trainers Dr David Jeroham and Dr Evgenii Gentchev who have been trained at the *Psychodrama Institute for Europe* and the *Stockholm Psychodrama Academy*. The founding members of DEA have finished their trainings at different times between 2002 and 2010 and have all subsequently worked as trainers for their organization of origin. In recent years, the need for autonomy and the expansion of the training have led to the formation of a separate training entity. That is how the Institute has been established and formally registered as a non-for-profit foundation.

Individually, several of the founding members of DEA have been conducting Psychodrama training groups as early as 2002-2003. As a collective, they have been actively working since 2009 in 4 major Bulgarian cities: Sofia, Plovdiv, Varna and Bourgas. A total of 5 Psychodrama Directors/Therapists and 28 Psychodrama Assistants/Consultants have graduated their training groups so far.¹

The acronym “D.E.A.” stands for the main theoretical and methodological orientations of the organization: Dramatic, Existential and Analytic. Deep-rooted in J. L. Moreno’s legacy these reference points also reflect the diverse paths the institute trainers have followed in their careers. Coming from the fields of clinical psychology, medicine, philosophy, community arts and having qualified as psychodramatists, they have further developed their skills by specializing and working also in other modalities: positive psychotherapy, group analysis, psychoanalysis, relational psychomotorics, playback theatre, etc.

Through its trainers, the institute is affiliated to various other organizations, projects and initiatives – nongovernmental, educational, academic and clinical. At present, most of the staff members work as psychotherapists, group leaders and trainers, consultants or supervisors. Several are part- or full-time academic lecturers in major Bulgarian universities in Sofia, Varna and Bourgas. Since 2002 two of them have been actively involved in implementing and teaching at the first Bulgarian Master-level programme based on Psychodrama (*MA Artistic Psychosocial Practices and Psychodrama*) at the New Bulgarian University. Since 2005 five of them have been or are currently involved as board or committee members of the *Bulgarian Society for Psychodrama and Group*

¹ Psychodrama training in Bulgaria is commonly divided into 2 parts (or ‘levels’): Level 1: Psychodrama Assistant/Consultant – the equivalent of 200+600 training hours and Level 2: Psychodrama Director/Therapist – the equivalent of Level 1 + 600 training hours for a total of 1400 training hours. Only graduates of Level 2 are entitled to conduct groups autonomously.

Therapy. Since 2012, two of the trainers have founded and run the annual *Psychodrama Festival* in Plovdiv. Another one has been actively involved and promoting the development of the Playback Theatre community and training in Bulgaria. Several have taken part in developing the practice of Individual Psychoanalytic Psychodrama in clinical settings and working with severe mental illness.

Through the years the institute trainers have established various contacts both locally and internationally through their work. Prof Thomas Schwinger, PhD – a German Psychodrama trainer and academic – a now-retired trainer at the Moreno-Institut Überlingen and member of its scientific committee, has been an important supporter and external supervisor to their training of origin. Mme Chantal Neve-Hanquet, Belgium, has been facilitating the formation of the team and supervising some of its activities. Many informal connections have been established with psychodramatists from all over Europe and overseas.

7. Training program (1-4 PAGES) (admission qualifications, different stages in training, elements with hours, orientations in the training, recommended readings):

The training approach of the institute is deeply rooted in the legacy of J. L. Moreno's writings on Psychodrama, Sociometry and Group Therapy. Spontaneity, Creativity and Encounter are seen as fundamental expressions of human existence, extending far beyond the realm of psychotherapy. The needs of therapeutic action are therefore seen on many levels as a need of the society. Other influences on the training are the group analytic ideas about the group as an organism and the unconscious matrix, the psychoanalytical ideas about mental life and development, the non-directive approach and values of humanistic psychotherapy; the therapeutic and community-building potential of expressive and community arts.

DEA Psychodrama Institute – Sofia, Bulgaria
Training Programme in Psychodrama, Sociometry and Group Therapy

1. The Psychodrama Therapist / Director training as a specialized continuous training follows the main guidelines of DEA Psychodrama Institute. These guidelines are coherent with the requirements of both the Bulgarian Society for Psychodrama and Group Therapy (BSPGT) and FEPTO.

The certified psychodrama therapists acquire the qualification and the authority to employ Psychodrama autonomously and at their own responsibility as a group and/or individual therapeutic method.

The certified psychodrama directors acquire the qualification to employ autonomously and at their own responsibility the psychodrama as a group and/or individual method for personality development and enhancement of emotional competence in pedagogic, psycho-social and organizational contexts.

The first and primary goal of the training is to develop the participants' emotional competence and experience towards personal autonomy and maturity, capacity for perspective-taking, awareness and expansion of their personal creative potentials. On that base, gradually, the study of main elements and instruments of the Psychodrama process is introduced: warm-up techniques,

moving into roles, soliloquy, role-reversal, the double, the mirror, sculpture, projection into the future, etc. As a *second central element*, the training includes specialized modules devoted to methodology, process-analysis, topical seminars of guest-trainers, active reading of texts from the field of psychodrama and psychotherapy, theories of mental development and personality, etc.; individual written summaries on preliminarily set program, consistently kept individual training diaries of all trainees. The *third essential component* is the supervised practice. The participants are gradually allowed to practice their skills for conducting warm-up, sociometry, vignettes, finally full psychodramas in the advanced group under the supervision of their trainers. The final step of this component is conducting a group on their own under indirect supervision. The trainees are expected to prepare minute protocols of their work which are then explored and analyzed carefully by their supervisors in order to help them develop their skills and understanding of the process. The final assessment of the trainees takes into account all these aspects of their performance throughout the training.

2. Prerequisites for training

2.1 For the Psychodrama Therapist training

BA/BSc or MA/MSc degree in the helping professions (Psychology, Pedagogy, Social Work, Medicine, etc.), 22 years of age. Upon graduation from the Psychodrama Training: 2-4 years of proven practical experience in the corresponding professional field in which Psychodrama will be applied.

2.2 For the Psychodrama Director training

BA/BSc or MA/MSc degree in a field different from the helping professions, 25 years of age. Additional qualification, providing essential competences in the area of psychological personality formation and functioning, psychopathology, etc. Upon graduation from the Psychodrama Training: 2-4 years of proven practical experience in the corresponding field in which Psychodrama will be applied.

3. Structure and content of the training

3.1 Basic level

- **Certificate:** for participation in a self-experience group
- **Content:** working-through personal issues and contents in group-psychodrama context
- **Duration:** 200 hours x 45 minutes during a minimum of one year. The group could be conducted in either weekly or monthly sessions.

(NB: the number of hours at all levels corresponds to the minimal training requirements of both BSPGT and FEPTO)

3.2. First training level

- **Certificate:** Psychodrama Assistant/Consultant
- **Content:** Quintessential knowledge about the theory and practice of Psychodrama, Sociometry and Group Therapy. Role playing in individual and group setting, experience with the main tools of

Psychodrama. Personal experience, theoretical and thematic seminars, supervision. Final colloquium and case presentation.

- **Duration:** 600 hours x 45 min for a minimum of 2 ½ - 3 years. Of these:
 - **250 hours** of making part of a group process, perspective taking and taking the role of Protagonist, Antagonist and other Auxiliaries.
 - **200 hours** of conducting the group process under supervision, with focus on warm-up, sociometry, protagonist selection, setting-up the stage, directing ‘vignettes’ and functioning as a co-director/leader; with ongoing supervision and process analysis.
 - **150 hours** of theory, autonomous work with scientific texts and participation in topical and theoretical seminars.

3.3 Second training level

- **Certificate:** Psychodrama Therapist / Psychodrama Director
- **Content:** in-depth knowledge about the theory and practice of psychodrama, sociometry and group therapy. Theoretical and topical seminars, exercising the role of director in individual and group setting. Systematic supervision and self-experience. Conclusive exam and theoretical/clinical paper.
- **Duration:** 600 hours x 45 min for a minimum of 2 ½ - 3 years. Of these:
 - **100 hours** of taking part in an advanced training group as a Protagonist, Auxiliary, etc.
 - **350 hours** of working under supervision, of which 100 hours of conducting autonomously in the advanced group with ongoing supervision and process-analysis, 200 hours of conducting a group outside of the training group, 50 hours of individual supervision of one’s practice outside of the training group.
 - **150 hours** of theory – working autonomously with scientific texts and theoretical and practical participation in theoretical and topical seminars.

3.4 Main characteristics of the training levels

- **The basic level** aims to develop the emotional competence and experience towards greater personal autonomy and maturity, capacity for perspective-taking, expanding the creative potential. It is a prerequisite for entering the first level of training.
- **The first training level (Psychodrama Assistant/Consultant)** includes personal experience and exercising psychodrama in a permanent closed (or slow-open) group. This format allows the participants to experience development in the group, in which they take part and upon which they reflect. The training is being supplemented by topical and theoretical seminars such as: Moreno’s therapeutic philosophy, the interpersonal view of the human in Psychodrama, principal Psychodrama tools and techniques through the prism of developmental psychology, main stages of the psychodrama, peculiarities of the group process, therapeutic factors, etc.
- **The second training level (Psychodrama Therapist / Psychodrama Director)** can be started after successfully accomplishing the first level of training. It is once again conducted in a closed (or slow-open) group

with the same or different trainer / trainers. The main emphasis is once again set on applying the method and its tools and techniques but this time on a more advanced level and supplemented with supervision of one's own individual and group practice. Advanced training seminars are held, connected with psychodrama diagnostic of personality development, role theory and developmental psychology, action and role pathology, the systemic paradigm in psychotherapy, psychoanalysis, object relations theory, Ego-psychology, etc.

3.5. Main components of the training

The training is conducted in the form of weekly or monthly seminars with a group of 8 to 15 participants. For the most part they are conducted in permanent closed (or slow-open) training groups. Such groups are organized at different locations in the country based on demand. The seminars are usually held for two or three days once-a-month (for a total of 16-20 hours x 45 min.).

3.5.1. Experiential Training

This component of the training provides an opportunity for acquiring a first hand "I-" and "Thou-" experience, reflective integration of Psychodrama tools and techniques, experiencing and psychodramatic and sociometric working-through of the group process. The closed model of the group enhances an in-depth work with the group matrix and the kind of interactions and role offerings coming from "Me" and "The Other".

3.5.2. Topical Seminars

In the course of one weekend the closed or ad-hoc group, conducted either by its habitual or invited trainers, works on a specific topic of interest. The dedicated topic is from the field of psychotherapy or expanding the social competence. The personal experiences vis-à-vis this topic are explored, supplemented and reflected upon through the prism of the Psychodrama paradigm.

3.5.3. Theoretical Seminars

These seminars teach the main elements of the theory and therapeutic philosophy of Psychodrama. They present and explore also other theoretical models, their differences and common grounds with Psychodrama so that the participants could develop a general understanding of the field of psychotherapy and enter productive dialogues with representatives of other schools.

3.5.4 Supervision

Supervision is conducted either in training seminars for supervision or in small supervision group as well as in individual sessions.

3.5.5 Individual work with texts

In their autonomous learning process the trainee works with texts on the theory and practice of psychodrama, as well as other major psychotherapy theories.

3.5.6 Conclusive written work

The conclusive thesis is based on the trainee's experience in applying the method and explores topics intrinsic to psychodrama theory. During the

conclusive colloquium the practical experience is enacted on stage and discussed while the theoretical knowledge of the candidate is being assessed.

8. Quantitative comparison of the Training Programme hours with Minimal Training Standards of FEPTO hours.

	FEPTO	DEA PD Institute
Self-experience	200	200+250+100 = 550
Theory and techniques	120	150+150 = 300
Training for conducting	200	150+100 = 250
Supervision	80	50+50 = 100
Decided freely	120	
Practice	160	0+200 = 200
Total hours	880	1400

9. Qualitative description of what topics of the Training Programme match to the FEPTO Minimal Training Standards, according to the following categories: Psychodrama self-experience (ongoing group), theory and techniques, training for conducting inside the advanced training group, supervision and the hours decided freely by the training organisation.

NB: Qualitative description is already provided in the program above and detailed in the attached full training programme!

	FEPTO	DEA PD Institute
Self-experience	200	200+250+100 = 550
Theory and techniques	120	150+150 = 300
Training for conducting	200	150+100 = 250
Supervision	80	50+50 = 100
Decided freely	120	
Practice	160	0+200 = 200
Total hours	880	1400

NB 1: Qualitative description is already provided in the program above and detailed in the attached full training programme!

NB 2: As it can be seen from our quantitative and qualitative standards, the psychodrama training at D.E.A Institute can be rarely accomplished for less than 7 years, usually 8. It is therefore essential for us that our previous experience – as a team and individually can be taken into account in this application.

10. List of training staff (Main trainers, Trainers, Invited Trainers: functions, specialities):

(P.S. We request the photocopies of the Psychodrama certificates of the Senior Main Trainers, Trainers and Invited Trainers)

The organization is built on egalitarian basis. Taking into account the different levels of experience we have agreed that all meet FEPTO's criteria for Senior Main Trainers:

- *Boriana Chalakova* – Senior Main Trainer, responsible for Training Curriculum
MA Clinical Psychology
Psychodrama Practitioner (1994-2002)
Certified Positive Psychotherapist and Trainer (2002)
European Certificate of Psychotherapy (2005)
- *Dr. Petar Tsikalov* – Senior Main Trainer, responsible for Finances
Medical Doctor (1981)
Psychodrama Practitioner (1994-2007)
MA in Artistic Psychosocial Practices (2008)
Private practice psychotherapist
- *Galina Doichinova* – Senior Main Trainer, responsible for Institute Library and Archives
MA Clinical Psychology (2002)
Psychodrama Practitioner (1998-2007)
Psychoanalytical Psychotherapist
- *Inna Braneva* – Senior Main Trainer, President of DEA
Responsible for outreach activities
BSc Psychology
Psychodrama Practitioner (1998-2007)
Certified Psychomotritian
Certified Child Psychodrama practitioner
Psychotherapist, Supervisor and Vocational Trainer
- *Konstantin Banderov* – Senior Main Trainer, responsible for PR, Advertising and outreach activities
Visual Artist, Photographer
Psychodrama Practitioner (2003-2010)
- *Malen Malenov* – Senior Main Trainer, Vice president of DEA,
Responsible for theoretical schools and international networking
MA Philosophy (2000), BSc Psychology (2003)
Psychodrama Practitioner (1998-2007)
Senior Candidate in Psychoanalysis and Child Psychoanalysis – IPA (2007-present),
Part-time lecturer, New Bulgarian University (since 2002)
- *Svetozar Dimitrov* – Senior Main Trainer, responsible for theoretical schools and research
MA Clinical Psychology (1998)
Psychodrama Practitioner (1994-2007)
Full-time Assistant Professor, Free Bourgas University, clinical psychologist and psychotherapist



- *Zlatko Teoharov* – Senior Main Trainer, responsible for Training Curriculum
MA Philosophy
Psychodrama Practitioner (1993-2002),
certified Group Analyst,
part-time lecturer, New Bulgarian University;
organizational consultant and psychotherapist, supervisor



11. Number of training groups in the last three years: 5

- *Group 1 – Sofia*
Trainers: Zlatko Teoharov, Petar Tsikalov
For level 2: Psychodrama Director/Therapist, ongoing
- *Group 2 – Sofia*
Trainers: Malen Malenov, Galina Doychinova
For level 2: Psychodrama Director/Therapist, graduated in 2014/2015
- *Group 3 – Plovdiv*
Trainers: Inna Braneva, Konstantin Banderov
For level 2: Psychodrama Director/Therapist, ongoing
- *Group 4 – Varna*
Trainer: Boryana Chalakova
For level 1: Psychodrama Assistant/Consultant, ongoing
- *Group 5 – Bourgas*
For level 2: Psychodrama Director/Therapist, currently temporarily suspended

12. Number of psychodramatists graduated by the Organization:

(P.S. We ask for the photocopies of the Psychodrama certificates of accredited Graduates and for their full name and contact: address and phone)

- A total of 5 Psychodrama Directors/Therapists have graduated from the Institute training so far. Copies of their diplomas, as well as some of the diplomas of the 28 certified Psychodrama Assistants/Consultants are attached.
- Accredited Psychodrama Directors/Therapists:
 - Kalina Marinova – Graduated in 2014
Tel. +359889770729
E-mail: lini@mail.bg
 - Nina Yovkova – Graduated in 2014
Tel. +359887027065
E-mail: nina_y@abv.bg
 - Radostina Neicheva – Graduated in 2014
Tel. +359878488277
E-mail: radostn@yahoo.com, redradost@gmail.com
 - Todor Todorov – Graduated in 2010
Tel. +359889030332
E-mail: positum@abv.bg
 - Veneta Marinova-Hristova – Graduated in 2010
Tel. +359897630766
E-mail: mar._hristova@abv.bg

NB: The headings of Psychotherapy 2000 foundation and the Red House Centre for Culture and Debate are used in the diplomas since at the time the entire DEA team worked for both institutions and had not yet acquired FEPTO membership. The names of the trainers are clearly stated in the diplomas so there can be no mistake.

13. Does your Organization have a specific Code of Ethics? (If yes, please supply it. If not, do you agree to abide by the FEPTO Code of Ethics?)

- *D.E.A. Psychodrama Institute* abides by the ethical codes and procedures of the *Bulgarian Society for Psychodrama and Group Therapy (BSPGT)*, member of *FEPTO*. Serving as members of BSPGT Ethics Committee, 3 of DEA's staff are indeed the authors of the code, which has been voted and accepted in July 2017.

Activities of your Organization

14. Activities in Research in psychodrama:

Academic Involvement:

- **Zlatko Teoharov** – part-time lecturer, New Bulgarian University; conceptual research in the field of Psychodrama; action research in the field of Sociometry
- **Malen Malenov** – PhD candidate, part-time lecturer, New Bulgarian University, research in the field of Psychodrama and the tradition of non-scripted theatre; Psychodrama of Myths and Fairy-tales; the place of separation in the life-cycle of the group; Mentalization and Play; Child Psychoanalysis.
- **Svetozar Dimitrov** – PhD candidate, New Bulgarian University, full-time assistant professor, Bourgas Free University – research projects in the field of psychodrama and psychotherapy of Schizophrenic patients in clinical settings;

Publications:

- **Inna Braneva, Theodora Milotinoва** (2013) *Violet: Prevention of bullying and aggression in schools: Manual for Psychodrama Training with Children and Youths /8-18 years/ at schools*, 2013, Sofia, Bulgaria;
- **Gueorgui Damyanov, Inna Braneva** (2016) *The Psychodrama Method in Bulgaria – History, Therapeutic approach, Application*, Bulgarian Society of Psychotherapists, 2016, Sofia, Bulgaria.
- **Blatner, Adam** (2014) *Acting-In: Practical Applications of Psychodramatic Methods*. Bulgarian translation, Centaur Art Publishing / DEA Psychodrama Institute
- **Dimitrov, S** (2008) *Therapeutic aspects of the Psychodrama method in working with groups of people second generation bearing traumatism as a result of repressions and torture* In: Collection of scientific reports from the 5th National Congress on Psychology 31.10.-02.11.2008
- **Dimitrov, S.** (2005) *The Drama of Psychosis. Group-dynamic work with Schizophrenic patients. Theory of institutional therapy. Clinical and theoretical models of the application of psychodrama in the work with psychotic patients.*

In: “Applied Psychology in Bulgaria – opportunities and perspectives” Varna, May 20-22; 2005

Vocational training:

- **Inna Braneva** – providing training or supervision for social work or educational professionals
- **Galina Doichinova** – supervision of clinical placements of clinical psychology students

14.1. Who is the contact person for research in your Organization (name and e-mail):

Zlatko Teoharov, zlteohar@hotmail.com

14.2. Did your Organization already participate in any research project or are you participating in one or more at the moment. If yes, please list the projects (project leader; project description: co-operating institutions):

No

14.3. In what way is your training programme addressing research competences in your Organization (specific workshops, papers, thesis, and other activities you consider important):

All graduates at the DEA Institute are encouraged to conduct their own research for the purpose of their final written theses. The research should combine a conceptual and a clinical component and, wherever possible, should abide by the rules of academic research methodology. The use of qualitative and more intrinsic to psychodrama research instruments is encouraged.

15. Other activities and publications in your Organization:

Psychodrama-related projects with the involvement of DEA Institute staff:

2001-2005 *Art for Social Change – Play Against Violence* (a project of The Red House Centre for Culture and Debate) – Malen Malenov, Zlatko Teoharov, Svetozar Dimitrov, Petar Tsikalov

This Soros Centre for the Arts, European Cultural Foundation and European Commission-funded project aimed at providing children from disadvantaged groups (homeless, living in institutions, victims of violence) with developmental support and opportunity for self-expression based on the principles of Psychodrama and creative therapies. Group training and supervision for the teams (a total of 60 people from all over Bulgaria) has been entirely conducted by the means of sociodrama and sociometry.

2003 *Act !N Play – the first Bulgarian website for Psychodrama and Action Methods*

This website, the first of its kind in Bulgarian, has been created and developed for well over a decade by Malen Malenov - currently retired at <http://actinplay.cpss.info> It

features events calendar from the world of Psychodrama, ad-hoc interviews with world-renown Psychodramatist such as Marcia Karp, David Kipper, Adam Blatner, Chris Farmer, Jose Fonseca and others, articles by Peter Felix Kellermann, discussion groups such as “Drama therapy and Psychodrama” etc.

2007-2009 *Establishing “Play What’s Happening” – a playback theatre company at the New Bulgarian University Theatre department* – Malen Malenov

The project was supported by the Board of Trustees of New Bulgarian University. It provided acting students with introductory training in Playback Theatre and Sociodrama. An experimental 14-member company has been founded that performed and toured on regular basis for 2 years.

2010 *School Mediation – A Path to Peaceful Resolution of Conflicts within the School Community* – Boryana Chalakova

This Varna Municipality funded project was entirely based on the practical and philosophical principles of sociodrama and aimed at providing both pupils and educators with better understanding and experience in perspective taking, role-play and role-reversal for the purpose of conflict-resolution. It included a series of training for adolescents and for school-counsellors as well as dissemination of information. The results and the conceptual milestones of the project have been published in a booklet.

2012 *Establishing the annual Psychodrama Festival in Plovdiv* – Inna Braneva, Konstantin Banderov

From its beginning, this event attracted substantial interest and for the first 4 years of its existence it has been the only ongoing national Psychodrama convention. It aims at dissemination of Psychodrama ideas and its points intersection with other modalities such as community arts, other expressive therapies, Playback and Forum Theatre, other forms of psychotherapy. Since 2012 every year it gathers between 100 and 220 participants from Bulgaria and from abroad. Psychodramatists and related professionals from Bulgaria, Romania, Serbia, Sweden and other countries have conducted a total of 105 psychodramatic workshops in the Main program and additional 55 workshops in the auxiliary program.

2012-2013 *Project Violet – Let the violence go – VIOLET / projectviolet.eu* – Inna Braneva

This European Commission DAPHNE III funded project was aimed at children and adolescents with sensorial deficits aged between 10 and 19 from Bulgaria and the UK. As part of the project a specialized psychodrama-training for prevention of school bullying and aggression has been carried out.

2012-2013 *Bulgarian Ministry of Education – Fostering Integrative Education Programme; Association of Parents of Children with Auditory Impairments / Working in Class through the methods of Group Training, Teambuilding, informal leadership* – Inna Braneva

The methodology provides for discussion and role-playing focused on group cohesion, informal leadership, etc. The design is based on the principles of Psychodrama.

2013 - Ongoing Bulgarian Ministry of Education – Fostering Integrative Education Programme – Inna Braneva

Designing a comprehensive methodology for supporting the psycho-emotional and social development of children at risk between 3 and 7 years of age. A total of 20 sessions are carried out for each age-group based on the principles of Psychodrama and Relational Psychomotorics. The methodology provides for training and supervision of educators and other child-care professionals.

Links and contacts

- *Bulgarian Society for Psychodrama and Group Therapy* – Inna Braneva, current member of the Board, Malen Malenov – ex-President of the Board, Zlatko Teoharov – ex-member of the Board; Petar Cikalov, Malen Malenov, Zlatko Teoharov – currently members of the Ethics Committee; Swetozar Dimitrov – ex-member of the Control Committee.
- *Bulgarian Association of Psychotherapy* – Inna Braneva, currently member of the Board, most of the staff are members of the Association.
- *British Psychodrama Association* – Malen Malenov – informal contacts with Susie Taylor, Peter Haworth, Dusan Potkonjak
- *IAGP* – Malen Malenov is past member;
- German psychodrama community – Zlatko Teoharov – Moreno Institut Überlingen, long-time collaborator and co-Director to Prof. Dr Thomas Schwinger
- *Artistic Psycho-social Practices and Psychodrama* – New Bulgarian University MA programme – Zlatko Teoharov and Malen Malenov have been teaching at the programme since 2002;
- Playback Theatre – established contacts with Jonathan Fox, Marianne Tobler and Jurgen Hermann, Playback South – London; etc.