

26th ANNUAL MEETING'2018

Pravets, Bulgaria

Candidates to be voted in Pravets

APPLYING INSTITUTE

D.E.A. Psychodrama Institute

Address: 37 Petar Parchevich St, Entr B, Flat 1

Country and zip code: 1000 Sofia, Bulgaria

Phone number: +359 88 883 5976

Email: malen.malenov@gmail.com

Website: www.deapi.eu

President / Director: Inna Braneva

Formal Stucture

Legal status: Non-for-profit public service foundation

Primary governing body: Council of Founding Members

Executive body: President and Vice-president (3-year term of service)

Committees: Training Curriculum committee, Outreach and PR, Financial, Library and Archives, Theoretical and Research, Networking, Control Committee.

All 8 trainers have the equal status of senior main trainers.

History:

DEA Psychodrama Institute is the union of 8 Bulgarian Psychodrama trainers and practitioners with diverse backgrounds in mental health, psychotherapy, academic training, social arts and related fields. All of them are alumni of the *Psychotherapy 2000 foundation* (member of FEPTO) with main trainers Dr David Jeroham and Dr Evgenii Gentchev and have previously worked as trainers at their organization of origin. Currently they are active in 4 major Bulgarian cities: Sofia, Plovdiv, Varna and Bourgas. A total of 5 Psychodrama Directors/Therapists and 28 Psychodrama Assistants/Consultants have graduated their training groups so far.

The acronym "D.E.A" stands for the main theoretical and methodological orientations of the organization: Dramatic, Existential and Analytic. Rooted in J. L. Moreno's legacy these reference points also reflect the diverse paths the institute trainers have followed in their careers. Coming from the fields of clinical psychology, medicine, philosophy, community arts and having qualified as psychodramatists, they have further developed their competences by specializing and working also in other modalities: positive psychotherapy, group analysis, psychoanalysis, relational psychomotorics, playback theatre, etc.

Through its trainers the institute is affiliated to various other organizations, projects and initiatives. The staff members work as psychotherapists, university lecturers, trainers, consultants and supervisors. Several of them have been or are currently serving posts at the *Bulgarian Society for Psychodrama and Group Therapy*. Since 2012 two of them are the founders and organizers of the annual *Psychodrama Festival* in Plovdiv. Through the years the institute trainers have established various contacts both locally and internationally through their work.

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Training Program		
Length of the program		
	FEPTO	DEA PD Institute
Self-experience	200	550
Theory and techniques	120	300
Training for conducting	200	250
Supervision	80	100
Decided freely	120	
Practice	160	200
Total hours	880	1400
List of training staff		
Boriana Chalakova		
Galina Doichinova		
Inna Braneva – President		
Konstantin Banderov		
Malen Malenov – Vice-president		
Petar Tsikalov		
Svetozar Dimitrov		
Zlatko Teoharov		
Number of training groups		5
Number of certified psychodramatists		5 / 28
Code of ethics		
abiding by the Code of Ethics of the Bulgarian Society for Psychodrama and Group Therapy		
Recommendation Questionnaires by		
Mme Chantal Nève-Hanquet – Belgium		
Prof Dr Thomas Schwinger – Germany, Moreno-Institut Überlingen		
Bulgarian Society for Psychodrama and Group Therapy – Bulgaria		

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FEPTO RECOMMENDATION QUESTIONNAIRE

I. Data of the Proponent

Representative of a FEPTO Accrediting Organization

Name of the Accrediting Organization: *Bulgarian Society of Psychodrama and Group Therapy (BSPGT)*

Name: Elena Evstatieva, Chairperson

e-mail: psychodrama.bg@gmail.com

II. Description of your knowledge about the Organization

How did you learn about this Organization?

The organization was presented to the Executive Board of the BSPGT after its creation. At the same time the founders of DEA Psychodrama Institute are long-term members of the BSPGT and for the past 10 years our colleagues have taken various key positions in the Society's government.

How long have you known the Organization?

We have known the organization since its legal establishment in 2016. It has also been presented by its founding members during plenaries and workshops at the annual national Conference of our society: *Psychodrama: Stage and Reality 2017*.

Did you work in the Organization before or currently? What was your role?

No, I haven't.

Were some of the Main Trainers and/or Senior Trainers your Trainees? What aspects can you underline of their Curriculum?

No, they were not.

III. Comments about the Qualitative aspects of the Training

How appropriate is the applicant's program ? Why?

By its content, goals and approaches *DEA Psychodrama Institute* corresponds to the established standards of the BSPGT. It was founded on the basic principles of Morenian psychodrama, sociometry and group psychotherapy and beneficially incorporates the competences of its founding members in other modalities: psychoanalysis, positive psychotherapy, group analysis, existential analysis.

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Are you aware of the program basics ? By what PD philosophical approaches are they inspired?

We believe Moreno's "religion of Encounter" is central; at the same time other philosophical and psycho-therapeutic theories such as Buber's , "I-Though", existential and postmodern thinkers, the hermeneutic dialectic of understanding and others have played an influential role.

Is the Applicant recognized in their country as a positive organization? Why?

Even if it is formally quite new as an organization, the team members of DEA are recognized and well known teachers, practitioners and trainers. Through the years they have performed various key roles in the government of the national accrediting organization – BSPGT. At present Malen Malenov, Dr Petar Tsikalov and Zlatko Teoharov are members of the society's Ethics Committee and Inna Braneva is a member of its Executive Board.

IV Comments about the Quantitative aspects of the Training

Do you think the contents are adequate to the timetable of the course? Why?

We think that there is a clearly stated effort to arrange the different components of the program time wise in such a way that facilitates the learning process of the trainees. Its structure in this initial form contains a potential and opportunities for development and further concretization.

Do you think the Organizations have fulfilled the FEPTO MTS? Why?

The presented program corresponds to both FEPTO and the established national standards.

V. Personal reflections about the Recommendation

What was your motivation in recommending this Organization?

The DEA Psychodrama Institute has been established by colleagues with a good reputation, practice and contributions to the development of the Psychodrama community in Bulgaria in recent years. The institute's program reveals a competent viewpoint on the training process in psychodrama as a therapeutic modality. The presented program philosophy and values the institute stands for reflect a new level of development in Bulgarian Psychodrama.

Do you think that this organization is fulfilling adequate purposes in the academics and cultural field?

Yes, we do.

When you decided to recommend the Applicant, did the organization provide you with all the information you needed, without restrictions?

Yes, it did.

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FEPTO RECOMMENDATION QUESTIONAIRE

I. Data of the Proponent

Representative of a FEPTO Training Organization

Name of the Training Organization: CFIP Centre de Formation à l'Intervention Psychosociologique

Name: **Chantal Nève-Hanquet**

Address: 20 Rue du RIVAGE 5100 Dave Belgium

Phone: 00 32 477 85 01 03

Skype: chantalpierrenevehanquet1

e-mail: hanquetchantal@gmail.com

II. Description of your knowledge about the Organization

How did you meet this Organization?

I met with several of the DEA trainers during my seminars, workshops and supervisions in Sofia in the past 10-15 years. A few of them, namely ,Mr. Malen Malenov, and Mrs. Inna Braneva I have also met abroad during international conferences and congresses (IAGP international congress in Istanbul 2003, FEPTO AM and Conference in Serbia in 2010, a seminar for French-speaking psychodramatists in Belgium 2016). Since 2016 I have started meeting the DEA team on a regular basis in order to support the cohesion and further development of their organization and offer supervision for their practice.

How long have you known the Organization?

Answered above.

Did you work in the Organization before or currently? What was your role?

My current role is a team supervisor and consultant.

Were some of the Main Trainers and/or Senior Trainers your Trainees? What aspects can you underline of their Curriculum?

No, they were not. But I highly value their qualifications and expertise both in practical and theoretical terms. They are all pupils of a well-established and reputable training organization – *Psychotherapy 2000 foundation* whose trainers – Dr .David Ieroham and Dr .Evgenii Genchev – I have known for many years. I find the curriculum well thought-through and comprehensive. They abide to a high standard that makes it comply with both FEPTO and EAP standards.

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III. Comments about the Qualitative aspects of the Training

How appropriate is the Applicant's program ? Why?

The program is comprehensive and covers all competencies and experience that a psychodramatist should acquire. It emphasizes the personal experience component based on the view that helpers should have a good level of personal maturity and reflectivity in order to be efficient.

Are you aware of program basics? By what PD philosophical approaches are they inspired?

The program is rooted in Moreno's philosophy ;but is also enriched by other psychotherapeutic and conceptual methods such as psychoanalytic and group-analytic ideas, influences from the systemic and positive psychotherapy. Having all been trained at the same institution and working together in the past, this is a platform for integration. It is my impression the trainers are able to discuss their theoretical and methodological differences with no difficulty.

Is the Applicant recognized in their country as a positive organization? Why?

I believe they are, many of them are known in the community, they present at their national conferences, make publications and have served or are serving posts of responsibility in other organizations. The impressions and feedback coming from other colleagues is largely positive.

IV Comments about the Quantitative aspects of the Training

Do you think the contents are adequate to the timetable of the course? Why?

Yes, even if a little ambitious, the contents are adequate to the course and cover all the essential competences a psychodramatist should possess. In terms of theory ,it gives both historical and contemporary perspective on the development of Psychodrama and its main applications.

Do you think the Organization has fulfilled the FEPTO MTS? Why?

Yes, it has, as it is visible from the application form.

V. Personal reflections about the Recommendation

What was your motivation in recommending this Organization?

Having excellent personal impressions from many of the trainers, I strongly feel I would like to support them in their wish to develop as an independent training center.

Do you think that this organization is fulfilling adequate purposes in the academics and cultural field?

Yes, I think all of them are quite active in their respective careers. 3 of them teach at the university and 2 of them have established a national Psychodrama Festival. Most of their activities are actively contributing to the dissemination of the method in Bulgaria. This offers quite a potential for further developments.

When you decided to recommend the Applicant, did the organization provide you with all the information you needed, without restrictions?

Yes, with more than enough.

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FEPTO RECOMMENDATION QUESTIONNAIRE

I. Data of the Proponent

Name of the Training Organization: Moreno Institut-Ueberlingen – retired trainer, retired scientific director, member of the scientific committee

Name: **Prof. Dr. phil. habil. Thomas Schwinger**, Psychologe (Dr.phil.: University of Graz, Austria; Habilitation: University of Muenster, Germany)

Address: Ostendstraße 6 • D-64291 Darmstadt

Phone: +49 6150 83521

e-mail: schwinger@eh-darmstadt.de

II. Description of your knowledge about the Organization

How did you meet this Organization?

My contact with the members of DEA Psychodrama Institute began between 1998-1999 when I first met Mr. Zlatko Teoharov and, at his invitation, started visiting Bulgaria for regular thematic seminars and workshops for the *Psychotherapy 2000* foundation. From 2000 until 2004, I have been serving as an external supervisor of their training of origin and I was therefore able to witness the development of most staff members – Mr. Teoharov, Mr. Malenov, Dr. Tsikalov, Mrs. Doichinova, Mrs. Braneva, Mrs. Chalakova, Mr. Dimitrov. They have been enthusiastic and curious learners and I keep very fond memories of our encounters. I have maintained a particularly close contact with Mr. Teoharov who became my co-worker and with whom for a number of years I conducted various self-experience groups for *Introduction to Psychodrama* at the University of Applied Sciences in Darmstadt (EFH), Germany (1999-2006) and I have very high regard for his work and competence.

How long have you known the Organization?

For 18-19 years as individuals, as an organization – since its creation.

Did you work in the Organization before or currently? What was your role?

No, I haven't, but I have been following their development closely.

Were some of the Main Trainers and/or Senior Trainers your Trainees? What aspects can you underline of their Curriculum?

Through my visits to Sofia I have come to know the members of DEA quite well. Dr. Teoharov and I have regularly discussed their training needs and together we contributed to the enrichment of their curriculum at the time. They have formed a deep and process-oriented style of psychodrama with a strong emphasis on the capacity for perspective-taking, sensitivity and elaboration of psychological roles. My contribution has been in terms of a more thorough theoretical reflection and systematising of experiential knowledge which has been at times a challenging and yet rewarding process.

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III. Comments about the Qualitative aspects of the Training

How appropriate is the applicant's program ? Why?

I find the proposed training program to be balanced and full of all essential ingredients of good psychodrama training. In my opinion, the staff is well-prepared to provide the experiential, group-dynamic as well as the theoretical aspects of the course. Each of the trainers is experienced in both group and individual therapy and as a team they have complementary paradigms for clinical thinking that can offer a lot of opportunities to their trainees.

Are you aware of the program basics ? By what PD philosophical approaches are they inspired?

I believe the program is very integrative in nature. It is rooted in the philosophy of Moreno and Buber but the theories of Freud, Foulkes and Bion, object relations theory, existential analysis and others also play a major role. However, these influences do not make it betray the fundamental of Morenian psychodrama with its emphasis on the here-and-now and action and scenic representation of psychological and psycho-social realities.

Is the Applicant recognized in their country as a positive organization? Why?

I very much believe so. I find them to be competent, responsible and talented therapists and I keep very warm memories from our work together. I know they are quite active in the organizational field and even have established a conference on their own.

IV Comments about the Quantitative aspects of the Training

Do you think the contents are adequate to the timetable of the course? Why?

Yes, even though it makes for a rather long-term training. One main aspect of its philosophy is that it takes some personal maturity to be able to role reverse. In order to achieve a shift in position from a participant to a director one needs to learn to be able to move into roles and experience first. That is what gives the ability for playing the auxiliary role and later on the director role and that is why the technical and theoretical aspects of the training are introduced slowly over time.

Do you think the Organization has fulfilled the FEPTO MTS? Why?

I believe so, I see no point of contradiction. I think the program surpasses the requirements by far.

V. Personal reflections about the Recommendation

What was your motivation in recommending this Organization?

I feel solidarity with the team and their new endeavour. I know they have been good collaborators to their trainers for many years and they have worked hard to become good psychodramatists. In my view they are valuable colleagues and professionals and I believe their work should receive the recognition it deserves. That is why I decided to support their move towards independence as a step of growth.

Do you think that this organization is fulfilling adequate purposes in the academics and cultural field?

Yes, I think this is definitely true. They are very intelligent and productive as teachers, professors, therapists and authors. Their connections with the university and other organizations could prove very useful for making Psychodrama more popular. Also – to be better integrated among other psychotherapy methods.

When you decided to recommend the Applicant, did the organization provide you with all the information you needed, without restrictions?

Yes, they did.