

Centre for the Study and Application of Psychodrama | Sofia Symeonidou

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Website: <http://www.psychodramathes.gr>

Director: Sofia Symeonidou

Formal Structure: Personal Enterprise

History:

The Centre for the Study and Application of Psychodrama | Sofia Symeonidou was founded in 2004 to provide services related to psychodrama training and application in various social settings in Greece and, especially, in the community of Thessaloniki. The Centre is the outcome of Sofia Symeonidou's professional career in the field of psychosocial support, which started twenty years ago.

In the course of time, encounters and partnerships with individuals and organizations working in the field of psychodrama have influenced and determined the identity of the Centre, which is characterized by a rich tapestry of multiculturalism and diversity.

Mrs. Judith Teszary is a partner, mentor of the main trainer, external trainer and examiner at the Centre for the Study and Application of Psychodrama | Sofia Symeonidou. Mr. Konstantinos Letsios is also a partner, external trainer and examiner at the Centre.

Due to the fact that the main goal is to expand psychodramatic knowledge to the Greek community, the Centre is cooperating with local organizations, NGO, schools, in private and in local sector by applying different interventions in order to spread the spirit of psychodrama spontaneity as a way of being and developing.

The new methodologies and approaches to apply psychodrama in different contexts and with different population is always our interest and specially to people that may be in danger of social exclusion. So participation to antiracism festivals, forums for children rights, new approaches to the education is the continuity and the way of developing our Center.

TRAINING PROGRAM

Length of the program: 5 years

	FEPTO	CESAP
Self-experience	200	200
Theory and techniques	120	240

Training for conducting	200	558
Supervision	80	96
Decided freely	120	136
Practice	160	220
Total hours	880	1450

List of training staff

- **Sofia Symeonidou:** Senior Trainer
Psychodramatist-Psychotherapist, BA in Social and Behavioural Sciences-major Psychology
- **Maro Vassara:** Senior Trainer
Psychodrama Supervisor, Clinical Psychologist, Psychodramatist
- **Judith Teszary:** Invited Trainer / Examiner
Clinical Psychologist, Psychodrama Trainer
- **Konstantinos Letsios:** Invited Trainer / Examiner
Clinical Psychologist, Psychodrama Trainer
- **Pavlos Vasiliadis:** Associated Trainer teaching psychopathology,
Psychiatrist-Group Psychotherapist

Number of training groups 2

Number of certified psychodramatists 5

Code of ethics: The Centre for Psychodrama Studies and Application | Sofia Symeonidou agrees to abide by the FEPTO code of ethics.

Recommendation Questionnaires by

- Judith Teszary
- Konstantinos Letsios
- Yaacov Naor