

**CLINICAL
OUTCOMES in
ROUTINE
EVALUATION
THERAPY
ASSESSMENT
FORM v.2**

Site ID	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Age	<input type="text"/> <input type="text"/>
	letters numbers		
Client ID	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Male	<input type="checkbox"/> Female <input type="checkbox"/>
Sub Codes	TH ID number <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> SC2 numbers <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> SC3 numbers <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Employment	<input type="checkbox"/> <input type="checkbox"/>
Referrer(s)	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Ethnic Origin	<input type="checkbox"/> <input type="checkbox"/>

Referral date	<input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Total number of assessments	<input type="text"/>
First assessment date attended	<input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Previously seen for therapy in this service?	Yes <input type="checkbox"/> Episode <input type="text"/> No <input type="checkbox"/>
Last assessment date	<input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	Months since last episode	<input type="text"/> <input type="text"/> <input type="text"/>
		Is this a follow-up/review appointment?	Yes <input type="checkbox"/> No <input type="checkbox"/>

Relationships/support *Please tick as many boxes as appropriate*

<input type="checkbox"/> Living alone (not including dependents)	<input type="checkbox"/> Full time carer (of disabled/elderly etc)
<input type="checkbox"/> Living with partner	<input type="checkbox"/> Living in shared accommodation (eg lodgings)
<input type="checkbox"/> Caring for children under 5 years	<input type="checkbox"/> Living in temporary accommodation (eg hostel)
<input type="checkbox"/> Caring for children over 5 years	<input type="checkbox"/> Living in institution/hospital
<input type="checkbox"/> Living with parents/guardian	<input type="checkbox"/> Other <input type="checkbox"/> <input type="text"/>
<input type="checkbox"/> Living with other relatives/friends	

Current/previous use of services for psychological problems?
Please tick as many boxes as appropriate

		Concurrent	< 12 mths	> 12 mths
Primary	GP or other member of primary care team (eg practice nurse, counsellor).....	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Secondary	In primary care setting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	In community setting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	In hospital setting on sessional basis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Day care services (eg day hospital)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Hospital admission < = 10 days	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Hospital admission > = 11 days	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Specialist	Psychotherapy/psychological treatments from specialist team (sessional)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Attendance at day therapeutic programme	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Inpatient treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other	Counsellor in eg voluntary, religious, work, educational setting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Is the client currently prescribed medication to help with their psychological problem(s)? Yes No

If yes, please indicate type of medication:

Anti-psychotics <input type="checkbox"/> (neuroleptics/major tranquillizers)	Anti-depressants <input type="checkbox"/>	Anxiolytics/Hypnotics <input type="checkbox"/> (minor tranquillizers)	Other <input type="checkbox"/>
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Brief description of reason for referral

Identified Problems/Concerns

Severity		< 6 months	6-12 months	> 12 months	Recurring/ continuous
<input type="checkbox"/> Depression		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Anxiety/Stress		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Psychosis		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Personality Problems		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Cognitive/Learning		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Eating Disorder		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Physical Problems		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Addictions		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Severity		< 6 months	6-12 months	> 12 months	Recurring contin.
<input type="checkbox"/> Trauma/abuse		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Bereavement/loss		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Self esteem		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Interpersonal/relationship		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Living/Welfare		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Work/Academic		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Other (<i>specify below</i>)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Risk	None	Mild	Mod	Sev
Suicide	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Self Harm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Harm to others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Legal/Forensic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

ICD-10 CODES

F/Z	Main code	Sub-code	F/Z	Main Code	Sub-code
1	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	3	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>
F/Z	Main Code	Sub-code	F/Z	Main Code	Sub-code
2	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	4	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>

What has the client done to cope with/avoid their problems? Please tick, and then specify actions

Positive actions

Negative actions

Assessment outcome (tick one box only)

Assessment/one session only	<input type="checkbox"/>
Accepted for therapy	<input type="checkbox"/>
Accepted for trial period of therapy	<input type="checkbox"/>
Long consultation	<input type="checkbox"/>
* Referred to other service	<input type="checkbox"/>
* Unsuitable for therapy at this time	<input type="checkbox"/>

***If the client is not entering therapy give brief reason**