Date: Tue, 11 Mar 2014 19:46:16 -0300
From: monicazuretti@gmail.com
To: horatiu.albini@live.com ; cristinaelisam@gmail.com
Subject: maybe you can use this

December 21 1913, the world community of Psychodrama lived a extraordinary experience, created a circle for Peace and Hope, transformed into a Spiral from that started in New Zealand circling the Earth arrived to Alaska..
Was one of the most moving moments of our life as Psychodramatists to follow this road on the map and see that we were covering with love and good wishes the whole planet.
Oswaldo Vernet, Cristina Moreira, Elvi Rios, from Argentina were trying to contain all this information that you can still find in Facebook or in the blog http://sms-zerka.blogspot.co

It started ... like this

Dear all .The proposal for the 21 the December is to create a world wide Socio psychodrama at the end are some of the history and answers and we invite you all to be part of it.
As all this was born after a Conference in Honour of Zerka Moreno and as a continuation of the Moreno dream a therapy for the whole world.

On the **21 of December at 11 am** Argentina, or in coincidence different groups from all over the world will work in sociodrama or Sociopsicodrama with this topic

**For anchoring Hope in the world:** what can we do for myself, for the family, for the community, for the country, for the world, for the Universe.

With this questions we can start the group, anybody can add or take away or change what each one thinks is useful, we can be con a group as big or as small as we have, even we can be alone and be connected to all the network.

We will start in Argentina at 11 am, who can do it in coincidence with it at the same hour at your place or you can use 11 am at your own time, then we will decide how to connect afterwards to let the others know how it all went.

We are already a big group all over the world, I will just copy some answers in English at the end of the mail and let you know that they are many responses in Spanish, Italian and Português

Monica Zuretti
Zerka send her blessing:

Great idea, Monica. By all means you have my blessing. Love, Zerka

On Nov 10, 2013, at 10:37 AM
Sábado, 23 de noviembre de 2013

J. L. Moreno sabe del SMS-2013

La escena ocurre en un aula simple y despojada de la Facultad de Psicología de la UBA, en el instante en que dirigiendo el Sociopsicodrama de cierre de las Jornadas con Pablo, el grupo hace un círculo y después de representar varias escenas, aparece Zerka en el centro. En ese momento, todos tomamos conciencia de la expansión posible para el Psicodrama.

Mirando esta foto y sintiéndola con el palpitar del corazón, que en realidad son los pasos de los asistentes a las Jornadas de noviembre 2013, en honor a Zerka Moreno, sentí la necesidad de hacer una inversión de roles con aquella Mónica jovencita, esa que sentí con ojos soñadores y quizá hasta un poco tristes mirando a lo lejos.

Oswaldo toma el rol de Director en estos días y me pregunta ¿cómo te sientes con esto que está pasando con el SMS?, ¿qué crees que diría Moreno si tomaras en este momento su rol? Y en ese instante, vuelve a mí aquel momento que viví hace un par de semanas en la Facultad.

Ahora reconectándome con esa escena, miro los ojos de esa joven en la foto y pienso cuanto ha caminado, observo la mano de J. L. Moreno que sostiene firmemente la de esa chica, que soy yo hace tantos años, como si realmente supiera lo difícil que resulta estar tan lejos y por tanto tiempo, pero también reconociendo el profundo compromiso.

El lugar de la foto era la casa de Zerka y del Dr. Moreno, y también el “World Center of Psychodrama”, un punto de referencia, un espacio donde llegábamos de uno en uno, y de todas partes del planeta, esperando hacer algo para ayudar y cambiar el mundo, un lugar donde el Psicodrama crecía y se extendía. Hoy 44 años después, el mundo entero es el que envía su mensaje y se crea un círculo completo. Hoy en un encuentro con Moreno le digo: “Dr. en este momento ese dolor de pensar que no había llegado el mensaje del ENCUENTRO al mundo, como lo había soñado, no existe más, hemos propuesto un Sociopsicodrama Mundial y a una gran velocidad el mundo está respondiendo, si miramos el mapa, notaremos como se creó ese círculo de contacto y encuentro muy rápidamente, así que podemos estar en Paz”.

Zerka ha sido parte fundamental e inspiración de este movimiento y a esa joven de ojos tristes le digo ahora con tantos años pasados que si puede, que debemos seguir trabajando y que puede sentirse bien

Mónica Zuretti.
Looking at this picture and feeling the beating of my heart, that in reality were the steps of the participants at the Clousure of the Conference in Honour of Zerka Moreno November 2013, I felt the need to reverse roles with that young Monica the one with dreaming eyes and even sad looking far away.

Oswaldo takes the Director role in this days and asks me. How do you feel with this that is happening with the SMS? What do you think Moreno would say if you took his role now? At that moment I remember that instant some weeks ago on the University.

The scene takes place in a very simple classroom at the Psychology Faculty UBA The instant in which coordinating the closing Sociopsicodrama of the Conference with Pablo, the group forms a circle and after some scenes take place, Zerka appears in the center. At that moment we all realize how much the Psychodrama has and can be expanded.

Now reconnecting with that scene I look the eyes of that young woman on the picture and think how much she has walked, I observe JL Morenos hand that holds her hand so firmly, a young woman, that is myself so long ago. It seems that he knows how difficult it is for her to be so far away for so long but he sees also her commitment.

The picture was taken in Zerka and Dr house where was also the "World Center of Psychodrama", the place of reference to which we arrived one by one from many places on the planet hopping to be able to help to do something to change the world, a place where Psychodrama was growing. Today 44 years after is the whole world who is sending the message and a complete circle is made.

Today meeting Moreno I can say to him: "Dr. in this moment, the pain that you felt that the message of The Encounter had not reached the world as you had dreamt, does not need to be any more. We have proposed a World Sociopsicodrama and very quickly the world is responding, if we look at the map we will see that a circle of connections and encounter is been created rapidly so we can be at Peace. Zerka has been base and inspiration of this movement.

To that young woman of sad eyes I can say after so many years have passed that it is possible that we just have to continue working and that she can feel well.

Mónica Zuretti.

23 noviembre 2013
Buenos Aires, AR.
JUST TO SHOW A LITTLE WHAT HAPPENED AND SOME PICTURES WE STILL HAVE NOT BEEN ABLE TO PROCESS AS SOON AS WE DO IT WE WILL SEND A COMUNICATION

Conexión entre Universidades

Inspired by Maurizio Gasseau’s attempt; classes of Field Psychology, Psychodrama and Master Class students of Applied Psychology of the Halic University have decided to join Simultaneous Sociopsychodrama event Saturday 21 December from 11 am to 2.00 pm in the University at ‘Psychology Laboratory’ room.
Since yesterday morning we have connection with the psychology students of the University of Valle d’Aosta via ‘TELE’. Vive La Moreno..

Hello from Istanbul for togetherness, Arsaluys Kayir Turquia

Carissime/i,

Il 21 dicembre alle ore 11 in Argentina (altrove in orari diversi) differenti gruppi di tutto il mondo lavoreranno sociopsico-drammaticamente con lo stesso obiettivo: ancorare la speranza nel mondo e difendere la pace.

SMS, Sociodramma Mondiale Simultaneo, così è stato chiamato questo evento. L’idea è nata dopo la Giornata in onore Zerka Moreno che si è svolta nella Facoltà di Psicologia di Buenos Aires. Continua il sogno di Moreno di una terapia per tutta l’umanità. Infatti nel 1953 in “Who shall survive” scriveva: "Un'esperienza terapeutica che si proponga di riuscire realmente efficace non può prescindere dal prendere in considerazione l'intera umanità."

Anche il TEATRO DI PSICODRAMMA di PROVAGLIO D’Iseo (BRESCIA) aderisce a questa iniziativa completamente libera e gratuita e invita tutti i cittadini, di qualsiasi età e formazione, a partecipare al sociodramma pubblico, davvero aperto a tutti, che si terrà simultaneamente in tutto il mondo

Sabato 21 dicembre ore 16 TEATRO DI PSICODRAMMA DI PROVAGLIO D’ISEO (bS) via Repubblica 1 (angolo via Sebina)

Cosa posso fare per me, per la mia famiglia, per la comunità, per il paese, per il mondo, per l’universo?
Con queste domande inizieremo il gruppo, poi condivideremo quello che è successo.
Zerka Moreno ha inviato il suo messaggio augurale: "Great idea, Monica*. By all means you have my blessing. Love, Zerka". (*dr.ssa Monica Zuretti)

Queste le nazioni in cui verrà realizzato lo psicodramma simultaneo il 21 dicembre: Argentina, Brasile, Cile, Colombia, Ecuador, Perù, Uruguay, Venezuela, Canada, USA, Messico, Costa Rica, El Salvador, Guatemala, Nicaragua, Bulgaria, Danimarca, Spagna, Finlandia, Francia, Italia, Norvegia, Svezia, Inghilterra, Grecia, Cina, Israele, Malesia, Turchia, Cuba e Portorico.

TEATRO DI PSICODRAMMA
teatro@psicosociodramma.it
11 am Christchurch City New Zealand. Walter Logerman and Sara Crane In a pavilion walled with potted plants decorating painted pallets. There are wide entrances and a small stage amidst the Saturday Market. Stool-holders active and shoppers circulating. The area where once a great hotel overlooked the winding River Avon is like most of our city a great waste of open earthed sites - like the bomb sites I recall from London 2nd world war. Most of our central city is gone, but in this corner, as in many earthquake flattened sites - the city council has encouraged beauty and ingenuity. Each site blank canvass inviting the artistry and gardens that have abounded.

So for one hour there were socio and psycho dramatic productions. Themes of hope and renewal flowed; then visions of a sick child with a creative future in an abundant creative environment. We see hope grounded in action, cooperation and practical initiatives. We are conscious that you around the world will be doing your socio-psychodramatic work. Each in your context of what it means to make shalom.

Overnight international reinsurers, may be from your countries, paid money into our bank.

We hope to be finally released from evacuation from our home almost three years after Christchurch's devastating earthquakes. That is a matter of international cooperation for restoration and shalom for Gwen and me. Whether we think of it as a Christmas present or a 79th birthday present our imagination anticipates enjoyment and assurance of our own home again.

Not everyone here or around the world is as fortunate as we are.

Don Reekie TEP
Sent from Don's iPad from Christchurch in New Zealand
Dear All,

What a lovely effort for 2013. I live mainly apart from most groups that know anything about Moreno, in a senior community about 35 miles north of the state capital of Austin Texas. Knowing that in sentiment I’m a part of all that you’re doing is pleasing.

IAGP involves a far broader complex than you may know of–nor do these other groups know about the IAGP or Moreno - or very few of them do. But the spirit of promoting consciousness raising is alive in them:

- There are thousands of people using drama or enactment, often improvised, for education, and these "drama in education" people of course work in groups. They don't come from "therapy" but they carry similar goals to Moreno's.
- Another group has arisen from the theatre arts, from Viola Spolin and Keith Johnstone-- and increasingly this group----The Applied Improvisation Network----is using spontaneity training---theatre games---to build morale and foster creative collaboration. This group has moved from theatre-as-entertainment to theatre arts as relevant to promoting innovation.
- Many in the field of drama therapy use sociodrama and acknowledge Moreno as a founding figure. Much they do carries forward his work, and as with sociodrama, this is transcending the clinical context.
- Psychodrama is spreading in Asia, as Sue Daniel has written about her teaching in India. (Sue, please, tell us more!!) A variety of trainers have been promoting Morenian approaches in China and other countries. I very much want to hear more details about these.
- Bibliodrama--applying Morenian and related methods to understanding literary and spiritual texts, and enacting elements of stories---these too can promote spiritual deepening.
- Professionals are using role playing to deepen simulations in the training of all kinds of professionals, medical students, lawyers, continuing education. Experiential education for empathy is possible!
- The other creative and expressive arts are being woven in, and these too are often group experiences, or integrated with both therapy and non-clinical, consciousness-raising contexts.

Music, dance, drumming, ritual, singing, movement, poetry, and so forth---all carry forward the ideal that spontaneity and improvisation can enliven group cohesion as well as self-expression.

In short, I quote a folk song I learned 55 years ago, titled Vive la Compagnie!

*Now wider and wider our circle expands, vive la compagnie!  
We sing to our fellows in faraway lands, vive la compagnie!*

Now with the internet, we can hear one another! Yay!

Warmly, Adam Blatner
Dear Colleagues,

We have gathered a group of around 30 people specially for the occasion of the SMS with the intention "Of what can we do for our Family and Community" in downtown, center of Lisbon.

We did a Sociodrama, using some assistance from the Sociodrama Manual from Rosalie Minkin (USA) and some personal guidance that she gave me and to which I am very grateful.

Procedure:

With the topic/intention above the Director had wrote down 30 roles in pieces of paper from which the participants (many not knowing about psychodrama) picked each one a role... The imaginary was a park in Lisbon and the people could use scarves to take the roles and first they walked around in silence feeling their roles in their bodies as they were walking.. After I interviewed some of them, to make sure they were taking their own role..

After they could interview each other and let know each other who they were and they tried to find better solutions for the community...

We had on stage roles like: rich person, emigrant, unemployed, corrupt, mother, child, grandmother, Nelson Mandela, builder, sweeper, tree, cat, dog, the self sustaining development expert, the scientist, the foreigner, the humorist, the innovator, the journalist, the senior (old person), etc.

Some roles like the father, the politician, the legislator, Pope Francisco were left on the box and only mentioned in the end of the drama phase. It was interesting that the ones left, not chosen, had more to do with structured power and the father figure...Which was commented by some participants.

After the action people shared still in their role about how they felt and thought in the interaction and after they shared in their own and we took notes on a flip chart about their sharing.

Conclusions of Sharing:

Look around and contribute to the common good; Attitude of Construction, despite the destructive forces; Military make revolutions without weapons, build cottages around the trees and fight against corruption; Put ourselves in the roles of others which allows Empathy; Don’t let the power of hate/fear be bigger then the power of Love; Create more spaces of Encounter like this one; Inner Peace which spreads around and
results from Transformation.
More will. More Initiative; Unemployed trying to find out what the other people need and concentrate on solutions; Overcome the fear of not surviving; Find a balance among the Me and the We; Give importance to feelings and affection and not only verbalizing or rationalizing Give ourselves time to Stop; Change what we can; Help the fellowmen; Smile, humour Give without expecting receiving and the self satisfaction that this gives; Analyze and help the alienated/lost and study alienation phenomena; Consolidate the power of Love even if it is the "conspiracy" of love; Create a system of education for love and peace; Us being Agents of transformation; Children with more values, by the Educators, Media and Marketing policies.

Unfortunately we didn’t take any photos as after we were all running to the Light Show, also for free, in the main plaza in Lisbon!!!

_We Wish you All a Merry Christmas and a Happy New Year, With Love from Portugal, Manuela Maciel_

Workshop in Sociodrama at Kivunim Institute
Tel Aviv, Israel
December 21, 2013, 11:00 to 14:00
Group conductors - Iafi Shpirer and Oded Nave

On Saturday at Directions workshop was held at Kivunim Institute as part of the international initiative to create a social process on 21 December - the shortest day of the year in the Northern Hemisphere and the longest in the southern hemisphere. In addition, this time is the time between New Year Holidays and Chanukah. We’ve directed it the workshop together - Iafi Shpirer and Oded Nave.

The decision to accept the challenge and hold the workshop in and thus to attend the international community psychodrama. Another aspect of also our desire to go into the adventure was because Sociodrama is less known as a field from the creator of J.L. Moreno compare to psychodrama and sociometry. We felt that it is an opportunity to give our students and the general public the opportunity to be exposed to the field. Iafi and I have a fair knowledge of Sociometry and we use it especially working with median and large groups.

We were about 40 participants: students, interns and graduates of the Institute as well as guests and many who came from many different disciplines. We chose to explore the social and the personal drama of the group indoors in the "Tomer" Hall and not work outside as it was done in some of the countries participating in this special day. The main reason was that we did not know what kind of weather we may expect. The process included working with sociodrama, clarification of the relationship between the personal and the social, 'Hyde Park' groups which created a dialogue around issues of the conflicts in the room. Issues that the group chose to explore or engage in were:
How to wade ourselves wisely
Presence of endeavor;
Balance between inside and outside; I and the other along;
How to make decisions
Being - doing; Exercise influence; How Israel society south

In the second part of the meeting we dealt with the question of being participants in the mainstream and margins.

We used tapes along the room created by the main stream and the sideways - the center and the periphery and the participants moved in and out and connected up the main road and the margins to their lives. Finished the workshop co-creating an environmental group sculpture in various materials indicates the language and the images of the group and the group culture and metaphors.

The atmosphere at the workshop was open, honest and forthright, and it seemed that the participants produced this process observing the lives and the lives of others in the process of deciphering the social drama of the group.
The atmosphere has allowed a sense of freedom of expression is so needed for the exploration of group topics. During some of the process, some of the participants felt the need to change position which was technically possible. This in reality is less known to some of us, perhaps this is one of the goals of the workshop to examine whether our original positions, must tie us forever.

During the meeting there attempts to hold Skype conversations with groups in the world, it worked partially, but the few contacts we had during the workshop were exciting and powerful. Simultaneously is part of something so big... This was unique and heart-warming.

The atmosphere of freedom influenced in a positive way the joint conduct of the workshop by Iafi and Oded. It flowed freely, spontaneously and without a pre plan of what will be the role of each one it just happened without any difficulty. In conclusion, it was enriching educational experience for all participants

IAFI
Dear Monica, Manuela and Dear All,

Today in our work place me, Ayse and Surel as psychodrama trainers in the upper room and Emine and Berna in the down room worked with our trainees (14 and 19) all answered the 6 questions at 11 o'clock. We shared and later worked on them. Meanwhile some other people who were informed about the activity were answering together with their families or by themselves. One group was our psychodrama associations' members; another was an open group psychodrama/sociodrama participant members around 90 in number (this is an activity going on since 19 years in Izmir city leaded by me).

In my group, members, after answering and sharing the responses, later on took the roles of cosmic beings (like water, sun, black hole, tree, eagle, mountain, human, child, mother, sun light, sea, meteor, tree...) acting out their eros and thanatos in interaction.

It was a very good experience in regard to the accent to the "do" rather to "wait" or to "wish". One of the most appreciated answers was to ask to him/her "what can I do for you?". Through the role takings, the trees, black holes, mountains were calling for themselves; they needed respect and acceptance for their existence and love to their being and needed justice.

Sharing answers installed hope and responsibility of "doing" rather than waiting for someone to do something.

Love from Izmir/ Turkey
Inci Doganer

Subject: Sociodrama to encore peace and hope
Date: Sun, 22 Dec 2013 10:17:59 -0600
From: Gong Shu gong.yishu@gmail.com
To: Monica Zuretti mzuretti@hotmail.com

Dear Zerka, Monica and Regina,

Thank you Monica for initiating the movement.

1. The Chinese psychodrama community did a sociodrama joining the movement at 11:00 AM, Dec. 21st, Chinese time. I joined the group via Skype. The process is recorded in audio and several photos were taken. They will be translated it into English. Here is the Chinese version.

Wang Er Dong directed the drama. He first presented the Universe 天, Earth 地 and Humanity 人。 Each person chooses roles to be one of the three and voice their feelings, needs, fears, concerns, and hopes in the role. Then dialogue between humanity, earth and the universe.

After the drama each person wrote what I need to do for myself, my family, my society, my nation, the world, the universe in order to encore peace and hope. Ending by singing a song they created a very powerful process.

2. I also did a sociodrama in a Catholic retreat center at 11:00 AM, Dec. 21. In the group was a psychodramatist from Malaysia, an American Engineers myself and ten Catholic priests from various parts of the world. Father Kofi from Ghana, West Africa, (Father Kofi has been in my
psychodrama group in Ghana since 1989) led the sociodrama, presented the roles of the Universe, the Earth and the Humanity. Group members voiced their feelings and concerns in the roles of either one of the three. Then each voiced or wrote down what one should do for self, family, society, nation and universe. After that we joined hands and said the serenity prayer and the prayer “Our Father”. A mass immediately followed the sociodrama.

Love to you all,
Shu

From: Zerka Moreno
Date: Wed, Mar 12, 2014 at 5:07 PM
Subject: Re: I: Universita
To: Mónica Zuretti

J.L. Moreno would be delighted with what Fepto is achieving, as well as admire your devotion to his work. And, though he might not look back, the fact to where all this began when he was a child in Romania. In his rather brief memoir, he recalled a song his mother used to sing to him.

So Horatiu and Everyone, Fair Winds and Full Sails Ahead, Love and gratitude, Zerka